

# 2025

# January

## Hampshire Township Seniors on the Go

Call for a ride or to  
RSVP for an event.  
847-683-9464 ext 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01 OFFICE CLOSED 	02 Chair Yoga w/Anastasia	03 Walmart SCC	04
05	06 Chair Yoga w/Anastasia <i>Wendy's</i>	07 Bingo	08 Lunch w/ Friends	09 Chair Yoga w/Anastasia	10 LRC	11
12	13 Chair Yoga w/Anastasia <i>Cards w/ Melissa &amp; Kim</i>	14 Bingo	15 Big Skillet	16 Chair Yoga w/Anastasia	17 Walmart SCC	18
19	20 Chair Yoga w/Anastasia Alzheimer Support Group	21 Bingo	22 Chili's	23 Chair Yoga w/Anastasia	24 LRC w/Snacks	25
26	27 Chair Yoga w/Anastasia <i>Culver's</i>	28 Bingo	29	30 Chair Yoga w/Anastasia <i>Cash Bingo</i>	31 Walmart SCC	01
02	03	EVENT TRANSPORTATION - Contact 847-683-9464 ext 3		MEDICAL TRANSPORT - Contact Maureen at 224-828-0446		
<b>ATTENTION:</b> Jan 1 - Office Closed <b>SPECIAL EVENTS:</b>						