

Melinda's Dance Studio Class Descriptions

Dream Dancers: This class is designed to introduce ballet and tap class to pre-school age dancers. They will learn basic dance techniques and vocabulary. Through this class they will be taught creativity and musicality with the use of props and imagery. Dancers in this class will need pink ballet shoes, black tap shoes and leotard and tights for each class. This class will perform one dance at the annual recital.

Starlettes: Dancers enrolled in this class will expand on basic movements and dance vocabulary. This class will build off skills learned in Dream Dancers and apply ballet and tap technique to choreography. Dancers in this class will need pink ballet shoes, black tap shoes and leotard and tights at every class. This class will perform a ballet and tap routine at the annual recital.

Ballet: Ballet is the base of all dance training and is very important in the development of the dancer's technique. Each class will begin with warm up and barre exercises. They will progress to movement across the floor and jumps in center. Dancers will learn ballet terminology and proper body alignment and posture. It is strongly suggested that all dancers take ballet class to ensure they have a strong foundation to perform all other styles of dance. This class will need pink ballet shoes and leotard and tights at each class. Dancers will perform in the annual recital.

Tap: In this class dancers will learn basic tap terminology such as shuffle ball change, flap, cramp roll, buffalo etc. This style of dance focuses on the use of the dancers tap shoes striking the floor to produce sound. Dancers will need black tap shoes and perform in the annual recital.

Hip Hop: Hip hop is a great style for a dancer that has no formal dance training. Techniques such as popping, locking and freestyle will be taught in this class. The music and choreography for this style will be inspired by hip hop culture. There are classes offered for both boys and girls and each class will perform in the annual recital. They will need hip hop shoes that are easy to dance in.

Tumbling: Dancers in this class will learn "tricks" that advance as the class advances from Level 1 to Level 5. This class will focus on flexibility, balance and strength. The class will begin with basic tricks such as cartwheels and handstands and progress to back walkovers and front handsprings. Dancers need to wear leotard/unitard to each class. Dancers will perform in the annual recital and no shoes will be required.

Jazz: Dancers will focus on leap combinations, turning sequences and jumps in this class. Dancers will benefit from being enrolled in ballet in addition to jazz so they already know the basic techniques. Dancers will need nude jazz shoes and perform in the annual recital.

Lyrical: This style of dance is more based off the dancers freedom to express themselves. This class fuses together ballet and jazz technique. There is a strong connection between the music and the choreography that the dancers will portray through their emotions. Dancers are encouraged to enroll in ballet and jazz to assist in their lyrical technique. This class will need nude lyrical shoes and perform in the annual recital.

Modern: This style of dance allows the dancer to take their ballet technique and move more freely with it. Dancers will learn basic modern techniques such as contractions, leaps, C-curves and melts. Dancers will dance barefoot and learn how to stay grounded. They will perform in the annual recital.

Pointe: In this class dancers will learn how to properly strengthen their body to go up on pointe. They will also learn ballet terminology. In order to enroll in this class dancers must be enrolled in ballet and be in at least seventh grade. Dancers will need pink pointe shoes and leotard and tights for each class. This class will perform in the annual recital.