NOTE: Some of these herbs are *POISON* Just because they are listed does not mean they are safe for ingestion.

Do your research before creating any potion to be used on the skin or in the body.

| Herb | Powers or Need | How to use it |
|------------------|--|--|
| Basil | Anti-Bacterial | |
| Basil | Anti-Inflammatory | |
| Basil | Stomach spasms | For stomach ache mix one teaspoon of basil juice with one teaspoon of ginger juice. You can drink basil tea to cure constipation, indigestion etc. |
| Basil | Loss of appetite | |
| Basil | Intestinal gas | |
| Basil | Fluid retention | |
| Basil | Treat snake and insect bites. | |
| Basil | Before and after childbirth to promote blood circulation, and also to start the flow of breast milk. | |
| Chamomile | Soothe frazzled nerves | |
| Chamomile | Insomnia | |
| Chamomile | Settle whacky stomachs | |
| Cinnamon | destroy any bacteria or virus in your stomach | Add one teaspoon of cinnamon powder to one and one-half cups of boiling water. Let it brew for five minutes, and then strain with a cheese cloth or fine strainer. Add one teaspoon of honey. Drink the soothing tea three or four times a day for two days. Alternatively, you can mix one-half teaspoon of cinnamon powder and one tablespoon of pure honey in a glass of warm water. Drink this up to three times a day for two days. |
| Cinnamon | Healing | Burned, Infused or In Sachet |
| Cinnamon | Love | |
| Cinnamon | Lust | |
| Cinnamon | Power | |
| Cinnamon | Protective Vibrations | Burned, Infused or In Sachet |
| Cinnamon | Psychic Power stimulated | Burned, Infused or In Sachet |
| Cinnamon | Spirituality, Raise Spiritual Vibrations | Burned, Infused or In Sachet |
| Cinnamon | Success, Draws Money | Burned, Infused or In Sachet |
| Dandelion [Root] | Loss of appetite | Теа |
| Dandelion [Root] | Upset stomach | Теа |
| Dandelion [Root] | Intestinal gas | Теа |
| Dandelion [Root] | Gallstones | Теа |
| Dandelion [Root] | Joint pain | Теа |
| Dandelion [Root] | Muscle aches | Теа |

| Dandelion [Root] | Eczema | Теа |
|------------------|--|---|
| Dandelion [Root] | Bruises | Теа |
| Dandelion [Root] | Urine production increased & Urinary tract infections, red | Tea |
| Dandelion [Root] | Laxative to increase bowel movements. | Tea |
| Dandelion [Root] | Skin toner & skin conditions | Теа |
| Dandelion [Root] | Blood tonic | Теа |
| Dandelion [Root] | Digestive tonic | Теа |
| Dandelion [Root] | Infections, especially viral infections, and cancer. | |
| Dandelion [Root] | Weight loss. | |
| Dandelion [Root] | Liver congestion. | |
| Dandelion [Root] | Bladder and kidney purifier. | |
| Dandelion [Root] | Blood purifier | |
| Dandelion [Root] | Blood sugar regulator | |
| Dandelion [Root] | Blood circulation, improved. | |
| Dragon's Blood | Exorcism | |
| Dragon's Blood | Impotency | Place a stick under pillow or mattress |
| Dragon's Blood | Love, entice errant lover's return | Burn |
| Dragon's Blood | Peace and quiet | Powder some, mix it with sugar and salt and place in a bottle. Cover this tightly and |
| | | secure it somewhere in the house where it won't be found. |
| Dragon's Blood | Potency / Power | Add a pinch to other incenses to increase their potency and power. |
| Dragon's Blood | Protection | Carry, smoulder as incense or sprinkle around house |
| Dragon's Blood | Protection, from evil or negativity | Burn |
| Lavender | Chastity | |
| Lavender | Happiness | |
| Lavender | Healing | Use in healing mixtures |
| Lavender | Longevity | Smell/Aromatherapy |
| Lavender | Love is attracted | Wear, Sachet |
| Lavender | Peace | Scatter about the house |
| Lavender | <u> </u> | Wear |
| Lavender | Purificaion | Add to baths |
| Lavender | See ghosts | Carry, Wear |
| Lavender | Sleep | Burned |
| Lemon | Stomach flu. It can kill the pathogens that cause stomach | Mix one to two teaspoons of fresh lemon juice in a glass of water. |
| | flu. Plus, the vitamin C in lemon as well as the | Drink it 30 minutes before meals. |
| | antimicrobial properties boost the immune system to | Follow this remedy until you recover completely |
| | fight off the virus. | |
| Lucky Hand | Employment | Carry |
| Lucky Hand | Love | Wear it near your heart. |
| Lucky Hand | Luck | Sachet |

| Lucky Hand | Money | If you need money = carry in your wallet/purse. |
|------------|--|---|
| Lucky Hand | Success, General | Sachet |
| Lucky Hand | Protection from ills | Carry |
| Lucky Hand | Travel | Wear it in you shoe |
| Lucky Hand | Need, General | Fill a jar with Rose oil. Place several lucky hands into the oil and let them soak there. |
| | | When you need something, take out one of the roots and wear it. |
| Mugwort | Astral Projection | Place near bed |
| Mugwort | Back Ache, Prevent | Carry |
| Mugwort | Cure Disease and madness | Carry |
| Mugwort | Fertility | Carry |
| Mugwort | Healing | |
| Mugwort | Healing, Exorcise spirits of disease | Use bunches |
| Mugwort | Lust | Carry |
| Mugwort | Prophetic Dreams | Stuff in pillow |
| Mugwort | Protection from poison, wild beasts, sun stroke | Carry |
| Mugwort | Protection, keep 'evil thynges' from entering | Hang over doors or keep where you don't want bad things to come in |
| Mugwort | Psychic Power | |
| Mugwort | Psychic Workings | Place leaves beneath ball or scrying mirror |
| Mugwort | Scrying | Burn with sandalwood or wormwood during scrying rituals |
| Mugwort | Strength | |
| Mugwort | Wash crystal balls and magic mirrors | Infusion |
| Mullen | Courage | Wear |
| Mullen | Demons, banish | Sachets or hang over doors |
| Mullen | Divination | Make infusion (sweetened with honey) |
| Mullen | Exorcism | |
| Mullen | Graveyard dust substitute | Powdered |
| Mullen | Health | |
| Mullen | Love | Carry |
| Mullen | Negativity, banish | Sachets or hang over doors |
| Mullen | Nightmares, guard against | Stuff in small pillow or place beneath pillow |
| Mullen | Protection, from catching colds | Wear in shoes |
| Mullen | Protection, from evil spirits and magic | Sachets or hang over doors |
| Mullen | Protection, from wild animals | Wear |
| Peppermint | * Essential oil in peppermint contains menthol, a volatile | -Drink 1 drop essential oil in 8 oz water. |
| | substance that is said to have an antispasmodic effect on | -Steep one teaspoon of dried peppermint leaves in 1 cup of boiling water for 10 minutes, |
| | the smooth muscle of the digestive tract. | strain and drink 4 to 5 times per day between meals.B95 |
| | *Herb: indigestion to heartburn, gas and nausea. | |
| | | |
| | | |

| Rosemary | Attract elves | Grow |
|----------|--|---|
| Rosemary | Depression, dispel it | Wrap powdered leaves in linen cloth and bound to right arm |
| Rosemary | Drive away nightmares | Place beneath pillow |
| Rosemary | Exorcism | |
| Rosemary | Healing | Sachet or poppet |
| Rosemary | Healing, aid in | Wash hands with it before healing work |
| Rosemary | Healing, promote | Mix rosemary leaves with juniper berries and burn in sick rooms |
| Rosemary | Healthy, remain | Carry |
| Rosemary | Knowledge, get an answer to question | Burn on charcoal and smell smoke |
| Rosemary | Love | |
| Rosemary | Lust | |
| Rosemary | Mental Power, aids memory | Wear |
| Rosemary | Negativity, rid a place of (especially before performing | m Smoulder |
| Rosemary | Protection from all harm | Lay under bed of sleeper |
| Rosemary | Protection, to keep away thieves | Hang on porch |
| Rosemary | Purification | Place in bath |
| Rosemary | Purification and Cleansing | Burn |
| Rosemary | Sleep | Place beneath pillow |
| Rosemary | Youth, preserve it | Smell the wood often -OR- add infusion to bath water |
| Thyme | Courage | Carry |
| Thyme | Energy | Carry |
| Thyme | Fairies, to see | Wear |
| Thyme | Healing | Use in healing spells |
| Thyme | Health, attract it | Burn or Wear |
| Thyme | Irresistible | Wear a sprig in hair |
| Thyme | Love | |
| Thyme | Nightmares, rid | Place beneath pillow |
| Thyme | Psychic Power | Wear to develop psychic powers |
| Thyme | Purification | Burn |
| Thyme | Purification, to cleanse area prior to magical rituals | Burn |
| Thyme | Sleep | Place beneath pillow |
| Thyme | Sorrows and ills, remove past ones from person | Bath in marjoram and thyme |

Below is an optional enchantment to say to pursuade the herb to do its work to help meet your need

"Herbal potion, cauldron brew, now be charged with magick true. With intent I speak this charm, all be blessed and none be harmed. Ever minding the law of three, This is my will, so mote it be..."

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| Intention | Herbal Correspondence | | |
|---|---|--|--|
| Banishing | Anise, Arrow Root, Garlic, Hyssop, (Ghost) Lilac, Tobacco | | |
| Beauty | Avocado, Catnip, Rose, Strawberry, Violet | | |
| Calling spirit | Dandelion, Wormwood | | |
| Courage | Borage, Mullein, Ragweed, Rose, Sweetpea, Tea, Thyme, Tonka Beans, Yarrow | | |
| Divination | Anise, Basil, Broom, Camphor, Cherry, Clove, Dandelion, Hibiscus, Ivy, Meadowsweet, Orris | | |
| Dreams | Anise, Cinnamon, Holly, Jasmine flowers, Marigold, Mugwort, Yarrow | | |
| Employment | Devil's Shoestring, Lucky Hand, Pecan | | |
| Faery magick | Black Berry Leaf, Ylang Ylang | | |
| Fertility Daffodil, Date, Ginseng, Grape, Hazel, Mandrake, Mistletoe, Mandrake, Mugwort, Narcissus, Nuts, Oak, Parsley. Patchouli, Poppy, Rice, Sunflower, Wheat | | | |
| Friendship | Apple, Arrow Root, Lemon, Love Seed, Passion Flower, Rosemary, Sweetpea | | |
| Luck Allspice, Aloe, Bluebell, Clover, Daffodil, Fern, Goldenrod, Heather, Honeysuckle, Irish Moss, Job's Tears, Moss, Nutmeg, Rose, Rue, Sandalwood, Spikenard, Strawberry, Tonka Beans, Violet | | | |
| Happiness Catnip, Cyclamen, Hawthorn, Hyacinth, John the Conqueror, Lavender, Marjoram, Meadowsweet, Niaouli, Saffron, Witch Grass Healing Allspice, Apple, Bay, Bittersweet, Blackberry, Carnation, Cedar, Cinnamon, Fennel, Flax, Gardenia, Garlic, Ginseng, Henna, Hops, Ivy, Job's Tears, Mint, Mugwort, Myrrh, Niaouli, Oak, Pine, Potato, Rose, Rosemary, Sandalwood, Thistle, Thyme, Violet, Willow | | | |

Love Apple, Apricot, Almond, Barley, Basil, Brazil Nut, Chamomile, Cherry, Chestnut, Cinnamon, Clove, Clover, Coriander, Daffodil, Daisy, Gardenia, Ginger, Hibiscus, Jasmine, Juniper, Lavender, Lemon, Marjoram, Meadowsweet, Mistletoe, Orange, Plum, Poppy, Raspberry, Rose, Rosemary, Sienna, Strawberry, Thyme, Valerian, Vanilla, Violet, Willow, Yarrow

Money, Wealth, Prosperity Alfalfa, Almond, Basil, Blackberry, Cat's Claw, Cedar, Chamomile, Cinnamon, Cinquefoil, Clove, Comfrey, Dill, Fern, Ginger, Goldenrod, Honeysuckle, Irish Moss, Jasmine, Lucky Hand, Mint, Moss, Myrtle, Nutmeg, Oak, Oakmoss, Orange, Patchouli, Pine, Rice, Sage, Snapdragon, Tea, Vervain Wheat

Peace Coltsfoot, Gardenia, Lavender, Meadowsweet, Pennyroyal, Violet

Protection Acacia, Aloe, Angelica, Anise, Arrow Root, Ash, Basil, Birch, Blackberry, Blueberry, Broom, Caraway, Carnation, Cedar, Cinquefoil, Clover, Cotton, Cypress, Dill, Eucalyptus, Fennel, Flax, Foxglove, Galangal, Garlic, Hyacinth, Grass, Hazel, Heather, Holly, Hyssop, Irish Moss, Ivy, Juniper Berries, Lilac, Mandrake, Marigold, Mistletoe, Mugwort, Mulberry, Niaouli, Oak, Olive, Pine, Primrose, Raspberry, Rice, Rose, Rosemary, Sandalwood, Spanish Moss, Thistle, Valerian, Violet, Willow

Psychic Ability Arrow Root, Bay, Cinnamon, Honeysuckle, Juniper Berries, Lemon grass Marigold, Rose, Thyme, Wormwood, Yarrow

Purification Bay, Broom, Cedar, Chamomile, Hyssop, Iris, Mustard Seed, Parsley, Rosemary, Sage, Valerian, Vervain

- **Removing Hexes** Cinquefoil, Galangal Root, John the Conqueror, Vetivert
- **Sleep** Chamomile, Hops, Lavender, Peppermint, Rosemary, Thyme, Vervain
- **Spirituality** Cinnamon, Frankincense, Heather, Myrrh, Sandalwood
- **Strength** Bay, Date, Carnation, Mugwort, Mulberry, Sweet Pea, Thistle
- Success Cinnamon, Clover, High John the Conqueror, Mistletoe, Patchouli, Sandalwood, Vanilla
- Wisdom Iris, Sage, Sunflower
- Wishes Bamboo, Beech, Dandelion, Dogwood, Job's Tears, Sage, Sandalwood, Sunflower, Violet

Common Herbal Correspondences

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Here is a list of common flowers, herbs and resines . They can be invaluable to you. These herbs are both reliable and relatively potent in magical workings.

All-Heal: Healing, Health, Vitality

Aloe: Healing, Protection Against Harmful Spirits, Luck, Water Elemental Invocation

Allspice: Money, Luck, Healing

Amber: Mental Magic, Balance, Protection, Protection Against Harmful Spirits, Protection Against Hexes, Protection Against, Psychic Attack

Anise: Preventing nightmares, Protection, Psychic Abilities, Purification

Angelica: Exorcism, Hex Breaking, Divination, Prophecy, Disburses Negative Energy, Protection, Healing

Arrowroot: Banishing, Defense, Protection, Psychic Awareness

Basil: Circle Casting, Flying, Exorcism, Protection, Warding Off Harmful Spirits, Love, promotes harmony, helps stop fighting, between loved ones, Wealth

Bay: Curse Breaker, Psychic Development, Purification, Strength, Victory, Vitality

Bayberry: Business Success, Wealth

Bergamot: Money, Prosperity, Success and Destiny

Caraway: Clarity, Health, Lust, Anti-Theft, Protection

Caramom: Lust, Love and Mental Powers

Catnip: Familiar Magic, Spirit Familiar Invocation, Beauty, Love, Joy

Cayenne Pepper: Cleansing, Energy, Healing, Heating, Protection Chamomile: Rest, Prosperity, Purification, Water Elemental Invocation, Romance Cinnamon: Lust, Success, Strength, Spirituality, Healing, Divination, Protection, Love **Clary Sage**: Euphoria, banishing the blues, protection **Clove:** Prosperity, Romance, Protection, Exorcism Dandelion: Spirit Magic, Wish Magic, Prophetic Dreams, Divination, Health Echinacea: Healing, Protection, Strengthens Spells, Defensive Magic **Eucalyptus:** Protection, Healing, Water Elemental Invocation Fern: Weather Magic, Exorcism, Air Elemental Invocation, Good Fortune, Immortality, Protection, Wealth, Healing Garlic: Protection, Healing, Exorcism, Protection from Theft, Fertility Ginger: Courage, Strength, Romance, Love, Prosperity, Control, Success, Mental Magic Hyssop: Healing Purification, Protection Ivy: Health, Healing, Protection Lavender: Healing, Love, Anti-depression Marjoram: Protection, Love, Joy, Healing, Prosperity - when combined with thyme becomes a powerful spring cleanser Mistletoe: The Hunt, Lust, Healing, Love, Romance, Protection, Exorcism, Fertility, Air Elemental Invocation Mugwort: Astral Projection, Potency, Mental Magic, Earth Elemental Invocation, Dream Magic, Protection, Healing Mullein: Courage, Healing, Protection, Love, Romance, Divination, Exorcism Myrrh: Protection, Exorcism, Purification, Healing, Spirituality

Nutmeg: Clarity of Vision, Friendship, Confidence, Divination, Prosperity

Parsley: Purification, Romance, Protection

Patchouli: Lust, Protection, Reversals, Hex Breaking, Returning Negative Energy To Its Source, Returns Harmful Magic, Wealth, Money, Fertility, Riches, Earth Elemental Invocation

Rose: Love, Healing, Mental Magic, Divination, Wish Magic, Protection

Rosemary: Protection, Exorcism, Love, Friendship, Lust, Mental Magic, Purification, Rest, Beauty

Sage: Protection, Wisdom, Youth, Longevity, Wish Magic

Summer Savory: Air magic, Animals, Attracts males, Happiness, Love, Satyrs, Sensuality, Virility

Sandalwood: Purification, Protection, Healing, Exorcism, Spirituality, Consecration

Tobacco: Purification, Exorcism, Healing

Valerian: Love, Purification, Rest, Protection

Vervain: Love, Protection, Purification, Peace, Money, Youth, Chastity, Sleep, Healing

Ylang Ylang: Lust, Fertility, Power, Social Power

The Magick of the Trees

The belief that sacred trees also hold healing powers is found in almost every culture and age. "Where the Hawthorn grows in tandem with an Ash and Oak, there you will find the Fae." Here is a list of some common trees and their magickal attributes:

Almond: Divination, Clairvoyance, Wisdom, Money, Loans, Business

Apple: Healing, Prosperity, Love and fertility, Perpetual youth, Love, Garden Magick

Ash: Courage, Confidence, Protection, Sea Magick, Prosperity

Apricot: Love

Aspen: Protection

Beech: Promotes Intuition, Wisdom, Healing

Birch: Protection, Purification, Fertility, New beginnings

Cedar: Prosperity, Longevity, Protection, Money, Purification

Chestnut: Love

Coconut: Purity, Chastity, Healing

Cypress: Past life workings, Protection

Date: Fertility, Potency

Dogwood: Wishes, Protection

Elder: Exorcism, Healing, Protection, Blessing. This faery tree makes anything seem possible.

Elm: Protection, Love

Eucalyptus: Healing, Protection

Fig: Divination, Fertility, Strength, Love. Use in spells for safely returning home after traveling.

Hawthorn: Cleansing, Marriage, Protection, Reconciliation

Hemlock: Healing, cleansing, strength and perseverance. The is a lot of confusion about this one. This reference is for the Hemlock Tree: a type of Pine. (Tsuga) In the Pacific Northwest there are two that are common: the Mountain Hemlock (Tsuga mertensiana) and the Western Hemlock (Tsuga heterophylla). Neither of which are poisonous, a dubious reputation that belongs to a noxious weed of the same name, Poison Hemlock (Conium maculatum) which is deadly. Do not confuse the two. Deadly Hemlock (Conium maculatum) also called water hemlock and poisoned hemlock is a plant that is so toxic just touching it can lead to poisoning and ingesting it is certain death. When ingested, the fast-acting toxin paralyzes you until your respiratory system fails. Deadly Hemlock looks just like Queen Anne's Lace (Daucus carota) also knows as Wild Carrot is a common wildflower in fact they look so much alike even expert wildcrafters get them confused. A few years ago

a seasoned wildcrafter I knew died after she misidentifying wild carrot. So do not mess with this plant. The Hemlock tree has warming qualities. The inner bark is high in tannin and can be made into a poultice to treat sores, burns, and wounds. A tea made from the needles will stop minor bleeding, treat hemorrhoids, and control diarrhea but the tannin content is very high and regular consumption should be avoided. Use a wand made of Hemlock to aid in magical transformations. Add the small cones to mojo bags to add to protective quality or to promote strength and honor. Grind into an incense and burn to cleanse a space.

Juniper: Protection, Anti-Theft, Love, Exorcism, Health

Lemon: Love, Healing, Longevity, Friendship, Purification

Lime: Healing, Love, Protection

Maple: Divination, Love

Mulberry: Knowledge, Divination, Wisdom, the Will

Oak: Healing, Money, Longevity, Luck, Fertility

Olive: Peace, Fruitfulness, Security, Money, Marriage, Lust

Orange: Love, Marriage, Luck and Money, Divination

Peach: Love, Divination

Pine: Purification, Money and Prosperity, Health, Fortune, Fertility, Exorcism

Rowan: Psychic Powers, Protection, Success

Walnut: Healing, Protection, Mental Powers

Willow: Healing, protection, Enchantments, Wishing, Easy deliveries

Yew: Raising the Dead