Central Missouri Retreat Registration

Circle One	Date & time	Cost	grades
Junior	Oct. 13-14, 9:00am, Sat 1pm, Sunday	\$35	4-6
Junior High	Oct. 19-21, 7:00pm, Friday - 1pm, Sunday	\$40	7-9
Senior High	Oct. 5-7, 7:00pm, Friday - 1pm, Sunday	\$40	10-12
Older Youth	Nov. 16-18, 7:00pm, Friday - 1pm, Sunday	\$40	College

Make checks payable to \mathbf{CMRB}

Mail to: CMRB Registrar PO Box 783

Odessa, MO 64076

Registration questions?
Call Judi Smith@ 816-633-4199

Retreat Guidelines:

Participation

Because we're at the retreat to learn more about our relationship with our Heavenly Father, it will also be important to grow in our relationship with each other by participating in all retreat activities. It is also to be expected that each camper will be helping with cleaning up and other chores that may be necessary.

Off limits!

No boys in girls' cabin areas and no girls in boys' cabin areas. Kitchen food supply areas are also restricted. Additional restricted areas may be determined by the directors.

Dating relationships

We'd rather you use this time to build up your relationship with God instead of building a romantic pursuit. Stay public and take a break from hand holding, hugging, & kissing

Electronic Devices

Because we're taking time out from the usual activities that might distract us, please leave at home any items such as cell phones, MP3 players, radios, portable game systems, etc.

Items such as tobacco, alcohol and drugs are prohibited, as campers should be receiving a spiritual high that will surpass any man-made chemical.

Medications

Please turn in a list of and all medications (prescription and over the counter) that the camper will be needing during the time at the retreat, and the nurse will make sure campers receive them at the appropriate times. Exceptions can be made for asthma medications, so please discuss any concerns with the nurse.

Visitors-Leaving camp-phone calls

No one should leave the retreat without permission of the director. Visitors are not allowed during the retreat. Campers may make emergency phone calls by provision of the director.

Dress Respectfully

- -Footwear needs to be worn at all times
- -Shirts on during recreation
- -Because we would like to cover rather than expose, please, no tube tops, spaghetti straps or halter tops