

BUILDING BLOCKS LEARNING CENTER 4402 HAINES ROAD DULUTH, MN 55811 218-722-2252 WWW.BUILDINGBLOCKSDULUTH.COM

Dear Parent,

Thank you for your interest in our program! Building Blocks Learning Center is open to children ages six weeks to five years of age. Our infant, toddler, and preschool programs are available Monday through Friday, 6:00 a.m. to 6:00 p.m.

At BBLC, our mission is to provide children with a safe, nurturing, and educational environment where creativity, exploration, and questioning is at the forefront of learning. We prepare children to be 21st-century learners and provide them with life skills, technology skills, and social skills to thrive and become prepared for their academic futures. Children will learn through sensory exercises, self-inquiry, and working together with their classmates to develop crucial skills that will prepare them for future endeavors.

Our school provides a balanced program of learning experiences designed to foster the cognitive, motor, as well as social, emotional, and aesthetic development of the preschool child. Our environment is structured to stimulate the child's curiosity and encourage self-directed learning. Children alternate between independently exploring and questioning in a planned environment and teacher led group instruction. Age and developmental level will determine placement in groups. The children have the same teacher for small group time, language arts, and music and movement. The daily program includes outdoor play, art and music experiences, technology integration, and opportunities to develop pre-academic skills in math, science, and language. Because we believe that learning for the young child takes place where there is direct interaction with the environment, our curriculum will be based on experiences that emphasize functional learning at the child's age of development. We strive to structure an environment that provides natural opportunities for language development, manipulation of materials, sensing of meanings and relationships, developing work habits, establishing friendships, and obtaining social maturity.

In addition to a quality education program, we also provide well-balanced and nutritious meals and snacks, approved by the Minnesota Department of Agriculture.

For more information, you can visit our website at www.buildingblocksduluth.com , or call us at 218-722-2252 x1. We are so happy you are with us, and look forward to watching your child learn and grow with us!

Sincerely,

Building Blocks Learning Center Staff and Management



BUILDING BLOCKS LEARNING CENTER 4402 HAINES ROAD DULUTH, MN 55811 218-722-2252 Option 1 <u>WWW.BUILDINGBLOCKSDULUTH.COM</u>

# INFORMATION SHEET 2016-2017

We serve children six weeks through five years of age. Age designations are as follows: Infants 6 weeks through 16 months, Toddlers 16 months through 33 months, Preschoolers 33 months through 5 years.

**OPERATION:** Monday through Friday year-round Building Blocks Learning Center will be closed on the following Holidays:

New Year's Day Memorial Day Fourth of July Labor Day Thanksgiving (Thursday and Friday) Christmas Eve Christmas Day

### **PRICING:**

	Haines Road Pricing	Hermantown Road Pricing
	Open 6:00 a.m 6:00 p.m. Open 6:30 a.m 5:45	
		p.m.
Infant	\$42	\$42
Toddler	\$38	\$38
Preschool	\$35	\$35

# **ATTENDANCE REQUIREMENTS:**

- > Children must be six weeks old to begin school.
- Variable schedules will not be accepted
- > All new incoming students are billed for 5 days a week.
- > A \$25.00 non refundable registration fee is required.
- A \$300.00 non refundable deposit is required. This will be applied to your account.

# PAYMENTS MUST BE KEPT CURRENT FOR YOUR CHILD TO REMAIN IN OUR PROGRAM. INTEREST WILL BE CHARGED ON PAST DUE ACCOUNTS.

### Welcome to the Building Blocks Learning Center Infant Room!

We are very excited to have you with us as part of our BBLC family! We know that the first day is always the hardest, so we want to help make it easier for you! Below are lists of supplies and paperwork infants need on their first day. If there is anything else we can do to make the first day more comfortable, please let us know!

### Supplies you need to bring on your first day of school:

\*Diapers \*Wipes \*2-3 bottles (if still using bottles) \*3-4 bibs (will be sent home with you to wash) \*2-3 sets of extra clothes \*Diaper cream (optional) \*Pacifier (optional)

### Paperwork you need to bring on your first day of school:

\*Registration form \*Payment contract \*Emergency contact cards \*Immunization records \*Infant information sheet \*Health summary record \*Infant basket information \*Infant meal notification letter \*Diaper cream/sun lotion authorization form

Foods Building Block Learning Center supplies: Simply Right Complete formula (comparable to Similac Advance), Similac Soy formula, Whole milk, Gerber baby rice, Gerber baby oatmeal, Gerber baby fruits (applesauce, peaches, pears, bananas), Gerber baby vegetables (squash, carrots, sweet potatoes, peas, green beans), A variety of healthy table foods for fruits and vegetables, and a catered lunch everyday.

Other items BBLC supplies: toys, music, art supplies (markers, crayons, paint, chalk, etc.), sippy cups, bowls, spoons, books, and baskets for bottles.

Please use permanent marker to label all of your infant's things with first and last name. It sometimes helps to write on bottles and then put clear packing tape on top so the name doesn't come off as easily.

We are honored you have chosen us to be part of your infant's life! Please stop by the infant room, set up a conference, or call if you ever have questions, comments, or concerns!

Thank You Again,

The Infant Room Teachers

(For school use only) Date	Reg. Fee	Deposit	Check #	or Receipt #	
	<b>BUILDING BLO</b>	CKS LEARNING	CENTER		
		istration Form			
Please complete all items		_	-	must be submitted on or	
	before firs	st day of attendar	ice!		
	his account		ED IE CUDDENT	LY REGISTERED AT BBLC.	
	on-refundable deposit. Th	~			
	· ·	en leaving the prog			
Child's Name		DOB		Sex	
Address		Zip	Pho	ne	
Parent/Guardian 1		Oc	cupation		
Place of Employment		Wk Phone		_ Cell	
Address, if different from chi	ild				
Email address					
Parent/Guardian 2		Oc	cupation		
ace of Employment Wk Phone Cell					
Address, if different from chi	ild				
Email address					
Names and ages of other chil	dren in family				
Any other information we sho	ould know				
PERSONS TO CONTACT	WHOM ADE ALLOW	TO DICK UD V		CASE OF EMEDCENCY	
(IF PARENTS CANNOT B				CASE OF EMERGENCI	
1. Name	Ad	ldress			
Relationship	Home #	Wor	k #	Cell #	
2. Name	Ad	ldress			
Relationship	Home #	Wor	k #	Cell #	
Child's Physician	Pr	none	Address		
Child's Dentist	Ph	one	Address		
Hospital of choice		Phone #			

# WHO MAY PICK UP YOUR CHILD? (Please notify us of any changes.)

Name	Relation	Phone	Cell	Address	
WHO MAY N	OT PICK UP YOUR CHI	LD? (Please notify us o	of any changes.)		
Name	Relation	Phone	Cell	Address	
SUMMER R	EGISTRATION				
	TIFY US IF YOU WILL B IOTICE IS REQUIRED IF			ER PROGRAM. A WEEK'S	
PERSON RES	SPONSIBLE FOR PAYME	ENT ON ACCOUNT _			
(SLC Assistan	ce) Name of social worker			Phone	
(Please read an	nd sign below.)				
	ilding Blocks Learning Cen n or I cannot be reached, o			gency situation when another other parent/guardian.	
Signed				Date	

# **PERMISSION SLIP FOR DIAPER CREAM/SUNSCREEN/LOTION/POWDER**

# Please check all boxes that apply:

👝 My child can ONLY use	(Brand Name)
<i>diaper cream</i> that I have provided for him/her.	
I do not wish for my child to use diaper cream.	
My child can ONLY use	(Brand Name)
My child can use any brand of sunscreen.	
I do not wish for my child to use sunscreen.	
My child can ONLY use	(Brand Name) lotion
I do not wish for my child to use lotion.	
My child can ONLY use	(Brand Name) powder
I do not wish for my child to use powder	
Parent/Guardian's signature:	_Date:
Parent/Guardian's signature:	Date:

#### INFANT INFORMATION SHEET

FIRST & LAST NAME:	BIRTH DATE:
DRINKS: BREAST MILK/ UP & UP FORMULA /	UP & UP SOY FORMULA/WHOLE MILK/ OTHER:
BOTTLE: DRINKSOZ. OF FORMU	ULA/BREAST MILK/WATER/WHOLE MILK EVERYHOURS
SIPPY CUP (WITH MEALS): DRINKS _	OZ. OF FORMULA/BREAST MILK/WATER/WHOLE MILK
CEREAL: RICE/OATMEALOZ. M	NIXED WITH FORMULA/BREAST MILK/WATER/WHOLE MILK
BABY VEGGIES: GREEN BEANS/	CARROTS/SQUASH/PEAS/SWEET POTATOESOZ.
BABY FRUITS: APPLES/	PEARS/BANANAS/PEACHES/PRUNESOZ.
BABY FOOD EATIN	NG TIME(5): 9:00 A.M./11:00 A.M./1:00 P.M.
TABLE FOOD EATING TIME(S): 9	9:00:A.M. BREAKFAST/12:00 P.M. LUNCH/3:00 P.M. SNACK
USES A PACIFIER: YES/N	NO MAY SLEEP WITH BLANKET: YES/NO
MAY CUDDLE WITH A BLANKET: Y	ES/NO MAXIMUM NAP TIME LENGTH: HOURS
MAY FALL ASLEEP IN: SWING/CHAIR (	ALL INFANTS MUST BE MOVED TO A CRIB AFTER FALLING ASLEEP)
CHANGE DIAPERS: EVERY H	OURS USE DIAPER CREAM: ALWAYS/WHEN NEEDED
SPECIAL NOTES:	

### INFANT INFORMATION SHEET

FIRST & LAST NAME:	BIRTH DATE:
DRINKS: BREAST MILK/ UP & UP FORMULA / UP & UP S	SOY FORMULA/WHOLE MILK/ OTHER:
BOTTLE: DRINKSOZ. OF FORMULA/BREA	ST MILK/WATER/WHOLE MILK EVERYHOURS
SIPPY CUP (WITH MEALS): DRINKSOZ.	OF FORMULA/BREAST MILK/WATER/WHOLE MILK
CEREAL: RICE/OATMEALOZ. MIXED WI	TH FORMULA/BREAST MILK/WATER/WHOLE MILK
BABY VEGGIES: GREEN BEANS/CARROTS/	SQUASH/PEAS/SWEET POTATOESOZ.
BABY FRUITS: APPLES/PEARS/BA	NANAS/PEACHES/PRUNESOZ.
BABY FOOD EATING TIME	5): 9:00 A.M./11:00 A.M./1:00 P.M.
TABLE FOOD EATING TIME(5): 9:00 A.M. B	REAKFAST/12:00 P.M. LUNCH/3:00 P.M. SNACK
USES A PACIFIER: YES/NO	MAY SLEEP WITH BLANKET: YES/NO
MAY CUDDLE WITH A BLANKET: YES/NO	MAXIMUM NAP TIME LENGTH: HOURS
MAY FALL ASLEEP IN: SWING/CHAIR (ALL INFA	NTS MUST BE MOVED TO A CRIB AFTER FALLING ASLEEP)
CHANGE DIAPERS: EVERY HOURS	USE DIAPER CREAM: ALWAYS/WHEN NEEDED
SPEÇIAL NOTES:	

### CHILD CARE EMERGENCY CONTACT INFORMATION AND CONSENT FORM

Child's Name:		Birth Date:
Address:		
		·····
Telephone: Home	Work	Beeper/Cell
Parent/Guardian #1 Name:		
		Beeper/Cell
EMERGENCY CONTACTS (to who	om child may be released if	guardian is unavailable)
Name #1:		Relationship:
Telephone: Home	Work	Beeper/Cell
Name #2:		Relationship:
Telephone: Home	Work	Beeper/Cell
CHILD'S PREFERRED SOURCES	OF MEDICAL CARE	
Physician's name:		
Address:		Telephone:
Dentist's name:		
Address:		Telephone:
Hospital name:		
Address:		Telephone:
Ambulance Service:		
Telephone:		· · · · · · · · · · · · · · · · · · ·
	are responsible for all en	nergency transportation charges)
		ID #
SPECIAL CONDITIONS, DISABIL	THES, ALLERGIES, OR ME	EDICAL EMERGENCY INFORMATION
PARENT/G	UARDIAN CONSENT AND	AGREEMENT FOR EMERGENCIES:
emergency care. I will be responsi	ble for all charges not cover LF until I am available. I ag	by facility staff and, if necessary, be transported to receive red by insurance. I consent for the emergency contact person gree to review and update this information whenever a change
Parent/Guardian Signature:		Date:

Parent/Guardian Signature: Date:	

### **Infant Information Sheet**

Child's Name

.

Birthdate\_\_\_\_\_

Position in Family? (1<sup>st</sup> Born, 2<sup>nd</sup> Born, Etc.)\_\_\_\_\_

### **Sleeping Habits**

\*All children at Building Blocks Learning Center will sleep in a crib. How does your child fall asleep? (With a bottle, pacifier, noise, crying, etc.)

### **Feeding Habits**

What is your child currently eating? (Formula, Breast Milk, Solids, Crackers, Etc.)

How often is your child eating?

\_\_\_\_\_

Please list what we can feed your child while attending Building Blocks Learning Center.

•

Do you have any dietary restrictions for your child?

•

If your child is sleeping would you like BBLC staff to wake them at feeding time?

### **Diaper Changing**

How often would you like your child to be changed? BBLC changes diapers every three hours.

Communication/Play Habits

What words does your child say? How does your child best communicate?

• \_\_\_\_\_

What is the best way to comfort your child? (Rocking, Singing, Reading, Etc.)

While awake, please note some of your child's favorite activities:

•

What do you hope Building Blocks Learning Center will provide for your child as he/she grows?

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# BUILDING BLOCKS LEARNING CENTER PAYMENT CONTRACT

DATE				
TODDLER	PRESCHOOL/SCHOOL AGE			
OR CHANG	E DATE			
SES	SSIONS PER WEEK			
TUES WED	THURS FRI			
TUES WED	THURS FRI			
	TODDLER OR CHANG SES TUESWED			

Tuition for the above is \_\_\_\_\_\_ per week for the year. Payment is due weekly unless other arrangements are made. Extended hours are due weekly and due upon receipt.

Families whose accounts are over \$500.00 or in arrears will not be able to continue in our program. Interest will be charged on past due accounts. A two-week notice is required when leaving our program. Building Blocks Learning Center may close in extreme cases of inclement weather. Tuition will be charged for these days and holidays.

You are billed for all absent days, unless you have earned a week of vacation after being at BBLC for one year.

All billing inquiries should be directed to the business manager at 218-722-2252 option 1.

I have read the above. (initial)

I agree to pay my tuition weekly (initial)

(Please fill out if on Childcare Assistance)

St. Louis County:	Worker Name	Number
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My co-pay is \_\_\_\_\_\_\_ every 2 weeks, due at the beginning of the period.

Parent Signature:	Date:
	Date

(Please submit this contract on or before your child's first day of attendance) (A copy of this signed contract is available upon request)

#### **Building Blocks Learning Center Information for Parents**

#### Important phone numbers for you to know:

Center Number: 218-722-2252 Fax Number: 1-218-319-7069 Holly's E-mail: <u>hpetrich@gmail.com</u> or <u>holly@buildingblocksduluth.com</u>

#### **Drop-Off and Pick-Up Times:**

Please try to stick to the pick up time you choose each day. We count on parents picking up by certain times to allow staff to leave on time each day. Thank you for your cooperation with this! **If you are late picking up your child (past 6:00 p.m.), you will be charged a \$35 late fee. State does not allow us to operate past 6:00 p.m. and we can get citations if found in operation past 6:00 p.m.** 

# When your child is sent home: (Must be fever free for 24 hours and no more loose BMs for 24 hours before they can return).

When a temperature of 101.0 degrees or higher is reached When your child has 3 or more loose BMs When your child vomits 2 or more times When your child has behavior problems and all tactics have already been tried

\*\*\*Please keep your child home until they are well enough to return to school and are not risking infecting the other children in their classroom.

Days we are closed: (You are billed for these days-holidays and snow days)

New Year's Day Memorial Day Fourth of July Labor Day Thanksgiving Day and the day after Christmas Eve and Christmas Day

We may also close due to weather. You will be notified as soon as we make a decision independent from the school districts. If your child is in our school-age program, and will not be attending on days they have off from school, you are still billed their standard weekly rate to hold their spots.

#### Vacation Days:

You earn vacation days after you have been here for a year or longer. The number of paid days off you get is equal to the number of days your child comes each week. So, if your child comes 3 days a week, you are allowed to take 3 paid days of vacation. Vacation days must be used in the same week (all 3 days in the same week, etc.). You get one vacation week per family, not per child.

#### **Payments:**

You are able to make payments by check or by using the sign-in kiosk when you check your child in. You can sign up to have payments automatically withdrawn from a checking account or credit card. Payments are due every Friday and you are billed for the week ahead. Please keep your bill currentpaid in full. **Bills over \$500 will be charged 6% monthly interest beginning January 2, 2017.** 



# Automated Payment Processing Safe – Convenient – Easy

We are excited to offer the safety, convenience and ease of Tuition Express<sup>®</sup> – a payment processing system that allows secure, on-time tuition and fee payments to be made from either your bank account or creditcard.

### ELECTRONIC FUNDS TRANSFER AUTHORIZATION FOR BANK ACCOUNT and CREDIT CARD

### COMPLETE ONE SECTION ONLY

#### SECTION A (Credit Card)

Cardholder Name		Ph	one #		
Cardholder Address	City			State	Zip
Account Number		Ex	piration Date		
Cardholder Signature		Da	te		
SECTION B (Bank Account)					
Your Name		Ph	one #		
Address		City		State	Zip
Bank or Credit Union Name					
Bank or Credit Union Address	City	State	Zip		Checking Savings
Routing Transit Number (see sample be	ow)	Account Nur	nber (see sample	below)	
For Official Use Only Date Received	John Sample Mary Sample 123 Nice Street Anytown, USA Pay to the	555-555		00226	A service of
Employee Signature	order of:	ach Voided Chec	φ	_ Dollars	procare
	Routing Number Account Number	0226 r Check Number			software 12082014

# **Child Care Immunization Form**

Must be on file **before** a child attends child care

Name

Birthdate

### Date of Enrollment

Minnesota law requires children enrolled in child care to be immunized against certain diseases or file a legal medical or conscientious exemption.

#### Parent/Guardian:

You may attach a copy of the child's immunization history to this form OR enter the MONTH, DAY, and YEAR for all vaccines your child received. Enter MED to indicate vaccines that are medically contraindicated including a history of disease, or laboratory evidence of immunity and CO for vaccines that are contrary to parent or guardian's conscientiously held beliefs.

Sign or obtain appropriate signatures on reverse. Complete section 1A or 1B to certify immunization status and section 2A to document medical exemptions (including a history of varicella disease) and 2B to document a conscientious exemption.

For updated copies of your child's vaccination history, talk to your doctor or call the Minnesota Immunization Information Connection (MIIC) at 651-201-5503 or 800-657-3970.

Type of Vaccine	DO NOT USE (✓) or (×)	1st Dose Mo/Day/Yr	2nd Dose Mo/Day/Yr	3rd Dose Mo/Day/Yr	4th Dose Mo/Day/Yr	5th Dose Mo/Day/Yr			
	<b>Required</b> (The shaded boxes indicate doses that are not routinely given; however, if your child has received them, please write the date in the shaded box.)								
Diphtheria, Tetanus, and • 3 doses during 1st year (a • 4 <sup>th</sup> dose at 12-18 months • 5 <sup>th</sup> dose at 4-6 years	at 2-month intervals)				5th dose not required	if 4th dose was given			
Indicate vaccine type: DTaF	or DTP				5th dose not required on or after the	e 4th birthday			
Polio (IPV, OPV) • 2 doses in the first year • 3 <sup>rd</sup> dose by 18 months • 4 <sup>th</sup> dose at 4-6 years				4th dose not required on or after th	if 3rd dose was given e 4th birthday				
Measles, Mumps, and R • Required for children 15 r • 1 <sup>st</sup> dose on or after 1 <sup>st</sup> birt • 2 <sup>nd</sup> dose at 4-6 years	months and older								
Haemophilus influenzae • 2-3 doses in the first year • 1 dose required after 12 m • For unvaccinated children • Not required for children	onths or older n 15-59 months, 1 dose is required								
Varicella (chickenpox) <ul> <li>Required for children 15 r</li> <li>1<sup>st</sup> dose on or after 1<sup>st</sup> birt</li> <li>2<sup>nd</sup> dose at 4-6 years</li> </ul>									
<ul> <li>Pneumococcal Conjuga</li> <li>Required for children age</li> <li>3 doses in the first year</li> <li>4<sup>th</sup> dose after 12 months</li> <li>At least 1 dose is recommon child care</li> </ul>									
Hepatitis B (hep B) • 2-3 doses in the first year • 3rd dose (final dose) by 1									
Hepatitis A (hep A) • 2 doses separated by 6 m older	onths for children 12 months and								
Recommended									
Rotavirus (2-3 doses betwee	en 2 and 6 months)								
Influenza (annually for childr	en 6 months or older)								
Developed by the Minnesota Dep	partment of Health - Immunization Program	n wwv	v.health.state.mn	.us/immunize		(12/13)			

Box 1 to certify the child's immunization status Box 2 to file an exemption (medical or concientious)

1. Certify Immunization Status. Complete A or B to i	indicate child's immunization status.
A. Children who are 15 months or older:	B. Children who are 15 months or younger:
For children who are 15 months or older and who have received all the immunizations required by law for child care: I certify that that the above-named child is at least 15 months of age and has completed the immunizations which are required by law for child care.	For children who are younger than 15 months OR have not received all required immunizations: I certify that the above-named child has received the immunizations indicated. In order to remain enrolled this child must receive all required vaccines within 18 months from initial enrollment date. The dates on which the remaining doses are to be given are:
Signature of Parent / Guardian OR Physician / Nurse Practitioner / Physician Assistant / Public Clinic Date	Signature of Physician / Nurse Practitioner / Physician Assistant / Public Clinic Date

# 2. Exemptions to Immunization Law. Complete A and/or B to indicate type of exemption.

### A. Medical exemption:

No child is required to receive an immunization if they have a medical contraindication, history of disease, or laboratory evidence of immunity. For a child to receive a medical exemption, a physician, nurse practitioner, or physician assistant must sign this statement:

I certify the immunization(s) listed below are contraindicated for medical reasons, laboratory evidence of immunity, or that adequate immunity exists due to a history of disease that was laboratory confirmed (for varicella disease see \* below). List exempted immunization(s):

Signature of physician / nurse practitioner / physician assistant

Date

\*History of varicella disease only. In the case of varicella disease, it was medically diagnosed or adequately described to me by the parent to indicate past varicella infection in \_\_\_\_\_ (year)

Signature of physician / nurse practitioner / physician assistant (If disease occured before September 2010, a parent can sign.)

# B. Conscientious exemption:

No child is required to have an immunization that is contrary to the conscientiously held beliefs of his/her parent or guardian. However, not following vaccine recommendations may endanger the health or life of the child or others they come in contact with. In a disease outbreak, children who are not vaccinated may be excluded in order to protect them and others. To receive an exemption to vaccination, a parent or legal guardian must complete and sign the following statement and have it notarized:

I certify by notarization that it is contrary to my conscientiously held beliefs for my child to receive the following vaccine(s):

Signature of parent or legal guardian \_\_\_\_\_ Date

Subscribed and sworn to before me this: \_\_\_\_\_day of \_\_\_\_\_

20

Signature of notary (A copy of the notarized statement will be forwarded to the commissioner of health.)

# HEALTH CARE SUMMARY

MUST BE COMPLETED BY HEALTH CARE SOURCE

		Date of Enrollment: _	
NAME OF CHILD		B	Birth Date
ADDRESS		Т	elephone
PARENT(S) OR GUARDIAN			
Date of last physical examination	How	v long have you been seeing	this child?
How frequently do you see this child wh	en he/she is not ill	?	
Does this child have any allergies (includ	ling allergies to me	dications)?	
Is a modified diet necessary?			
Is any condition present that might resul	lt in an emergency		
What is the status of the child's	Vision		
	Hearing		
	Speech		
Please list below the important health pr	oblems		
Important Health Problems	Followed By You	2	Requires Special <u>Attention at Center</u>
Other information helpful to the child c	are program		
		Phone	
Signature of Health Source		Address	
Date			



# Infant Meal Notification Letter

To: Parents and guardians of infants under one year of age

From: Center: \_\_\_\_\_

Topic: Infant Meals

All children enrolled in this child care center, including infants, are eligible for meals through the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP). Child care centers who participate in this program are reimbursed by USDA to help with the cost of serving nutritious meals that meet CACFP guidelines to all enrolled children. To fully meet CACFP requirements, this center is required to provide formula and other required infant foods\* to enrolled infants until they turn one year of age.

The iron-fortified infant formula this center offers is:

\*Other infant foods provided by this center include: iron-fortified infant cereal, bread or bread alternate made from whole grain or enriched meal or flour, fruits and vegetables, meat/meat alternates and 100 percent full strength juice.

You may choose to bring your own iron-fortified infant formula or breast milk and other infant foods that meet the CACFP Infant Meal Pattern requirements. A copy of the CACFP Infant Meal Pattern is printed on the back of this letter. The center will claim reimbursement for your infant's meals only when a meal contains breast milk or iron-fortified infant formula regardless of who supplies it. Please note that the center will also introduce semi-solid foods to your infant according to the decisions made by you and your infant's doctor.

### PLEASE CHECK YOUR PREFERENCES: Formula or Breast Milk: (check one)



I want the center to supply formula for my infant.

I will provide the following formula for my infant:

Note: I understand that I will need to submit a Special Diet Statement if I provide a low-iron infant formula or other special formula for my infant.

I will provide breast milk for my infant.

### Solid Food: (check one)

I want the center to supply solid food for my infant when he/she is developmentally ready.

I will provide my own choice of infant cereal and/or other foods instead of accepting the iron-fortified infant cereal and/or other foods provided by this center.

Infant's name:	Ε	Birthdate:
-		

Parent/Guardian signature:	Da	ate:
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Minnesota Department of

# Educati<mark>o</mark>n

# CACFP Infant Meal Pattern Birth to First Birthday

The infant meal pattern must contain, at a minimum, each of the following components in the amounts indicated for the specific age group. The minimum quantity of food must be provided to the infant in order to qualify for reimbursement, but may be served during a span of time consistent with the infant's eating habits.

Meal Type	Birth Through 3 Months	4 Through 7 Months	8 Months to First Birthday
BREAKFAST	4 - 6 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup>	4 - 8 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup> 0-3 T. infant cereal <sup>2,7</sup>	<ul> <li>6 - 8 fl. oz. formula<sup>1</sup> or breast milk<sup>5,6</sup></li> <li>1 - 4 T. fruit and/or vegetable</li> <li>2 - 4 T. infant cereal<sup>2</sup></li> </ul>
LUNCH OR SUPPER	4 - 6 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup>	4 - 8 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup> 0 - 3 T. fruit and/or vegetable <sup>7</sup> 0 - 3 T. infant cereal <sup>2,7</sup>	6 - 8 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup> 1 - 4 T. fruit and/or vegetable 2 - 4 T. infant cereal <sup>2</sup> <b>and/or</b> 1 - 4 T. meat, fish, poultry, egg yolk, or cooked dry beans or peas, <b>or</b> 1/2-2 oz. cheese <b>or</b> 1-4 oz. cottage cheese, cheese food, or cheese spread
SUPPLEMENT	4 - 6 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup>	4 – 6 fl. oz. formula <sup>1</sup> or breast milk <sup>5,6</sup>	2 - 4 fl. oz. formula <sup>1</sup> , breast milk <sup>5,6</sup> , or fruit juice <sup>3</sup> 0 - $1/2$ bread <sup>4,7</sup> or 0 - 2 crackers <sup>4,7</sup>

# Infant Meal Pattern

<sup>1</sup> Must be iron-fortified infant formula.

<sup>2</sup> Must be iron-fortified dry infant cereal.

<sup>3</sup> Must be full-strength fruit juice.

<sup>4</sup> Must be from whole-grain or enriched meal or flour.

<sup>5</sup> It is recommended that breast milk be served in place of formula from birth to first birthday.

<sup>6</sup> For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered if the infant is still hungry.

<sup>7</sup> A serving of this component is required when the infant is developmentally ready to accept it.

### **Required Guidelines for Infant Meal Pattern**

Definition of Infant. Any child less than 12 months of age.

**Definition of Infant Formula.** Infant formula defined by USDA is "any iron-fortified infant formula intended for dietary use as a sole source of food for normal healthy infants served in liquid state at manufacturer's recommended dilution." A medical statement is required in order for a center to serve/claim an infant formula that does not meet this definition.

**Definition of Enrolled Child.** A child whose parent or guardian has submitted to an institution a signed document which indicates that the child is enrolled for child care. All infants and children who are considered enrolled in a child care center (group or home) must be included in the total number of enrolled children, whether or not their meals are being claimed for reimbursement.

**Obligation to Provide Infant Meals.** All centers participating in the CACFP, and licensed to care for infants, must supply all infant foods required by the Infant Meal Pattern including at least one infant formula that meets the definition of infant formula. Centers are strongly encouraged to select an infant formula that satisfies the needs of one or more of the infants in their care.

**Breast-fed Infants.** Infant meals or snacks, including human breast milk as the milk source, are reimbursable in the CACFP if the center bottle-feeds the infant his/her mother's breast milk. This is to provide the incentive for child care centers to encourage breast-feeding while the center is still providing a "service" by preparing the bottle and feeding the infant. Breast-feed infants will receive improved nutritional benefits during their first year of life.

**Parent Providing Infant Formula/Breast milk.** The decision regarding which infant formula to feed an infant is one for the infant's doctor and parents/guardian to make together. Therefore, parents or guardians may elect to decline the center's infant formula and supply their own formula or breast milk.

Parent Decline Form—Infant Meal Notification Letter. Centers must inform parents that an iron-fortified infant formula, including the specific name of the formula, iron-fortified infant cereal, and other semi-solid foods listed under the CACFP Infant Meal Pattern are provided by their sponsorship. Parents/Guardians who choose to provide their own formula and/or other foods must complete the Parent Decline Form—Infant Meal Notification Letter. This documentation must be kept on file.

**Reimbursement for Infant Meals.** (A) An infant meal (as defined by the CACFP Infant Meal Pattern) containing only breast milk or infant formula (which meets program requirements) may be claimed for reimbursement with proper documentation (meal counts and infant menus), regardless of whom supplies the formula. (B) When the infant is developmentally ready for other food items (as defined by the CACFP Infant Meal Pattern), reimbursement can be claimed for the infant's meal only when: (1) another food component(s) is supplied by the center according to the meal pattern; (2) the center maintains individual infant menus and meal counts; and (3) all meal components that the infant is developmentally ready to eat are provided in accordance with the age-specific CACFP Infant Meal Pattern. Regardless of whether the parent or the center provides the formula and infant foods to meet the CACFP Infant Meal Pattern requirements, the decision to offer an infant other meal component(s) should be made by the infant's doctor and parents/guardians.

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If you wish to file a Civil Rights program complaint of discrimination, <u>complete the USDA Program Discrimination Complaint</u> <u>Form</u>, found online at <u>http://www.ascr.usda.gov/complaint\_filing\_cust.html</u>, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at <u>program.intake@usda.gov</u>.

Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish).

Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD).

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Minnesota Department of

# Education

# Infant Meal Patterns

Meal	Birth through 3		
	months	4 through 7 months	8 through 11 months
Breakfast	4-6 fluid ounces of formula <sup>1</sup> or	4-8 fluid ounces of formula <sup>1</sup> or	6-8 fluid ounces of formula <sup>1</sup> or breastmilk <sup>2,3</sup> and
	breastmilk <sup>2,3</sup>	breastmilk <sup>2,3</sup> 0-3 tablespoons of	2-4 tablespoons of infant cereal <sup>1</sup> and
		infant cereal <sup>1,4</sup>	1-4 tablespoons of fruit or vegetable or both
Lunch or Supper	4-6 fluid ounces of formula <sup>1</sup> or	4-8 fluid ounces of formula <sup>1</sup> or	6-8 fluid ounces of formula <sup>1</sup> or breastmilk <sup>2,3</sup>
	breastmilk <sup>2,3</sup>	breastmilk <sup>2,3</sup> 0-3 tablespoons of	2-4 tablespoons of infant cereal <sup>1</sup> and/or
		infant cereal <sup>1,4</sup> and	1-4 tablespoons of meat,
		0-3 tablespoons of fruit or vegetable or both <sup>4</sup>	fish, poultry, egg yolk, cooked dry beans or peas or
			$\frac{1}{2}$ - 2 ounces of cheese or
			1-4 ounces (volume) of cottage cheese or
			1-4 ounces (weight) of cheese food or cheese spread and
			1-4 tablespoons of fruit or vegetable or both
Snack	4-6 fluid ounces of formula <sup>1</sup> or breastmilk <sup>2,3</sup>	4-6 fluid ounces of formula <sup>1</sup> or breastmilk <sup>2,3</sup>	2-4 fluid ounces of formula <sup>1</sup> or breastmilk <sup>2,3</sup> or fruit juice5 and
			$0 - \frac{1}{2}$ bread <sup>4,6</sup> or
			0 – 2 crackers <sup>4,6</sup>

<sup>1</sup>Infant formula and dry infant cereal must be iron-fortified.

<sup>2</sup>Breastmilk or formula, or portions of both, may be served; however, it is recommended that breastmilk be served in place of formula from birth through 11 months.

<sup>3</sup>For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breastmilk offered if the infant is still hungry.

<sup>4</sup>A serving of this component is required when the infant is developmentally ready to accept it. <sup>5</sup>Fruit juice must be full-strength.

<sup>6</sup>A serving of this component must be made from whole-grain or enriched meal or flour.

Source: USDA Food and Nutrition Service

Dear Parent/Guardian:

We provide nutritious meals every day to the children at our center.

The Child and Adult Care Food Program (CACFP) helps our center to pay for meals. The amount of help we get depends on the incomes of households with children in care. **Please complete the enclosed CACFP Household Income Statement** following the instructions. If your household income is higher than the guidelines shown on the instructions page, please just write "over income" on the Household Income Statement, include your children's names, and return the form.

Return your completed Household Income Statement to: Luke Petrich C/O Building Blocks Learning Center, 4402 Haines Road Suite 1 Duluth MN, 55811. Email luke @buildingblocksduluth.com

How will my information be used? We will use your information to request CACFP assistance for meal services.

**How will my information be kept?** We will keep your information on file as private data. The back page of the form has more information about data privacy.

I already get MFIP or SNAP benefits. Do I meet CACFP income guidelines? Yes. You only need to provide your case number on the form if anyone in your household is approved for one of these programs: *Minnesota Family Investment Program* (MFIP), *Supplemental Nutrition Assistance Program* (SNAP) or *Food Distribution Program on Indian Reservations* (FDPIR).

Also foster children meet CACFP guidelines without providing income information.

Your household *may* meet CACFP income guidelines if you are approved for the *Women, Infants and Children* program (WIC) or *Medical Assistance* program (MA). Please fill out a Household Income Statement.

Who should I include as members of my household? Include yourself and all other people living in the household, related or not (such as grandparents, other relatives or friends). Include anyone who is temporarily away, for example a college student.

What if my income is not always the same? List the amount that you normally get. For example, if you normally get \$1,000 each month, but you missed some work last month and only got \$900, put down that you get \$1,000 per month. Include overtime pay if you regularly work overtime.

**Do I need to provide my Social Security number?** If household incomes are on the form, the person signing the form must write in just the last four digits of their Social Security number. If you don't have a Social Security number, indicate that on the form.

**May I fill out a Household Income Statement if someone in my household is not a U.S. citizen?** Yes. You or your children or other household members do not have to be U.S. citizens for you to fill out a CACFP Household Income Statement.

If you have other questions or need help, call **218-722-2252 x 1 or email luke@buildingblocksduluth.com** 

Sincerely, Lucas Petrich

# Instructions for Completing the CACFP Household Income Statement

Fill out a *Child and Adult Care Food Program - Household Income Statement* if any of the following apply to your household:

- Any person in your household already is approved for one of these programs: Minnesota Family Investment Program (MFIP), Supplemental Nutrition Assistance Program (SNAP) or Food Distribution Program on Indian Reservations (FDPIR).
- You have one or more foster children in the household (a welfare agency or court has legal responsibility for the child).
- Your total household income (income before deductions, *not* take-home pay) is less than or equal to the income shown below for your household size. These income guidelines are effective from July 1, 2014, through June 30, 2015. Include any foster children as members of the household, but do not include any foster care payments as income.

Household Size	\$ Per Year	\$ Per Month	\$ Twice Per Month	\$ Per 2 Weeks	\$ Per Week	
1	21,590	1,800	900	831	416	
2	29,101	2,426	1,213	1,120	560	
3	36,612	3,051	1,526	1,409	705	
4	44,123	3,677	1,839	1,698	849	
5	51,634	4,303	2,152	1,986	993	
6	59,145	4,929	2,465	2,275	1,138	
7	66,656	5,555	2,778	2,564	1,282	
8	74,167	6,181	3,091	2,853	1,427	
Add for each additional person	7,511	626	313	289	145	

**Maximum Household Income** 

**Section 1: Children and Foster Status** List all children in your household through grade 12 in Section 1. Indicate foster care status for a child by checking the box. Include any regular income to children, for example SSI. Do not include occasional earnings like babysitting.

**Section 2: Benefits** Fill out Section 2 if anyone in your household already is approved for one of the assistance programs listed there. If you fill out Section 2, skip Section 3.

Section 3: Adults / Household Incomes Write in the names of all adults in the household, whether related or not, in Section 3. Include any adults who are temporarily away, such as a student away at college.

Write in the **incomes** for each adult household member (gross incomes, not take-home pay) and **how often** each income is received. For example "W" for Weekly. If an **hourly income** is listed, also write in the number of hours per week. If an **income varies**, list the amount usually received. For **farm/self-employment income** only, list net income after subtracting business expenses. Examples of "**other income**" to include in the last column are farm/self-employment, Veterans benefits and disability benefits. Check the "**No Income**" column after a person's name if they have no income.

Do *not* include as income: foster care payments, federal education benefits, value of assistance received from MFIP, SNAP, WIC, or FDPIR, combat pay or Military Privatized Housing Initiative pay.

**Section 4: Signature** You must sign the form. The person signing the form must be an adult household member.

**Social Security Number** If you filled out Section 3 (household incomes), you also must include just the last four digits of your Social Security number.

# Education child and adult care food program—child care centers

June 2014

HOUSEHOLD INCOME STATEMENT

The information requested on this form is private data and will be used to receive assistance for meals from the Child and Adult Care Food Program (CACFP). Also please complete the voluntary Civil Rights Survey on the back page. Return your completed form to the center. If your household income is higher than the attached income guidelines, and you do not have a foster child or a case number, just write "Over Income" and your children's names on the form.

1. Names of all Children in your household including Foster Children. Attach additional page if necessary.

			√ if		Any Regular	2. Benefits (if applicable)
			enrolled	√ if	Income	If anyone in your household receives benefits from a
			at this	Foster	to Child	program listed below, write in the name of the person
First Name	Last Name	Age	center	Child *	Example: SSI	and their case number, and check the box for the
					\$ per	program that provides benefits. Skip Section 3.
					\$ per	
					\$ per	Name Case Number
					\$per	Supplemental Nutrition Assistance Program (SNAP)
					\$ per	Food Distribution Program on Indian Reservations
						<ul> <li>Medical Assistance and WIC do not qualify -</li> </ul>

\* The child is the legal responsibility of a welfare agency or court. If all children applied for are foster children, skip Sections 2 and 3.

3. Names of all Adults in your household (all household members not listed in Section 1). Include all adults living in your household, related or not. Write in each income (income before deductions, *not* take-home pay). Also write in how often each income is received: write in W for weekly, BW for bi-weekly (every other week), TM for twice per month, M for monthly or Y for yearly. Do *not* write in an hourly wage. If income fluctuates, write in the amount normally received. For farm or self-employment income only, list net income (after deductions). Attach additional page if necessary.

			Gross Wages/				Any Other
		√ if NO	Salaries	Pension,	Public	Unemployment,	Income,
First Name	Last Name	income	—all jobs	SSI,	Assistance,	Worker's	including net
			(before	Retirement,	Child Support,	Comp, Strike	Farm/ Self-
			deductions)	Social Security	Alimony	Benefits	Employment
			\$ per	\$ per	\$ per	\$ per	\$ per
			\$ per	\$ per	\$ per	\$ per	\$ per
			\$ per	\$ per	\$ per	\$ per	\$ per

4. I certify (promise) that all information I have provided on this form is true and that I have reported all household members and incomes. I understand that the center will get federal funds based on the information I give. I understand that if I purposely give false information, my children may lose meal benefits and I may be prosecuted.

Signature of Adult Househo	ld Member (required)
Printed Name:	Date:
Last 4 digits of Social Secu	urity number (required if Section 3 is completed):
* * * _ * *	Or 🗌 I do not have a Social Security numbe

Sponsor Use Only—D	o Not Write Below
Total Household Members: T	otal Income: \$ per
Approved: A—Foster A—Ca	ase Number
A—Income B—Income	
Effective Dates: From:	through
Sponsor Signature	Date:

### **CIVIL RIGHTS SURVEY (voluntary)**

This information is requested solely for the purpose of checking that this program is administered in a nondiscriminatory manner, and will not affect your application.

### 1. Ethnicity (check one):

2. Race (check one or more):

Hispanic or Latino

American Indian or Alaskan Native
 Asian
 Native Hawaiian or other Pacific Islander
 Black or African American

🗌 White

Civil Rights Survey completed by: 
Adult Household Member 
Center Representative

### PRIVACY ACT STATEMENT

The Richard B. Russell National School Lunch Act requires the information on this Household Income Statement. You do not have to give the information, but if you do not, we cannot approve the participant for free or reduced-price meals. You must include the last four digits of the Social Security number of the adult household member who signs the application. The Social Security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Minnesota Family Investment Program (MFIP), or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier, or when you indicate that the adult household member signing the application does not have a Social Security number. We will use your information to determine if the participant is eligible for free or reduced-price meals, and for administration and enforcement of the program.

### FARMER OR SELF-EMPLOYED

Income is your *net* income (after deducting business expenses) during the year, which is generally shown on Schedule C or F from the federal tax return. A loss from self-employment must be listed as zero income and does not reduce other income for the purpose of completing this form.

### SEASONAL WORKER

Income is your average income before deductions (gross income, not take-home pay) during the year. List average gross income per month or other frequency.

### NONDISCRIMINATION STATEMENT

This explains what to do if you believe you have been treated unfairly:

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by USDA. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, <u>complete the USDA Program Discrimination Complaint</u> Form, found online at <u>USDA Complaint Filing website</u>, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at <u>program.intake@usda.gov</u>. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.