

NHSGA All American Varsity Teams (Men)

To nominate a team for All American honors, follow these procedures:

- A. The coach must be a current member of the NHSGA.
- B. The **Varsity Team Score** is based on the accumulation of **three (3)** raw scores on each event.
- C. These scores are to be an average of three competitions, one of which must be in a championship competition (i.e. 5 or more team invitational, League, Regional or State meet series). Exceptions can be made by the NHSGA president.
- D. The score sheets must clearly show the competition involved and must be signed by the head judge, coach and athletic director. (Elite level only)
- E. The use of the All American Averaging Scoring form must be used.
- F. A typed or printed list of the team members' names, the name of your principal and your schools address, must be submitted.
- G. A \$5.00 **application fee** plus \$2.00 per certificate is required covering team members, coaching staff, managers and any other special individuals like your trainer or athletic director. Non-returnable score sheets or copies of the original score sheets must be postmarked by JUNE 1st (of gymnastics year) to be accepted.

Non-returnable score sheets or copies of the original score sheets must be postmarked by **JUNE 1st** (of gymnastics year) to be accepted. Mail the Team nomination to

Pat Simon
105 Wilcox Road
Milford, CT 06460

Qualifying Scores:

Men's Scores
Standard/Elite
140.0 / 155.0

Honorable Mention: If your Varsity boy's team averaged between **136.0-139.99** your team is eligible for 2 honorable mention certificates (one for the coach and one for the school. Send your requests to:

Pat Simon 105 Wilcox Road Milford, CT 06460

LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1st. NO APPLICATIONS ACCEPTED AFTER JULY 1st!

Please limit your scores to two decimal places only, round up.

**Applications must
be postmarked by
JUNE 1**

Revised
9/28/17



NATIONAL HIGH SCHOOL GYMNASTICS ASSOCIATION

NHSGA All American Varsity Teams Men Average 4 scores this year 20__-20__ AVERAGING SCORE FORM

If your gymnast/team qualifies for the elite status, please send us an action photo of her/him. We need pictures for the yearbook and calendar. THANKS!

Name of High School _____
Address _____
City, ST, Zip _____
Head Coach's Name _____
Assistant Coach's Name _____
Principal's Name _____
E-mail Address _____ Please write neatly

Note: The copies of the elite score sheets submitted must be signed by the Head Judge, the Coach and the Athletic Director to be considered valid.

Only two decimal places please, round up after that.

AVERAGE SCORES EQUALS: _____

	Meet #1	Meet #2	Meet #3	Meet #4
Opponent & Date of Meet	_____	_____	_____	_____
Meet Score	_____	_____	_____	_____

Comments and additional information: _____

**Please include a list of certificate winners.

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**Send to:
Pat Simon
105 Wilcox Road
Milford, CT 06460

Applications must be postmarked by JUNE 1

NHSGA All American Individual Gymnasts (Varsity Only)

To nominate a Varsity gymnast for All American honors please observe the following procedures:

- A. The coach must be a member of the NHSGA
- B. The qualifying score must be an average based upon five (5) competitions, two of which must be from tournament of five or more teams and /or from a league, regional, sectional or state tournament. (Exceptions can be made by the NSHGA president)
- C. For **Elite** gymnasts the non-returnable score sheets or copies of the original must clearly indicate:
 1. The gymnasts full name.
 2. The scores awarded.
 3. The signature of the head judge, coach and your athletic director.
- D. The use of All American Averaging Scoring Form for each nominated gymnast **MUST** be used and contain the following
 1. The class in school of the gymnast.
 2. The All American average you computed with the meet sites and dates.
 3. What college the gymnast plans to attend after graduation. (if known for seniors only)
- E. Application fee of \$5 per gymnast with an additional \$1 per event. Ex: Pat qualifies vault, bars and floor, cost would be \$5 (gymnast) + \$3 (each event)=\$8.00

The non-returnable scores sheets or copies of the original score sheets must be **post marked prior to JUNE 1st**. Mail Women’s All American Gymnast Nominations to to **Pat Simon 105 Wilcox Road Milford, CT 06460**

Qualifying scores:	Men’s Scores	
		Standard/Elite
	Floor Exercise	8.5 / 8.9
	Pommel Horse	7.9 / 9.0
	Still Rings	8.3 / 9.1
	Parallel Bars	8.2 / 9.1
	Vault	8.5 / 9.2
	High Bar	8.2 / 9.0
	All Around	46.2 / 53.4

If your gymnast/team qualifies for the elite status, please send us an action photo of her/him. We need pictures for the yearbook and calendar. THANKS!

Honorable Mention: Even if your team did have an All American individual, a coach can request honorable mention status for one or two of their most deserving gymnasts. No scores need to be submitted. Your recommendation only is needed. Send requests to **Pat Simon 105 Wilcox Road Milford, CT 06460**

Please make checks payable to: **NHSGA**

Applications must be postmarked by **JUNE 1**

LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1. NO APPLICATIONS ACCEPTED AFTER JULY 1ST.



NATIONAL HIGH SCHOOL GYMNASTICS ASSOCIATION

NHSGA All American Men Season/Year Applying For: _____
ALL AMERICAN AVERAGING SCORE FORM

Gymnasts Name: _____
 Year in School: 9 10 11 12
 Name of High School _____
 Address, City, State, Zip _____

Head Coach's Name _____ Preferred Phone Number: _____
 NSHGA Member Circle One Yes No

(If NO: A membership form MUST accompany this form)

E-mail: _____ Please write legibly

NOTE: To be considered for ELITE ALL AMERICAN, copies of score sheets must be submitted and must be signed by the Head Judge, the Coach and the Athletic Director to be considered valid.

Only two decimal places please, round up after that.

Event	Date and Score #1	Date and Score #2	Date and Score #3	Date and Score #4	Date and Score #5	Average
Floor 8.5 / 8.9						
Pommels 7.9 / 9.0						
Still Rings 8.3 / 9.1						
Parallel Bars 8.2 / 9.1						
Vault 8.5 / 9.2						
High Bar 8.2 / 9.0						
All Around 46.2 / 53.4						

Send Form to **Pat Simon 105 Wilcox Road, Milford, CT 06460**

LATE FEE OF \$5 PER GYMNAST REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1ST. NO APPLICATIONS ACCEPTED AFTER JULY 1ST!

If your gymnast/team qualifies for the elite status, please send us an action photo of her/him. We need pictures for the yearbook and calendar. THANKS!

Applications must be postmarked by JUNE 1

Revised 9/28/17