

Regulatory Guidance for Common Cottage Foods Sold at the Farmers Market

Product	Classification	Is the Finished Product PHF/TCS	License Required at Farmers Market	License Types Required for Production or Storage Location	Special Documentation	Who to Refer
Salsa-shelf stable	Acidified Food	No	No	FP	Process Authority and Proof of Source	Kurt Rueber
Salsa-Fresh	PHF/TCS	Yes	Yes	RS, FP	Proof of Source and Labeling	Local Agency
Jams and Jellies - Standardized	Aw controlled food or Formulated acid food	No	No	None	Labeling	Local Agency
Pepper Spread (Jam/Jelly)	Acidified Food	No	No	FP	Process Authority and Proof of Source	Kurt Rueber
	Formulated acid food	No	No	None	Process Authority or Equivalent	Kurt Rueber
	Aw controlled food	No	No	None	Process Authority or Equivalent	Kurt Rueber
Pickles-Shelf Stable	Acidified Food	No	No	FP	Process Authority and Proof of Source	Kurt Rueber
	Fermented	No	No	RS, FP	Retail Special Process Variance and HACCP plan and Proof of Source	Kurt Rueber
Pickles-cucumbers heat treated refrigerated	PHF/TCS	Yes	Yes	RS, FP	Labeling and Proof of Source	Local Agency
Pickles - Fresh cucumbers not heat treated	Non-PHF/TCS	No	No	None	Labeling	Local Agency

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Sauerkraut	Fermented food	No	No	RS, FP	Retail Special Process Variance and HACCP plan, and Proof of Source	Kurt Rueber
Horseradish-shelf stable	Acidified food	No	No	FP	Process Authority and Proof of Source	Kurt Rueber
Horseradish-heat treated/not shelf stable	PHF/TCS	Yes	Yes	RS, FP	Proof of Source and Labeling	Local Agency
Wheat Grass Juice	Special Process and PHF/TCS	Yes	Yes	RS, FE, FP	Proof of Source and Labeling (warning statement for unpasteurized)	Local Agency
Green Coffee Extract	Special Process and PHF/TCS	Yes	Yes	RS, FE, FP	Proof of Source and Labeling (warning statement for unpasteurized)	Local Agency
Kimchee	Fermented food	No	No	RS, FP	Retail Special Process Variance and HACCP plan	Kurt Rueber
Kombucha Tea	Fermented food	No	No	RS, FP	Retail Special Process Variance and HACCP plan	Kurt Rueber

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Heat Treated Plant Food	PHF/TCS	Yes	Yes	RS, FP	Proof of source and Labeling if packaged	Local Agency
Sliced Melons/Cantaloupe	PHF/TCS	Yes	Yes	RS, FE, FP	Proof of source and Labeling	Local Agency
Sprouts - sold in the soil as plants	Plant	No	No	None	None	Local Agency
Sprouts - sold not in soil	Special Process and PHF/TCS	Yes	Yes	RS, FE, FP	Retail Special Process Variance and HACCP plan and Proof of Source	Kurt Rueber
Fish- whole, fresh, and uneviserated on ice	PHF/TCS	Yes	Yes	Iowa DNR Permitted Commercial Fisher or Aquaculturist, or FP	DNR issued permit	Local Agency
Fish- processed (including heading gutting, cutting, filleting, storing, packaging, or freezing)	PHF/TCS	Yes	Yes	RS, FE, FP	Proof of source and Labeling if packaged	Local Agency
Meat and Poultry	PHF/TCS	Yes	Yes	FP, RS, FE, or IDALS licensed plant	Bear a mark of inspection in most cases, or a full retail label	Local Agency/IDALS
Shell Eggs	PHF/TCS	Yes	No	None	None	Local Agency

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Fruit Juice (Orange Juice, Apple Cider, etc.)	Special Process	No	Yes	FP, RS, FE	Proof of Source and Labeling (warning statement for unpasteurized)	Local Agency
Vegetable Juice	Special Process	Yes	Yes	RS, FE, FP	Proof of Source and Labeling (warning statement for unpasteurized)	Local Agency
BBQ Sauce	Formulated acid food	No	No	None	Process Authority or Equivalent	Kurt Rueber
Maple Syrup	Aw controlled food	No	No	None	Labeling	Local Agency
Cheese	PHF/TCS	Yes	Yes	RS, FE, FP, or Dairy Plant	Labeling and Proof of Source	Local Agency
Wild harvested Morel mushrooms	PHF/TCS	Yes	Yes	None	Proof the mushrooms were certified by a Morel Mushroom Identification Expert and consumer advisory posted	Local Agency
Any other wild harvested mushroom	Sale Prohibited	Sale Prohibited	Sale Prohibited	Sale Prohibited	Sale Prohibited	Local Agency
Cultivated mushrooms(including Morel mushrooms)	Raw agricultural commodity	No	No	none	None	Local Agency