

# **PHILOSOPHY**

John utilizes XXXX

# CONTACT

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AVAILABLE: Monday thru Friday

# JOHN TORKELSON

M. DIV, LMFT

#### JOINED NORTHWINDS

2020

# **DEGREES/LICENSE**

Masters of Divinity from Bethel University in St. Paul, MN

License Marriage Family Therapist; License #2533 Since 2014

# **WORK EXPERIENCE**

John has over 10 years of counseling experience in a variety of settings that include day treatment and outpatient private practice. About 70% of John's clients seek marriage counseling. He is trained in The Gottman Method and Emotional Focus Therapy.

# **SPECIALITIES**

Teenagers, Adults, Couples with Relational Concerns Anxiety Disorders Attention Deficiet Disorders (ADD/ADHD) Autism Family Adjustments Grief and Loss Oppostional Defiant Discorder (ODD) Trauma