The ExCEPtional Times

October 2016

Dear Families,

September is coming to an end and all of the children are settling into their new routines. The tears are being replaced with laughter and singing. It has been such fun seeing all of the returning faces and many new ones as well. It is amazing how much the children grow over the summer!

We will be having Parent Night on Tuesday, October 4th. This will be a parent meeting with all in the fellowship hall and then a few minutes in the classroom where the teachers will explain their classroom procedures and daily schedules in a bit more detail. (*Childcare will not be available for this event, please make other arrangements for your children*.)

The schedule for that night is as follows:

7:00pm: 17+ M Monkeys will meet in room 166

19+ T/TH Bears will meet in room 163

2 year old T/TH Caterpillars will meet in room 1653 year old MWF Frog Class will meet in room 168

7:35pm-7:55pm Parent Meeting in Fellowship Hall

8:00pm: 2 year old W/F Owl Class will meet in room 163

3 year old T/TH Elephant class will meet in room 168

3/4 year old MWF Blazing Comet class will meet in room 165

4 year old T-F Shining Star class will meet in room 155

We are looking forward to seeing all of the parents that night so we can establish good communication between our parents and teachers at CEP. There are many ways that we share information with our parents. Teachers will post daily notes about what happens during the day, emails are sent when important updates need to be made and now the monthly newsletter begins. On the window outside the office there is a calendar display featuring the current and next month. We will also be including a monthly calendar with the newsletters. Please print it out and hang on your refrigerator!

The CEP website www.messiahcep.org is also a good place to go for updates and there is always CEP's Facebook page. The password for the web is CEP-2010. There you will find the Parent Handbook. Please remember that we do follow FCPS calendar as far as holidays and early release (2 hours early) times.

If you have a quiet Sunday planned on October 2nd (this weekend), I would suggest that you all check out the Singing Sergeants here at Messiah. It starts at 3 and you will not regret going. They are AWESOME! We had them preform at CEP's 30th Birthday Celebration.

We are looking forward to a wonderful school year! Please remember if you have any concerns or questions, our door is always open.

Elees and Julie



OCTOBER 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3 17+ 930-12:15 All other classes 930-130	4 Parent Night (see flyer for times)	5	6	No School Oct 8 – Mrs. Barker birthday!
10 Columbus Day No School	11 3 rd Tuition is due!	12	13 CHAPEL	14 CHAPEL Church Bazaar 5pm-8pm Saturday 8-2pm
17	18	19	20	21
24	Ms. Kristy's Birthday! CEP Board meeting 7pm	26	27 RAINBOW DAY	28 RAINBOW DAY
Ms. Katie's Birthday!				



The first weeks of school have gone by so smoothly. These children are pros!!! You would have thought that they had been with us for weeks already. They have renewed friendships from last year and are meeting new friends from the other class from last year. They are learning our new routines and are beginning to be more responsible for their own possessions.

Please continue to have your child take responsibility for hanging up their own red bags and jackets and placing their lunch boxes on the shelf in the morning. We are working on having the children accept the responsibility for their own things throughout the day, and they have been doing a great job.

We have been talking about "all about us" and how we are the same and how we are different. We have also been doing activities that help us get to know one another. We have begun learning about the alphabet with letter A activities, such as making an apple pie snack, sponge painting an alligator, and acting out a story about animals wearing clothing.

Happy Fall, Debbie and Val



BLAZING COMETS NEWSLETTER

Welcome to the Blazing Comets class! We are off to a great start! The transition to school has been great, and we are now on a regular schedule and routine.

September's themes were All About Me, Families, and School Routines. We played different name games, found our names in "hidden" pictures, and made our own self-portraits (these will be revealed at Parents' Night!)

During each circle time we say the Pledge of Allegiance, do our calendar, weather, and read a story. We also do different movement songs and games. Some of the books we read included "Apple Trouble" by Ragnhild Scamell, "If you Take a Mouse to School" by Laura Numeroff, and "Pete the Cat: Rocking in my School Shoes" by James Dean.

In October, we will learn about apples, fall, and the farm. Our letter of the week started the week of 9/26, so we will start with "A" and work through the year until we get to "Z"! In addition, our "Star of the Week" starts the week of 10/17th, so please check the schedule you will receive at Parents' Night packet.

A few reminders: We will go outside as much as possible, so as the weather cools please send in jackets with your children. Lunches are going well, and remember to cut your grapes in half - lengthwise. Also, make sure to label all your children's things (jackets, lunch containers, etc.). Check your child's red bag each day, as it may have important papers. Please read our communication boards for our activities and reminders. Remember to check the art wall for completed projects.

Important Dates:

Tuesday, Oct. 4th PARENTS' NIGHT Friday, Oct. 7th NO SCHOOL Monday, Oct. 10th NO SCHOOL

Thanks! We are looking forward to a great year!

Ms. Angela and Mrs. Kawamoto

Owl News

2 Year-Old Class W/F







Happy Fall Everyone! We have had a great beginning to our school year. The Owls have been learning the routines for coming into the classroom, getting their hands washed, and transitioning into playing at centers. They have all been doing beautifully with this and a special thank you to the parents for helping to make this transition so smooth – remember after washing hands to say a quick goodbye after directing them to a center or toy. Soon, we will end our days at the playground so please meet your children inside the classroom at 1:55 pm so that when we arrive, they can have any easy transition from us to you.

In addition to learning about the beginning routine for the day, they are also learning our routines for the whole day. Transitions include lining up to go to big room, sitting down for snack and story time, potty and diaper time, clean up, and lunchtime. They have enjoyed visiting both the Big Room to ride bikes and play ball and the Playground. This week we began music with Mrs. Cooper in the music room and with Ms. Julie in our classroom. Ask them about "We'll Work and Play Today", "Open, Shut Them", or "Teddy Bear, Teddy Bear."

October will find us learning about Halloween, the Fall Season, Farms, and Apples. We will get to help carve our very own pumpkin that we will pick from our church pumpkin patch. We will also begin decorating our room with our artwork – look for it in our windows and on our class tree. We will to do lots of painting this year - we love to paint with the kids!

Remember to keep an eye on supplies in your students' bags. Please make sure we have enough diapers, wipes, pull-ups, and back up clothing and shoes. Also, please make sure to regularly check that the extra clothes in the bag are appropriate for the season. Label, label, label!

Thanks to all! We are really enjoying all of the children...thanks for sharing them with us at CEP!

Ms. Theresa and Ms. Louise



19+ Month Class T/TH - Bears

Welcome Bear Parents to an exciting year of playing and learning. Our Bears are adjusting to preschool quite easily and starting to learn to follow classroom routines. They enjoy playing with cars, trains, dinosaurs, on the slide and with the kitchen. Some of our favorite activities we've done so far were painted toast (o.k. it was painted bread because we couldn't wait to eat our artwork), no mess finger painting and fizzing painted apples. The Bears are always excited to try new things!

In October our stories, art, pretend play, games, learning, and even cooking will all be about everything Fall! Leaves, pumpkins, seeds, and Halloween will be some of the themes. We are concentrating on developing receptive and expressive language skills for colors as well as developing our fine and gross motor skills through art and play. We are thoroughly enjoying getting to know your awesome kids and look forward to our many adventures this year!

Please remember to label all of your child's items in their bag as well as their lunch, and water cups. Also, once the weather changes and they have coats and mittens, they will need to be labeled as well. Remember we are a nut free school! Please cut grapes lengthwise! ©

Ms. Kristy and Ms. Jeannie



Music Plan

Late September, 2016

I thought we could play "Name that Tune" today, just so we can enjoy the sounds of our voices and the many songs we already know.

- 1. Row, Row, Row your Boat
- 2. Mary Had a Little Lamb
- 3. London Bridge
- 4. Bingo
- 5. Old MacDonald
- 6. Twinkle, Twinkle
- 7. Bumping Up and Down
 Bumping up and down in my little red wagon,
 Bumping up and down in my little red wagon,
 Bumping up and down in my little red wagon,
 Won't you be my darling?

Oh, the wheel fell off and the axle's broken, The wheel fell off and the axle's broken, The wheel fell off and the axle's broken, Won't you be my darling?

We're gonna' fix it with our (pick from tools)

8. Cover Your Mouth (to Hickory, Dickory Dock) for flu season Cover your mouth when you cough Cover your mouth when you sneeze If you cough, or if you sneeze Cover your mouth if you please.

This first week we'll try tapping out our names on the electronic drum pad.

It's very good to be back for another year. I hope you and your kids have as much fun singing together as I do. Later we will make up songs together and learn about and play many of the band and orchestra instruments.

Thanks, Linda Cooper

Early October, 2016

- Columbus Song (to Row, row, row your boat)
 Sail, sail, sail your ships,
 Far across the sea.
 After all those miles and miles
 Who knows where you'll be.
- 2. Talk about sailing and using stars for directions Twinkle, twinkle
- 3. Rain, Rain, Go Away Rain, rain go away Come again another day All the children want to play Rain, rain, go away.
- 4. If All the Raindrops were Lemon Drops and Gumdrops If all the raindrops were lemon drops and gumdrops, Oh, what a rain it would be! I'd stand outside with my mouth open wide. Uh, uh uh uh, uh uh uh, uh uh uh. If all the raindrops were lemon drops and gumdrops, Oh, what a rain it would be!
- 5. There is Thunder (to Frere Jacque)
 There is thunder, there is thunder
 Hear it roar, hear it roar
 Pitter, patter raindrops, pitter, patter raindrops
 I'm all wet, I'm all wet.
- 6. Sing a Rainbow Red and yellow and pink and green Purple and orange and blue I can sing a rainbow, sing a rainbow Sing a rainbow for you.

Red and yellow and pink and green Purple and orange and blue You can sing a rainbow, sing a rainbow Sing a rainbow too.

Thanks, Linda Cooper

Halloween 2016

1. Where is Thumbkin (arranged for Halloween)
Where is Thumbkin? Pointer? Tall Man? Ring Finger?
Pinkie? the Whole Family?
Where is pumpkin, where is pumpkin?
Here I am, here I am.
Happy Halloween to you, Happy Halloween to you
Run away, run away.

2. I'm dressed up for Halloween

I'm dressed up for Halloween. Best little (costume) you've ever seen. Here I am in my disguise. I have changed before your eyes. I'm dressed up for Halloween. Best little (costume) you've ever seen.

3. The Itsy, Bitsy Spider (The little, baby spider, The Great Big spider)

4. Carve a Pumpkin (to Allouette)

Carve a pumpkin, let's all carve a pumpkin. Carve a pumpkin, let's all carve him now.

First we make two great big eyes Then we make a little nose. Great big eyes, little nose Great big eyes, little nose. Oh!

Next we make a scary mouth
Then we put a candle in
Scary mouth, candle in
Scary mouth, candle in Oh!
We carved a pumpkin, we just carved a pumpkin
Carved a pumpkin, we just carved him now. Boo!

5. Stirring and Stirring and stirring our Brew. OOOOOH, OOOOOH, Tip toe, tip toe, tip toe. Boooo!

6. The Spooky Pokey

You put your right foot in, you put your right foot out, You put your right foot in, and you shake it all about. You do the spooky pokey, everybody shout "BOO! And that's what it's all about.

7. Once There Was a Pumpkin (Did you ever see a Lassie?)

Once there was a pumpkin, a pumpkin, a pumpkin. Once there was a pumpkin with no face at all. With no eyes and no nose and no mouth and no teeth.

Once there was a pumpkin with no face at all.

So I made a jack-o-lantern, jack-o-lantern, jack-o-lantern.

I made a jack-o-lantern with a big funny face. With big eyes and big nose and big mouth and big teeth. I made a jack-o-lantern with a big funny face.

- 8. Pumpkin, pumpkin, big and fat, turns into a Jack-0-Lantern just like that (to Twinkle)
- 9. The Spider Spins his Web (to the Farmer in the Dell)

The Spider spins his web, the spider spins his web, (or High ho, it's Halloween) Spin, spin, oh, spin your web. The spider spins his web. Happy Halloween! Thanks, Linda Cooper