

Holdenwood 10K Trail Run
 Sunday September 29 2019 11AM Shirley, MA
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
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1	Andy McCarron	36	M	Groton	MA	12	39:52	6:25
2	Corey Stock	25	F	Lincoln	MA	25	42:04	6:47
3	Danny Beard	35	M	Shirley	MA	13	44:23	7:09
4	Breanna Glasgow	32	F	Westford	MA	22	48:29	7:48
5	Carolyn Wisnowski	34	F	Shirley	MA	18	49:00	7:54
6	Jessica Berger	25	f			173	49:58	8:03
7	James Piper	59	M	Ashby	MA	33	53:09	8:34
8	Alix Chace	44	F	Ayer	MA	23	53:23	8:36
9	John Berlinger	43	M			27	53:27	8:37
10	Steven Pratt	53	M	Acton	MA	37	53:59	8:42
11	Michael Rooney	35	M	Boson	MA	42	56:16	9:04
12	Jennifer Abelin	32	F	DORCHESTER CENT	MA	34	56:29	9:06
13	Martin Rasmussen	35	M			35	56:31	9:06
14	Peter Wasylak	64	M	Dunstable	MA	30	56:43	9:08
15	LUKE MILLER	33	M	GROTON	MA	171	57:52	9:19
16	BETH BLACKVESTER	48	F			44	58:12	9:22
17	Gene Ruitter	41	M	Shirley	MA	1	58:46	9:28
18	Julie Shoemaker	40	F	Harvard	MA	21	59:31	9:35
19	Matthew Sheils	58	M			28	59:37	9:36
20	Daniel Danecki	60	M	Tewksbury	MA	7	59:49	9:38
21	Niamh Fallon	13	F			14	1:00:28	9:44
22	Doreen Manning	49	F	Shirley Center	MA	3	1:00:54	9:48
23	Kristi Paradis	43	F	Ayer	MA	40	1:01:39	9:56
24	Karen Gillespie	62	F	BOXBOROUGH	MA	32	1:01:52	9:58
25	Anthony Mavilia	51	M	Ayer	MA	10	1:03:50	10:17
26	Jennifer NappilaNut	44	F	Lunenburg	MA	4	1:04:18	10:21
27	JOHN BATCHELER	36	M	AGAWAM	MA	170	1:04:30	10:23
28	Marie Bearer	39	F	Groton	MA	9	1:04:37	10:24
29	Chris Rupprecht	35	M			20	1:05:12	10:30
30	Pete McCarron	67	M	Lunenburg	MA	19	1:07:02	10:48
31	BRIAN DOUGLAS	48	M			46	1:07:16	10:50
32	JIM MANCALL	55	M			47	1:07:17	10:50
33	LOU TARIS	49	M			45	1:07:20	10:51
34	Missy Goldberg	40	F	Shirley	MA	2	1:09:08	11:08
35	Betsy Amenta	43	F	Ayer	MA	26	1:09:44	11:14
36	Gerry Amenta	43	M			29	1:09:45	11:14
37	Kate Hamm	40	F	Ayer	MA	39	1:09:52	11:15
38	Judith Perrin	56	F	Concord	MA	24	1:11:34	11:32
39	Karyn Bender	55	F	Littleton	MA	38	1:16:16	12:17
40	MATT FIENBERG	49	M	NORTHBORO	MA	172	1:17:40	12:30
41	Bart Murphy	64	M	Auburn	MA	6	1:23:15	13:24
42	Kathryn DeArruda	50	F	Middleborough	MA	43	1:31:35	14:45

