



RecoveryWerks! Mission

Provide recovery support services, in a safe and nurturing environment.

Partner with community organizations to facilitate access to resources and develop a strong community support network to enhance recovery success.

Identify support gaps and develop resources to improve recovery support services for those in need.

Educate the public about substance use disorder, the consequences of untreated addiction, and the various pathways of recovery.

Advocate for the needs of the underserved communities at the local and state level.



RecoveryWerks! Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

90% of Addiction Starts in the Teen Years

According to The National Center on Addiction and Substance Abuse at Columbia University, the earlier an individual starts smoking, drinking or using other drugs, the greater the likelihood of developing addiction:

- 9 out of 10 people who abuse or are addicted to nicotine, alcohol or other drugs began using these substances before they were 18
- People who began using addictive substances before age 15 are nearly 7 times likelier to develop a substance problem than those who delay first use until age 21 or older
- Every year that substance use is delayed during the period of adolescent brain development, the risk of addiction and substance abuse decreases

Community-based addiction prevention programs like RecoveryWerks! can help children, teens and adolescents:

- Resist social pressures to engage in substance use
- Strengthen self-esteem
- Improve decision-making and communication skills
- Manage stress and anxiety

RecoveryWerks! Offers a Solution.

Our Circumstances Do Not Define Us

By Joanne Daxon, RecoveryWerks! Program Director, LCDC

Another winter season is upon us. Thanksgiving and Christmas are approaching. For many, this time of year brings families together, sharing stories and dinner, exchanging gifts and ideas. However, for families that have someone suffering from SUD (Substance Use Disorder) the holidays can be the most emotionally and spiritually destructive time of the year. Maybe the ideas we share are rejected, dinners are filled with drinking, stories turn into old resentments and our hope for this season is shattered.

This is where recovery tools bring hope. We can go to a meeting, talk with our sponsor, work another step, read some recovery literature, become a sponsor and help someone out, pray and meditate, use our group phone list and have some sober fun with other group members. We are not trapped, we have a way out and today is a good day no matter the circumstances.

Meeting Schedule

Teens (up to 18):

Monday & Wednesday
7-8pm @ 273 E. Mill Street
New Braunfels
Tuesday
7-8pm @ 539 East Adams St
Pleasanton

Young Adults (18+):

Monday
7-8pm @ 273 E. Mill Street
New Braunfels
Wednesday
7-8pm @ 145 Landa Street
New Braunfels

Family Members (18+):

Monday & Wednesday
7-8pm @ 273 E. Mill Street
New Braunfels
Tuesday
7-8pm @ 539 East Adams St
Pleasanton

New Gens (Family members between 9-17)

**Must have a family member participating in the program*
1st Saturday of each month
11am-1pm @ 273 E. Mill St
New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.

Thank you!!



To donate on line, visit www.recoverywerks.org

Help Us End 2018 with a BANG!

RecoveryWerks! End of Year Campaign begins this year on Giving Tuesday, Nov 27, and runs through Dec 31. We've created lots of different ways you can participate and make a huge impact in the lives of young people and families affected by substance use disorder in rural areas around San Antonio.



Giving Tuesday Kick Off – Double Your Impact

Donations made between Nov 27 and Dec 1 are instantly doubled up to a maximum of \$2500 thanks to a generous matching grant!! To donate on line visit Recoverywerks.org and click on the DONATE NOW button.

Holiday Craft Fair – Saturday, Dec 1

Celebrate the holidays and see first-hand the creative talents of local artists in recovery and supporters of recovery. We'll have over a dozen vendors for lots of great holiday shopping, pictures with Santa, games, food and a silent auction. Doors open at 10 a.m. so come early and spend the afternoon with us.

Silent Auction – Saturday, Dec 1

Check out our Silent Auction during the Holiday Craft Fair and find great gifts for everyone on your list! Stay connected through our Facebook page to see details on our Silent Auction items.

Get Your Raffle Tickets for a Chance to Win Big!

For just \$5 a ticket you can have the chance to win 3 GREAT prizes!

Prize #1: Lakeside vacation rental in Utopia, TX. Total value: \$1,160

Prize #2: Ultimate gaming package w/TV, Nintendo Switch and GameStop gift card. Total value: \$1000

Prize #3: Yeti Cooler and Outdoor Fun Package. Total value: \$900

Just in time for gift giving, our raffle drawing will take place at 8:15 pm on Dec 19 at RecoveryWerks!. You do not need to be present to win. Good Luck!

Stay connected with RecoveryWerks!

Like RecoveryWerks! on Facebook and visit our website for more resources at

www.recoverywerks.org

