

BEVERAGES

Juices & Teas

Fresh brewed lemongrass Iced Tea

Unsweetened 12oz. small \$3 16oz large \$4

Fresh brewed Basil/Spearmint Iced Tea

Unsweetened 12oz. small \$3 16oz large \$4

Fresh blended watermelon Juice

Unsweetened 12oz. small \$3 16oz large \$4

Sweet Lemonade

12oz. small \$3 16oz large \$4

Blended Beverages

small \$6 large \$8

Strawberry Protein Smoothie

Organic strawberries, Kauai banana, organic hemp protein powder,

Mango Sunrise Smoothie

Organic mango, Kauai banana, Kauai ginger & turmeric

Kauai Kale Smoothie

Organic Kauai Kale, pineapple, Kauai banana, orange

Super food Noni, Ginger & honey Iced Tea

Kauai noni fruit, Kauai ginger, fresh harvested Kauai Honey, blended for a refreshing & energizing experience!

Coconut Crush –blended iced coffee

small \$6 large \$8

Organic coffee, organic coconut milk, cinnamon, organic vanilla extract.

HOT BEVERAGES

Black Tea \$3

Coffee \$3



Email: thegreenerycafe@gmail.com
(808)246-4567

Open weekdays for lunch

10:30am – 3:30pm

www.thegreenerycafe.com

Organic Chicken & Fish

Organic Chicken Wraps \$12.75

*Rosemary Chicken or *BBQ Chicken

*Served with chips

Prepared using organic wheat & spinach tortilla, organic boneless skinless chicken thighs, brown rice&quinoa blend, tomatoes, mixed greens, fresh basil, red onion, cucumber, shredded cabbage, lemon aioli, and homemade ginger citrus vinaigrette

Fresh Fish Wrap \$13.75

*Served with chips

Prepared using organic wheat & spinach tortilla, brown rice & quinoa blend, tomatoes, mixed greens, fresh basil, red onion, cucumber, lemon aioli, and homemade ginger citrus vinaigrette, mild pepper sauce

Fresh Mahi Mahi or Ahi Salad \$13.00

Mahi Mahi fish pan cooked in coconut oil, served on organic Kauai lettuce, tomato, shredded cabbage, red onion, cucumber, basil, and homemade ginger citrus vinaigrette

Curry chicken salad sandwich

\$10

organic curry chicken, served on organic wheat or gluten free bread, organic lettuce, tomato, shredded cabbage, red onion & homemade aioli.

Organic Chicken Cesar Salad

\$11

Organic Kauai lettuce, organic croutons, shredded Parmesan, organic rosemary chicken breast, & Cesar dressing

Organic Curry Chicken Salad

\$11

Organic curry chicken, red onion, cabbage, grapes, served with side of orange vinaigrette

*Organic Soul Food Plate with Barbeque Chicken:

Organic chicken breast, seasoned collard greens, organic Sweet potato yams, black-eyed peas, & choice of Corn bread or Brown rice/quinoa blend

\$15

Add Kim chi(spicy) \$4

Add Namasu (pickled cucumbers) \$4

Vegetarian & Vegan

Avocado & cheese Sandwich \$10

Sliced avocado on organic wheat or gluten free bread, cheddar cheese, lettuce, tomato, organic mustard, shredded cabbage, red onion, fresh basil

Avocado/Hummus Sandwich \$11.75

Sliced avocado on organic wheat or gluten free bread, organic hummus, organic lettuce, organic tomato, shredded cabbage, red onion, & fresh basil.

Hummus & Black-Eyed pea Wrap \$12.75

homemade organic hummus, organic black-eyed peas, brown rice&quinoa blend, mixed greens, fresh basil, cucumber, shredded cabbage, vegan lemon aioli, and homemade ginger citrus vinaigrette

Avocado Wrap \$12.00

Avocado, brown rice/quinoa blend, tomatoes, mixed greens, fresh basil, red onion, cucumber, shredded cabbage, fresh mint, basil, vegan lemon aioli, homemade ginger citrus vinaigrette, and a drizzle of pepper sauce.

Superfood Kale Salad \$12

Curly kale massaged with lemon & olive oil, seedless grapes, caramelized apple, avocado, cucumber, red onion, sunflower seeds, fresh basil & spearmint, homemade ginger citrus vinaigrette

Hummus Salad \$12.75

Organic Greenery hummus, Kauai kale, organic lettuce, tomato, red onion, shredded cabbage, fresh basil, a scoop of brown rice & quinoa blend, and homemade ginger citrus vinaigrette

*Coconut-Ginger Mung Bean Soup

*Vegan & hearty

16oz. \$10 8oz. \$6

Organic mung beans, organic coconut milk, fresh ginger, moringa, spices, fresh lemongrass. Served with brown rice & quinoa blend

Add to your wrap or salad

Organic chicken breast \$5.75

Hummus \$3.00

Avocado \$2.50

Cheese \$1.50

Corn bread or Brown rice/quinoa blend \$2

*Vegetarian Soul Food Plate

Seasoned collard Greens, Organic Sweet potato yams, Black-eyed peas, & choice of Corn bread or Brown rice/quinoa blend

\$14