

# ARIZONA DEPARTMENT OF HEALTH SERVICES

501 N. 24<sup>th</sup> St., Phoenix, AZ 85008

*"Promoting Health and Wellness for all Arizonans"* is the motto of the Arizona Department of Health Services (ADHS). ADHS promotes and protects the health of Arizona's children and adults and sets the standard for personal and community health through direct care, science, public policy and leadership. ADHS is an award winning, nationally recognized health department and is one of the largest departments in Arizona State Government with a budget of \$1.6 billion dollars and a workforce of approximately 1650 employees.

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## Behavioral Health Technician 1

Arizona State Hospital

### JOB SUMMARY

This position will provide physical and psychological care to psychiatric patients. The position works on a rotating schedule to meet the staffing needs of the hospital.

#### Responsibilities include:

- Supervising patient activities, social skills, and assisting them with money management
- Participating as a member of the care team and implementing assigned treatment plans under general supervision
- Assisting with organizing and participating in therapeutic activities, exercise, and rehabilitation
- Observing, reporting and documenting patient psychiatric and medical problems
- Communicating with patients in various situations, activity groups, and as directed by the supervisor
- Charting in patients records on special observation and vital signs
- Completing progress notes and reporting to the nurse on unusual incidents/events
- Implementing assigned treatment plans under general supervision
- Reporting all unusual incidents as required
- Responding to medical and psychiatric codes and intervenes pro-actively using approved Non Violent Crisis Intervention (NVCI) techniques, including using the least restrictive interventions appropriate for the situation

#### Requires Knowledge Of:

- Basic mental health principles
- Therapeutic interventions
- Behavioral management and motivational techniques
- Basic group process
- Patient rights
- Infection control
- Safety policies and procedures
- Concepts of performance improvement activities
- Knowledge of Performance Management (PM), and Continuous Quality Improvement (CQI) and Lean methodologies.

#### Requires Skills In:

- Teaching activities of daily living, i.e., personal hygiene, social skills, communication skills, coping skills, and community resources as part of discharge planning
- Providing paraprofessional nursing care as directed
- Providing therapeutic interactions and activities
- Using approved NVCI techniques, including using the least restrictive interventions appropriate for the situation

#### Requires Ability to:

- Teach activities of daily living, i.e., personal hygiene, social skills, communication skills, coping skills, and community resources as part of discharge planning

- Provide paraprofessional nursing care as directed
- Providing therapeutic interactions and activities. Skilled in the use of approved NVCi techniques, including using the least restrictive interventions appropriate for the situation
- Support a diverse multi-cultural workforce that reflects the community, promotes equal opportunity at all levels of public employment, and creates an inclusive work environment that enables all individuals to perform to their fullest potential free from discrimination

**Preferred Qualifications:**

- One year of direct patient care experience, preferably in a behavioral health setting
- Preference will be given to candidates with prior Public Health experience

**Benefits**

The State of Arizona provides an excellent comprehensive benefits package including:

- Affordable medical, dental, life, and short-term disability insurance plans
- Top-ranked retirement and long-term disability plans
- Accrued vacation pay and sick days
- 10 paid holidays per year
- Deferred compensation plan
- Credit union membership
- Wellness plans
- Shift and weekend differentials
- Guaranteed shifts
- Employee Assistance Program
- Employee discounts with selected vendors

**Employment Requirements**

This position requires a High school diploma or GED. This position also requires selected candidate to take and pass a medical/physical exam. A State Hospital employee must be able to obtain a valid Level One Fingerprint Clearance Card pursuant to A.R.S. § 41-1758.07.

Arizona State Government is an EOE/ADA Reasonable Accommodation Employer.  
 All newly hired employees will be subject to E-Verify Employment Eligibility Verification.  
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