



**Universal Reiki Center**

"Restoring the Power of Belief"

## **St. Francis' Prayer**

LORD, make us instruments of your PEACE;

Where there is hatred, let us sow LOVE;

Where there is injury, PARDON;

Where there is discord, UNION;

Where there is doubt, FAITH;

Where there is despair, HOPE;

Where there is darkness, LIGHT;

Where there is sadness, JOY;

Grant that we may not so much seek to be consoled, but to console;

To be understood as to UNDERSTAND;

To be loved as to LOVE;

For it is in giving that we receive;

It is in pardoning that we are pardoned;

And it is in dying that we are born to eternal life!

**St. Francis of Assisi**

**Reiki Sessions ✕ Circles ✕ I, II & Master Level Classes ✕ Meditation**

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