

Stepping Stones Lunch and Breakfast Menu Example

Monday	Tuesday	Wednesday	Thursday	Friday
Sunbutter jelly sandwich Veggie tots Peaches	Chicken patty parm Cucumbers Fruit cocktail	Cheese ravioli Cauliflower Pears	Taco salad (build your own) Mandarin oranges	Grilled cheese sandwich Tomato soup Broccoli
Egg salad sandwich Green beans Pears	Fish tacos Corn Mandarin oranges	Cheese pizza Broccoli Pineapple	Chicken Ceaser salad Garlic bread sticks Peaches	Chicken noodle soup Carrots Fruit cocktail
Ham and cheese sandwich Peas/carrots Peaches	Beef sliders Corn Mandarin oranges	Chicken nuggets Cucumbers Fruit cocktail	Watermelon salad Rolls	Chicken & broccoli stir fry Pineapple
Turkey cheese sandwich Edamame Pears	French toast sticks Scrambled eggs Roasted potato Fruit cocktail	Cheese quesadilla Salsa and beans Mandarin oranges	Chef salad (build your own) Garlic bread sticks Mandarin oranges	Chilli on a bun Corn Peaches

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Buttermilk biscuits w/fresh apple slices	Oatmeal w/ fresh blueberries	Bagels w/cream cheese fresh pineapple	Blueberry muffin Cantaloupe	Hash browns w/apple sauce
Croissant w/banana	Cereal bar w/fresh pineapple	English muffin w/wow butter	Cereal w/ dried fruit	Pancakes w/apple sauce
Scrambled eggs w/toast Fresh cantaloupe	Blueberry muffin w/banana	French toast sticks w/apple sauce	Oatmeal w/fresh blueberries	Buttermilk biscuits w/fresh pineapple
Cereal w/fresh fruit salad	Corn muffin w/fresh strawberries	Bagels w/cream cheese Fresh apple slices	Croissant w/banana	Waffles w/apple sauce

All meals are made in compliance with USDA meal requirements. All breakfast and lunches are served with milk. Modifications for dietary restrictions such as vegan, vegetarian, etc., are made whenever possible.