

## **John Aguilar, Jr, DAOM, EAMP, Dipl OM (NCCAOM)**

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### **Work Experience**

<u>Clinic Supervisor, Bastyr University</u>	2017 – Present
<u>Adjunct Faculty, “TCM Techniques 1”, Bastyr University</u>	2018 – Present
<u>Adjunct Faculty, “Mandarin for Chinese Medicine 1-3”, Northwestern University of Health Sciences</u>	2017 – Present
<u>Chinese medical physician</u> <ul style="list-style-type: none"><li>• Traditional acupuncture and Chinese herbal medicine (tailored bulk herbal formulas, <i>páozhì</i>-processed herbs, and <i>jiǔ</i>-elixirs)</li><li>• Acupressure, tuīná, diet therapy, qigōng exercise therapy, Chinese medical counseling</li><li>• Treat a wide range of disorders, acute to chronic, physical to mental/emotional</li><li>• High level of direct interaction with patients</li></ul>	2003 – Present
<u>Reporter, Workshop on the Translation and Dissemination of Chinese Medicine</u> Hosted by the UCLA Center for East-West Medicine and the Confucius Institute	2011
<u>Co-founder and Chief Herbal Pharmacist, Rising Sun Oriental Medicine Pharmacy</u> Fill herbal prescriptions, quality control of bulk herbs, and offered professional advice to local practitioners	2007 - 2013
<u>Editor-in-Chief, Colorado Journal of Acupuncture and Oriental Medicine</u> Responsible for interacting with authors, vetting all submissions, and Editing the journal; redesigned and reformatted newsletter of Acupuncture Association of Colorado into journal format	2005 - 2006
<u>Assistant Clinic Director, Colorado School of Traditional Chinese Medicine</u> Assisted Clinic Director in the running of the student clinic of accredited MSTCM program	2004 - 2005
<u>Assistant Clinic Supervisor, Colorado School of Traditional Chinese Medicine</u> Supervised student interns, engaged them in discussion and critical analysis in: differential diagnosis, treatment planning, execution of acupuncture treatments, planning of herbal prescriptions, etc.	2004 - 2005
<u>Herbal Pharmacist, Lifegate Holistic Pharmacy</u> Filled herbal prescriptions	2004 - 2005

<u>Assistant, Yan Jing Supply, Herbal Pharmacy and Supply Store</u>	2001 - 2003
Filled herbal prescriptions for practitioners and student interns at store serving two large AOM and massage schools	
<u>Licensed Massage Therapist, Acupressure (private practice)</u>	1999 - 2001
Incorporated TCM diagnostics and point theory, as well as Japanese and Classical Five Element theories	
<u>Volunteer, Dragon's Light Herb Company</u>	1999 - 2000
Assisted owner with day-to-day operations in quasi-apprenticeship role	
<u>US Air Force, Security Police</u>	1993 - 1997
<ul style="list-style-type: none"> <li>• <i>Honor Graduate</i>, Basic Military Training</li> <li>• <i>Distinguished Honor Graduate</i>, Air Base Ground Defense (Ground Combat Skills)</li> <li>• <i>Team Leader</i>, Security Police Academy</li> <li>• <i>Air Force Achievement Medal</i> with bronze oak leaf cluster</li> <li>• <i>Southwest Asia Service Medal</i> with bronze service star (Operations 'Desert Storm', Saudi Arabia, and 'Southern Watch', Turkey)</li> <li>• <i>Air Force Outstanding Unit Award</i> (39<sup>th</sup> Security Police Squadron, Incirlik, AB, Turkey)</li> <li>• <i>Expert Marksmanship</i> with bronze service star</li> <li>• Rated 'EWQ' ('Exceptionally Well Qualified') in multiple positions</li> <li>• Honorable Discharge</li> </ul>	

## Licensure

Washington: East Asian Medicine Practitioner, license #AC60267827  
no complaints or discipline

National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), #23534  
Diplomat in Oriental Medicine, Chinese Herbology, Acupuncture

Certified Practitioner (Acupressure)  
American Organization for Bodywork Therapies of Asia (AOBTA)

Certified Yoga Therapist  
Rocky Mountain Institute of Yoga and Ayurveda

Registered Yoga Teacher (RYT 500)  
Yoga Alliance

## Education and Training

### Acupuncture, East Asian Medicine, Language, and Literature:

<u>University of Washington, Seattle, Washington</u>	2018 – Present
Graduate studies, Chinese	

<u>University of Washington, Seattle, Washington</u> Chinese Studies, language and literature <b>Received Degree: BA</b> • 4 years modern Chinese, 1 year Classical Chinese Dean's List for high scholarship Golden Key International Honor Society	2014 - 2017
<u>Chinese Medical History</u> with Stephen Boyanton, PhD, LAc	2014
<u>Shānghán Lùn 傷寒論 studies</u> with Stephen Boyanton, PhD, LAc	2014
<u>Huángdì Nèijīng 黃帝內經 studies</u> with Edward Neal, MD, LAc	2013
<u>Canonical Chinese Medicine Training – Shānghán Lùn 傷寒論 Sequence</u> with Arnaud Versluys, PhD, MD (China), LAc	2012
<u>Canonical Chinese Medicine Training – Jīnguì Yàolüè 金匱要略 Sequence</u> with Arnaud Versluys, PhD, MD (China), LAc	2013
<u>University of Colorado, Denver and Boulder, Colorado</u> Chinese studies, Language and Literature track Competed in <i>Boulder Chinese Contest</i> , 2013, oral presentation 4.0 GPA	2012 - 2013
<u>Medical Chinese Language Studies</u> with Nicolaas Herman Oving, practitioner and sinologist	2012 - 2015
<u>Study with Dr. Lee Chen-Yu, Taipei, Taiwan</u> Clinic observation and lecture, two weeks	2012
<u>Oregon College of Oriental Medicine, Portland, Oregon</u> 1,200-hour post-graduate clinical doctorate of Acupuncture and Oriental Medicine Capstone project culminating in a 138-page paper: "On the Value of Chinese Language Skills for Practitioners of Acupuncture and Oriental Medicine" <b>Received Degree: DAOM</b>	2011 - 2013
<u>Pacific College of Oriental Medicine, San Diego, California</u> 250 hours of post-graduate doctoral training AOM	Spring 2010
<u>Colorado School of Traditional Chinese Medicine, Denver, Colorado</u> Three-and-a-half year graduate program in TCM <b>Received Degree: MSTCM</b>	2000 - 2003

Five-Element Acupuncture apprenticeship program 2001 - 2002  
with Warren Bellows, LAc

Metropolitan State University of Denver, Denver, Colorado 2001 - 2003

Psychology/Philosophy

Presented poster abstract, "Survey Demonstrating the Efficacy, Safety, And Low Cost of Chinese Medical Treatment", at the *Fifth Annual*

*Undergraduate Psychology Conference* (2001)

Psi Chi National Honor Society in Psychology (2000)

Golden Key International Honor Society (2001)

**Requirements for Major Fulfilled toward BA**

Jin Shin Jyutsu, Los Angeles, California and Boulder, Colorado 1999

Multiple five-day practitioner-training seminars in Japanese style of acupressure

Institute of Taoist Education and Acupuncture, Lafayette, Colorado 1999 - 2000

Six months of training in Classical Five-Element Acupuncture

Institute for Psycho-Structural Balancing, Los Angeles, California 1999

Six-month, 150 hours, program in acupressure and tuīná

Yo San University of Traditional Chinese Medicine, Santa Monica, California 1998 - 1999

Two semesters of graduate level studies in TCM

3.8 GPA

#### Yoga:

PranaYoga and Ayurveda Mandala, Denver, Colorado 2011 - 2012

250 hours of Yoga Therapy training

Rocky Mountain Institute of Yoga and Ayurveda, Boulder, Colorado 2011

300-hour Yoga Therapy certification program

PranaYoga and Ayurveda Mandala, Denver, Colorado 2010

Comprehensive 265-hour Yoga Teacher Training in Hatha yoga

#### Other:

University of Maryland, University College, European Division 1997

Dean's Honor List for 'Outstanding Scholarship'

**Received Degree: Associates of Applied Sciences (General Studies)**

### Continuing Education

Drug-Herb Interactions: An Evidence Based Medical Approach

Thirteen-hour lecture Series – Dr. Greg Sperber, BMBS, DAOM, LAc

2011

The Basics of Western Medicine Series: Neurology for the TCM Practitioner

Seventeen-hour lecture series – Dr. Bruce Robinson, MD

2011

<u><i>The Basics of Western Medicine Series: Musculoskeletal Diseases</i></u> Fifteen-hour lecture series – Dr. Bruce Robinson, MD	2011
<u><i>Cakra, Tantra, and Esoteric Anatomy</i></u> 140-hour advanced Yoga Teacher Training with Hansa Knox, ERYT 500	2011
<u><i>Advanced Pulse Diagnosis</i></u> Training and multiple seminars with Dr. Jim Ramholz, LAc, OMD	2001 - 2004
<u><i>Advanced Needling Techniques</i></u> Dr. Lixin Zhang, MD (China), LAc	2002
<u><i>Advanced Tongue Diagnosis in Clinical Practice</i></u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2002
<u><i>Chinese Classics and Medical Philosophy</i></u> Elisabeth Rochat de la Vallee, PhD	2002
<u><i>Learning to Learn Chinese</i></u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2002
<u><i>PulSynergy Pulse Diagnosis</i></u> Training and seminar with Dr. Marcus Brinkman, LAc, OMD	2002
<u><i>The Five Souls of TCM</i></u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2002
<u><i>TCM Diet and Nutrition</i></u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2001
<u><i>I Ching</i></u> Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM)	2001

## **Publications**

"Back to the Basics – Zangfu Patterns", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	January 2006
"Chinese Medical Classics in English", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	January 2006
"Winter – Words from Past Masters", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	January 2006
"In the Clinic – Referring Out", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	October 2005
"Ever Closer to Fulfilling the Potential of Chinese Herbal Medicine", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	October 2005
"In the Clinic – Pulse Diagnosis", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"Dosing", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"Back to the Basics – Needling", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005

<i>Oriental Medicine</i>	
"Point Functions Integrated", <i>Colorado Journal of Acupuncture and Oriental Medicine</i>	April 2005
"In the Clinic", <i>Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado</i>	Winter 2004
"On Science and Chinese Medicine", <i>Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado</i>	Winter 2004
"Proving Chinese Medicine", <i>Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado</i>	Winter 2004
"Models vs. Reality: On the Foundation of Integration", <i>The Colorado Acupuncturist</i>	July 2004
"Physics for the Physician: What Every Chinese Medical Physician Needs to Know About Quantum Physics", <i>The Colorado Acupuncturist</i>	July 2004
"On Chinese Medical Herbalism", <i>The Colorado Acupuncturist</i>	July 2004
"Needling – More Than Just a Tap and a Twist". <i>Colorado School of Traditional Chinese Medicine</i>	2001
"Insomnia – Theory and Patterns Via a Chinese Medical Paradigm". <i>Colorado School of Traditional Chinese Medicine</i>	2002
"Aggregations, Nodes, Rocks, Chestnuts, and Phlegm – Pathological Lumps of the Breast". <i>Colorado School of Traditional Chinese Medicine</i>	2002
"Knee Pain – Beyond Blood and Bi". <i>Colorado School of Traditional Chinese Medicine</i>	2002
"Die Da Ke – Chinese Medical 'Hit Medicine'". <i>Colorado School of Traditional Chinese Medicine</i>	2002

## Lectures & Seminars

<u>Adjunct Professor</u> Seattle Institute of Oriental Medicine, Seattle, WA	2014
<u>Chinese Language and Shānghán Lùn 傷寒論 Language Studies</u> Multiple peer presentations, Doctor of Acupuncture and Oriental Medicine program, Oregon College of Oriental Medicine	2012 - 2013
<u>Yoga, Taijī Quán, Meditation, Foundations of Health, Qìgōng, Acupressure</u> On-going workshops, created and led for general public	2006 - Present
<u>University of Colorado, Center for Pre-Collegiate and Academic Outreach Programs, Pre-collegiate Health Careers Program, Denver, Colorado</u> Guest Lecturer – discussing the nature of AOM, with emphasis on AOM as a possible healthcare career	2011
<u>'Colorado Youth at Risk', Denver, CO</u> Designed specialized qìgōng seminars for organization for teenagers at risk	2009
<u>Adult Survivors of Sexual Abuse organization, Arvada, Colorado</u> Guest Lecturer, General lecture and presentation on AOM	2007
<u>Chinese Medical Herbology: Introduction to Formulas, Denver, Colorado</u> Selecting and tailoring formulas, dosing, order of cooking and preparing	2005

of herbs (*páo zhì*), critical analysis of results and treatment planning, patient compliance, classical combinations of herbs (*duì yào*)

Skyland Community High School, Denver, Colorado 2005

Guest Lecturer – Basic talk on AOM to high school students

University of Colorado, Health Sciences Center, School of Nursing, Denver, Colorado 2005

Guest Lecturer – Lecture and hands-on training with Nurse Practitioner students, covering: Chinese medical pulse and tongue diagnosis

University of Colorado, Health Sciences Center, Denver, Colorado 2003

Guest Lecturer – AOM overview lecture to medical students, with demonstration

University of Colorado, Health Sciences Center, School of Nursing, Denver, Colorado 2003

Guest Lecturer – Detailed lecture covering – an introduction to AOM, AOM history, compare/contrast with biomedicine, training, licensing, and credentialing of LAc's, clinical practice of AOM, scope of practice, communication and referral

### Professional Memberships

Washington East Asian Medicine Association  
American Association of Acupuncture and Oriental Medicine  
Society for Acupuncture Research  
International Society for the Study of Classical Acupuncture  
International Association of Yoga Therapists  
National Qigong Association

### Hobbies

Daoism, martial arts, lay study of physics and quantum mechanics (writings of Heisenberg, Bohm, Bohr, Schrödinger, Einstein), nature photography

### Personal Cultivation

Longstanding daily practice of *Tàijí quán*, yoga, *qìgōng*, and meditation understanding that such personal cultivation is the foundation of clinical skills, such as needling techniques, as well as critical thinking and analysis in diagnosis and treatment planning

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