

# Between The Lakes Football League

## Article I – MEMBERSHIP

The Between the Lakes Middle School Football League is comprised of the following sixteen football programs.

TEAM Brillion , Chilton, Kiel, Manitowoc Lutheran Manitowoc Washington, Manitowoc Wilson, Mishicot, New Holstein, Reedsville, Seton Sherwood, Two Rivers, and Valders

## Article II – PHILOSOPHY

The Between the Lakes Middle School Football League is intended to provide a safe and enjoyable opportunity for our youth to enjoy the great game of football. We do not encourage the "win at all costs" philosophy. Teams should make reasonable efforts to include all players in each game. Each player should be a starter in at least one game each year.

## Article III - LEAGUE RULES

The league will be governed by the Wisconsin Interscholastic Athletic Association (WIAA) rules which are derived from the National Federation of High School Rules. All adaptations that pertain to rules governing freshmen level play will be followed with the following modifications:

I. The dates and times of all league games will be set at the Between The Lakes Annual Meeting. This meeting will be held, on the 3rd Wednesday of January, at Brillion High School. The meeting will begin at 7:00 p.m.

II. No overtime will be played.

III. Practice may begin no earlier than Monday Aug. 1, 2016

IV. The awarding of trophies/medals is strongly discouraged.

V. Suggested fee for officials is \$35 per game

VI. The home team shall furnish the following:

- a. Down markers with chain gangs
- b. Game clock and time keeper.
- c. Four officials is encouraged, but at least 3 WIAA registered officials are required.
- d. A copy of the league rules to the officials before the games.

VII. Official league standing will not be kept; however, each team may publish controlled articles in their local paper.

VIII. A youth is ineligible if he reaches his 15th birthday before August 15th of any given season.

IX. Unsportsmanlike conduct by players or coaches will not be tolerated. An ejection of either a player or coach will follow the WIAA guideline and will be suspended for the next contest as well.

X. The following adaptations will apply:

- a. Quarter length
- b. 7 min. - 6th grade
- c. 7 min. - 7th grade
- d. 8 min. - 8th grade
- e. Halftime is 5 minutes & 5 Minutes between games
- f. 6th and 7th grade use small ball, 8th grade uses regulation ball
- g. 3 time-outs per half (6<sup>th</sup> grade only 30 sec)
- h. 28 point lead in the second half- running clock

XI. Proposed game times: 6th - 4:30 p.m., 7th - 5:30 p.m., 8th - 6:45 p.m. (When only playing two games, they will be played at 5:00 pm and 6:00 pm New Holstein home games will begin at 9:00 am).

XII. All teams must abide by the rules. Rules should be distributed to all coaches in your program at all levels. If a team is deemed to have abused these rules, they may be put on probation if a majority of the programs vote in favor of this action. This vote will take place at the annual meeting. If a team is found in violation for a second consecutive year, the coaches may vote that program out of the league.

XIII. Mismatches. Coaches shall use discretion in positioning their players so they are not greatly mismatches in positions (i.e. do not play a lineman in another position) try to project the position the boy will play in high school and play him in that position. Players weighing more than 120 pounds in sixth grade and 140 pounds in seventh grade must be on the line of scrimmage. Players should be weighed without equipment.

XIV. Coaches are encouraged to stay informed about teaching techniques to ensure players safety. Understanding of concussion protocol is an important part of coaching youth football.

XV. Coaches (gentleman's) time out. Referees and coaches met at midfield to talk away from your

## 2016 Middle School Football Rules

### Rule Adaptations

- a. Quarter length
- b. 7 min. - 6th grade
- c. 7 min. - 7th grade
- d. 8 min. - 8th grade
- e. Halftime is 5 minutes
- f. 6th and 7th grade use small ball, 8th grade uses regulation ball
- g. 3 time-outs per half
- h. 28 point lead in the second half- running clock

### 6th Grade and 7th Grade Rules:

- A. Only 6 people on the line of scrimmage until inside the 10yd line. Non lineman may not make a tackle behind the LOS until the ball is outside the tackle box.(1<sup>st</sup> offense – warning, all others - 10 yd. penalty).
- B. No stunting, blitzing or fake blitzing - basic football - players in the box rush. Linebackers must line up 3 yds off the ball. No linebackers tackle behind the LOS between the tackles. 10 yd penalty for blitzing
- C. Kick-Off - put the ball on the 35 yard line.
- D. Punts - move the ball 35 yards (if ball is inside the 20, put it at the 20).
- E. Safety - place ball at the 50 yard line. Sixth Grade Only - one coach allowed on the field, **35 sec. play clock.** Sixth Grade Only – 3 - 30 second timeout per half
- H. Midsize football.
- I. Players weighing more than 120 pounds in sixth grade and 140 pounds in seventh grade must be on the line of scrimmage. Players should be weighed without equipment.

### 8th Grade Rules:

No special adaptations. WIAA Rules

# VALDERS JR. HIGH FOOTBALL



## Coaching Mission

The Valders Jr. High Football program will provide a safe and entertaining athletic experience for Student Athletes in the Valders area, while teaching and enhancing the fundamentals of the sport of Football within the Valders community

**2016 Season**  
Valders Middle School  
138 Wilson St  
Valders WI, 54245  
920-775-9520  
www.ValdersFootball.com

Valders Sports Schedule:  
www.valders.k12.wi.us/sports/athletic



# August 2016

Valders 7<sup>th</sup> & 8<sup>th</sup> Grade Football

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8 4:00 First day of Practice. Meet in the Cafeteria.	9 4:00-6:00 Practice	10 4:00-6:00 Practice	11 4:00-6:00 Practice	12	13
14	15 4:00-6:00 Practice	16 4:00-6:00 Practice	17 4:00-6:00 Practice	18 4:00-6:00 Practice	19	20
21	22 4:00-6:00 Practice	23 4:00-6:00 Practice	24 4:00-6:00 Practice	25 4:00-6:00 Practice	26	27
28	29 4:00-6:00 Practice	30 Home Game Mishicot 4:30 7 <sup>th</sup> - 5:30 8 <sup>th</sup>	31 4:00-6:00 Practice			

Coach Harrington

920-905-1120 or [charrington@tds.net](mailto:charrington@tds.net)

Middle School Office  
920-775-9520

# September 2016

SUN	MON	TUE	WED	THU	FRI	SAT
				1 First Day of School 3:30-5:00 Practice	2	3
4	5 3:30-5:30 Practice	6 Away Game Manitowoc Washington 4:30 7 <sup>th</sup> - 5:30 8 <sup>th</sup>	7 3:30-5:00 Practice	8 3:30-5:30 Practice	9	10
11	12 3:30-5:30 Practice	13 Away Game Reedsville 5:30 7 <sup>th</sup> - 6:30 8 <sup>th</sup>	14 3:30-5:00 Practice	15 3:30-5:30 Practice	16	17
18	19 3:30-5:30 Practice	20 Home Game Two Rivers 4:30 7 <sup>th</sup> - 5:30 8 <sup>th</sup>	21 3:30-5:00 Practice	22 3:30-5:30 Practice	23	24
25	26 3:30-5:30 Practice	27 Home Game Sherwood 4:30 7 <sup>th</sup> - 5:30 8 <sup>th</sup>	28 3:30-5:00 Practice Picture Day	29 3:30-5:30 Practice	30	

Updates & Schedules Available at [www.ValdersFootball.com](http://www.ValdersFootball.com)

# October 2016

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 3:30-5:30 Practice	4 Away Game Chilton 4:30 7 <sup>th</sup> - 5:30 8 <sup>th</sup>	5 3:30-5:00 Practice	6 3:30-5:30 Practice	7	8
9	10 3:30-5:30 Practice	11 Away Game Sheboygan Falls 6:00 7 <sup>th</sup> - 7:30 8 <sup>th</sup>	12	13 Equipment Hand In 3:15	14	15
16	17	18 Jr. High Banquet at Autumn Ridge	19	20	21	22
23/30	24/31	25	26	27	28	29