

MINNEAPOLIS H.S. BOYS SWIM AND DIVE – 2017/18 SEASON

1. Swim and Dive Coaches

Head Coach: Chris Aarsath, Christopher.Aarseth@mpls.k12.mn.us, 612-290-6113

Dive Coaches:

Assistant Coaches: Bill

2. Captains: David Lefebvre (612-720-7106), Madhav Singh (612-876-0513)

Parents: Paul & Fiona Lefebvre (612-710-5883) Fiona.lefebvre@gmail.com , Varijita and Arvind Singh (612-715-8474) singh023@umn.edu

3. Meet Schedule

On line at http://southwest.mpls.k12.mn.us/Meet_Schedule4

4. Important Dates

- Monday, November 20th , Captains practice
- Monday, November 27th , Boy's season begins
- Saturday, December 9th , Laker Invite at St Kate's, Volunteers needed (see website)
- Saturday, January 6th - Maroon/Gold Invite at the University of Minnesota
- True Team Sections, January 20th , Edina
- Saturday, February 10th – JV Championship at Fridley Middle School
- Thurs - Sat, February 22nd – 24th, Sections at Edina
- March 1st – 3rd , State Tournament at the University of Minnesota
- Sunday, March 4th - End of Season Banquet, Good Shephard, 48th & France

5. Apparel

Please go on line to order a team swim suit and jacket. <http://www.elsmoreswim.com/index.php?tid=125>

- Team Swim Suit (Must have) -
- Warm Up Jacket (Must have) - \$61.40-that includes-Minneapolis Swim & Dive, the school name and their name.
- Warm up Pants (Optional) - The pants would be \$27.30 plus \$6.00 for a name.

6. Communication

Parent communication is through google groups. Please send an email to Chris or Fiona to join

Student communication is via text????

7. Pasta Parties

Pasta parties are held once a week the evening before a meet. You will be invited to sign up to host a pasta party via Signup Genius. We encourage you to buddy with another family and host a party together.

8. Volunteering

The team does not do any formal fundraising. We make money by hosting one swim meet and by selling concessions at home meets. You will receive an invitation via Signup genius to help. Please consider helping over the course of the season. It is a great way to get to know other swim parents.

Other needs – Photographer xxxxxxxx

9. Volunteer Signups:

- Signup genius for pasta parties <http://www.signupgenius.com/go/10c0a4da4aa22a57-swhen>

- Signup genius for concessions at Home Meets <http://www.signupgenius.com/go/10c0a4da4aa22a57-swhen1>
- Signup genius for Laker Invite <http://www.signupgenius.com/go/10c0a4da4aa22a57-laker>

10. Important Websites

- New team website: www.minneapoliswimanddive.us, if you are new to the team, check it out for frequently asked questions.
- Online meet calendars: http://southwest.mpls.k12.mn.us/Meet_Schedule4
- Signup for Google Group emails: swwimfans@googlegroups.com
- Facebook: Minneapolis Southwest Lakers Swim and Dive: An open group for SWHEN swim fans
- Facebook: A captain must add the boys to this group
- Meet Mobile: You can follow meet results using an app called Meet Mobile.
- USA Swimming – <http://www.usaswimming.org>
- Minnesota High School Swimming - <http://www.mshsl.org/mshsl/activitypage.asp?actnum=417>

11. Booster Club

The team's booster club needs you! We are parent volunteers who support the team and coaches. The main positions needed are treasurer and web master. Duties are light and it's a great way to meet other parents. Please contact Fiona or Leigh Ann and Erik for details