



**NEW YORK STATE TAE KWON DO *HANMADANG* November 4, 2018**  
**MLK Center, 615 Riverside Blvd, Long Beach, NY 11561**

## **Competitor Registration Form**

### **PARTICIPANT INFORMATION**

**\*\*\* All competitors must complete this section accurately and completely in order to participate \*\*\***

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Emergency Contact #: (\_\_\_\_) \_\_\_\_\_ Weight: \_\_\_\_\_ Height \_\_\_\_\_ Circle: (Male / Female)

TKD School Name: \_\_\_\_\_ Emergency Contact #: (\_\_\_\_) \_\_\_\_\_

Belt Rank – Check One (Color Belt Form, Open Form or Black Belt Form)

☐ White, Yellow, or Orange Belt  
(Taegeuk 1 Jang or 2 Jang)

☐ Green, Blue, Purple  
(Taegeuk 3, 4, or 5 Jang)

☐ Red, Brown, Red/Black, Bodan  
(Taegeuk 6, 7, or 8 Jang)

**Black Belt Division:** ☐ 1 Dan Koryo ☐ 2 Dan Kumgang ☐ 3 Dan Taebaek ☐ 4 Dan Pyongwon ☐ 5 Dan Sipjin

### **Tournament Events**

<input type="checkbox"/> INDIVIDUAL TRADITIONAL FORM	Taegeuk ( ) Jang or Black Belt Form ( )
<input type="checkbox"/> INDIVIDUAL CREATIVE FORM	Send music to email: litkd@naver.com
<input type="checkbox"/> PAIR FORM Partner Name: _____	Taegeuk ( ) Jang or Black Belt Form ( )
<input type="checkbox"/> TEAM FORM Team Name: _____	Taegeuk ( ) Jang or Black Belt Form ( )
<input type="checkbox"/> FAMILY FORM Last Name: _____	Taegeuk ( ) Jang or Black Belt Form ( )
<input type="checkbox"/> INDIVIDUAL CREATIVE BREAKING	
<input type="checkbox"/> POWER BREAKING (KNIFE HAND or PUNCH)	How many boards you want break? ( )
<input type="checkbox"/> POWER BREAKING (SIDE KICK or BACK KICK)	How many boards you want break? ( )
<input type="checkbox"/> SPEED BREAKING (SPINNING HOOK KICK)	
<input type="checkbox"/> JUMPING HIGH KICK	
<input type="checkbox"/> RUN SPEED BREAKING (THIS IS SPECIAL EVENT: PLEASE TRY ALL 11 YEAR OLDS & UNDER)	

**TOTAL AMOUNT:** \_\_\_\_\_.

**Registration Fee: \$70.00 One Event. \$10.00 each additional event.**

**Registration Deadline: Must be received by Monday, October 22, 2018.**

**Late Registration Fees: \$80.00 One Event. \$15.00 each additional event.**

**LATE REGISTRATION DEADLINE: Must be received by Monday, October 29, 2018.**

### **PAYMENT INFORMATION**

MAKE ALL CASHIER'S CHECK / SCHOOL CHECK OR MONEY ORDER.

PAYABLE TO: Park's Martial Arts: 217 E. Park Ave. Long Beach, NY 11561

***SORRY NO REFUNDS, TRANSFERS, AND OR/ CREDITS WILL BE MADE UNDER ANY CIRCUMSTANCES.***

**For further assistance call Tel: (516) 432 – 6006 or Email: litkd@naver.com**



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**<RULES & REGULATIONS>**

**INDIVIDUAL TRADITIONAL FORM (Taeguk or Black Belt Form)**

Requirements: All Ages and Ranks. Each participant will have 60 seconds to perform

**INDIVIDUAL CREATIVE FORM (Please send music to email: litkd@naver.com)**

Requirements: All Ages and Ranks. Each participant will have 60 seconds to perform

**PAIR FORM (Traditional Taeguk or Black Belt Form)**

Requirements: Groups. Each pair will have 60 seconds to perform a form & must one male & female is team.

**TEAM FORM (Traditional Black Belt Form Division Only)**

Requirements: Color or Black Belt. Each team will have 60 seconds to perform a form. Team work is important. 3 Members team.

**FAMILY FORM (Traditional Taeguk or Black Belt Form)**

Requirements: Color or Black Belt. Each family will have 60 seconds to perform a form. Family Members Only

**INDIVIDUAL CREATIVE BREAKING**

Requirements: All ages and ranks. You have time for 60 seconds to setup & 60 seconds to break.

**POWER BREAKING (KNIFE HAND or PUNCH)**

Requirements: Each age group above. Any Belt Level. Each participant will have 1 attempt to break as many boards (each pine board is 1 inch thick) as they declare with a downward Knife hand or Punch. All boards will be placed on a board holding stand. The board holding stand is 4 inches tall and will be placed on the floor. The participant who breaks the most boards wins.

**POWER BREAKING (SIDE KICK or BACK KICK)**

Requirements: Each age group above. Any Belt Level. Each participant will have 1 attempt to break as many boards. All boards will be placed on a board holding stand. (each pine board is 1 inch thick)

**SPEED BREAKING (SPINNING HOOK KICK)**

Requirements: Each age group above. Any Belt Level. Each participant will do 15 second speed kicking to target with spinning hook kick

**JUMPING HIGH KICK**

Requirements: Each age group above. Any Belt Level. Each participant will kick x-ray paper with running jumping front snap kick.

**RUN SPEED BREAKING**

Requirements: Each age group above. Any Belt Level. will run back and forth doing kick & breaking. You can attend 11 year olds & under can join (have fun, please try everyone)

**PLEASE, YOU CNT DONATE FOR “BREAST CANCER”**

HOW MUCH YOU WANT A DONATE: \$\_\_\_\_\_.

**THANK YOU.**