



# 2019 MINI POT JAMBALAYA COOK-OFF

Proceeds to benefit the Veterans of Foreign Wars

Saturday, May 25<sup>th</sup>, 2019 | Along New River behind Robert Insurance  
ALL DIVISIONS COOK FROM 7AM – 11AM

Children's Div. (12 & under) | Junior Div. (13 – 17) | Women's Div. (18 & over) | Men's Div. (18 & over)

\*Awards will be presented in all four divisions for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places\*

\*\*\*PARKING AVAILABLE IN THE GRASS AREA SIDE OF ROBERT INSURANCE\*\*\*

**ENTRY FEE \$20 PER COOK**

Children: Start-7am, turn in-9am | Junior: Start-8am, turn in-10am | Adults: Start-9am, turn in-11am

**MINI POTS NO LARGER THAN 1 QUART ALLOWED IN COMPETITION**

For additional information about this contest, please contact Brent Gautreau at 225-485-7875  
or visit our website at [www.jambalayafestival.net](http://www.jambalayafestival.net).

**COOK'S NAME:** \_\_\_\_\_

**COOK'S EMAIL ADDRESS:** \_\_\_\_\_

**Please select your Division:**  Children's  Junior  Women's  Men's

**Ingredients Allowed:** 1 cup Rice, 1 cup Pork, ½ cup Sausage

**Seasonings to taste:** Onion, Garlic, Bell Pepper, Celery, Red & Black Pepper, Hot Sauce, Salt

**Rules:** Ingredients, pot, wood, and utensils to be furnished by cook. Jambalaya to be cooked on wood (no propane.) No enhancers or color aids to be used (i.e. chicken flavor or base, accent, kitchen bouquet, worcestershire sauce, or pre-mixed/store bought seasonings.)

\*Children (12 & under) may be supervised and/or assisted by an adult for safety. For fairness to all entrants, the majority of the cooking should be done by the child.

I agree to abide by all of the above rules for the Jambalaya Mini Pot Cooking Contest.

**Cook's Signature** \_\_\_\_\_