**Mental Health Care General Links**

<http://counsellingresource.com/>

<http://www.mentalhealth.com/home/>

<http://www.psychiatry.org/mental-health/lets-talk-facts-brochures>

<http://mentalhealth.about.com/>

<https://www.mentalhelp.net/>

<http://psychcentral.com/>

<http://www.uofmhealth.org/health-library>