

NEWSLETTER

AREA 68 AA-SWTA ● FEB 2024 ● DISTRICT 2

A LETTER FROM OUR DCM

Dear District 2 AA Members,

I hope everyone is well and enjoyed February's celebrations, including Mardi Gras, Valentine's Day, and the Super Bowl! The past few weeks I have been receiving a lot of questions about the Founder's Writing Surveys from the finance and trustee committees. I hope the information sent out on February 2nd was useful to everyone interested in completing the surveys. If you are unsure what this is or would like more information on this topic it will be discussed at the upcoming district meetings. Moreover, our delegate KC H. will be reviewing the list of agenda items for the 74th General Service Conference Committees at the March assembly in Mission, TX. KC will choose 6-8 items of significance to get a "sense from the area" on how to vote. Once background material is made available, it will be posted to the Area website in the Delegate's Corner. Finally, I want to bring your attention to a few upcoming events. Please refer to the flyers on the District 2 website for full details at <http://www.area68district2.org/>

- Coastal Bend Jamboree: February 23-25, hosted by area districts
- Canyon Lake Campout: March 22-24, hosted by Canyon Lake Groups
- Pre-General Voting Assembly: March 15-17, hosted by District 10 in Mission, TX. Please consider booking rooms early and carpooling for the 4-hour drive from New Braunfels.
- I look forward to our January district meeting on Sunday, February 18th, at 2 pm at the 24 Club in New Braunfels. Presence and input from the service committee and GSRs are invaluable.

Gratefully in service,
Cheryl B.

STEP 2

"Came to believe that a Power greater than ourselves could restore us to sanity"

THE ONE THING I NEED TO KNOW ABOUT STEP 2:

The Solution To My Problem Isn't Me

Principle of this Step:

Hope

Reading Assignment:

BB pgs: 44-60/ 12&12 pgs. 25-33

What Can I Surrender in this Step?

1. My desire to control everything myself, and
2. My belief that I am responsible for the outcome of my life

TRADITION 2

Long form: "For our group purpose there is but one ultimate authority- a loving God as He may express himself in our group conscience."

TRADITION 2 EXPLAINED

Below is a snapshot inventory you can take to see how well you are honoring the spiritual principle found in this Tradition (in and out of the rooms of AA)

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Long-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibilities?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussions, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?
7. Why is it necessary that a healthy relationship be in one which the members are equals?
8. How do you feel and react when someone tries to or dominate in your relationships?
9. Do you have an inherent tendency to dominate people around you? How can you correct this defect of character?
10. Are you someone who is always willing to allow someone else to take control and then complain because you don't like what was done, yet were unable to make a decision yourself?
11. What is the difference between suggestions, advice, and guidance?
12. Is God or a Higher Power the only authority in your relationships? How does this Higher Power express Himself to you when making any decisions?
13. Why is it necessary to give the minority opinion in an open-minded evaluation in a group conscience?
14. Why is humility a necessary ingredient in applying Tradition 2 to your relationships?

STEP SUMMARY

In Step 1, we learned our problem wasn't alcohol- it was/is our mental states (our thinking) that was the crux of the real problem. How perfect it is that just 10 pages later (page 45, "We Agnostics"-4th Edition), Bill shared with us the solution to that problem. "Lack of power, that was our dilemma. We had to find a power by which we could live, and it had to be a Power greater than ourselves. That's exactly what this book is about. Its main object is to enable you to find a Power greater than yourself **which will solve your problem.**"

Check! How simple is that? This one of the twelve steps suggestions is much easier than I ever imagined. I thought solving the drink problem was going to be insurmountable. When I figured out that it's not a drink problem I need to solve, but a think problem- and that simply believing there is a Power out there that is greater than I am that can help me solve it- well, that made life much easier to bear.

I then get to ask myself why I shouldn't apply to life's problems the same readiness to change my point of view. I was having problems with relationships, couldn't control my emotions, was prey to misery and depression, couldn't make a living, had a feeling of uselessness, was full of fear, was unhappy and couldn't be of help to others. I was/am "maladjusted to life, in full flight from reality and an outright mental defective" (BB- Doctor's Opinion- page xxvi- 4th Edition). All of this was true until the day came I could finally believe that a power greater than myself could run my life better than I could- and all I had to do was let it.

CONCEPT 2

Short Form: "The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs."

Long Form: "When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference- expecting for any change in the Twelve Traditions or in Article 12 of the Conference Charter- the actual voice and the effective conscience for our whole Society."

Keep it REAL!

EVENTS:

Coastal Bend Jamboree: Hosted by area districts

When: February 23-25

GSR Workshop: Hosted by District 22, Contact Jason I. with any questions:
jasonistrudgin@gmail.com or (512) 633- 1230

When: Saturday, February 24th 2:00pm- 4:30pm

Where: Georgetown Group- 2409 Dawn Dr, Georgetown, TX

Canyon Lake Campout: Hosted by Canyon Lake Groups

When: March 22-24

2024 SWTA 68: 2024 PI/CPC Conference

When: August 9-10, 2024

Where: Wingate by Wyndham Hotel- 1209 N IH-35 Round Rock, TX

77th Anniversary and Chili Cook-Off: Speaker and prizes

When: April 20, 2024 5:00pm- 11:00pm

Where: 2365 Huber Rd Seguin, TX

The Southwest Texas Area extending from Del Rio and Ozona on the West, to Wharton and Giddings on the East from Coleman and Brownwood on the North and Brownsville on the South does and will continue to function as a Service body. Always protecting and respecting autonomy and the privilege of dissent of any AA group in the Area.

The Area assembly will always be mindful of the ideals expressed in the Twelve Traditions, the Twelve Concepts and the AA Service Manual, and try to be the voice and group conscience of the Area AA.

Service to the Area Districts and Area Groups is its primary purpose and every attempt will be made to encourage all area groups to participate and support the Area Assembly, the General Service Office, and the AA World Services. It shall be the responsibility of the Area Assembly to elect an Area Delegate Service Conference, an Area Alternate Delegate, and the Required Area Assembly Officers, and to give financial support to the Area Delegate as required to perform the duties of the office

ZOOM MEETINGS

District 2 Area Zoom Meeting:
Second Sunday from 2pm-4pm
Jan 14 to Sun Dec 14, 2025

SERVICE OPPORTUNITY:

The Central Service Office Helpline Committee has Volunteer shifts open. Friday 9am-1pm and Thursday 1pm-5pm, may work at CSO or from home. After hours helpline chairperson: Requires 1 year sobriety, a home group, and regular meeting attendance. Please contact Virginia B: (210) 821-6325 or grpserv2019@att.net

NB GROUP ZOOM

Noon every day except Saturday
ID: 864 9468 3219
PASSWORD: 24Eikel

AREA 68 TREASURER

New mailing information for Area contribution to groups.
PO BOX 681071 SAN ANTONIO TX, 78268

LOCAL INFORMATION:

ON FIRE FOR RECOVERY

Oxford House, Trouville. We are a Women and Children's home. Must have drive and desire to stay clean, must work a program.

Please put in an application online at www.oxfordvacancies.com after applying you will receive a call to set up an interview with the house if we have spots available. Contact Jessica Waggoner: (830) 500-1308

NEW BRAUNFELS GROUP CONSCIENCE

Meets at 12:15pm every 3rd Sunday of the month. All members of New Braunfels Group AA are encouraged to attend. Attendance is mandatory for service members.

FAMILY GROUP EDUCATION AND YOUNG ADULTS MEETING

Helping young adults and families heal for the effects of substance use disorder. Ages 18-24. every Thursday 7pm-8:30pm.
790 Landa Street, New Braunfels, (830) 312-3612

HEE-HAW CONCEPT MEETING

Third Monday of each month at 6pm. Into Action group:
1302 South Main, Lockhart TX, 78644

BEGINNERS SPEAKER MEETING

Monday at 7pm, 1142 East Eikel

WINDMILL WOMEN'S MEETING

Saturday 7pm-8pm, Windmill Wellness Ranch
26229 N. Cranes Mill Road, Canyon Lake

NEW MEETING

2 Rivers Al-Anon Family Group, Tuesdays at 7pm New Braunfels 2-4 Club,
for more information contact: Vicki B: (201) 728-8769