

JAZZ

Jazz is a dance form that appeals to many because of its energy, variety, and vitality. Our classes explore contemporary and classic jazz dance, rooted in the social dance forms, that draws inspiration from a wide range of music creating movement that explores a range of styles in both lyrical and percussive disciplines. The goal is to develop dancers who are expressive, dynamic, musical and passionate.

This high energy class has a strong focus on musicality and performance. The warm-up, with ballet at its core, is centered on a firm foundation of dance technique and emphasizes placement and strengthening of the body. Across the floor work gives dancers the opportunity to layer that technique with movement with short dance progressions, connecting turns, jumps, kicks and weight transfer combinations, before incorporating it into diverse and stylistic choreography. Classes are fun, challenging, and dancers are always left feeling accomplished and inspired! It is an athletic class, and is highly recommended for jazz, ballet and musical theater dancers.