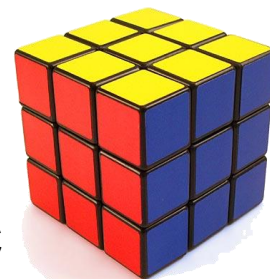




Hosted by: Twin City Mothers of Multiples  
Winston-Salem, NC



# ***Rewind to the 80s!***



November 6-8, 2015 in Winston-Salem, NC  
Hosted by: Twin City Mothers of Multiples

**The Hawthorne Inn & Conference Center**  
420 High Street Winston-Salem, NC 27101  
336-777-3000

Room Rates per night:

2 Queen Room \$92    King Room \$92    2 Queen Suite \$142  
(Single Double Rate, Add \$10 for Triple/Quad Rate)

**Deadline for NCMOM rate is October 7, 2015**

The Hawthorne Inn offers the following guest room amenities:

Deluxe Hot Breakfast  
High Speed Internet Availability  
Full Service Bayberry Bistro Restaurant  
Well Equipped Fitness Center

Visit [www.hawthorneinn.com](http://www.hawthorneinn.com) for maps and additional information.

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## **Offsite Rooms also available for overflow!!!**

The Fairfield Inn & Suites Downtown  
125 South Main St. Winston-Salem, NC 27101  
336-714-2800

**\$129/night for 2 Queen Room**

(0.8 miles from The Hawthorne. Travel time: 2 minutes by car, 10 minutes by foot.)

# Speakers/Sessions

## **Keynote Speaker** (For Saturday Lunch) - Deb Gauldin

Deb is a former obstetric nurse and is a lifelong champion of women's causes. Although Deb is a Registered Nurse, serves on the board for the Association of Applied and Therapeutic Humor, is a professional speaker, entertainer and contributing author, she insists that her best teachers are in her audiences and her true qualifications are her stretch marks and laugh lines.

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## **Session I**

### A) Relaxation Techniques (Saturday 1:30–2:30pm)

Presented by: Linda Hunt

Lisa has a Master's degree in Child Development and Family Relations, is a licensed RN and a Licensed Professional Counselor. Linda uses both traditional counseling methods and cutting-edge transformational therapies in her counseling practice that help her clients change longstanding behaviors and thought patterns.

### B) Tour de Winston Salem (Saturday 1:30–2:45pm)

Hop aboard a van to see some of the best that downtown Winston Salem has to offer and learn a little bit about the Twin City's history and culture along the way. The final destination will provide you with the opportunity to do some shopping, grab a sweet treat or stop for a drink. Coupons to some of the local retailers will be provided! Return to the Hawthorne Inn on a tour van or take a leisurely stroll back. Cost is \$20 per person.

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## **Session II**

### A) Couponing 101 (Saturday 3:00-4:00pm)

Presented by: Amanda Story/Mollie Hardman

Interested in saving money, but not sure where to start? We have the ladies to help! Join Amanda and Mollie as they walk you through all you need to know to conquer the world of couponing.

### B) Tour de Winston Salem (Saturday 3:00–4:30pm)

Hop aboard a van to see some of the best that downtown Winston Salem has to offer and learn a little bit about the Twin City's history and culture along the way. The final destination will provide you with the opportunity to do some shopping, grab a sweet treat or stop for a drink. Coupons to some of the local retailers will be provided! Return to the Hawthorne Inn on a tour van or take a leisurely stroll back. Cost is \$20 per person.

## DRESS FOR THE DECADE!!!

80's Dinner Saturday night with 80's Dance Party!!!

Like, Ohmygosh! Like totally rad, dude. An 80's Party!!!! Like couldn't you just die???? And like, can you dig it, you are invited. (OUCH! I think I just hurt myself.)



**Come dressed in your best 80's gear!!!!**

Neon Everything. Leg Warmers. Jelly Bracelets. Miniskirts. Lots of Hairspray. Teased Hair. Scrunches. Lace gloves. Swatch watches. Fat laces. Members' Only Jackets. Lace tops. Leotards. Leather Jackets.