

Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069

COME JOIN US!!!
Lunch Served Daily
Monday Thru Friday
11:30a.m. TO 12:30p.m.



DECEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>Senior Information 464-3069</p>	<p>2 Yoga @ 8:30am Chair Exercise @ 10-11am Cards @12:30pm Christmas Singalong Lunchtime</p>	<p>3 Percussion Party @ 9:30 Cards @ 12:30 Crochet & Knitting @2-4pm</p>	<p>4 Yoga @ 8:30 am Chair exercises @ 10-11 am Cards @ 12:30 pm</p>	<p>5 Boon Dock Band @ 10-12pm Craft & Coloring @ 1-2:30 pm Hot Chocolate Bar</p>	<p>6 Yoga @ 8:30am Chair Exercise @ 10-11am Cards @12:30pm Wear Red</p>	<p>7 Belly Dancing @ 10-12</p> 
<p>8</p> 	<p>9 Yoga @ 8:30am Chair Exercise @10-11am Cards @12:30pm</p>	<p>10 12:30 Cards Crochet & Knitting @2-4pm Lunchtime Christmas Trivia W/Prizes</p>	<p>11 Yoga @ 8:30 am Chair exercises @ 10-11 am Cards @ 12:30 pm Jingle Bells Bingo @ 1-3 pm</p>	<p>12 Bake Sale @ 10:30 Boon Dock Band @ 10-12pm Craft & Coloring @ 1-2:30 pm (Make Ugly Sweater Craft Day)</p>	<p>13 Yoga @ 8:30am Chair Exercise @ 10-11am Cards @12:30pm Wear Green</p>	<p>14 Belly Dancing @ 10-12</p> <p>Energy and Weatherization Program at DNSC 464-3069</p>
<p>15</p> 	<p>16 Yoga @ 8:30 am Chair exercises @ 10-11 am Cards @ 12:30 pm</p>	<p>17 Percussion Party 9:30 Cards @12:30 Crochet & Knitting @2-4pm Decorate Gingerbread Men Cookies</p>	<p>18 Yoga @ 8:30 am Chair exercises @ 10-11 am Cards @ 12:30 pm</p>	<p>19 10-12 Foster Grandparents @11am Christmas Movie @ 1pm Craft & Coloring @ 1-2:30 pm</p>	<p>20 Yoga @ 8:30am Chair Exercise @ 10-11am Cards @12:30pm Wear Christmas Hat</p>	<p>21 Belly Dancing @ 10-12</p> 
<p>22</p> 	<p>23 Yoga @ 8:30 am Chair exercises @ 10-11 am Cards @ 12:30 pm Bunko 12:30-4pm</p>	<p>24 Cards @12:30 Senior Food Boxes @ 1 pm Crochet & Knitting @2-4pm Wear Your Ugly Sweater</p>	<p>25</p> <p>SITE CLOSED Merry Christmas!!!</p>	<p>26 Boon Dock Band @ 10-12pm Craft & Coloring @ 1-2:30 pm</p>	<p>27 Yoga @ 8:30am Chair Exercise @ 10-11am Birthdays Luncheon @11:30am-12:30pm Cards @12:30pm</p>	<p>28 Belly Dancing @ 10-12</p>
<p>29</p> <p>Senior Legal Service 464-3069 1-800-972-0002</p>	<p>30 Yoga @ 8:30 am Chair exercises @ 10-11 am Cards @ 12:30 pm</p>	<p>31 Cards @12:30 Crochet & Knitting @2-4pm</p>				<p>HICAP AT DNSC 464-7876</p>