

**For more info contact
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Head Coach Zack Saunders

Zack Saunders just finished up his fourth season as the head baseball coach at Southwestern Oklahoma State in 2015.

Zack Saunders was rewarded as the 2013 GAC Coach of the Year, the first such award of his career after a 31 win season. Saunders also recently received his 100th career win as a head coach of the bulldogs. Before becoming the Head coach of the Bulldogs Saunders spent 6 seasons as the lead assistant at SWOSU.

Saunders first squad at Southwestern finished 27-19 (14-10 GAC) and claimed third place in the Great American Conference standings. Since then he has made the GAC tournament 3 out of the last four years. The Bulldogs have had multiple players earn All-GAC honors including a All Region Gold Glove winner at Shortstop.

Saunders played collegiately at Kansas State University where he was a two-year starter before joining former SWOSU coach Charles Teasley's staff in 2005. A 1999 graduate of Muskogee High School, Saunders began playing collegiately at Connors State and was a member of two nationally-ranked junior college teams with the Cowboys.

Saunders and wife Elissa (Clayton) reside in Weatherford with their son Isaiah and daughter Olivia.

Zack Saunders Bulldog Baseball Camp



Camp Details

Camp 3 Pitching Camp June 8th-9th

- This two day pitching camp with cover the skills needed to be successful on the pitchers mound.
- We will cover the mechanics needed to throw strikes and protect young arms.
- We will also cover a general mental approach.
- Ages 8-13
- Walk Up Registration at 1:00 PM

Camp 4 Hitting Camp June 8th-9th

- This two day hitting camp will give an in depth look at an offensive approach covering topics from swing plane to weight transfer. It will also cover the stride, load and separation while also covering a general mental hitting approach.
- Ages 9-13

Camp Details

Camp 1 Week Long Fundamentals Camp June 1st-4th

- We will cover a wide variety of baseball fundamentals as far as playing catch, base running, hitting, and position specific fielding.
- Fundamentals Camp is a perfect introduction to general baseball skills. If you are looking to cover all the basics in camp this would be the best fit for you.
- Ages 6-13
- Walk Up Registration at 8:30 AM

Camp 2 Catching Camp June 10th-11th

- This two day catching camp will cover the skills needed to be successful catcher behind the plate.
- We will cover blocking drills, receiving drills, and throws and foot-work drills.
- Ages 9-13
- Walk Up Registration at 8:30 AM

Fundamentals Camp June 1st-4th

- 9 AM–12 PM

- Cost: \$100 includes a SWOSU Hat

Pitching Camp June 8th-9th

- 1:30 PM-3:30 PM

- Cost: \$100 includes a SWOSU Hat

Hitting Camp June 8th-9th

- 9 AM–12 PM

- Cost: \$100 includes a SWOSU Hat

Catching Camp June 10th-11th

- 9:00 AM-11:30

- Cost: \$100 includes a SWOSU Hat

Name: _____

Age: _____

Contact Number: _____

T-Shirt Size: _____

I would like to attend: Check

Fundamentals Camp \$100

Pitching Camp \$100

Hitting Camp \$100

Catching Camp \$100

Return Order form to:

Southwestern Oklahoma State University
 Attn: Baseball
 100 Campus Drive
 Weatherford, OK 73096

Make Checks payable to Zack Saunders