POST ACUTE
MEDICAL EXPERT

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SUMMARY OF EXPERTISE

14+ years practicing Internal Medicine, 10+ years practicing as an attending physician in post-acute care. Expert in long-term care medical and administrative oversight (8 skilled nursing facility medical directorships; 1000+ resident chart reviews for safety and quality control). Expert in assisted living medical and administrative oversight (5 assisted living facility medical directorships; 500+ resident chart reviews for safety and quality control). Expert in hospice medical and administrative oversight (2 hospice agency medical directorships; average daily census 400+ hospice patients, 3 Midwestern states). Five years teaching Internal Medicine residents and nurse practitioners about nursing home and residential care. Chief Medical Officer for one of the largest Catholic Long-Term Care/Senior Living companies in the United States (26 skilled nursing facilities comprising 2,100+ beds, 28 assisted living facilities comprising 2,100+ units, 5 Midwestern states). Holds active medical licenses in multiple Midwestern states.

Areas of expertise include:

- Falls
- Pressure Injury
- Dysphagia/Choking
- COVID-19
- Medical Malpractice
- Wrongful Death
- Skilled Nursing Facility Regulation
- Assisted Living Regulation
- Hospice Eligibility

EMPLOYMENT HISTORY

- 2020 - present, Post Acute Medical Expert, President
- 2020 - present, Post Acute Innovation, President
- 2016 - present, Benedictine, Chief Medical Officer
- 2013 - present, Post Acute Medical Direction PLLC, President
- 2012 - 2016, Abbott Northwestern Hospital Internal Medicine, Transitional Care Unit (TCU) Preceptor
- 2012 - 2015, Allina SeniorCare Transitions, TCU Medical Director
- 2010 - 2018, Allina SeniorCare Transitions, TCU Physician
- 2006 - 2012, Abbott Northwestern Hospital, Hospitalist

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MEDICAL LEADERSHIP POSITIONS

- 2021 - present, Paragon Clinical
- 2020 - present, Cerenity on Humboldt (SNF/ALF), Medical Director
- 2019 - 2020, St. Gertrude's Health and Rehabilitation Center (SNF), Medical Director
- 2019 - 2021, Moments Hospice, Medical Director
- 2018 - 2019, Benedictine Living Community – St. Peter (SNF/ALF), Medical Director
- 2018 - present, Brookdale Hospice – MN, Medical Director
- 2017 - present, Volunteers of America, Medical Consultant
- 2016 - present, Benedictine Clinical Ethics Advisory Committee, Chairman
- 2016 - present, St. Crispin Living Community (SNF/ALF), Medical Director
- 2015 - 2019, Walker Methodist Health Center (SNF), Medical Director
- 2014 - present, Regina Senior Living Community (SNF/ALF), Medical Director
- 2014 - 2019, Interlude Restorative Suites – Unity (SNF), Medical Director
- 2014, Villa Healthcare at St. Louis Park (SNF), Medical Consultant
- 2013 - 2015, Allina Heart Failure Program Committee, Member
- 2013 - 2015, Interlude Practice Committee, Member
- 2013 - 2015, Interlude Quality Committee, Member
- 2013 - 2019, Interlude Steering Committee, Member
- 2013 - 2019, Walker Westwood Ridge (SNF/ALF), Medical Director
- 2010 - 2013, Allina SeniorCare Transitions Clinical Practice Council, Chairman
- 2009, Abbott Northwestern Hospital Inpatient Stay Coordination, Lead Hospitalist
- 2008 - 2009, Abbott Northwestern Hospitalist Service Executive Council, Member

EDUCATION AND POSTGRADUATE TRAINING

- Abbott Northwestern Hospital, Residency in Internal Medicine (including internship), Minneapolis, MN, 7/2003 – 6/2006.
- Creighton University School of Medicine, Omaha, NE, Graduated (M.D.) 5/13/2003.
- Gustavus Adolphus College, St. Peter, MN, Graduated (B.A. Major: Biology, Minor: Religion) 5/1999. *Summa Cum Laude*

CURRENT LICENSURE

- Illinois #036.154465
- Iowa #MD-46642
- Minnesota #46680
- Missouri #2020038654
- North Dakota #15036
- Ohio #35.140525
- Wisconsin #71686-20
- DEA BB7428611 (MN), FB0535546 (IL), FB0561705 (WI)

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SPECIALTY CERTIFICATIONS

- Certified Hospice Medical Director (HMDC), Hospice Medical Director Certification Board, awarded July 2021.
- Diplomate, National Board of Physicians and Surgeons, awarded May 2015, recertified 2017, 2019, 2021.
- Certified Medical Director (CMD), AMDA – The Society for Post-Acute and Long-Term Care Medicine, awarded June 2016, recertified 2021.
- Certified, American Heart Association Basic Life Support, awarded February 2020.
- Certified Advance Care Planning Facilitator, Respecting Choices, awarded October 2016.
- Diplomate, American Board of Internal Medicine, awarded August 2006.

AWARDS

- Alpha Omega Alpha Medical Honor Society, 2003.

PROFESSIONAL ORGANIZATIONS/MEMBERSHIPS

- AMDA – The Society for Post-Acute and Long-Term Care Medicine
- American Academy of Hospice and Palliative Care Medicine
- American Geriatrics Society
- Minnesota Association of Geriatric Inspired Clinicians (MAGIC)

TEACHING EXPERIENCE

- Transitional Care Unit (TCU) Preceptor, Abbott Northwestern Hospital Internal Medicine, 2012 – 2016.

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