

Working with Survivors of Complex and Developmental Trauma

Presented by Natalie Zlodre, MSW, RSW

Workshop Details
May 4-5, 2020
9am – 4pm

Location
Quality Inn & Conference
Centre Festival
1144 Ontario Street
Stratford, Ontario

Fees:
Early-Bird Rate: \$399 + HST
After April 3: \$429 + HST
Fee includes lunch, morning and afternoon refreshments.

Discounted rates are available for groups of 5+ people registering together OR for individuals registering for more than one workshop

Registration
Register online at
missionempowerment.ca



About the Workshop

Anxious and disorganized early attachment patterns intertwined with early childhood trauma and the strain of adversity or ongoing victimization may lead some clients to experience chronic and complex intrapsychic and interpersonal reactions. For some individuals, their adult lives are filled with a pool of unmet needs, a legacy of interpersonal turmoil, a range of disruptive trauma reactions and a deficit of skill, motivation and support to move beyond their past. These individuals may become chronically depressed, have addictions and are vulnerable to ongoing victimization. They may also be more likely to become “stuck” in counselling and to be prone to therapeutic impasses.

In this workshop, a conceptual framework for understanding and guiding your work with these complex individuals will be discussed. You will learn how to assess and respond ethically and appropriately to clients with complex trauma, given the parameters of your workplace, including practical strategies to assist clients to develop adaptive coping and overcome the debilitating effects of trauma symptoms, rigid maladaptive patterns and the core beliefs that drive these patterns.

This workshop is designed for experienced front-line workers (social workers, nurses, clergy, addiction counselors, residential workers etc) who are *not* trauma counsellors but who provide support and/or counselling contact with vulnerable populations in community-based settings.

About the Presenter

Natalie Zlodre, MSW, RSW, is the Director of Community Resources and Initiatives, a trauma-informed consulting firm that provides clinical consultation and supervision to mental health professionals and organizations. Previously, she was Head of the Trauma and Resiliency Centre and Associate Director of Training at the Gail Appel Institute, Hincks-Dellcrest Centre. She is known for her direct and lively style and her ability to translate complex theories about traumatic responses into relevant practices for post- traumatic growth in vulnerable populations.

mission: empowerment!

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