

Essential Oils Training

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With so many options available for your families natural health needs, it can be a task to understand what is really going on in the Essential Oil and Herbal Supplement industries. We desire people to truly understand the truth so they can make wise purchasing choices. There is a reason why there are so many different choices with prices ranging all over the place for supposedly the same thing. The fact of the matter is there can be a vast difference in quality between two products labeled the exact same. The information provided below will assist you in understanding what is truly going on in the natural health care industry.

Organic & Certification Scam

Modern farming practices now including all types of toxic chemical fertilizers, pesticides, herbicides, genetically modified plants, and so forth. These harmful containments are found in our environment and in our health care products. Most people believe in purchasing organic you are avoiding the harmful toxins, sadly this is not the case.

The world government's organic programs allow approved toxic chemicals to be used on farms and great liberties are allowed for other toxic chemicals to be added to essential oils and herbal supplements. In the United States companies can legally label their products as 100% Pure and Organic when they contain up to 97% harmful fillers and toxic chemicals.

Quote: "I was at a large health food store chain and went over to their essential oils. I was amazed at the pricing I found on their products labeled 100% Pure and Organic. I purchased a bottle of oil and sent it off for testing. A few weeks later the results showed 75% propylene glycol along with other toxic fragrances. Sadly this adulteration practice is rampant in almost all essential oil suppliers." - Man Found Standing, Natural Practitioner and Medicine Man

The USDS organic certification of a product is also another scam. With the proper funding, it is quite legal and simple for a company to have USDA Certifications and USDA Organic labeling on its toxic and potentially harmful products. A major USDA Certification company shared how this is done. All that needs to happen is a shell corporation purchase the products direct from the farm or supplier. That shell company then invoices those products as organic and sells them to the original company. The original company then takes those invoices to a USDA Certification company, pays their certification fee, and now can legally label harmful and toxic products as Organic.

Anyone wanting to be a part of Natural Healing, should know their suppliers' farming practices. There are a great many games being played at the consumer's expense. Have you ever noticed an organic farm located right next to a large freeway? Would you consider a farm as organic that contains all the ambient pollution from the passing cars?

Quote: "I found a supplier for organic carrots that regularly uses bio-solids, sewage sludge, from Las Vegas on their farm land. Even though this fertilization method contains numerous pollutants, hormones, and cancer causing toxins they still sell their product as organic." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "I have been involved in many upper-level meetings for quite a few different essential oils companies. The company employees/representatives would talk about how their highest quality therapeutic essential oils were the best even though they knew, and I knew, that they were regularly selling low quality and adulterated oils. The plants grown on their farms were also conventionally grown and distilled for oil volume rather than therapeutic oil quality."
- Pahamy, Natural Practitioner and Medicine Woman

Quality produced from traditional, non-toxic farming practices far exceeds the government's paper organic program. It is always wise to purchase your herbal supplements or essential oils, from a supplier that is concerned about true quality and growing the plants in a healthy traditional manner. Small farmers have a tendency to take better care of the soil and plants because they are more dependent upon the earth to provide them their living.

Testing hype and Quality Certifications are also another problem instigated by the world's leading experts. The last decade has brought about many changes with experts pushing to bring in accountability and quality standards. Now, this sounds like a very good thing, but in reality, they are just doing another smoke and mirror con game and selling low quality, potentially harmful products for top dollar.

Example: Most all USA peppermint is distilled quickly to maximize the oil volume and profits for the company. They further increase their profit margins by mixing the USA peppermint with lower cost peppermint from Asia until a proper chemistry is reached according to their certification standards. By having their adulterated poor quality oil certified, the seller then creates a greater profit margin by charging a higher price for their "100% Pure Therapeutic Essential Oils".

The experts are well versed in add synthetic or natural adulterants to their essential oils. It is quite easy to discover unnatural adulterants like propylene-glycol, however it is next to impossible to find adulteration using already natural-occurring chemicals properly mixed into the essential oil. Essential oil experts fully justify and think it is an approved practice to compounding two or more essential oils from different distillations, farms, or even countries.

Example: By taking two lavender oils that would not pass the experts certification protocols an oils that meets all certifications can be produced. Take a poor quality Asian lavender and combined it with an extremely, abnormally high quality lavender from Bulgaria, an expert can now have lavender that conforms to all their Therapeutic Essential Oil certifications and sell it for top dollar.

Quote: "Many years ago I wanted to find out more about how the large distilling companies worked. I contacted one company that distilled many thousands of tons of organic essential oils each year. They explained to me their farming practices and distilling operations.

I quickly found their organic essential oils were being produced by the government regulations and they used "approved" toxic chemicals on their herbs. They even bragged about the large chemistry lab that was attached to the facility and how it did all testing on their oils to ensure quality.

I told them we were only looking for the highest quality most medicinal oils, and they had to be absolutely pure and free from toxins. The company's response to this was, 'Our lab is wonderful. Send us the specifications you would like in the oils and we will make them for you. They will pass any certifications as pure.' - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "We have discovered a lot of the so-called independent essential oils laboratories are really sister companies of large distillers or are getting large paychecks for consulting work from other essential oils companies. Because of this, we have seen these so-called independent testers trying to persuade people to purchase from specific essential oils companies even when they know their oils are altered or adulterated." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "I was given an opportunity to provide a price quote to a company that wanted forty-four pounds of high quality rose oil. Due to the high cost of rose, I actually provided two quotes with all the testing, organic certificates, and samples. One quote was for my highest quality Therapeutic Rose Oil that came from a private distiller and the other was for what I called standard Therapeutic Rose Oil from the government-run distiller. A couple of weeks later I did a follow-up visit and found out that the company purchased their rose oil from one of the "experts". When I enquired as to why I did not get the sale, I was told that the expert gave them a better price on the "world's best quality rose oil". This quite surprised me, because I know what the "world's best quality rose oil" actually costs and I did not think that anyone could undercut my pricing. I asked to smell their newly purchased oil, and when I took a whiff of the expert's oil, I could easily tell the "expert" did not supply them with the best quality, but with the standard Therapeutic Rose Oil.

I then had the person I was working with smell the oil they just purchased and then smell the two samples I provided. They quickly determined that indeed, the oil the expert supplied smelled like the standard quality oil I had quoted for them. It was after they compared the chemical analysis that all their suspicions were absolutely confirmed. Sadly, because this company went with the "expert's" assurances about his quality being the world's best, they lost over \$10,000.00 by purchasing the hyped up oil." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "When working with a new company that wanted to "take over the Therapeutic Essential Oils industry", I provided two lavender samples along with the proper GC/MS testing and certificates. One lavender sample was from a private certified organic farm in Bulgaria and the other was from a small private farm in France that grew the lavender organically but did not have a certificate on the farm. Both lavenders were Therapeutic Essential Oils but the certified organic lavender was slightly higher in quality and cost about twenty percent more.

Because of the cost, the company went with saving some money and just purchased one hundred and ten pounds of the less expensive oil. When viewing their website a month later, I found the company was bragging about how they had purchased the absolute best lavender in the world and provided the edited (contact information blacked out) certificates and testing for their customers to view. This company, which claimed to be honest and consciousness about the quality of their products for their customers, was using the information from the Bulgarian Lavender that I gave them to assist them in selling the less expensive lower quality French Lavender to their customers." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "A decade ago, I worked with a gentleman who produced the finest Jasmine oil in the world. Because of his limited supply, he stopped selling to new customers. One particular

year, his harvest was reduced considerably so he told all his current customers that he would only allow one kilogram of oil to be sold per customer.

A couple of months later, I was reviewing our competition's marketing information and was quite shocked to see them bragging about the one hundred kilograms of the world's finest Jasmine oil they had purchased. When we contacted them, they sent us the biochemical testing that showed the oil to be exactly the same as what I had just purchased.

Understandably, I was quite upset with our supplier because I thought he was allowing our competition to gain an advantage by purchasing more oil. The supplier was contacted and told how upset I was for just being allowed to purchase one kilogram of oil when he sold one hundred kilograms of oil to our competition. The supplier just laughed and said, "No, I only sold them one kilo. What they do with their oil when they get it is their business."

After reviewing their Jasmine, it was discovered that they indeed took one kilogram of pure Jasmine oil and turned it into one hundred kilograms of something else. Again, just like numerous other experts and companies that have all the right testing, certifications, and claims to purity, they failed the quality and adulteration test." - Man Found Standing, Natural Practitioner and Medicine Man

An essential oils supplier should only work with the farms and people they trust. It is always good to have biochemical testing on the essential oils to make sure there are no toxic chemicals or adulterants, however, the customer should be aware of the marketing hype and outright scams that are truly going on in the industry.

Experts and Adulteration

The essential oil and natural supplement industries are both multi-billion dollar a year industries. Sadly most products produced for these industries are low quality and lacking in their healing benefits. Adulteration in these industries is also rampant and you can clearly see this by reading the reports from France. How is it possible for France to export more 100% pure French lavender oil each year than they actually produce? One French lavender expert is quoted as saying, "I believe 99% of the lavender sold in America has been adulterated."

Adulterating products without anyone even being able to detect it, is where the experts really capitalize on making greater profits. Another world expert said, "If we did not extend the oils, the costs would be too prohibitive."

Quote: "I discovered a large distiller selling oils that were marketed as 100% Pure and Natural but were really adulterated. In their email correspondence to me they said, '... This process is very unique and is not used by other suppliers, they (the other suppliers) just prepare a... synthetic fragrance mixture and put 2 to 10% of pure oil based on target price and offer. So our natural identical oils are 100% pure and natural but not 100% extracted from same species.'

Simply put this large distiller said unlike other distillers that mix 90 to 98 percent synthetic chemical fragrance in with their essential oils, they do it better by only mixing their essential oils with natural chemicals and sell them as 100% pure and natural." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "I was contacted by a person from one of the large essential oil distilling companies. They were inquiring if I had an interest in purchasing oils from them. The sales expert answered my questions about their distilling facility and then I asked him about supplying me with pure lavender essential oil. (When checking out a company I normally always start out with their lavender oil.) He told me that they could supply pure lavender oil.

I asked him for the botanical name of the lavender and pricing. He stated that their best lavender for the price was on 100% Pure *Lavandula angustifolia* 40/42.

He then stated his price, which was 1/5 the cost of oil I get directly from the farms I work with. Even though I already knew all about 40/42 being an adulterated Lavender, I was quite shocked that he was still claiming his oil was 100% pure. Trying to obtain more information from him and to see how honest he would be with me, I said, "Wow, that's quite a good price. How can you sell it for that?"

He then explained that they use only 5% natural oil and the rest is synthetic to make the required chemical structure for having the high quality pure therapeutic lavender oil. He then further explained that the oil would test as 100% pure and pass any certifications we required. Because the laws legally allowed him to call an oil 100% pure and since the oil would also pass any testing as pure, their company was selling the adulterated oil under the name of 100% Pure *Lavandula angustifolia* 40/42.

Lavender sold on the market as 40/42 is referring to the Linalool and Linalyl acetate percentages in the lavender. There is a lot of hype about how Lavender 40/42 is not an adulterated lavender but just a blend of different lavender crops. In all cases, I have found this to be false marketing hype.

I have directly spoken with numerous experts and laboratories that create the Lavender 40/42. The Lavender that is commercially sold as Lavender 40/42 is always a range of at least 3% pure lavender and the rest synthetic. The reason they put in at least 3% pure lavender is because legally they can market the lavender as 100% pure and natural and that is what they do!

The leading laboratory that sells many, many tons of this lavender every year stated directly to me that they always make their 40/42 with a blend of 5% pure lavender essential oils and 95% synthetic. If they were to sell a true 100% blended lavender or a lavender that somehow came out chemically to being a perfect or close to perfect 40/42, they would not sell it under the Lavender 40/42 name.

Despite all the hype, the essential oil experts who create the oil and people in the know understand that all commercially available Lavender 40/42 is the adulterated synthetic lavender. If an essential oil company is selling a Lavender 40/42, do not purchase from them. They are just purchasing the standard expert-supplied adulterated essential oils." - Man Found Standing, Natural Practitioner and Medicine Man

The essential oil experts are regularly adding natural, synthetic, harmful adulterants to the Therapeutic Essential Oils being sold as pure. They increase their profit margins and overcome any inventory shortfalls by adulterating. The family healer should use oils free from all man-made chemicals, including contaminants such as pollution, herbicides, pesticides, and so forth. It has been our experience that any person or company that is involved with selling synthetic or natural fragrance enhancers have those same containments added to their pure essential oils.

Quote: "In 1998, when I first started looking at purchasing large amounts of Therapeutic Essential Oils for my family and friends, I wanted to make sure I was receiving the finest, most natural quality available. I contacted the "Leading Expert" for supplying large bulk quantities of Therapeutic Essential Oils to the United States and was given the assurances that I would only be supplied with the purest and highest quality available. Upon receiving his assurances, I purchased a large amount of Wild *Eucalyptus globulus*.

When the oil arrived I smelled it, and from my knowledge of the industry, I was happy to discover that the eucalyptus smelled exactly like the high-quality oil I had been used to using for nearly a decade. (That oil I had been purchasing from another "World's Leading Expert".)

Regardless of the fact that the oil smelled and acted the same, I pulled a sample and sent it to Europe for analysis by one of the leading biochemists for the essential oil industry. The testing came back stating there were no chemical additives or pesticides detected, but the oil had been heated up during or after the distillation to "burn off" some of the more undesirable smells.

My surprise about the adulteration of burning off undesirable chemicals was compounded when the supplying expert was consulted to discuss the shocking test results. The expert responded along the lines of, "Everyone does it. The oil is pure, but that is what we do to make it smell better."

Frustrated about this alteration, I was determined to educate myself about the Therapeutic Essential Oils industry. Over the next year, I scrutinized the world leading experts' finest quality oils in pursuit of truth. I concluded that, indeed, it was the habit of the leading experts to alter, adulterate, compound, and otherwise generally do things that I, or people looking for absolute purity, would not want done with their oils." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "In 1997, I worked for a company that claimed to be the largest therapeutic essential oils supplier in the world. This company sold many millions of dollars of essential oils every month. They love to use the marketing hype stating they grow the highest quality, organic, therapeutic grade essential oils and supply them to their customers. When people confronted their company about the organic certificates for their farms, they stated it was their practice to not provide organic certificates or soil testing results to their customers.

Interestingly enough, I discovered they could not provide the certificates because, in spite of all the marketing hype, they were really not an organic farm. I even found out during the next year that they had over 100 truckloads of potentially harmful biosolids (sewage sludge) spread over their farm.

When a friend did extensive testing their so-called Therapeutic Grade Essential Oils, she discovered they often sold poor quality single oils, and in a majority of cases they had added "smell enhancers" (synthetic fragrances or natural aroma chemicals) to their essential oil blends to make them more desirable." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "A few years ago, we reviewed a new large company that supposedly sold only Therapeutic Essential Oils. This company claimed to have the highest, purest quality of oils and the strictest moral ethics from their employees. After a few tests, we discovered that they were mostly selling pure oils, but in almost all cases, it was the lower quality food grade or fragrance grade quality. When we confronted them with the evidence of our discovery, they

refused to answer any more of our emails. To us, that did not seem to resonate well about their claim of strict moral ethics." - Pahamy, Natural Practitioner and Medicine Woman

Experience has shown that the world's leading experts regularly sell low quality and adulterated oils as the high-end therapeutic quality. There is much marketing hype in the industry, but a family healer or Medicine Person should not blindly buy into their marketing. For example, in spite of companies claims about purity if that company is selling a peppermint oil that has a sharp, crisp, candy cane like fragrance that oil is most likely low quality food grade peppermint or highly adulterated. A good supplier supplies the highest therapeutic peppermint distilled at the small farms under the more costly and time-consuming method of no added pressure. This produces a Peppermint oil that has an herby undertone and has unsurpassed therapeutic properties.

Quality Confusion

The alternative health industry is rampant with hype, misinformation, inferior products, and adulteration propagated by the world's experts. Because of this it can be a task to locate a reliable supplier. Plants should be grown in the wild or by traditional beyond organic sustainable means. The herbs and essential oils are extracted properly and remain in their natural state for the highest medicinal value. The following information will assist you with a better understanding the quality differences among the essential oils in the marketplace today. Example, mass-produced white bread from the grocery store and your grandmother's homemade wheat bread has vastly different health benefits. Such is the case of standard oils and true therapeutic oils.

More than Chemistry

Most doctors and scientists have a narrow way of thinking when it comes to understanding the therapeutic value of a plant. They look upon chemistry rather than seeing there is a much larger picture. The biochemical makeup is of major importance but there is quite a bit more to the healing properties of a plant.

Example: A herb grown with toxic fertilizers, pesticides, unhappy workers, and on contaminated soil may still produce an essential oil that chemically is of high quality. But knowing all the growing factors, would you still consider this oil to be of good quality?

Now imagine an essential oil that produces a chemistry outside its normal recognized high-quality standard. This herb was grown by a family during a drought that loves and takes care of their soil and uses traditional sustainable farming practices. Would you consider this oil to be of poor quality?

Natural Healers know there is a lot more to quality than just the chemistry. Those who are open to the energies of the Universe quickly see a powerful healing attribute that the herbs and essential oils have. We like to call this healing energy the "Creator's Life Energy" and it is associated with every herb and essential oil. This energy goes beyond the scientific electromagnetic, rotational, or quantum energy that scientists are familiar with. The Creator's Life Energy is a healing property that is completely different and currently only discerned on a spiritual level. (1 Corinthians 2:14 -- "But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.")

Everything in the Universe has its own unique Creator's Life Energy healing signature. A simple way understanding this is like Homeopathic Medicine or even the "Placebo Effect". The way a herb is

grown, the people involved in the process, and how it is processed can have a profound effect on the Creator's Life Energy and the plants healing abilities.

An article called "The Sacred Heart of Aromatherapy" by Karyn Grant, LMT can assist in illustrating the healing energy profound effects. She writes:

Many years ago, when I was a young mother, I was out walking my two-year-old son. My neighbor, Cleon Skousen, was standing on his porch and called me by name, saying, "Karyn, I've been expecting you! Come and visit with me for awhile!" I proceeded down the pathway to his house with my son, Michael. Cleon invited us in and offered me a soft cushioned rocking chair. I rocked Michael as this man spoke these unforgettable words to me: "I do not know why I am telling you this, but it is something you will need to know later in your life....there is not one single one of God's creations that He has not touched with His own divine intelligence. Every flower, every herb, every rock, every plant, every bit of chemistry has been imbued by God's own brilliance. Every one of them has the power to enhance life. Every gas, every molecule, every atom that has any life force in it, is an extension of God himself. Thus, they all have His healing gifts." I don't remember anything else he said to me that day, but I have never forgotten those words. Because of his testimony, I have never been able to separate the love of God from the creation. I have never been able to separate the gift from the Giver.

I believe that God himself puts divine symbolism into every aspect of life by imparting a portion of His intelligence within the very essences of plants. His brilliance is made manifest in His creativity; the plants are no exception. They, like human beings, came to fulfill the full measure of their creation; which is to bring glory to their Creator through the gift of beautifying the earth and the gift of healing.

The intelligence within each plant is replete with the atoms of God's infinite love. He has placed within each fruit, herb and flower bearing seed, the essences of His divine intuition, creativity and intelligence. He has touched the soul of each plant with a pure essence of life and health; so that we, as human beings, may increase in physical health, vitality, and spirituality as we inhale their aromas and partake of them.

Scientists that understand quantum physicist know there is a lot more going on in the Universe than just what appears to be happening. Their recent findings over the last century is now beginning to validate what natural healers have known for many millennia. A new field of "Energy Medicine" is quickly materializing to assist people with greater health.

Dr. Masaru Emoto's was involved in research on how "negative" and "positive" words would affect water crystals. Words associated with the positive produced light beautiful crystals whereas negative words produced the opposite result.

Many Therapeutic Essential Oils, which are considered inferior in their chemical constituents, far outshine in their healing abilities of other that are superior. Numerous Natural Practitioners have witnessed this occurrence.

Quote: " Plants and oils that are treated with love are charged with a greater Creator's Life Energy. I have found their overall healing properties are greatly enhanced. When two Therapeutic Essential Oils are distilled the same way, grown in the same area, and have almost the same chemical makeup, I have found the plants grown on the small family farm perform better. They have the higher vibration of the Creator's Life Energy over the plants grown on the large industrialized farm." - Pahamy, Natural Practitioner and Medicine Woman

Sadly this energy medicine can also be altered or manipulated. Artificial frequencies can be placed upon labels, bottles, and the product itself. Some company make it a policy to impregnate an artificial frequency upon their products.

Quote: "Early on in my walk with essential oils, I worked for a company that would routinely 'energize' their oils through a machine they had in their lab. When I asked about this, they said they were just enhancing the already wonderful healing properties of the essential oils. Sadly, I soon discovered this was not the case. They were using inferior essential oils, and then infusing energies into the oils so they would test higher in therapeutic value by the Energy Healers. I considered this artificial spiritual energy adulteration." - Pahamy, Natural Practitioner and Medicine Woman

Understanding that products can be energetically manipulated is important to understand true quality. A healer should clear any unnatural energy frequencies from their product they purchase before use.

Quote: "There are many ways to clear the products and it's not about a specific method but rather about finding a way that resonates with you and your belief systems. A simple method that works for just about everyone is to move into a calm space while holding the product in your hands. Once you are in that calming mindset, envision pure white light descending on you and the product and resonating out from you. Sit with that picture and feeling for a few moments. This should clear any unwanted energetic residue." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "The healing abilities of an herb or essential oil goes beyond their chemical makeup. Plant energies are more like a symphony playing rather than just a solo instrument. To specifically categorize an essential oil under a specific frequency is not the best way to understand them. They more accurately resonate up and down over a specific range." - Man Found Standing, Natural Practitioner and Medicine Man

Smell and Quality

Oils grown under different conditions will produce differences in their chemistry, energy, and smells. When a natural healer becomes acquainted with the different harvest of the same plant, they will soon realize that the healing therapeutic quality is not associated with smell.

Example: Sharp, crisp, candy cane smelling peppermint is not as therapeutic as the peppermint with its herby undertones.

The therapeutic essential oils market is relatively a small percentage of the overall essential oil industry. Most all distillers extract the essential oils for their flavor and fragrance rather than their therapeutic properties. Extracting an oil to maximize its healing properties requires more understanding, energy, and care.

Quote: "When I teach a seminar, I want to educate people to understand that quality and smell are two different things. For an example, I will pass around two bottles; one marked "A" and one marked "B". I have pure rose oil in one bottle and a 3% Rose oil blend in the other. I then have people vote on which oil they think smells the nicest. About eighty to ninety percent of the people in the class choose the rose blend smell as the fragrance they like the best." - Man Found Standing, Natural Practitioner and Medicine Man

Essential oils will also change as they age. An oil that is freshly distilled will sometimes take a half a year or longer settle into a nice fragrance. Keep in mind that as a basic rule, the oils that are freshly

distilled will not smell as nice as oils that have been aged a little even though they generally have the same therapeutic value.

Many customers choose an oil by the smell rather than its therapeutic value. This leads the experts to enhance their oil smells through adulteration. For example, many customers do not like the harsher smell of a Wild Lavender, even though in many cases it is a better oil for their healing purposes. Because of this, the experts have a tendency to mix the pure oil with sweet smelling synthetic chemicals.

Quote: "When I was working for the so-called world leader of therapeutic grade essential oils, I was saddened to discover that they would routinely add synthetic aromas to their essential oil blends to make them smell nicer. This company would boast and advertise that they did not dilute, cut, or adulterate their therapeutic oils." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "When I visited an herb farm in Illinois, I was surprised when I walked into their country store and found a display of essential oils for sale. When I inspected the oils I was shocked to see oils of 'Watermelon', 'Apple', and other synthetic fragrances being marketed as pure essential oils. I then asked the owner about them and she told me she had her son make them for her out back in his chemistry lab. Most travelers visiting her store would have no idea these were toxic chemically-made fragrances masquerading as essential oils." - Pahamy, Natural Practitioner and Medicine Woman

A good supplier should be dedicated to providing the highest quality therapeutic oils. By working with the small farms and having the oils distilled for their therapeutic value, they will preserve the natural chemistry and the Creator's Life Energy in every bottle.

The McDonalds of Essential Oils

Problem: Fast Oils and their industrialization.

History repeats itself. In other words, it shows us what lies ahead. What often starts as a good idea can go viral and end up hurting a lot of people in the long run. We need to look into our past to discover and prevent future problems. To assist in understanding what is happening in the Essential Oils and Herbal Supplement industries, we will use the fast-food industry as an example.

Many years ago the fast food industry started as a great way to get good clean food to the community quicker. It has since moved into adulteration of farming and of nutritious eating. Unsuspecting consumers are now paying a much higher long-term price than they can even imagine getting this quick food. The fast food industry is now creating major environmental problems due to their food growing and animal farming practices. Their food is also adulterated with high fructose corn syrup and toxic preserving chemicals that have devastating long-term health effects.

The therapeutic essential oil industry is in its infancy compared to the fast food industry's development. However, there are many similarities in how they are handling their growing pains. Plants have been used for centuries for improved health. The recent development of therapeutic essential oil mass bottling and marketing manufacturers has resulted in the world's natural plant environment getting over tapped on a few plant species and some of the same trends as with the fast food development.

Essential oils are being aggressively marketed to the point that ethics are being disregarded. A couple of essential oil plants are already on the endangered species list in a few countries. Species of Frankincense, Rosewood, and Sandalwood are on the IUCN list of threatened species. Consumer demand continues to grow beyond 8% per year globally. This drive to financially capitalize on the growing demand has led to most all essential oils produced and sold being low quality and adulterated. Toxic farming practices are hurting our environment and the toxic chemicals added to the essential oils cause even more health problems down the road.

Essential oil and herbal supplement retailers are buying and funding farm infrastructure all over the world to increase plant acreage and distillation yield. Growing more plants to meet the demand is very good, however most all their farms fail to create sustainable farming practices and quality control standards. The toxic farming practices continue to pollute more and more of the environment. This lack of sustainable farming and care for the environment is already being discussed in some areas of the Scientific community as an upcoming major worldwide disaster.

So what is the trend showing us? Just like the fast food market, unsuspecting users continue to spend their hard earned money with retailers that are creating environmental and health problems. Retailers continue to make their products more and more synthetic in order to meet demand. It is only by educating the masses and having them making more healthy choices with their purchases can health problems and worldwide disaster be prevented. A supplier should be dedicated to providing true therapeutic oils and herbal supplements and work in harmony with nature. The long-term well-being of our planet and families should be paramount.

GC-MS & Testing Confusion

Most companies will propagate the marketing hype of their GC/MS (Gas chromatography-mass spectrometry) or other testing but many adulterated oils pass their tests as pure. Even though having proper testing is important, Aromatherapists and Natural Healers should be versed in the testing limitations. Yes, testing assists in determining the chemical makeup of an essential oil but this should not be confused as a sign of quality.

First off, in order to accurately test essential oils, the proper GC-MS machine setup is required. The way the machine is configured will have significant effects on the results. Also, you have to understand that the results will vary and only show the results as to what it can test. If you have a batch of oil tested five different times at five different labs and you more than likely will get five different results.

The GC-MS machine system is great for testing for any volatile chemicals not normally found in essential oils, like propylene glycol. It is also wonderful for testing the volatile chemical makeup of an essential oil. But for their its ability to determine adulteration and therapeutic quality is limited. Essential oils can be adulterated in many ways without successful detection by the standard GC-MS testing experts.

Example: GC-MS analysis cannot tell whether that compound is synthetic or natural, only that it is present.

Quote: ". . . I told them we were only looking for the highest quality most medicinal oils, and they had to be absolutely pure and free from toxins. The company's response to this was, 'Our lab is wonderful. Send us the specifications you would like in the oils and we will make

them for you. They will pass any certifications as pure." - Man Found Standing, Natural Practitioner and Medicine Man

Example: Plants grown on soil contaminated by toxic waste, will not show up in the GC-MS test results.

Often the experts will try to establish reference standards for the therapeutic essential oils. These standards adding to the illusion of purity and high quality when they go to sell their adulterated oils. If you are looking for the most healing properties, you deserve to look beyond the reference standards and testing hype. An essential oil may be outside the reference standard because of weather or soil conditions and being outside the standard will, in fact, increase its therapeutic benefits for specific healing conditions.

Example: Because of soil conditions, Oregano in a specific region of Turkey regularly tests with over ninety percent Carvacrol. This oil would excel at addressing bacterial infections and lung issues but would perform poorly as a potential pain reliever.

The expert reference standards and GC-MS tests will not show the numerous toxins found on the farm, unethical harvesting, careful adulteration, and so forth. The essential oil experts capitalize on testing flaws to market adulterated essential oils for more money.

But My Oils Work!

Quite often we hear the statement, "But my oils work!" from many people that do not want to believe the rampant extent of the adulteration in the natural health industry. Even when their supplier is shown to supply adulterated oils like Lavender 40/42 or when their peppermint fails to have the herby undertones of a true therapeutic essential oil. To assist people in understanding true quality, one needs to know that even low quality and adulterated essential oils work well for many healing conditions.

Having an essential oil that works does not make it a high-quality oil or one that you would want to use for your families health. Even poor quality or extremely diluted essential oils can have profound healing benefits but should not be confused with true quality.

Quote: "When traveling to the Philippines to assist in humanitarian projects, I made sure to take my Therapeutic Essential Oils with me. There were many opportunities for me to use the essential oils. Due to my limited supply, I would often blend my oils to one percent pure oil and ninety-nine percent carrier oil. Even at this extreme dilution, people received tremendous healing benefits.

One amazing experience happened while I was walking through a village and noticed an elderly woman crying. I went over to her and asked what was wrong. She informed me that her pig was dying. Since her only income was through breeding the pig and selling the piglets, you can imagine how worried she was about losing her ability to provide for herself.

I went over and looked at her pig and it was just lying on the ground motionless. I searched my pockets but the only oil I had on me at that time was some highly diluted Tummy Soothe blend that I use for motion sickness. I took out the bottle and liberally applied the oil to the stomach of the pig.

When I passed through the village a couple of days later, I asked the woman how her pig was. She informed me that not long after I applied the oil on the pig that it got up and eliminated a large amount of intestinal parasites and was now just fine. Numerous other experiences like this have shown me that even in extremely diluted amounts, the Therapeutic Essential Oils have powerful healing effects." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "One person told me of their first experience with true Therapeutic Essential Oils. Even though she had been using oils with great results for many years from a company that supposedly supplied only the best oils in the world, she decided to try the oils. She purchased Oregano oil, an oil with which she was quite familiar with, and followed her normal protocol. She quickly discovered that she could use less than half the regular amount of oil and still receive all the therapeutic benefits she was looking for." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "In the early 2000's, I was teaching an essential oils class and explaining to the group about adulteration and quality. After the class, a group of about eight ladies came up and wanted to test my quality claims with about true Therapeutic Oils and what the industry sells. I said that would be fine and asked them if anyone had any oil from another company. One woman reached into her pocket and pulled out an oil from a company I was quite familiar with. This company made a lot of claims about quality, purity, and being the absolute best source in the world.

The oil this woman had was labeled Dill essential oil. She passed around her Dill oil and everyone enjoyed a smell of the fragrance and also put one drop of the essential oil on their tongue. The aroma had a nice, pleasant refreshing dill pickle smell and the taste was herby with some mild tongue-numbing effects.

After everyone experienced her oil, I then reached into my case and pulled out my sample of Dill Seed oil. I had them pass the oil around the group to smell. There were many audible complaints about the smell as it went around the group. My Dill Seed had an herby fragrance that was not the pleasant, refreshing smell like the other brand.

Undaunted by their complaints, I then had each of the ladies place one drop of the Dill Seed oil on their tongue. The response as the oils went around the group was, "Oh, wow." When the oil dropped on the tongue, immediately there was an explosion of activity and the tongue became completely numb. Everyone could easily tell the quality difference was a hundred fold.

I then explained that the first oil was regular, standard food-grade dill oil extracted from the whole plant and the therapeutic properties are considered very low. My oil was extracted just from the seeds from the dill plant. The therapeutic properties from the seeds far exceed those from the plant." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "In the Philippines, I sat in a small nipa hut (very small home made out of bamboo and palm branches) visiting a friend. Next door I could hear a woman crying. I finally asked if she was alright and was told she was fine and was just having a baby. I immediately asked if it would be okay if I went over to see her.

I always try to carry a couple of essential oils diluted in large amounts of olive oil in my pocket just in case I needed them during the day. This day I had lavender, which is a wonderful universal oil. I applied a few drops to the pregnant woman's feet and explained to

the woman to apply some oil to the stomach while I went out to get another essential oil that would assist even better.

At my house I made a five percent mixture of Clary Sage in a base of olive oil and took it back to the hut. When we got there I was glad to see the midwife had arrived. I gave the oil to her explaining how to apply it to the stomach, legs, feet, and across the shoulders and left.

A week later I was back in the area and I was able to talk to the midwife. She told me that after she had applied the Clary Sage blend the delivery was one of the easiest she had ever seen. She asked me if she could keep the rest of the oil for her since she was pregnant too." - Pahamy, Natural Practitioner and Medicine Woman

Natural medicine, even in extremely low amounts, can have powerful beneficial effects on the body. When used in their therapeutic amounts the results can be miraculous.

What bottles are the best?

Essential oil should be stored in glass since the oils will cause most plastics to leach or breakdown over time. In the industry there is a lot of marketing hype about what type of glass bottle is best. As a general rule you can literally put almost all essential oils in whatever glass bottle you want. Most all the chemistry of the essential oils will not react to visible light and all bottles will absorb the ultra-violet (UV) light. (There are some exceptions to this basic rule like German Chamomile and other blue oils that will break down under visible light.)

Here are the pros and cons of using different glass bottling:

Amber / Brown Glass: The most popular bottle for essential oils because of the low cost and high light protection. The con for using these bottles is that they can hold frequencies that can manipulate or interfere.

Cobalt Blue Glass: Not to be confused with colored blue glass, the cobalt blue glass are twice the price of amber bottles, but they do not retain the energy manipulation frequencies for longer than twenty-four hours. (Unless the attached label is causing the manipulation of the energy signature.) This eliminates the need for constantly resetting the oils to their natural frequencies.

Clear & Green Glass: Low cost but they don't protect the essential oils that are affected by visible light. They are also susceptible to energy manipulation.

Violet Glass: Offers the highest protection against visible light and they do not retain the energy manipulation frequencies. (Unless the attached label is causing the manipulation of the energy signature.) Their high cost and lack to see the amount of oil in the bottle are the two major cons.

It is not necessary to store your oils under refrigeration or in the dark. Just keeping them out of direct sunlight is ample protocol for ensuring the long life of your healing oils.

Harmful Vegetable Capsules

Because of industry standards and legal loopholes, many potentially toxic and harmful substances are being added to natural products. Here is the reason why we should not use vegetable capsules for any herbal supplements.

Quote: "While I was working for a company, I spoke with a representative from one of the vegetable capsule manufacturing plants. I explained our mission was to provide the highest quality health supplements in the industry and we wanted our customers to take our nutritional support products daily. After I told him what we were about I said, "So we want to use the vegetable capsules so we can have the healthiest capsule for our products."

The company representative responded, "You don't want to use the veggie capsules then."

"Yes, we do. I want the most cost effective, healthiest capsule available," I replied.

To this he stated, "Veggie capsules are not the healthiest."

Somewhat confused I responded, "What do you mean?!"

The gentleman on the phone then proceeded to explain why vegetable capsules are not good for everyday use. He told me that they use a carcinogenic lubricant in the manufacturing process. Since the harmful lubricant was not an ingredient, but just a by-product of the manufacturing process, they legally did not have to list it as an ingredient or disclose its use. He continued to explain that microscopic traces of this lubricant were left on the capsule and that if a person was using veggie capsules daily for a long period of time, the carcinogenic chemicals would build up in the body and cause some serious side effects!

After his explanation, I said, "Well, can I get this in writing?"

To which he replied, "No, and I don't even know why I'm telling you this!"

I then thanked him for his assistance and explained that I would have to go with another capsule manufacturer because we did not want trace amounts of harmful substances on our capsules.

To this the representative explained how there were only a handful of vegetable capsule manufacturers in the United States and they were all manufacturing the capsules the same way. He stated, "You probably won't get another company to admit they are using the lubricant, but we are all using it because we have to in order to make the capsules."

His best suggestion for the most cost effective alternative was to encapsulate in 100% Bovine Gelatin Capsules. He also explained to me some expensive encapsulating alternatives, but the cost would make any product outrageously expensive and not practical for everyday use."

- Man Found Standing, Natural Practitioner and Medicine Man

Suppliers

With the industry flooded with the expert supplied adulterated and low-quality oils, finding a reliable supplier can be hard. The legal labeling laws allow bottles stating 100% Pure Therapeutic Quality to still contain synthetic fragrance enhancers and other toxic chemicals. Those who have been around in the industry and understand the manipulations that are happening can very often recognize the suppliers that are not high quality. Below are things for you to look for when visiting any essential oils company's website.

Are adulterated or synthetic oils being sold?

- First just go to their Lavender and see if they are selling Lavender 40/42. If you see that, you can stop right there and exit their site. Lavender 40/42 is composed of almost entirely synthetic fragrance. Another oil to look at is Birch oil. Since the closing of the main pure Birch supplier in the USA, now almost every single drop of Birch oil is synthetic. If the company is selling Birch oil, they are probably supplying expert supplied oils that are poor quality, adulterated, and synthetic.
- Look on their website for the terms commercial grade, perfumes, perfumery supplies, fragrance, flavors, scents, natural isolates, or aroma chemicals. This is all standard language for selling adulterated or synthetic oils. Most companies hide the fact they sell adulterated, low quality, or potentially harmful essential oils and toxic filled herbal supplements. If a website is selling things like camphor or menthol, you know they are not selling pure essential oils.

Even if a supplier claims to isolate those specific chemicals from natural oils, in most all cases that is not true. Since isolating a specific chemical from an essential oil is more labor intensive and costly, you can easily see if what they are saying is in alignment with their price. The cost of an isolated chemical from a natural essential oil will cause the price of that chemical to be greater than the original essential oil price.

Example: The chemical Menthol can be made synthetically or is commonly extracted from high-temperature distillation of Cornmint or Peppermint. If you find a company selling Menthol for less than the cost of the raw oil, you can be assured they are really selling the synthetic.

- Many companies will add smell enhancers to their essential oils and blends to keep the fragrance nice and always consistent. Because of weather conditions, oils from different batches will have slightly different fragrances. The more you are used to smelling pure quality oils, the more your nose will become more sensitive.
- Be extremely cautious about purchasing from a company that is selling candle or soap-making products. Most all of them would be providing synthetic and adulterated oils.

Marketing hype is rampant on the internet. We see 100% pure and Therapeutic Essential oils being sold everywhere when in fact they are hardly sold at all. If you see any indication of synthetic or adulterated essential oils, we would ask you to support another supplier that is truly dedicated to quality and health.

Is the pricing in line with the industry?

By likening the herbal supplements and essential oils industry to the automobile manufacturers, you can quickly understand why there is such a large difference in price. Cars drive you from one place to another but there is a huge price difference between an economy car and the exotic imported sports car. The car dealerships do not sell their high-performance automobiles for the same price as the economy car since they would lose money and not stay in business.

True Therapeutic Quality Essential Oils cost quite a bit more to grow and distil than the alternative low quality, synthetic, or adulterated oils being marketed as pure. By simply reviewing a company's pricing, often you can quickly see what type of quality they are truly offering by their prices.

Quote: "One of the things we quickly look when reviewing a company is their pricing on the more expensive essential oils. I have reviewed numerous essential oils companies that actually claim to be selling pure high-quality essential oils for less than what it actually costs to produce them. Take Rose oil for example. There are several different types on the market but I consider Rose oil from Bulgaria to be the most therapeutic.

There is quite a large difference in pricing and quality that can be purchased directly from a distiller before any adulteration happens. At the low end, there is the Rose absolute. This is really not an essential oil you would want to use for your healing practice because there are more therapeutic alternatives available. A lot of companies claiming to sell only the highest quality oils sell this low quality to their customers.

Another thing I find in conflict is a company will claim to sell Organic Rose Absolute. In my experience, the organic farmer who spends more time and money growing his crop organically will not want to then it extracted with a solvent. By extracting the oil with a solvent that would no longer make the product organic and should always be labeled as such. Any company claiming to sell Organic Rose Absolute is badly misinformed.

There is a large price difference between regularly cultivated and organically grown Rose oil. There is also another large price difference between the Rose oil that was distilled at the government distillers, which most Rose is, and oil that has been distilled with greater care at a private distillery. A company that is selling the highest quality Rose oil from Bulgaria will have the plants grown on a private organic farm and distilled at a private distillery where care is taken to ensure the highest therapeutic quality. This oil will naturally be more expensive than a company selling an average lower quality government-issued Rose oil." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "I was contacted with a question about Peppermint essential oil. This woman said that the (name deleted) company that was supposed to supply only the highest quality and had a video out stating how wonderful their Peppermint was and how the oil was only distilled from the leaves of the plant and nothing else. She wanted my opinion on the matter.

I was amused because I knew the company and their supplier for their Peppermint oil. Not only was the company not getting essential oil from only the leaves, but they were also selling expert-supplied high pressure/temperature distilled low quality adulterated Peppermint oil.

I took the time to explain that sometimes when the term leaf is used it really means the whole herb. I also shared that if a company were employing people to distil only the leaves of the Peppermint crop, it would take a huge labor force to get all the leaves handpicked and distilled

before the crop went bad. Since the labor force would have to be paid, it would naturally increase the price of the essential oil beyond what the average customer would pay.

Since the company's price did not reflect the increased cost of the labor force, but was more in line with the standard price of whole plant peppermint, their video was just marketing hype to sell more of their Peppermint oil." - Man Found Standing, Natural Practitioner and Medicine Man

How do the farms grow their plants?

An interesting trend among essential oils companies is to market their products as organic in their conversations and printed material. When you go look at their websites you find no mention of organic or how their plants are grown.

Quote: "I have found almost all of the companies that market all types of standards, certifications, organic certificates, and the highest therapeutic properties are really just selling standard low-quality expert supplied oils." - Man Found Standing, Natural Practitioner and Medicine Man

Because of the organic certification scam and many other games being played at the consumers expense, it is vital to work with a supplier that is concerned about true quality, sustainable healthy farming, and taking care of the soil. In some countries, the organic certifications are such that many organic farms are not allowed to properly take care of their soil and the plant quality over time slowly diminishes. Look for a supplier that is concerned about true quality that comes from taking care of the soil, the plant, and the environment.

Look for testing and certification hype?

Testing, certifications, and organic certificates are easily used to try to sell inferior products to the uneducated public. If a supplier is hyping up their products using those as an example, do not be fooled. Look at what the company is really doing and see if that lines up with what they say.

Quote: "I received a telephone call from an excited customer. She had a friend who is an Energy Practitioner and was into using essential oils from a particular company. This company put out major marketing hype of their unsurpassed testing, highest quality, and certifications of purity. She said her friend was so confident about her oils being the very best, she did not even want to look at other alternatives.

I was told that after quite a bit of hounding, her friend finally agreed to blindly energy-test a large range of single essential oils. After many tests, her friend found out she always chose the true therapeutic oils, not the ones she was used to using. Her friend said finally said, "I'm going to have to give your oils a try." - Man Found Standing, Natural Practitioner and Medicine Man

Are they using the best part of the plant from the best part of the world?

In some cases vastly different quality essential oils can be produced from different parts of the plant and from different parts of the world. A good supplier should understand the difference in quality and provide you the highest quality for the money spent.

Quote: "Cinnamon, Clove, Dill, Juniper, and so forth, are all terms companies try to use to get away with selling low-quality essential oils. These oils should come from specific parts of the plant and not the whole plant material. Cinnamon should come from the bark, Clove from the buds, Dill from the seeds, and Juniper from the berries." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "Cinnamon Bark is significantly more therapeutic than what suppliers sell as just plain Cinnamon or Cinnamon Leaf. Extracting the oil from different parts of the plant will produce a different quality oil. Also, many times what companies sell as pure Cinnamon oil is mostly or completely a synthetic oil that was manufactured as a flavor additive." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "Rose oil from India is less than one-tenth the price of Rose from Bulgaria. They also happen to be completely different plants and have their own unique smell and properties. If you have never experienced Rose oil before, and you purchased a high-priced Rose oil without knowing the country of origin, the company may be selling you low quality oil for an enormous markup. Also if you purchase Rose oil that smells rosy, you are purchasing all or part synthetic oil. Real high quality Rose oil has a more wonderful honey-scented flowery fragrance." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "If you just purchased an oil that was labeled Eucalyptus, you really do not know what oil you are dealing with. If someone drank an outrageous and unrealistic amount of two ounces of *Eucalyptus globulus* or *Eucalyptus radiata* essential oils, it could make them deathly ill. On the other hand, drinking two ounces of *Eucalyptus citriodora* will not have the same effect. Understanding the oils you are purchasing is extremely important." - Pahamy, Natural Practitioner and Medicine Woman

Your supplier should provide you with the common name, botanical name, country of origin, and how the plant is grown. If a supplier is selling any oil that has been altered, like Bergamot, they should tell you that information as well. (Most often Bergamot is sold that has had the phototoxic chemicals eliminated.) Many suppliers will not provide you the proper information you need to be assured you are making smart purchasing decisions.

Quote: " I was reviewing a new start up essential oils company that was touting it had the best essential oils. After visiting their website I found it to be a quite nice but with a lot of marketing hype. I also found the oils that they had listed were missing some very basic information.

Wanting to know more about their company, I called the customer service division. After being on hold for over forty minutes, I finally spoke with a representative. The representative really had no knowledge about essential oils and when I asked her about the country their Frankincense came from her response was, 'That's proprietary information.'

I quickly educated her as to why knowing the country of origin was important for Healers and also in determining quality of their oils. She assured me that all their oils were the absolute best and highest quality. Since the pricing on their website was in line with what high quality oils sell for, I purchased a bottle of their Frankincense for testing.

When the oil arrived, I was disappointed. Their oil was low quality inexpensive Indian Frankincense that they made me pay two to three times the average price for. Despite all of the assurances from the company representative, the oil I received was not the higher quality oil that I was told and thought I was purchasing. To make matters worse, they would

not even give me a refund because I opened the bottle." - Man Found Standing, Natural Practitioner and Medicine Man

The more you learn about the natural health industry and true quality products, you will begin to catch companies and experts in the games they play.

Quote: "Quite a few companies are now selling Amyris essential oil. What I find interesting is when the country of origin is listed, nearly every company is labeling their oil from Haiti. Even when we question them about this oil, they are so distant from the actual farmer or distiller they do not understand how they are labeling their oil incorrectly.

Almost every single drop of true Amyris oil comes from wood that was grown on farms in the Dominican Republic. Hardly any oil is obtained from any other country and wild-crafting is no longer being practiced due to the various restrictions. I personally would be quite surprised to see a wild-crafted oil from some country other than the Dominican Republic on the retail market. We would personally have to talk to the harvesters to be sure the information was truly correct.

Companies that insist their Amyris oil is from Haiti do not understand that unethical smugglers bring the wood into Haiti for distillation in order to make more money and avoid governmental restrictions and taxation. A company should always list where the plant matter is from, not where the distillation process is happening." - Man Found Standing, Natural Practitioner and Medicine Man

Another important point to look out for is correct labeling of the essential oil blends. Many suppliers do not list the ingredients of their essential oils in the order of most abundant to least. Some will not even label when a carrier oil is added to the formula. Because of the wide array of essential oils used in the blends, many companies take that as an opportunity to extend their profit margins by adulterating.

Quote: "When reviewing a company's essential oils, I often run into them not listing the essential oils in their blends or not listing them in the correct order. When I call them for more information about why, I normally get a response like, 'We list them randomly and don't list all the ingredients because we don't want people to copy them.' What we have normally found when the test results are in is they are really trying to cover up other synthetic additives." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "I have experienced ongoing adulteration with the top essential oil companies. Many will 'enhance' their formulas by adding synthetic or naturally derived scent enhancers but others try to get away with almost 100% synthetic. One such experience was so shocking that it was the keystone that started me on the path of truly understanding how the experts were running their businesses.

While I was working for a world's top supplier of therapeutic essential oils, I happened to be in the receiving area when several pallets arrived. On the boxes, there was the name of a perfume company. With my curiosity peaked, I opened one box and saw four one-gallon plastic bottles. Removing one bottle, I read the label, 'Synthetic Rose Fragrance'. I took a sniff and recognized it immediately as being one of the smells of their top selling blends. Being the safety officer for that company, I put the bottle back and walked over to the chemistry lab and asked the technician, 'So what do you do with the synthetic rose fragrance?'

He answered, 'Oh, that's our (name deleted) blend.'

I stated, 'I thought you used essential oils in your (name deleted) blend.'

'We do,' he replied, 'but it's only a couple drops per gallon. Really that's our (name deleted) blend.'" - Man Found Standing, Natural Practitioner and Medicine Man

When you are reviewing a supplier, look at their information. You will probably find things that make you question what is really going on, like where do they purchase their essential oils or how is a specific oil extracted. Contact the company and see if you can get answers your questions. Really any company that is dedicated to quality will also be dedicated to assisting you in learning more. If the company cannot or will not answer your questions, do not purchase from them. With the world's experts selling massive amounts of poor quality and adulterated oils as therapeutic quality, one should be sure the quality they are paying for is the quality they are receiving.

Is your oil truly therapeutic?

Being confident in your Therapeutic Oils purchases all stems from associating with companies that are dedicated to quality, health, and the welfare of the planet. Many times companies will market they are selling the highest quality oils when in actuality they are selling something else.

Quote: "A doctor friend of mine was vacationing and needed some *Helichrysum italicum* oil. He went to the local health food store and purchased a bottle labeled 'Pure Essential Oil' that a salesperson told him was the *Helichrysum italicum* variety and of really high quality. My doctor friend was excited because the oil was half his normal cost.

When he returned home he shared with me about how upset he was because the oil he purchased 'did not do any good at all'. He wanted to know why one *Helichrysum* would work great and the other would not work at all.

I told him there is estimated to be six hundred different species of *Helichrysum* plants. Because of the much higher price for the *Helichrysum italicum* grown in the proper soil conditions, many companies will try to blatantly label poor quality or different species of *Helichrysum* as the therapeutic *italicum*.

Also some companies will try to sell you *Helichrysum angustifolium* and say it is interchangeable with the *Helichrysum italicum* variety when in fact they are not. Most all *Helichrysum angustifolium* sold is really *Helichrysum gymnocephalum*. The *angustifolium* is a generic made-up name the experts try to say it is good as the *italicum* species when in reality it is not. This lower price oil is not the same." - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "Back in 1998 when I quit the essential oils company I had been working for, I was active in sharing with a lot of people the reasons why I quit. This led to the company's CEO, who happened to live in the same neighborhood and attend the same church as I, coming over to my house to talk with me.

Basically, he said the company was going to sue me if I did not stop telling people that they were selling poor quality and adulterated oils. I said, 'But you do.' He asked for an example so I gave him one and said, 'Just look at your Ylang Ylang.'

To that he responded, 'Well, we can't get the good stuff!'

I laughed quietly and said, 'It's not about you getting the good stuff or not. It's all about you telling people you are selling the highest therapeutic oils and then you sell them the low-quality Ylang Ylang for the high quality price.' - Man Found Standing, Natural Practitioner and Medicine Man

Quote: "There are about forty different species of Lavender. Each of these has different chemical constituents and medicinal characteristics. On the open market, their quality and price can vary greatly. There is a considerable difference in prices of *Lavendula angustifolia* and a Lavender hybrid. It is important to know what oil you are purchasing." - Pahamy, Natural Practitioner and Medicine Woman

Quote: "If a company is purchasing Birch or Wintergreen from an expert and not from a distiller direct, you can almost be assured it is synthetic." - Pahamy, Natural Practitioner and Medicine Woman

Receiving a bad batch of essential oil?

No matter how many checks and balances a company has, because of mistakes or the unscrupulous behaviors of some a company will eventually receive a bad batch of oil. This might range from a wrongly distilled oil to one that is completely synthetic. What is really important is how a company will deal with these bad oils.

Quote: "If you want to know more about a company, call them up and ask how they deal with bad oil. Some companies will say they never receive bad oil because their 'expert' checks the oils before they receiving them. In all cases I have found those same companies are regularly selling poor or adulterated oils because that is the type of oils their expert supplies. A company should always test the oils they receive themselves." - Man Found Standing, Natural Practitioner and Medicine Man

A good supplier should work closely with the farmers and get them to understand about the benefits of assisting the plants, the oils, the people, and the world. Mistakes can happen, like an accidental mixture of two different species of plants during a distillation. But those mistakes should be understood and a solution put in place to avoid such errors in the future.

Quote: "I received some Sage oil and when the testing came back it showed .01% Carvacrol. Since we know that Sage does not naturally produce Carvacrol we contacted the village to find out the distilling process used for that oil. Because they were honest and up-front with me, I still hold them as a very valuable source for producing high-quality essential oils.

What occurred was after they were finished distilling the Oregano, they tried to save some time by distilling the Sage without properly cleaning the distiller. Even though they were instructed to thoroughly clean and perform a distilling run with an empty distiller, they were afraid of losing valuable Sage oil because of the extra time that would take. Because there was Oregano residue left in the distiller, an entire batch of Sage oil was tainted and could no longer be sold as a Therapeutic Essential Oil." - Man Found Standing, Natural Practitioner and Medicine Man

When looking at a company's website, learn about their procedure for dealing with bad herbs or essential oils. If they do not have this listed on their website, call them up. Two points to consider are:

- Because of the high cost of shipping overseas, a company would not under normal circumstances ship bad oils back to the distiller or farm. If a company insists they always ship a bad batch of oil back, they are probably misinformed or dealing with an "expert" middleman and their standard oils.
- Some companies may claim that they destroy a bad batch of oil. This is just marketing hype and really not what they are doing. Why would someone destroy something that can be sold to soap or candle makers? Many different business purchase adulterated and synthetic fragrances, so sell the bad oil would assist in recovering some of the expenses. Most companies that say they are destroying the oils are really selling them to their customers.

To gather in the needed supplies, a true therapeutic supplier will be working directly with many small farms around the world. The quality of the herbs will slightly to significantly change due to weather. Even though a farm takes care of their plants and soil, because of weather extremes sometimes an herb or essential oil does not meet the therapeutic requirements we are looking for.

Quote: "I got a batch of Cinnamon Bark from our village in Madagascar that had a very unusual smell. The therapeutic properties were fine but this oil was non-conforming to our standards to sell as a truly therapeutic oil. I sold a bit of this oil to a soap manufacturer that was willing to try the new cinnamon. That manufacturer absolutely loved the fragrance of the soap and said it was the best cinnamon soap they had ever made. They were excited about always using this Cinnamon for their soap from then on.

I had to inform them that once the batch was gone they would probably never experience that unique smell again. The weather conditions were such as to significantly alter the chemistry and produce this very unique essential oil." - Man Found Standing, Natural Practitioner and Medicine Man

When a person is using the oils and herbs for their therapeutic benefits, it is important for them to truly understand what is happening in the natural care industry. Not only is adulteration rampant but Big Pharma also has their agenda to control the industry as well. A good supplier should strive to educate people about truth in the industry so they can make wise purchasing decisions. Once you follow your inner knowing and become aware of what is happening, we truly believe your love for natural healing and the Creator's gifts will continue to grow.

Use and Precautions

Therapeutic xcv Essential Oils are highly effective in their actions and often exponentially more effective than the same amount of herb. The plants, when freshly picked, will typically have less than one or two percent essential oil in them. Safe usage of the essential oils will also depend on the essential oil used, the person's body type, and their lifestyle.

Because the Therapeutic Essential Oils are so powerful, Healers should be aware of the potential dangers of the oils. Just like the numerous benefits of plants that are eaten every day, an essential oil can and do contain toxins that can be harmful if taken to the extreme. The good thing about the essential oils is with the normal usage of a couple drops, even with the most toxic oil, we are well within the safety zone and far below the potential toxic effects. An educated Healer should use the oils with wisdom and understand the safe internal and external use of the essential oils.

Some essential oils can be fatal if taken internally. It has been reported that as little as 5 ml of Eucalyptus globulus can be fatal for infants. The normal usage of a couple drops of essential oils is well within the established safety limits but continue to use them with understanding and wisdom.

Example: Wintergreen is poisonous when taken internally in large amounts, however, even the FDA approves small flavoring amounts for use in recipes.

Oils have been used for a long time and are natural but can be poisonous when misused, just the same as most consumer products. Keep all essential oils out of the reach of children as they are notorious for putting everything in their mouth and do not grasp moderation. Essential oils can cause rashes to the more sensitive skin types and each body reacts differently. An educated Healer should use the oils with wisdom and understand the safe internal and external use of the essential oils.

Also with small children, you always want to be extra careful. They have more sensitive skin and are smaller. When starting out with any new essential oil, always use a very small amount mixed with a carrier oil. Even though you may understand how the oils work on you, it is important to understand how the oils work on your child.

When pregnant, always consult with your Medicine Woman, physician, or midwife. Also take care to avoid hormonal balancing essential oils like clary sage. Again, normal usage of only a couple drops, a couple times a day topically, is usually within the safety zone. That being said, wisdom comes first and understanding your personal health factors is always wise.

You will also want to be careful when dispensing an essential oil from the bottle. Each oil has a different viscosity (thickness) and will be dispensed at different speeds. For example, if you turn a bottle of Orange oil upside down you will probably get ten drops to pour out in a second, but if you turn a bottle of patchouli upside down, it may take twenty seconds to get a single drop from the bottle. As you begin using the therapeutic oils, it is best to start with two or three drops diluted in carrier oil. (Purchasing carrier oil for dilution, with your essential oil purchase is recommended.)

Use essential oils in moderation until you know how your body is going to respond. If you experience an adverse reaction to the oils, slow down on your use of natural products and allow your body a chance to balance back. It may be wise to temporarily discontinue their use and start an internal cleansing program before resuming regular use.

Some essential oils, like Lemon and Tea Tree, will eat away low quality plastics and furniture lacquer. It is highly advisable to use a glass spray bottle and always avoid spraying directly on any surface that has been lacquered.

Keep the essential oil at least twelve inches away from anything electrical. Electricity interferes with the healing energies so try to keep your diffuser away from power outlets, appliances, computers, and so forth. It normally takes about twenty four hours for the healing energies of the essential oils to return back into balance once it has come in contact with electrical interference.

Rise of the Medical Monster

Over the last decade, the United States government has increased their interference with our personal health freedoms. There have been many laws secretly passed regulating how citizens can use and talk about the healing, properties of plants, and the therapeutic benefits of alternative health care devices. The laws have gotten so bad that your grandmother technically is committing a felony, practicing medicine without a license, every time she suggests that her chicken soup will make you feel better.

If you have been watching carefully you will also have noticed the government has been steadily moving forward their agenda of forced vaccines. With a century worth of scientific research showing that vaccination is a problem, not a solution, why would they continue to push such an unhealthy practice? It's quite simple, follow the money.

Early in the 20th Century, natural practitioners were twice as large as those practicing allopathic medicine. Between the years 1910 to 1925, the laws were dramatically changed through the influence of the financially elite and the American Medical Association. Because of these new laws, all but twenty-five percent of the existing medical schools were shut down. With this single attack, the financially elite took over medicine in the United States.

Back in 1983 the WHO set forth their program to vaccinate the world's children. One year later the UN passed laws that basically replaced any rights and authority of the parents over their child's health care and gave that authority to the WHO.

In 1997 the financially elite further extended their control through the World Health Organization (WHO) in their the Declaration of Alma Alta. WHO, through the United Nations, imposes its control of the world's health policies and forces all governments to comply. They now imposed the "scientific" medicine as the ONLY valid system of medicine. Since the manipulation of scientific evidence is geared towards the ones funding the research, literally the financially elite control the system of medicine as they desire. Again following the money trail shows that all this is done for financial reasons not the welfare of people.

The control of our individual and family's health freedoms has basically vanished except for some protections found in religious worship. The financially elite influence the politicians that in turn make laws that further strengthen the elites control over the system. Vaccinating the masses is a major agenda for the ruling elite because of the huge profits are reaped for Big Pharma and the profit generating side effects.

Example: Every few years you will hear of a new pending epidemic. Remember the Swine Flu epidemic, then the Bird Flu epidemic, and now the Zika epidemic. Remember all the all the little scares in between like "flu season will be particularly hard this year so get your vaccination now." Why does this happen? Simple math.

When you hear the media spewing out the latest health concern, remember that Big Pharma immediately generates revenue with their upwards of 100 times profit margin for one single vaccine. A vaccine can generate tens of billions of dollars in profit. The swine flu vaccine alone generated Big Pharma over 100 billion dollars in profits in a short period of time.

The huge immediate profits for a vaccine is not even close to be the most lucrative reason for Big Pharma's vaccination agenda. Nearly all of the vaccines created also include toxic substances like

mercury (cleverly hidden under the name thimerosal). Vaccines, through billions of dollars in scientific research, have been proven to "confuse" the body's immune system and cause the immune response to focus only on the specific vaccine antigen. These vaccination issues create major long-term harmful effects on the body's overall health.

Fact: Did you know that the vaccine makers and federal officials are exempted from lawsuits involving their vaccines? Why you may ask. The simple answer is, they willingly know the harmful effects their vaccinations cause and they do not want to be held liable for their deception. Now they get all the profit and none of the responsibility.

The long term harmful effects of vaccination then allow Big Pharma to continue to supply more of their other products all throughout your life. To the uneducated, their products may be seen as beneficial, but in reality, it further reduces your body's ability to maintain optimal health. The medical monster feeds off of the people causing the inspecting public to be continually dependent on the system. The monster has shown time and time again that profit is more important than people.

Now Big Pharma is moving into the natural health industry. Over the last few years, they have been purchasing large natural health companies and lobbying for new laws. They are slowly positioning themselves to control this market as well.

It is only in taking back your personal health freedoms that your optimal health can be achieved. The body has the ability to heal itself given the proper building blocks and stimulation. Immune modulation, and the stem cell activation this ensues is a major key to optimal health. It solves the problems of epidemics, vaccinations, and is exponentially more effective than whatever solutions Big Pharma can provide.