

April 2018						
◀ March					May ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:45 ½ & ½ Martha 7:00 Pilates - RA	3	4 8:45 Cardio Int. Martha	5 8:45 Power Yoga Cardio Flow Karen	6	7 9:00 Total Body Donna
8	9 8:45 Nike TBC Donna 7:00 Pilates - RA	10 8:45 Yoga Sulpt Karen	11 8:45 Cardio Int. Martha 6:00 Gentle Yoga & Stretch Karen	12 8:45 ½ & ½ Martha	13 8:45 Yoga Flow & Stretch Karen	14 9:00 ½ & ½ Martha
15	16 8:45 ½ & ½ Martha 7:00 Pilates - RA	17 8:45 Nike TBC Martha	18 8:45 Cardio Int. Martha	19 8:45 Power Yoga Cardio Flow Karen	20	21 9:00 Mat Science Donna P
22	23 8:45 Nike TBC Donna 7:00 Pilates - RA	24 8:45 Yoga Sculpt Karen	25 8:45 Cardio Int. Martha 6:00 Gentle Yoga & Stretch Karen	26 8:45 ½ & ½ Donna P	27 8:45 Yoga Flow & Stretch Karen	28 9:00 Yoga Flow & Stretch Karen
29	30 8:45 Total Body Donna 7:00 Pilates - RA					