

prevent suicide

COLUMBIA COUNTY

PARTNERS SAVING LIVES IN WISCONSIN

Meeting Minutes

Thursday, December 21, 2017

1:00 – 2:30 PM

Columbia County Law Enforcement Center

John Roche Community Room (first floor)

711 East Cook Street; Portage

Present: Pastor David Haupt of the Apostolic Worship Center Poynette; Susan Lorenz of Columbia County Health and Human Services/Public Health Officer; Chief Ken Manthey of the Portage Police Department/Chief of Police; Renae McMahon of Journey Mental Health; Dean Piehl, QPR Trainer; Kristal Rykiel of Columbia County Health and Human Services/Public Health Nurse (facilitator/coordinator PSCC); Lynsey Clark of Unity Health Insurance/UW Health; Kate Young Of Columbia County Health and Human Services/Crisis Program Coordinator; Clint Starks of Columbia County Health Human Services/Behavioral Health Manager; Brad Schlough of Journey Mental Health Center; Sue Bradley of Columbia County Board/Health and Human Services Board; Lieah Wilder of Family Health La Clinica/Health Educator; Kelly Moummaerts of UW Health/Unity Insurance.

Group Discussion:

Items highlighted, your help is needed!

1) Planning

- a. We are meeting every other month. Our next meeting is THURSDAY, FEBRUARY 15TH from 1:00-2:30pm at Columbia County Law Enforcement Center located at 711 E. Cook Street, Portage, WI.
- b. Sara Jesse has left the coalition in October 2017 due to her full-time position with Sauk County Public Health. Kristal Rykiel, Columbia County Public Health Nurse, has transitioned into the position of coalition coordinator.
- c. Financial update: Susan Lorenz provided a budget update to coalition members during the December meeting.
- d. Suicides in 2016: Statistics shared from Medical Examiner: there were 14 deaths by suicide in our county last year, up from 12 in previous years. We are waiting to hear from our Medical Examiner for 2017 statistics.

Because we value human life, the mission of Prevent Suicide Columbia County is to prevent suicide through awareness, education, collaboration, and improved access to mental health care.

2) PSCC Activities: Updates and Action Plans

a. On screen ad

Our PSA is being shown on-screen at the Portage Movie Theater and is available on Prevent Suicide Columbia County Website and Facebook page. Watch it here on You Tube:

<https://youtu.be/VX5B99P4F8M>.

b. QPR and Means Restriction

QPR is a free 90-minute training that educates on the signs of suicide and what to do if someone you know is suicidal. Download our QPR Flyer [here](#).

- **Upcoming trainings:** Rick from Cesa 5 will be conducting QPR Trainings - he picked up 200 QPR booklets; Wisconsin Student Nurses Association will be holding a student nurse convention February 9-11th and will be offering QPR trainings to the student nurses – Prevent Suicide Columbia and Sauk County will be partnering to provide the training for the student nurses – Dean Piehl has agreed to be one of the trainers at this event.
- **Recent past trainings:** Dean taught 36 at River of Life Church, Portage on 11/10/17
- **Trainers:** Please report recent sessions to Kristal.
- **Everyone:** Please let Kristal know if you would like to schedule a QPR training.

c. Walk for Hope

- Walk for Hope 2018 will be held on Saturday, September 22nd at Portage High School Track. Amy Cole confirmed reservation of the Portage Track for September 22nd.
- Coalition discussed designing a t-shirt for the walk instead of having a contest for local schools due to lack of contributors in years past. Coalition members agreed to bring ideas for t-shirt designs to February meeting. T-shirt design deadline is April 2018.
- Our 2017 Walk for Hope held on Saturday, September 23 at the Portage High School Track. We had 134 registered participants!

d. Advertising

- We have two different types of 10X15 inch posters: “Your world needs you” and “You can prevent suicide. Learn how in 1 hour.” These can be posted anywhere and everywhere. Renae to cover downtown Portage area establishments. **Please let Kristal know if you would like to help disseminate our posters!**
- Coalition wondered about possibility of having a Prevent Suicide Columbia County sign at the new Health and Human Services building. Discussed this would be something the county board would need to approve.

e. Training specific to community sectors

- **Mental Health and Crisis Intervention Team (CIT) training** for law enforcement. All sworn law enforcement officers in Columbia County will be trained in this 8-hour course in January and February 2018. The coalition agreed the cost of the training is being provided by Prevent Suicide Columbia County.
- **Assessing and Managing Suicide Risk for mental health providers:** 6 local mental health therapists were trained with scholarships from our coalition on April 18, 2017.

3. Presentations:

- a. **Promoting Recovery from Onset Psychosis Program (PROPS):** Amy Mattson, Lindsay Woodbridge, and Brad Slough presented information on the PROPS program offered to Columbia County residents by Journey Mental Health Center. The program is evidenced based and for individuals aged 15-25 y.o. who are experiencing their first episode of psychosis. Referrals can come from schools, counselors, physicians, county staff, etc. The referral form for the PROPS program can be found on Journey's website at <https://journeymhc.org/props/>. The PROPS program is part of a five year grant initiative and part of that initiative is to work on sustainability of the PROPS program.
- b. **Family Health La Clinica – Behavioral Health Services in Cambria:** Lieah Wilder briefly presented on Behavioral Health Services that are being offered in Cambria on Wednesdays from 3pm-8pm at the First Presbyterian Church located at 121 W. Florence St., Cambria. Have seen an increased need in mental health services in the Cambria area since the Didion Explosion in May 2017.

Adjournment at 2:30 pm

Next meeting: Thursday, February 15th, at 1pm at the Law Enforcement Center. We'll meet every other month: no January meeting. Clint Starks – Behavioral Health Long Term Support (BHLTS) manager from Columbia County Health and Human Services will be presenting on the BHLTS department and their available services.