







McMinn Senior Activity Center Calendar of Events






Monday-Friday 8:00am-4:30 am
 205 McMinn Ave. | Athens, TN 37303 | 423-745-6830

www.mcminnseniors.com

Weekly Events **Maneuvers & Billiards: Daily** -- Exercise to Video: Mon & Wed 9am – **Fiber Arts: Weaving, Crocheting, Knitting, Etc.: Tues 1pm** Rook: Tues 12pm -- **Pinochle: Thurs 12pm** -- Hand & Foot: Wed 12pm -- **Duplicate Bridge: Thurs 1pm**

***Dates and times for events are accurate at the time of printing but are subject to change. 3.31.17*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Group Travel.....Scottish Festival and Games, Maryville Saturday, May 20, 2017 Clans gather at the Annual Scottish Festival and Games and show off their abilities not only in athletic competitions such as the Caber Toss, Scottish Hammer Throw and the Sheaf Throw but also Pipers, Drummers, Bands and Dances. There is something to watch all day long. When you're not watching a competition you can roam the grounds and visit vendors of Scottish craft items and of course food. Will you try the Scottish favorite-Haggis? If you're still hungry, however, dinner is included with this trip. Cost \$65 with a \$10 deposit. Final payment of \$55 is due by Thursday, April 20, 2017. Escort: Bonnie Elliott.						1 
2	3 10:00 Bingo/ Athens Place 10:00 Sign Language 11:20 Cong Meals 3:00 Arthritis Walk w/Ease 6:30 Covered Dish Supper 7:00 Band/Dance	4 9:00 BP/Life Care 9:00 Quilting 10:00 Choir 11:20 Cong meals 2:00 Yoga for Seniors	5 8:30-9:30 ARMC Blood Sugar 10:00 Sign Language 10:00 Bingo/Camelia 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Walk w/Ease 4:00 Pickleball (AMS)	6 9:00 Sheriff's Office Safety Presentation with Drug Dog. 11:20 Cong. Meal 12:00 Wii Bowling 2:00-3:00 Yoga for Seniors 3:00 Chess Club 6:00 Bunco @ the Center	7 Set-up for Spring Bazaar and Craft Sale No Friday Night Dance 9am Shuffleboard Singles 1:20 Cong. Meal	8 9am-2pm Spring Bazaar & Craft Sale 
9	10 10:00 Bingo/Avalon 10:00 Sign Language 11:20 Cong Meals 3:00 Arthritis Walk w/Ease 6:30 Covered Dish Supper 7:00 Band/Dance	11 9:00 BP/ Guardian 9:00 Quilting 10:00 Choir 10:00-11:30 Diabetic Shoes <i>Rescheduled 4-27-17</i> 11:20 Cong meals 12:30 Line Dancingw/ Linda 1:00 Trip Meeting 1:00 Brain Games with Yola 2:00 Yoga for Seniors	12 9:00 Easter Egg Hunt/Party 10:00 Sign Language 10:00 Bingo/Eagle Home Care 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Walk w/Ease 4:00 Pickleball (AMS) 	13 9:00 Basic Computer Class 9:00 Monthly Birthday Bash & Blended Senior Health Learning (Nutrition/NHC HomeCare Services) 11:20 Cong meals 12:00 Wii Bowling 2:00 Yoga for Seniors 3:00 Chess Club	14 Closed in Observance of the Good Friday Holiday. 	15

<p>16</p> 	<p>17</p> <p>10:00 Bingo/Beltone 10:00 Sign Language 11:20 Cong Meals 3:00 Arthritis Walk w/Ease 6:30 Covered Dish Supper 7:00 Band/Dance</p>	<p>18</p> <p>9:00 BP/NHC HomeCare 9:00 Quilting 10:00 Choir 11:20 Cong meals 2:00-3:00 Yoga for Seniors 6:00 Bunco @ Cottage</p> 	<p>19</p> <p>9:00 Leave for Aquarium Trip 10:00 Bingo/Etowah Health Care 10:00 Sign Language 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Walk w/Ease 4:00 Pickleball (AMS)</p>	<p>20</p> <p>9:30 Men's Pool Tournament 9:30 Bowen Massage 10-2 St. Mary's Clinic New 10:00 Noodleball 11:20 Cong meals 12:00 Wii Bowling Yoga Class 3:00 Chess Club</p> <p>** Scottish Festival Final Payment Due**</p>	<p>21</p> <p>9:00 SNAP/EBT Presentation with Alice Allen</p>  <p>9:30 Dance/Jam Session 9:00 Horseshoes Tourny 11:20 Cong meals 3:00 Arthritis Walk w/Ease 7-9 Friday Night Dance</p>	<p>22</p>
<p>23</p>	<p>24</p> <p>9:30am Bingo at Shoney's by Caris Cares 10:00 Sign Language 11:20 Cong meals 3:00 Arthritis Walk w/Ease 6:30 Covered Dish Supper 7:00 Band/Dance</p>	<p>25</p> <p>9:00 BP/ Starr Regional 9:00 VIPS Volunteer Meeting 9:00 Quilting 10:00 Choir 11:20 Cong meals 1:00 Brain Games w/ Yola 2:00-3:00 Yoga for Seniors</p>	<p>26</p> <p>9:00 Wellness Wednesday w/ARMC 10:00 Bingo/Michael's Restaurant 10:00 Sign Language 11:20 Cong meals 1:00 Bowling 3:00 Arthritis Walk w/Ease 4:00 Pickleball (AMS)</p> 	<p>27</p> <p>9:00 Pottery 2: Pot Painting 10:00-11:30 Diabetic Shoes 11:20 Cong. Meal 12:00 Wii Bowling 12:00 Senior Olympic Mtg. 2:00-3:00 Yoga for Seniors 3:00 Chess Club</p>	<p>28</p> <p>9:30 Shuffle board Doubles 9:30 Dance/Jam Session New Drum Circle / HealthRhythms 11:20 Cong meals 3:00 Arthritis Walk w/Ease 7-9 Friday Night Dance</p> 	<p>29</p>
<p>30</p>	<p>Auditions-<i>Steel Magnolias</i> by Robert Harling Thursday, May 4th from 10 am-12 pm Directed by Gaye Jeffers, University of TN Chattanooga Professor of Theatre We need six women and one man for this production. This will be a reading performance-there are no lines to memorize and not a lot of rehearsal time! We will be doing two performances: a matinee on May 26 and an evening performance on May 27. Please sign up in the Front Office.</p>					

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