

Linn-Mar Wrestling Freestyle Calendar

March 2019						
◀ Feb 2019						Apr 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
17	18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break	22 Spring Break	23
24	25 Freestyle Practice @ CHA Iowa City 7-8:30 pm	26 Freestyle Practice @ Coe College 7-8:30 pm	27	28 Freestyle Practice @ Coe College 7-8:30 pm	29	30
31						

April 2019						
◀ Mar 2019						May 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Freestyle Practice @ CHA Iowa City 7-8:30 pm	2 Freestyle Practice @ Coe College 7-8:30 pm	3	4 Freestyle Practice @ Coe College 7-8:30 pm	5	6 Freestyle/ Greco @ West Delaware
7	8 Freestyle Practice @ CHA Iowa City 7-8:30 pm	9 Freestyle Practice @ Coe College 7-8:30 pm	10	11 Freestyle Practice @ Coe College 7-8:30 pm	12	13
14 Freestyle/ Greco @ Iowa City – City High	15 Freestyle Practice @ CHA Iowa City 7-8:30 pm	16 Freestyle Practice @ Coe College 7-8:30 pm	17	18 Freestyle Practice @ Coe College 7-8:30 pm	19	20
21	22 Freestyle Practice @ CHA Iowa City 7-8:30 pm	23 Freestyle Practice @ Coe College 7-8:30 pm	24	25 Freestyle Practice @ Coe College 7-8:30 pm	26	27 Freestyle/ Greco @ Independence

April 2019						
◀ Mar 2019						May 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 Freestyle/ Greco @ Benton Community HS	29 Freestyle Practice @ CHA Iowa City 7-8:30 pm	30 Freestyle Practice @ Coe College 7-8:30 pm				

May 2019						
◀ Apr 2019						Jun 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Freestyle Practice @ Coe College 7-8:30 pm	3	4 State Freestyle Tourney @ SEP
5 State Greco Tourney @ SEP	6	7	8	9	10	11

Eastern Iowa Wrestling Club Freestyle Practices:

- Monday nights at CHA 7-8:30 pm
- Tuesday and Thursday nights at Coe College 7-8:30 pm
- Must have a USA Freestyle Card \$40 (buy on-line)
- Pay the monthly fee for practices (Team Discount)

Freestyle/ Greco Tournaments:

- Must have your USA Card or know Card Number
- Fee to enter tournaments:
 - Pre-Register- \$15 for freestyle/ \$25 for freestyle & Greco
 - Register at the doo- r \$20 for freestyle/ \$30 for both freestyle & Greco

Help:

- We will offer rides to and from practices at Coe College
- We will offer rides to and from freestyle/ Greco tournaments
- We will help pay for fees if you ask for help
- No Excuses