

DR. SARAH SHELTON

Licensed Clinical & Forensic Psychologist

KY#129674 IL#071009336 IN#20043099A TN#3493 OH#P07743

sheltonforensics.com

EDUCATION

- **Doctor of Psychology (Psy.D.), Spalding University**
Clinical Psychology, Health Psychology Specialization, APA-accredited program
Louisville, Kentucky, June 2005
- **Chief Intern, Northeastern Ohio Universities College of Medicine**
12 month APA-accredited Psychology Internship, Akron, Ohio, 2004-2005
- **Postdoctoral Fellowship in Medical Psychology, Medical College of Georgia**
12 month Postdoctoral Fellowship, Augusta, Georgia 2005-2006
- **Postdoctoral Fellowship in Behavioral Medicine, Medical College of Georgia**
12 month Postdoctoral Fellowship, Augusta, Georgia 2006-2007
- **Postdoctoral Master of Science in Clinical Psychopharmacology (M.S.C.P.)**
Fairleigh Dickenson University, APA-designated prescriptive authority program
Teaneck, New Jersey, May 2013
- **Graduate Certificate in Applied Forensic Psychology**
Chicago School of Professional Psychology, Chicago, Illinois, August 2011
- **Master of Public Health (M.P.H) Informatics, Medical College of Georgia**
Augusta, Georgia, May 2009
- **Master of Science (M.S.) Clinical Psychology, Murray State University**
Murray, Kentucky, May 2001
- **Bachelor of Arts (B.A.) Major: Psychology, Minor: English Literature**
Murray State University, Murray, Kentucky, August 1999

INTERNSHIP/RESIDENCY & FELLOWSHIPS

- **Medical College of Georgia** Augusta, GA
Postdoctoral Fellow, 1 year Medical Psychology Track 2005-2006
Postdoctoral Fellow, 1 year Behavioral Medicine Track 2006-2007
Specialties: Multiple Sclerosis, HIV/AIDS, Cystic Fibrosis/Asthma, Diabetes, Trauma
- **Northeastern Ohio Universities** Akron, OH 2004-2005
College of Medicine
Chief Resident - APA Accredited 1 Year Pre-doctoral Internship/Residency
Specialties: Clinical, Health & Forensic Psychology

LICENSES & CERTIFICATIONS

- **Kentucky Psychologist License #129674** (2007-present) *Board Approved Supervisor*
(Prior to Doctoral License - Masters Level License/Psychological Associate 2001-2007)
- **Illinois Psychologist License #071009336** (2016-present)
- **Indiana Psychologist License # 20043099A** (2017-present)
- **Tennessee Psychologist License #3493** (2017-present)
- **Ohio Psychologist License #P07743** (2018-present)
- **Health Service Provider (HSP) Designation** (2007-present)
- **National Register of Health Service Psychologists #51877** (2007-present)

- **Georgia Psychologist License #003051** (2006-2010)
- **South Carolina Psychologist License #1112** (2007-2010)
- **Multiple Sclerosis Certified Specialist (MSCS)** (2007-present)

APPOINTED & ELECTED POSITIONS

National Level

- **Chair, Board of Directors National Register, Health Service Psychologists (Elected)**
Washington, D.C. Jan. 2013-Jan. 2017 (**Re-Elected**) Jan. 2017-2020
Chair of a national board comprised of seven psychologists and two public representatives from across the U.S. governing over 10,000 members. The National Register is the largest credentialing organization and the second largest psychologist organization in the country.
Committee Appointments
Chair, Committee on Professional Practice Ethics (COPPE) 2017-present
Chair, National Register Ambassador Program 2016-present
Chair, Fellow/Diplomate Status Committee 2019-present
Chair, Board Member Nominations Committee 2014-2015, 2017-2019
Member, Finance Committee 2019-present
Member, Integrated Health Committee 2013-present
Member, International Credentialing 2016-present
Member, Development & Awards Committee 2015-present
Member, Advocacy Initiatives Committee 2016-2019
Member, Transition Committee 2013-2014
- **Director of Continuing Education, American Psychological Association (APA) American Society for the Advancement of Pharmacotherapy (Division 55) (Appointed)** 2018-present
- **Committee Member, American Psychological Association (APA) Psychology & Law Society (Division 41) Minority Affairs Committee (Appointed)**
Washington, D.C. Jan. 2013-Dec. 2018
Chair, Communications Sub-Committee 2014-2016
Awards Committees 2013-2018

State Level

- **President, Kentucky Psychological Association (KPA) Board Executive Committee** 2017-2019 (2017 President-Elect, 2018 President, 2019 Past President) (Elected)
- **Board Approved Supervisor & Oral Examiner, Kentucky Board of Examiners of Psychologists** 2017-present (Appointed)
- **Secretary, Kentucky Psychological Association (KPA) Board Executive Committee** 2016-2017 (Elected)
- **Western Region Representative, Kentucky Psychological Association (KPA) Board** 2013-2016 (Elected)
- **Ethics Representative, Kentucky Psychological Association (KPA) Forensic Section** 2012-2013 (Elected)
- **Chair, Kentucky Psychological Association (KPA) Ethics Committee** 2019-present (Appointed)
- **Chair, Kentucky Psychological Association (KPA) By-Laws & Policy Committee,** 2016-present (Member since 2012, Chair 2016 -present) (Appointed)

- **Chair, Kentucky Psychological Association (KPA) Internal Audit Committee 2017**
- **Chair, Kentucky Psychological Association (KPA) Nominations Committee 2017**
- **Chair, Kentucky Psychological Association (KPA) Communications Committee 2012-2017 (Appointed)**
- **Member, Kentucky Psychological Association (KPA) Public Issues Response Committee (PIRC) 2018-present (Appointed)**
- **Member, Kentucky Psychological Association (KPA) Political Action Committee (PAC) 2018-present (Appointed)**
- **Member, Kentucky Psychological Association (KPA) Membership Committee 2013-2016 (Elected)**
- **Member, Kentucky Psychological Association (KPA) Convention Committee, 2011-2012**
- **Ambassador, Kentucky Psychological Association (KPA) 2007-present (Appointed)**
- **Mentor, Kentucky Psychological Association (KPA) Mentorship Program 2012-present (Appointed)**

Additional Organizational Experience

- **PsyPACT Telepsychology Task Force KPA/NR, 2019 (Appointed)**
- **Kentucky Cabinet for Health and Family Services (CFHS) Telehealth Legislative Work Group, 2018 (Appointed)**
- **Kentucky Cabinet for Health and Family Services (CFHS) Telehealth Innovation Work Group, 2018 (Appointed)**
- **Faculty Award Committee, Chicago School of Professional Psychology, 2012-2013 (Appointed)**
- **Diversity Outreach Committee, Northeastern Ohio Universities College of Medicine, 2005-2006 (Appointed)**
- **Metroversity Committee, Spalding University, 2002-2004 (Appointed)**

DOCTORAL LICENSED CLINICAL EXPERIENCE

- **Shelton Forensic Solutions, LLC** KY, IL, IN, TN, OH present
Founder & Director of the Forensic Psychology & Mediation Division
Licensed Forensic Psychologist overseeing and providing services at a multi-state multi-disciplinary forensic practice.
- **Dr. Sarah Shelton, LLC** KY, IL, IN, TN, OH 2006-present
Founder, Licensed Clinical Psychologist overseeing other psychology providers and providing services at a multi-state psychology practice performing evaluation, assessment, psychotherapy, and tele-psychology.
- **Psychological Wellness Group, LLC** Paducah, KY Jan. 2008-Jan. 2018
Founder, Clinical Health & Forensic Psychologist, Supervising Psychologist
- **Psychological Wellness at Aiken-Augusta Holistic Health** North Augusta, SC Jan. 2008-Dec. 2009
Founder, Clinical Health & Forensic Psychologist
- **Psychological Wellness of Augusta** Augusta, GA Aug. 2007-Dec. 2009
Founder, Clinical Health & Forensic Psychologist
- **Doctor on Demand** San Francisco, CA Aug. 2014-present
Clinical Psychologist, Provide Tele-Health Psychological Services
- **Logistics Health Incorporated (LHI)** La Crosse, WI Dec. 2013-present
Clinical Psychologist, Veterans Affairs Disability Examinations Management (VA DEM)

Provide Psychological Examination to Veterans and supervise contracted Psychologists at multiple locations.

- **Medical College of Georgia** Augusta, GA Aug. 2007-Dec. 2010
Children's Medical Center – Depts. of Pediatrics & Psychiatry & Health Behavior
Director of Pediatric Psychology for multiple clinics, Supervising Psychologist
- **Richmond County Board of Health** Augusta, GA July 2008-Dec. 2010
Clinical Health Psychologist, Provided Psychological Services to Pediatric Patients
- **Dept. of Family and Children's Services** Augusta, GA Nov. 2007-Dec. 2010
Clinical Forensic Psychologist, Provided Court-Related Psychological Evaluations (Child and Adult) for multiple counties in Georgia.
- **Hope House** Augusta, GA Aug. 2006-May 2010
Director of Training & Education, Director of Program Evaluation, Director of Pediatrics Residential Substance Abuse/Dual Diagnosis Treatment Facility

SUPERVISORY CONTRACTS & EXPERIENCE

- **Shelton Forensic Solutions, LLC** present
Supervise, Direct, & Train Forensic Psychology Providers, Direct and Oversee Multi-Disciplinary Forensic Providers (Psychology, Investigation, Accounting, Medicine-Nursing)
- **Dr. Sarah Shelton, LLC** 2008-present
Supervise Psychology Interns, Psychologists, & Masters Level Mental Health Providers performing Clinical, Health, and Forensic Psychology services
- **University of Louisville**
Flourish Program 2019-present
Supervise Masters Level Mental Health Trainees in Multiple Primary Care Settings on provision of Integrated Healthcare
- **Omni Community Health** 2019-present
Supervise Masters Level Psychology Providers providing
- **Wellpath** 2018-present
Supervise Masters Level Psychology Providers & Temp. License Doctoral Psychologists providing Correctional Psychology services
- **Spalding University**
Integrated Behavioral Health Scholars Program 2017-present
Direct, Supervise, Train Doctoral Psychology Trainees in Multiple Primary Care Settings on provision of Integrated Healthcare
- **Correct Care Solutions** 2018
Supervise Masters Level Psychology Providers & Temp. License Doctoral Psychologists providing Correctional Psychology services
- **Hope Bridge** 2018
Supervise Doctoral Trainees
- **Pathways** 2018-present
Supervise Masters Level Psychology Providers & Doctoral Trainees
- **Bluegrass Behavioral Health** 2018-present
Supervise Doctoral Psychologists with Temp. Licensure Status
- **NeuroRestorative Brain Injury Rehabilitation** 2017-2018
Supervise Masters Level Psychology Providers providing Rehabilitation Psychology services
- **Psychological Wellness & Psychological Wellness Group** 2006-2018
Supervise Doctoral Psychology Interns & Masters Level Mental Health Providers

- **Catalyst Behavioral Health** 2017
Supervised Masters Level Psychology Providers & Doctoral Trainees
- **Mindsight Behavioral Health Group** 2017
Supervised Masters Level Psychology Providers & Doctoral Trainees
- **Medical College of Georgia** 2005-2010
Dept. of Psychiatry & Health Behavior & Dept. of Pediatrics
Children's Medical Center 2005-2011
Supervised and Trained Postdoctoral Psychology Fellows, Psychology and Psychiatry Residents, and 3rd and 4th year Medical Students providing Pediatric Psychology services
- **Hope House, Inc.** 2006-2010
Supervised and Trained Graduate Psychology Students and Masters Level Mental Health Providers for clinical practicum rotations, research projects, and staff positions providing Dual Diagnosis services
- **Northeastern Ohio Universities College of Medicine: Chief Intern** 2004-2005
Provided administrative oversight and coordination of Psychology Interns
- **Cumberland Hall Therapeutic Summer Camp: Site Director** 2001
Provided clinical and administrative oversight, coordination, and supervision to mental health technicians/assistants, case workers, nurses, and mental health therapists

HOSPITAL PRIVILEGES

- **Lourdes Hospital** Paducah, KY 2008-2015
- **Baptist Health/Western Baptist Hospital** Paducah, KY 2008-2015
- **Medical College of Georgia** Augusta, GA 2007-2010
Children's Medical Center

AWARDS

- **American Psychological Association (APA) Division 55 Service Award** 2019
- **Grand Canyon University, Faculty Recognition Award**, 2011 & 2012
- **Chicago School of Professional Psychology Adjunct Faculty of the Year Award** 2011
- **Northeastern Ohio Universities College of Medicine Chief Intern**, 2004-2005
- **Northeastern Ohio Universities College of Medicine Excellence in Research**, 2005
- **Northeastern Ohio Universities College of Medicine Outstanding Intern Accomplishment Award**, 2004
- **Academic Honor Societies:** Psi Chi, Alpha Chi, The Gamma Beta Phi Society, Alpha Epsilon Lambda, Deans List 1995-2005

GRANTS

- **HRSA Grant**, Behavioral Health Workforce Education and Training (BHWET) Program HRSA-17-070, Clinical Coordinator 2017-present
- **Teva Neuroscience Grant**, Co-Author 2007
- **Multiple Sclerosis Foundation Grant**, Co-Author 2007
- **Christopher Reeve Foundation Grant**, Co-Author 2006
- **Multiple Sclerosis Foundation Grant**, Co-Author 2006

FACULTY APPOINTMENTS

Current Faculty Appointments – Masters & Doctoral Level

- **University of Louisville** Louisville, KY May 2019-present
Supervising Psychologist, Trager Institute, Kent School of Social Work (Flourish)
Adjunct Asst. Professor, Dept. of Counseling & Human Development

- **Spalding University** Louisville, KY May 2017-present
Coordinator, Integrated Behavioral Health Scholars Program Sept. 2017-present
 Asst. Professor, **Psy.D. Clinical Psychology Program**
- **The Chicago School of Psychology** Chicago, IL Aug. 2009-present
 Asst. Professor, Course Developer (**Post-doctoral**) **Master of Science in Psychopharmacology MSCP**
 Mar. 2017-present
 Asst. Professor, Course Developer/Reviewer **Public Health Program MPH**
 Jan. 2014-Dec. 2017
 Asst. Professor, Course Reviewer, **Clinical Counseling & Psychology MACC**
 Aug. 2009-Dec. 2017
- **University of the Cumberland** Florence, KY Jan. 2014-present
 Asst. Professor, Supervisor, **Ph.D./Psy.D. Clinical Psychology & Psychology Program**
 Asst. Professor, **M.S. in Criminal Justice Administration (MJA)** June 2016-present

Former Faculty Appointments

- **Medical College of Georgia** Augusta, GA Aug. 2007-Dec. 2010
 Clinical Faculty, Asst. Professor, **Department of Psychiatry & Dept. of Pediatrics**
Director of Pediatric Psychological Services & Supervising Psychologist MCG CMC
- **Troy University** Augusta, GA Aug. 2005-May 2011
 Professor, Psychology, **Graduate Counseling and Psychology Program**
- **South University** Savannah, GA Nov. 2009-Mar. 2011
 Subject Matter Expert & Adjunct Instructor, **Biomedical Informatics Program**
- **Grand Canyon University** Phoenix, AZ Jan. 2010-May 2013
 Professor, **Psychology Program**, College of Health Sciences
- **Liberty University** Lynchburg, VA Jan. 2010-Feb. 2014
 Adjunct Instructor, **Psychology Program**, Center for Counseling and Family Studies
- **Midcontinent University** Paducah, KY May 2010-June 2014
 Professor, **Psychology Program**, College of Arts and Science

Courses Developed/Taught/Reviewed

Graduate (Masters & Doctoral Level):

Professional Ethics & Issues
 Diagnosis & Treatment Planning
 Evaluation & Assessment of the Individual
 Comprehensive Assessment
 Clinical Assessment
 Clinical Interviewing Skills I & II
 Drug & Alcohol Prevention & Intervention
 Psychopathology
 Behavioral Pathology
 Theories of Counseling & Intervention
 Theories of Counseling & Psychotherapy
 Cognitive Behavioral Therapy
 Foundations of Family Therapy
 Group Counseling & Psychotherapy
 Spousal or Partner Abuse Detection &
 Intervention Strategies

Assessment and Treatment of Adults with
 Traumatic Disorder
 Social & Cultural Diversity
 Theories of Personality
 Counseling Skills in the Helping Profession
 Career Counseling & Development
 Human Growth & Development
 Community Counseling & Psychology
 Psychology of the Lifespan
 Research Methods
 Chemical Dependency
 Aging & Long-term Care
 Existential Psychology
 Essentials of Communication,
 Collaboration, Advocacy, & Health
 Informatics
 Program Planning, Design, & Evaluation
 Professional Development Seminar
 Psychopharmacology Lab

Psychopharmacology & Addiction
 Neuropsychology & Biological Bases
 Biological Bases of Behavior
 Clinical Anatomy & Integrated Science
 Clinical Neuroscience: Neuroanatomy,
 Neurophysiology
 Anatomy I: Medical Anatomy &
 Terminology
 Integrated Primary Care
 Pre-Practicum
 Practicum Internship I, II, III, IV, & V
 Clinical Supervision – Residents/Interns/
 Post-Doctoral Fellows
 Violent Offenders

Undergraduate (Bachelors Level):

Psychology of Criminal Behavior
 Forensic Psychology

Abnormal Psychology
 Marriage & Family Therapy
 Developmental Psychology
 Personality Psychology
 Social Psychology
 Adult Development & Life Assessment
 Industrial & Organizational Psychology
 General Psychology
 Human Sexuality
 Statistics for Behavioral Studies
 Tests & Measurements
 Quantitative Methods of Research
 Biomedical Informatics
 Behavioral Health
 Medical Sociology
 Physiological Psychology
 Discovering Biological Psychology
 Neuropsychology for Addictions

PUBLICATIONS & PRESENTATIONS

Peer/Editor Reviewed Publications:

Articles

- Dewhurst, C. & Shelton, S. (2019). **Systems Theory in Correctional Settings to Facilitate Behavioral Health Initiatives.** *International Association of Correctional and Forensic Psychology Newsletter (formerly The Correctional Psychologist)*. Vol. 50(4), 19-21
- Shelton, S.F. & Pena, A. (2018). **Benefits of an Integrated Behavioral Health Model for Latinos and Other Minority Populations in Correctional Environments.** *International Association of Correctional and Forensic Psychology Newsletter (formerly The Correctional Psychologist)*, Vol. 50(1), 9-10.
- Shelton, S.F., Goldner, J.A., & Henry, J.P. (2017). **Psychologists in the Courtroom: Avoiding Collisions at the Intersection of Psychology & Law.** *Register Report*, Vol. 42, Fall 2016, 32-37.
- Shelton, S.F. (2015). **Evaluating the Evaluation: Reliance Upon Mental Health Assessments in Alleged Child Sex Abuse Cases.** *Nevada Law Journal*, 15(2), 566-585.
- Cuper, P. F. Wise, E. H., Clark, M., & Shelton, S.F. (2014). **Ethical Dilemmas: Inappropriate Requests, Problematic Referrals, and Impaired Colleagues.** *Register Report*, Vol. 40, Fall 2014, 22-27.
- Stepleman, L. M., Jump, R., Shelton, S. F., & Hughes, M. D. (2009). **Psychological Consultation Service at a Multiple Sclerosis Clinic: A Programmatic Example.** *International Journal of MS Care*, 11(4), 180-186.
- Shelton, S. F. & Liljequist, L. (2002). **Characteristics and Behaviors Associated with Male Body Image in Male Domestic Violence Offenders.** *Eating Behaviors*, 3(3), 217-227.

Book Chapters

- Shelton, S.F. & Stepleman, L. (2008). **Spiritual Coping as a Therapeutic Resource in Reducing Psychological Distress among Adults with Disease.** In J. Upton (Ed.), *Religion and Psychology: Research Progress*. Nova Publishing.
- Shelton, S.F. & Stepleman, L. (2006). **Sexuality.** In S. Loue (Ed.), *The Encyclopedia of Aging and Public Health*. Springer Publishing.

- Shelton, S.F. & Mabe, A. (2006). **The Spiritual Coping Strategies of Chronically Ill Children.** In S. Ambrose (Ed.), *Religion and Psychology: New Research*. Nova Publishing.

Abstracts

- Shelton, S.F., Stepleman, L., & Hughes, M. (2007). **Utilization of Mental Health Services by Multiple Sclerosis Centers in the U.S.** 23rd Congress of the European Committee for Treatment and Research in Multiple Sclerosis. *Abstract Book*.
- Stepleman, L., Shelton, S.F., & Hughes, M. (2006). **Overcoming Mental Health Care Barriers for Individuals with Multiple Sclerosis: Innovations in Psychological Consultation.** 22nd Congress of the European Committee for Treatment and Research in Multiple Sclerosis *Abstract Book*.
- Shelton, S.F. & Stepleman, L. (2006). **Spirituality as a Resource in the Mental Health Treatment of HIV-Positive Adults with Depression.** *XVI International AIDS Conference Abstract Book*.
- Shelton, S.F., Linfield, K., Carter, B., & Morton, R (2005). **Spirituality and Coping with Pediatric Cystic Fibrosis and Severe Asthma.** *Proceedings of the American Thoracic Society (PATS), Volume 2, Abstract Issue, 520.*

Non-Refereed Publications:

Magazine, Newspaper, Online Articles

- Shelton, S. (2019) **Professional Ethics: Clarifying the Unclear.** *The Kentucky Psychologist*, August 2019..
- Shelton, S. & Breedlove, T. (2019). **Intersection of Patient and Provider Needs and the Role of Psychologists in Integrated Primary Care.** *Kentucky Psychological Association E-Newsletter*, July Issue.
- Shelton, S. & Schager, J. (2019). **Integrated Primary Care: The Frontlines of Trauma.** *Kentucky Psychological Association E-Newsletter*, April Issue.
- Shelton, S. & Bauman, J. (2019). **A Family Centered Approach to Integrated Primary Care.** *Kentucky Psychological Association E-Newsletter*, March Issue.
- Shelton, S.F., Harris, T., & Nichelson, K. (2018). **The Impact of Psychology in Primary Care: Success Stories of Integration.** *Kentucky Psychological Association E-Newsletter*, November Issue.
- Shelton, S.F. (2018). **What is a Psychologist? The Importance of Branding in Protecting & Promoting Our Profession.** *The Kentucky Psychologist*, August 2018 Issue.
- Pena, A., Goodwin, C., Ahkter S., & Shelton, S.F. (2018). **Integrated Health in Underserved Metropolitan Communities: Psychology Trainees' Experiences on Model Implementation.** *Kentucky Psychological Association E-newsletter*, July Issue.
- Shelton, S.F. (2018). **Integrated Behavioral Health: Why it is important, What it is, and How it works.** *Kentucky Psychological Association E-Newsletter*, May Issue.
- Shelton, S.F. (2018). **Mass Violence: How Can Psychologists Respond?** *Kentucky Psychological Association E-Newsletter*, March Issue.
- Shelton, S.F. (2017). **Will the Trend Continue? An Update on National Trends in Prescriptive Authority for Psychologists.** *The Kentucky Psychologist*, August 2017 Issue.
- Shelton, S.F. (2017). **National Trends in Prescriptive Authority for Psychologists: A 2017 Update and Reflection.** *Kentucky Psychological Association Monthly E-Newsletter*, February Issue.
- Shelton, S.F. (2016). **Paws With a Purpose: Animal Assisted Therapies in Mental**

Health Practice. *The Kentucky Psychologist*, July 2016 Issue.

- Shelton, S.F. (2016). **Animal-Assisted Therapies (AAT) in Psychological Practice** [https://www.findapsychologist.org/paws-with-a-purpose-animal-assisted-therapies-aat-in-psychological-practice-by-dr-sarah-shelton/August 23, 2016](https://www.findapsychologist.org/paws-with-a-purpose-animal-assisted-therapies-aat-in-psychological-practice-by-dr-sarah-shelton/August%2023,%202016)
- Shelton, S.F. (2016) **Understanding and Coping with the Loss of a Pet.** <https://www.findapsychologist.org/understanding-and-coping-with-the-loss-of-a-pet-by-dr-sarah-shelton/> April 19.2016.
- Shelton, S.F. (2014) **Psychopharmacology Training: Current Trends and Considerations.** *Kentucky Psychological Association Monthly E-Newsletter, January Issue.*
- Shelton, S.F. (2013). **The Depressed Child.** *Community Health December Issue*, p. 10.
- Shelton, S.F. (2013). **Interpersonal Violence.** *Community Health November Issue*, p. 10.
- Shelton, S.F. (2013). **Understanding Your Brain.** *Community Health, September Issue, p 10.*
- Shelton, S.F. (2013). **Stalking: A Dangerous Obsession.** *Community Health, August Issue*, p 11.
- Shelton, S.F. (2013). **Psychoneuroimmunology: Exploring the Mind-Body Connection.** *Community Health, July Issue, p 10.*
- Shelton, S.F. (2013). **Health and Post-Traumatic Stress: Fighting a Different Kind of Battle.** *Community Health, June Issue*, p 10.
- Shelton, S.F. (2013). **Phantom Pain.** *Community Health, May Issue*, p 11.
- Shelton, S.F. (2013). **Geropsychology.** *Community Health, April Issue*, p. 11.
- Shelton, S.F. (2013). **Depression and Stroke.** *Community Health, March Issue*, p. 20.
- Shelton, S.F. (2013). **Health Literacy: A Public Health Priority.** *Community Health, February Issue*, p. 11.
- Shelton, S.F. (2013). **Parental Alienation: Controversy and Confusion.** *Community Health, January Issue*, p. 14.
- Shelton, S.F. (2012). **www.heartbreak.com: The Reality of Cyber Infidelity.** *Community Health, December Issue*, p. 10.
- Shelton, S.F. (2012). **Helping Heroes: Responding to the U.S. Military Mental Health Crisis.** *Community Health, November Issue*, p. 10.
- Shelton, S.F. (2012). **Parent Coordination: An Alternative for Families of Divorce.** *Community Health, October Issue*, p. 10
- Shelton, S.F. (2012). **Suicide Assessment and Response.** *Community Health, September Issue*, p. 10.
- Shelton, S.F. (2012). **Forensic Psychology: Psychology's Role in the Legal System.** *Community Health, August Issue*, p. 10.
- Shelton, S.F. (2012). **Understanding and Responding to Self-Harm Behaviors.** *Community Health, July Issue*, p.10.
- Shelton, S.F. (2012). **Medical Mysteries: Munchausen Syndrome and Munchausen Syndrome By Proxy.** *Community Health, June Issue*, p. 10.
- Shelton, S.F. (2012). **"It's Only A Little Stick!" Overcoming Blood-Injury-Injection Phobia.** *Community Health, May Issue*, p. 14.
- Shelton, S.F. (2012). **Hungry? The Psychological Aspects of Eating.** *Community Health, April Issue*, p. 14.
- Shelton, S.F. (2012). **Mind Matters: Cognitive Rehabilitation.** *Community Health, March Issue*, p. 14.

- Shelton, S.F. (2012). **Protecting Our Children: Signs and Symptoms of Child Sex Abuse.** *Community Health, February Issue*, p. 14.
- Shelton, S.F. (2012). **Multiple Sclerosis: The Psychology of Living with MS.** *Community Health, January Issue*, p. 8.
- Shelton, S.F. (2011). **When A Little Cough Becomes a Big Problem: Psychogenic Cough in Childhood.** *Community Health, December Issue*, p. 8.
- Shelton, S.F. (2011). **Custody Evaluations 101: A Guide for Divorcing Parents.** *Parenting and Family, Doctor's Desk, November Issue*, p. 67-71.
- Shelton, S.F. (2011). **PANDAS: You Won't Find This Kind at the Zoo: Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcus.** *Community Health, November Issue*, p. 13.
- Shelton, S.F. (2011). **Medical Mysteries: Understanding Psychosomatic Disorders.** *Community Health, October Issue*, p. 13.
- Shelton, S.F. (2011). **Behavioral Sleep Medicine: Helping You Say "Good Night."** *Community Health, September Issue*, p. 8.
- Shelton, S.F. (2011). **Are You Really Hungry? The Emotional Aspects of Overeating.** *Parenting and Family, Doctor's Desk, September Issue*, p. 70-71.
- Shelton, S.F. (2011). **Mind-Body Medicine: Wave of the Future and Blast from the Past.** *Community Health, August Issue*, p. 39.
- Shelton, S.F. (2011). **Profile of a Predator: Protecting Your Child from a Pedophile.** *Parenting and Family, Doctor's Desk, April Issue*, p. 62-65.
- Shelton, S.F. (2011). **Why Small Talk Isn't Small: Speech Disfluencies in Children and Adults.** *Parenting and Family, Doctor's Desk, March Issue*, p. 62-63.
- Shelton, S.F. (2011). **A Different Kind of New Year's Resolution: Balancing Self-Acceptance with Desire for Change.** *Parenting and Family, Doctor's Desk, January Issue*, p. 27-28.
- Shelton, S.F. (2010). **The Sociopath Revealed.** *Parenting and Family, Doctor's Desk, November Issue*, p. 62-64.
- Shelton, S.F. (2010). **"It's Just A Little Cough:" Diagnosing and Treating Psychogenic Cough in Childhood.** *Parenting and Family, Doctor's Desk, October Issue*, p. 59-61.
- Shelton, S.F. (2010). **Mother's Day and Infertility: From Heartache to Hope.** *Parenting and Family, Doctor's Desk, May Issue*, p. 59-61.
- Shelton, S.F. (2010). **Animal Abuse and the Link to Human Violence: How Animal Cruelty Affects Us All.** *Parenting and Family, Doctor's Desk, April Issue*, p. 59-61.
- Shelton, S.F. (2010). **Healing a Hurt Heart: Applying Cardiac Psychology to Prevent and Respond to Heart Attacks.** *Parenting and Family, Doctor's Desk, February Issue*, p. 69-72.
- Shelton, S.F. (2010). **Recovering from Brain Injury or Stroke: Hope Through Cognitive Rehabilitation.** *Parenting and Family, Doctor's Desk, January Issue*, p. 18-20.
- Shelton, S.F. (2009). **Less Stressing, More Blessing This Holiday Season.** *North Augusta Today, December 2nd Issue*, p. 2.
- Shelton, S.F. (2009). **Freshman Fall Out: Understanding the First Year College Experience.** *Parenting and Family, Doctor's Desk, November Issue*, p. 67-69.
- Shelton, S.F. (2009). **Managing Migraines.** *Parenting and Family, Doctor's Desk, August Issue*, p. 57-58.
- Shelton, S.F. (2009). **The Minds of Mothers: How Motherhood Changes the Brain.** *Parenting and Family, Doctor's Desk, May Issue*, p. 57-58.

- Shelton, S.F. (2009). **Stress and Sleep Disorders.** *Parenting and Family, Doctor's Desk, March Issue*, p. 12-14.
- Shelton, S.F. (2008). **Pet Positives.** *Parenting and Family, Doctor's Desk, December Issue*, p. 68-70.
- Shelton, S.F. (2008). **Seasonal Affective Disorder: Does Cold Weather Make You S.A.D.?** *Parenting and Family, Doctor's Desk, November Issue*, p. 16-17.
- Shelton, S.F. (2008). **The Sobriety Test.** *Parenting and Family, Doctor's Desk, August Issue*, p. 16-17.
- Shelton, S.F. (2008). **Dad: Modern Day Superhero.** *Parenting and Family, Doctor's Desk, June Issue*, p. 19-21.
- Shelton, S.F. (2008). **Milestones of Motherhood.** *Parenting and Family, Doctor's Desk, May Issue*, p. 19-21.
- Shelton, S.F. (2008). **What's Really Hurting? Childhood Psychosomatic Disorders.** *Parenting and Family, Teachable Moments, February Issue*, p. 53-54.
- Shelton, S.F. (2004). **Rape: What You Need to Know to Stay Safe.** *Getting Up to Speed, May, 2004, 2.*
- Shelton, S.F. (2003). **SOS: Stressed Out Students.** *Getting Up to Speed, Jan. 2003, 2.*
- Shelton, S.F. (2002). **"Ex" Marks the Spot: Moving Forward When Relationships End.** *Psychology A-Z, Louisville's Eccentric Observer (LEO), 12 (15), 41.*

PRESENTATIONS

International: (All Peer-Reviewed/Accepted)

- Shelton, S.F., Stepleman, L., & Hughes, M. (2007). **Utilization of Mental Health Services by Multiple Sclerosis Centers in the U.S.** 23rd Congress of the European Committee for Treatment and Research in Multiple Sclerosis (CEU approved). Prague, Czech Republic.
- Stepleman, L., Wright, D., Hughes, M., Shelton, S.F. (2007). **The Development of an Educational Intervention for MS-related Sexual Intimacy Concerns.** 23rd Congress of the European Committee for Treatment and Research in Multiple Sclerosis (CEU approved). Prague, Czech Republic.
- Stepleman, L., Shelton, S.F., Hughes, M., (2007). **Using Problem-Solving Therapy to Treat Depression within the MS Clinic Setting.** 23rd Congress of the European Committee for Treatment and Research in Multiple Sclerosis (CEU approved). Prague, Czech Republic.
- Stepleman, L. Shelton, S.F., & Hughes, M. (2007). **Multiple Sclerosis Psychological Consultation: Addressing the Mental Health Needs of Individuals with MS.** Annual Consortium of Multiple Sclerosis Centers (CMSC) Conference: The Challenges of Care and Research in MS (CEU approved). Washington D.C.
- Stepleman, L., Shelton, S.F., & Hughes, M. (2007). **Utilization of Mental Health Services for Patients at Multiple Sclerosis Centers.** Annual Consortium of Multiple Sclerosis Centers (CMSC) Conference: The Challenges of Care and Research in MS (CEU approved). Washington D.C.
- Shelton, S.F., Stepleman, L., & Hughes, M. (2006). **Overcoming Mental Health Care Barriers for Individuals with Multiple Sclerosis: Innovations in Psychological Consultation.** 22nd Congress of the European Committee for Treatment and Research in Multiple Sclerosis (CEU approved). Madrid, Spain.
- Shelton, S.F. & Morton, R. (2005). **Coping with Chronic Life-Threatening Pediatric Illness: The Mediating Factor of Spirituality in Cystic Fibrosis and Severe Asthma.**

Annual International Convention for the American Thoracic Society (ATS) (CEU approved). San Diego, CA.

National (All Peer-Reviewed/Accepted)

- Katsikas, S., Shelton, S.F., Harris, T., Nichelson, K., Bauman, J., Breedlove, T., Schager, J. (2019). **Cultural Humility as a Clinical Competency in the Training of Integrated Primary Care Providers.** 21st Collaborative Family Healthcare Association (CFHA) Annual Convention, Innovations in Integration, Denver, CO.
- Chapman, N., Schager, J., Shelton, S.F., Katsikas, S., Nichelson, K., Bauman, J., Breedlove, T., Harris, T (2019). **Equipping Early Career Psychologists for Integrated Primary Care In Urban America.** 127th Annual Convention of the American Psychological Association (APA), Chicago, IL.
- Shelton, S.F. & Dewhurst, C. (2019). **Mental Fitness and Driving: Balancing the Right to Drive with Public Safety.** Association of Driver Rehabilitation Specialists (ADED) Annual Conference, Lexington, KY. (CEU approved)
- Buehner, R. & Shelton, S.F. (2019). **Child Sexual Abuse Interview Protocol – Evidence Based Strategies.** Webinar presented via live and recorded webcasts throughout the U.S. (CEU approved).
- Shelton, S.F. & Dewhurst, C. (2019). **A Cycle of Tragedy: Incarcerated Parents & Child Reunification.** Webinar presented via live and recorded webcasts throughout the U.S. (CEU approved).
- Shelton, S.F. & Leyderman, M. (2019). **Assessing a Client’s Risk for Violence.** Webinar presented via live and recorded webcasts throughout the U.S. (CEU approved).
- Shelton, S.F. & Schager, J. (2019) **How to Ask, How to Help: Domestic Violence Assessment and Intervention in the Healthcare Setting.** Webinar presented via live and recorded webcasts throughout the U.S. (CEU approved).
- Shelton, S.F. & Leslie, E. (2019). **Elder Abuse: What We Know, What we Need to Know, and How Professionals Can Be Part of the Solution.** Webinar presented via live and recorded webcasts throughout the U.S. (CEU approved).
- Shelton, S.F. (2019). **Best Practice for Online Therapy, Telemental Health, and Other Telepractice Areas.** Webinar presented via live and recorded webcasts throughout the U.S. (CEU approved).
- Shelton, S.F. & Katsikas, S. (2018). **Pioneers in Primary Care: An Integrated Behavioral Health Model for Minority and Underserved Communities.** 20th Collaborative Family Healthcare Association (CFHA) Annual Convention, Innovations in Integration, Rochester, NY.
- Maheu, M., Wright, S., Benton, S., & Shelton, S.F. (2018). **Telepsychology Best Practices with Diverse Populations: Women, College Students & Medical Patients.** 126th Annual Convention of the American Psychological Association (APA), San Francisco, CA.
- Shelton, S.F. (2015). **Mastering Interpersonal Effectiveness for Legal Negotiations.** Psychology of Persuasion Conference. University of Wyoming College of Law and Department of Psychology, Laramie, WY.
- Shelton, S.F. (2014). **Shattering the Silence: Evidence-Based Evaluation and Treatment in Child Sexual Abuse Cases.** Continuing Education Workshops presented in Appleton, Madison, Milwaukee WI; Peoria, Naperville, Schaumburg, IL. (CEU approved).

- Shelton, S.F. (2014). **The Science and Art of Examining Children**. Psychology and Lawyering Conference: Coalescing the Field. University of Nevada Las Vegas William S. Boyd School of Law Saltman Center for Conflict Resolution, Las Vegas, NV.
- Shelton, S.F. (2014). **Evaluating and Responding to a Child Allegations of Sexual Abuse**. Webinar presented via live and recorded webcasts throughout the U.S (CEU approved).
- Shelton, S.F. (2013). **Treat with Kid Gloves: Examining the Child Witness**. Defense Research Institute (DRI) National Convention (CEU approved). San Diego, CA.
- Shelton, S.F. (2013 & 2014). **Innocence Lost: When Children Sexually Offend Against Children**. Webinar presented via live and recorded webcasts throughout the U.S (CEU approved).
- Shelton, S.F. (2013 & 2014). **Profile of a Pedophile: Identifying Child Sex Predators in Clinical Practice**. Webinar presented via live and recorded webcasts throughout the U.S (CEU approved).

State & Regional (All Peer Reviewed/Accepted unless * denoting Community Outreach)

- Deters, J. & Shelton, S.F. (2019). **The Intended, Blended, and Ended: How to Approach Children's Relationships with their Parents' Post-Separation Partners**. Presented at the Kentucky Psychological Association (KPA) Annual Convention (CEU approved), Louisville, KY.
- Shelton, S.F. (2019). **Ethics and Advanced Supervision for Psychologists in Correctional Settings**. (CEU approved), Department of Corrections, La Grange, Kentucky.
- Shelton, S.F. (2019). **The Identity Crisis of Psychologists: Why It Exists and How to Solve It**. Kentucky Psychological Foundation Annual Spring Academic Conference, *Why Psychology?* (CEU approved), Asbury University, Wilmore, Kentucky.
- Shelton, S.F., Katsikas, S., Harris, T., Bauman, J., Nichelson, K., Breedlove, T., & Schager, J. (2019) **Cultural Humility in Integrated Healthcare for Minority Populations** Presented at 8th Annual Dialogue on Diversity Conference, *Connecting Ideas to Action*, (CEU approved), Louisville, Kentucky.
- Shelton, S.F. & McBride, K. (2018). **Parental Alienation Dynamics: Evaluating and Working With Affected Families**. Presented at the Kentucky Psychological Association (KPA) Annual Convention (CEU approved), Lexington, KY.
- Shelton, S.F., Katsikas, S., Akhter, S., Goodwin, C., Pena, A. (2018). **Transforming Healthcare: A Model of Integrated Behavioral Health for Socially Disadvantaged Communities**. Presented at the Kentucky Psychological Association (KPA) Annual Convention (CEU approved), Lexington, KY.
- Shelton, S.F., Katsikas, S., Akhter, S., Goodwin, C., (2018). **Integrated Behavioral Health: Implementing a Model of Training in Primary Care Settings**. Round Table Discussion at the Kentucky Primary Care Association Annual Integrative Behavioral Health Conference, Louisville, KY.
- Shelton, S.F., Katsikas, S., Akhter, S., Pena, A., Goodwin, C. (2018). **Breaking Through Barriers: Integrated Health in Underserved Communities**. 7th Annual Dialogue on Diversity Conference, *Journeys*, (CEU approved), Louisville, KY.
- Shelton, S.F., Deters, J., & Brengelman, M. (2017) **Forensic Psychology for Fractured Families: Options for Conflict Resolution**. Presented at the Kentucky Psychological Association (KPA) Annual Convention (CEU approved), Lexington, KY.

- Shelton, S.F. (2016). **Pawsitive Impact: The Benefits of Animal Assisted Therapies in Psychological Practice.** Presented at the Kentucky Psychological Association (KPA) Annual Convention (CEU approved), Louisville, KY.
- Shelton, S.F. & Adams, E.F. (2015). **The Role of Psychology in Treating Women's Health Issues, with Special Emphasis on Functional GI disorders and Multiple Sclerosis.** Presented at the Kentucky Psychological Association (KPA) Annual Convention (CEU approved). Lexington, KY.
- Shelton, S.F. (2015). **Sexual Trauma: Implications for Clinical and Forensic Practice.** Presented to mental health professionals for the Kentucky Psychological Association Western Region Event (CEU approved), Paducah, Kentucky.
- Shelton, S.F. (2015). ***Prescriptive Authority for Psychologists: An Overview of Training Programs.** Presented to the Board of the Kentucky Psychological Association (KPA) Annual Board Retreat. Frankfort, KY.
- Shelton, S.F. (2014). ***Psychology and Public Health: The Intersection of Wellness.** Presented to Students and Faculty at The Chicago School of Professional Psychology National Public Health Week Colloquium. Chicago, IL.
- Shelton, S.F. (2014). **Custody Evaluations.** Presented to Psychology Residents and Faculty at the Department of Veterans Affairs Medical Center (CEU approved). Lexington, KY.
- Shelton, S.F. (2014). **Forensic Assessment of Child Abuse.** Presented to Doctoral Psychology Students and Faculty at the University of the Cumberlands. Florence, KY.
- Shelton, S.F. (2013). ***Rest is Restorative! Managing Fatigue Associated with Multiple Sclerosis.** Presented to the National Multiple Sclerosis Society – Kentucky and Southeast Indiana Chapter. Paducah, KY.
- Shelton, S.F. (2013). **Forensic Evaluation in Cases of Suspected Child Abuse.** Presented to Psychology Residents and Faculty at the Department of Veterans Affairs Medical Center (CEU approved), Lexington, KY.
- Shelton, S.F. (2012). ***Health Psychology and Multiple Sclerosis.** Presented at the National Multiple Sclerosis Society – Kentucky and Southeast Indiana Chapter Walk for MS Celebration Dinner. Western Baptist Hospital, Paducah, KY.
- Shelton, S.F. (2008). **Program Evaluation and Evidence-Based Practice: The How, When, and Why of Outcome Measures.** Presented at 5th Annual Midwest Conference on Problem Gambling and Substance Abuse (CEU approved). St. Louis, MO.
- Shelton, S.F. (2006). ***Parenting and Multiple Sclerosis: How to Help Your Child Cope with Your Illness.** Presented to Multiple Sclerosis patients and their families at the MCG Augusta Multiple Sclerosis Center's Annual "Family Day." Fort Discovery, Augusta, GA.
- Shelton, S.F. (2004). ***Psychological Correlates of Multiple Sclerosis: Coping Skills for Daily Living.** Presented at the Annual National Multiple Sclerosis Society Convention, Kentucky Chapter, Baptist Hospital East, Louisville, KY.
- Shelton, S.F. (2001). ***When I Grow Up, I Want to Be a Psychologist! Choosing the Right Graduate Program for You.** Presented to undergraduate college students at a Tri-State Graduate School Symposium, Kentucky Wesleyan University, Owensboro, KY.

Local

- Shelton, S.F. (2019). **Distinguishing Yourself as a Health Service Psychologist (HSP): What It Means, How to Do It, and Why It is Important.** Presented to Doctoral Psychology Students at the Annual Student Summit at Spalding University, Louisville, Kentucky.

- Shelton, S.F. (2016). **A Decade of Private Practice: A Psychologist's Reflections**. Presented to Graduate Psychology Students at Murray State University, Murray, Kentucky.
- Shelton, S.F. (2013). **Compassion Fatigue among Families Coping with Chronic Mental Illness**. Presented to the National Alliance on Mental Illness (NAMI) – Paducah Chapter, Paducah, Kentucky.
- Shelton, S.F. (2012). **Mental Health in the Bluegrass State: Challenges, Opportunities, and Trends in Kentucky**. Presented to the Psychology Club at Mid-Continent University, Mayfield, KY.
- Shelton, S.F. (2009). **Keys to Unlocking Change: Using Motivational Interviewing with Forensic Populations**. Presented to Freedom Forever Women's Prison Ministry Board of Directors and Staff, Paducah, KY.
- Shelton, S.F. (2009). **Depression and Fatigue: Managing Symptoms and Enjoying Life**. Presented at Earthfare as part of an ongoing series of health lectures, Augusta, GA.
- Shelton, S.F. (2009). **Diabetes and Emotional Wellness: The Link Between Blood Sugar and Mood**. Presented at Earthfare as part of an ongoing series of health lectures, Augusta, GA.
- Shelton, S.F. (2009). **Contract Negotiations for Mental Health Professionals: How to Know Your Worth and Earn Your Value**. Presented to Department of Psychiatry and Psychology Residents, Fellows, & Staff at the Medical College of Georgia as part of an ongoing series of professional development lectures, Augusta, GA.
- Shelton, S.F., & Kumar, V. (2009). **The Impact of Anxiety and Depression on Health Behaviors Among Children**. Medical College of Georgia 25th Annual Research Day, Augusta, GA.
- Shelton, S.F. (2009). **Stress and Heart Health: Applying Cardiac Psychology**. Presented at Earthfare as part of an ongoing series of health lectures, Augusta, GA.
- Shelton, S.F. (2008). **Goal Setting for Your Health: The Magic of Motivation**. Presented to participants in a course "8 Weeks to Optimal Health" at Aiken-Augusta Holistic Health, North Augusta, SC.
- Shelton, S.F. (2008). **Healthy Mind, Healthy Body: An Integrative Approach to Wellness**. Presented at Earthfare as part of an ongoing series of health lectures, Augusta, GA.
- Shelton, S.F. (2007). **Stress Less at the Holidays**. Presented to the Augusta Chamber of Commerce Small Business Owners Group, North Augusta, SC.
- Shelton, S.F. (2007). **The Psychological Impact of Chronic Illness**. Presented to medical students and residents at the Medical College of Georgia. Augusta, GA.
- Shelton, S.F. (2006). **Multiple Sclerosis and Moods Swings: How to Manage Your Emotions**. Presented to Multiple Sclerosis Patients and Medical Staff at the Augusta Multiple Sclerosis Center's Monthly Educational Luncheon Series, Medical College of Georgia, Augusta, GA.
- Shelton, S.F. (2006). **The Family Dynamics of Multiple Sclerosis**. Presented at the Annual National Multiple Sclerosis Society Convention, Georgia Chapter, Walton Rehabilitation Hospital, Augusta, GA.
- Shelton, S.F. (2005). **Psychological Assessment and Treatment of Cognitive Problems in Multiple Sclerosis Patients**. Presented to the staff of the Augusta Multiple Sclerosis Center, Medical College of Georgia, Augusta, GA.
- Shelton, S.F. (2005). **Spiritual Coping of Chronically Ill Children: Emotions, Behaviors, and Health Factors**. Presented at the Northeastern Ohio Universities College of Medicine Annual Research Symposium, Akron, OH.

- Shelton, S.F., Morton, R., & Carter, B. (2004). **Medical Correlates in Pediatric Pulmonary Patients: How Spirituality Relates to Adaptive Functioning and Symptom Distress.** Poster Presentation at the Department of Pediatric Medicine Research Symposium, University of Louisville College of Medicine, Louisville, KY.
- Shelton, S.F. (2004). **Cognitive Behavioral Interventions for Adults with Chronic Illness.** Training seminar presented to the clinical staff of NOVA Behavioral Health, Massillon, OH.
- Shelton, S.F. & Cash, E. (2004). **The Psychological Trauma of Rape and Sexual Assault.** Seminar and panel discussion presented to the students and faculty of Spalding University as part of National Safety and Awareness Week, Louisville, KY.
- Shelton, S.F. (2004). **Body and Mind: The Impact of Stress on Physical Health.** Health and Wellness Lecture Series presented to undergraduate Nursing students at Spalding University, Louisville, KY.
- Shelton, S.F., Bartholome, A., & Gustin, E. (2003). **Sexual Harassment: A Modern Day Workplace Dilemma.** Training and development workshop presented to faculty and staff of Spalding University, Louisville, KY.
- Shelton, S.F. (2003). **Health Psychology: The Integration of Mind and Body.** Presented to psychology graduate students at Murray State University, Murray, KY.
- Shelton, S.F. (2003). **Psychological Benefits of Higher Education.** Presented to the public at the Annual Louisville Women's Expo, Freedom Hall, Louisville, KY.
- Shelton, S.F. & Henderson, P. (2002). **Expectancies and Experiences: Tapping Student Perceptions Through Focus Groups.** Presented to the Department of Social Work faculty during the annual program planning session at Spalding University, Louisville, KY.
- Linfield, K. & Shelton, S.F. (2002). **Assessing Spirituality and Religious Faith.** Presented to the staff of LifeSpring Mental Health Services, Jeffersonville, IN.
- Shelton, S.F. (2002). **Life After a Masters Degree: Choices, Options, and Opportunities in the Mental Health Field.** Presented to psychology graduate students at Murray State University, Murray, KY.
- Shelton, S.F. (2001). **Body Image in Male Domestic Violence Offenders.** Presented to students and faculty at the Murray State University College of Humanistic Study Honors Symposium, Murray, KY.

Media Appearances:

Television

- **Featured Psychologist on WPSD News Channel 6 at 10. Public Shaming Gone Too Far.** Interviewed by Jennifer Horbelt on segment about public shaming online for 10 o'clock nightly news, May 3, 2016.
- **Featured Psychologist on WPSD News Channel 6 at 10. Social Media & Texting, A Potential for Danger?** Interviewed by Todd Faulkner on segment about Teen Sexting for 10 o'clock nightly news, November 2, 2015.
- **Guest Psychologist on "Live Line: Partners in Wellness."** Weekly news segment featuring local health experts on various topics with live Q&A call in from the audience. WPSD News Channel 6 at Noon, August 2, 2013.
- **Guest Psychologist on "Live Line: Partners in Wellness."** Weekly news segment featuring local health experts on various topics with live Q&A call in from the audience. WPSD News Channel 6 at Noon, July 5, 2013.
- **Featured Psychologist** in segment by Elizabeth Fields titled **Spring Fever! Beating the Winter Blues** (2013). WPSD New Channel 6 at 10PM, March 26, 2013.

Radio

- **Guest Psychologist** on the “**Let’s Talk: The Dr. Stan Frager Show.**” Weekly Radio Talk Show on WGTK970FM (Radio: Greater Louisville Area, Internet Streaming: Worldwide) featuring nationally known experts on various topics with live Q&A call-in from the audience. **Child Abuse.** Oct. 12, 2014.
- **Guest Psychologist** on the “**Let’s Talk: The Dr. Stan Frager Show.**” Weekly Radio Talk Show on WGTK970FM (Radio: Greater Louisville Area, Internet Streaming: Worldwide) featuring nationally known experts on various topics with live Q&A call-in from the audience. **Holiday Stress & Healthy Eating.** Nov. 18, 2012.
- **Guest Psychologist** on the “**Let’s Talk: The Dr. Stan Frager Show.**” Weekly Radio Talk Show on WGTK970FM (Radio: Greater Louisville Area, Internet Streaming: Worldwide) featuring nationally known experts on various topics with live Q&A call-in from the audience. **Disordered Eating.** March 29, 2012.

Print (Featured refers to interviewed and quoted unless*)

- **Featured Psychologist** in article titled **KPA President Elected Chair of the National Register of Health Service Psychologists** (2018). *Kentucky Psychological Association E-Newsletter, December Issue.*
- **Featured Psychologist** in article by P. Wesslund titled **Be Smart Be Safe: Retrain Your Brain to be Careful Around Electricity** (2017). *Kentucky Living.* October, p/ 23-27.
- **Featured Psychologist** in article titled **Paducah Native and Psychologist Re-elected to National Board** (2017). *People & Business, Paducah Sun.* February 5, p. 2C.*
- **Featured Psychologist** in article by L.P. Duncan titled **Stuck on Social Media** (2015). *Thrive, Paducah Sun,* July 31, p. 29-31.
- **Featured Psychologist** in article by L.P. Duncan titled **Runaway Teen Reports on the Rise** (2014). *Paducah Sun,* July 6, p. 1A & 9A.
- **Featured Psychologist** in article titled **Q&A with the National Register Board of Directors: Dr. Sarah F. Shelton, PsyD** (2013). *The Register Report, Vol. 39, Fall 2013,* p. 18-19.
- **Featured Psychologist** in article by W. Pinkston titled **Poll Suggests Kentucky among Most Stressed in Nation** (2013). *House Call Weekly, Paducah Sun,* May 8, p. 1C & 3C.
- **Featured Psychologist** in article by W. Pinkston titled **Cyber Bullying Carries a Real Punch** (2013). *Paducah Sun,* March 5, p. 1A & 6A.
- **Featured Psychologist** in article by W. Pinkston titled **Childhood Bullying Can Leave Lasting Effects** (2013). *Paducah Sun,* March 3, p. 6A.
- **Featured Psychologist** in **Keeping the Pulse** (2013). *House Call, March Edition,* p. 11.*
- **Featured Psychologist** in article by W. Pinkston titled **Local Psychologist Elected to National Board** (2013). *House Call Weekly, Paducah Sun,* February 6, p. 3C.*
- **Featured Psychologist** in article by C. Egan titled **Area Schools Attempt to Quell Parents’ Fears** (2012). *Paducah Sun,* December 18, p. 5A & 10A.
- **Featured Psychologist** in article by J. Hall titled **Welcome to the Board of Directors** (2012). *The Register Report, Volume 38 Fall 2012,* p. 6.*
- **Featured Psychologist** in article by T. Buchanan titled **What to Expect from a Therapy Session: Understanding Psychological Evaluation and Treatment** (2012). *Community Health, October Issue,* p. 13.

- **Featured Psychologist in Published Family Law Opinion (Affirming) From Kentucky Court of Appeals Last Friday** Williams v. Frymire, KY COA, Modification of Custody, Jurisdiction in Divorce Law Journal, September 5, 2012. <http://louisvilledivorce.typepad.com/info/2012/09/williams-v-frymire-ky-coa-.html>
- **Featured Psychologist** in article **Reflections on the KPA Early Career Psychologists' Mentoring Program** (2012) in The Kentucky Psychologist, Autumn Edition, p.14.
- **Featured Psychologist** in press release **Kentucky Licensed Early Career Psychologist Sarah Shelton, PsyD, Elected to National Register of Health Service Providers in Psychology Board of Directors** (2012). www.nationalregister.org*
- **Featured Psychologist** in article by W. Pinkston titled **Managing Stress Under Students' Busy Schedules** (2012) House Call, Paducah Sun, May Edition, p 3.
- **Featured Psychologist** in article by W. Pinkston titled **High Stress Levels Can Take Severe Turns** (2012) Children's Health, House Call, Paducah Sun, March Edition, p 5.
- **Featured Psychologist** in article by W. Pinkston titled **Road Barriers Carry Reason** (2012). The Paducah Sun, February 5, p 1A & 7A.
- **Featured Psychologist** in article by M. de los Reyes titled **Understanding Multiple Sclerosis** (2010). House Call, Paducah Sun, March 10, p. 1-3C.
- **Featured Psychologist** in article by D. Ray titled **Ice Storm Damage May Make Depression Worse** (2009). House Call, Paducah Sun, Nov. 18, p. 2D.
- **Featured Psychologist** in article by L. Wyatt titled **Multiple Sclerosis** (2008). Parenting and Family, April Issue, p. 68-71.
- **Featured Psychologist** in article by S. Walls titled **Pilot Program Overcomes Barriers to Psychological Care in MS Patients** (2006). MCG Beeper, October Issue, p. 6.
- **Featured Psychologist** in article by S. Crawford titled **Stress Less** (2006). Augusta Magazine, Health and Fitness Issue, p. 17-21.

ADDITIONAL RESEARCH EXPERIENCE

(Published research by this psychologist appears in the Publications or Presentations Section)

- **Dissertation Committee Member**, Pulling Back the Political Curtain: Surveying Public Opinion and Professional Bias on the Training of Prescribing Psychologists. University of the Cumberland's Ph.D. Psychology Program, Cooper, R. (2019).
- **Reviewer**, American Psychology-Law Society (AP-LA), APA Division 41, Annual Convention, Memphis, Tennessee, 2018.
- **Judge**, Kentucky Psychological Foundation Annual Spring Academic Conference, Louisville April 2017
- **Reviewer**, American Psychology-Law Society (AP-LS), APA Division 41, Annual Convention, Seattle, Washington, 2017.
- **Public Health Representative**, Institutional Bio-Safety Committee Recombinant DNA/Human Gene Transfer Research (BRANY - IBC) Biomedical Research Alliance of NY, New York, Nov. 2009-2016
- **Judge**, Kentucky Psychological Association Annual Spring Academic Conference, Louisville 2013
- **Judge**, Biomedical Research Symposium, National Association of Medical Minority Educators Southern Regional Conference, Medical College of Georgia, Augusta 2006
- **Reviewer**, Pediatrics, 2013-present
- **Reviewer**, Psychology and Religion, official journal of APA Division 36, 2012-present.
- **Reviewer**, Journal of Instructional Research, 2012-present.
- **Reviewer**, American Psychology and Law Society (AP-LS), APA Division 41, American Psychological Association 121st Annual Convention, Honolulu, HI, 2013.

- **Reviewer**, Association of Women in Psychology (AWP) 31st Annual Conference, “Intersecting Identities: Multicultural Feminist Perspectives on Women’s Lives,” Ann Arbor, MI, 2007
- **Director of Program Evaluation**, Hope Hose Inc. Quarterly and Annual Outcomes.
- **Study Coordinator**, Problem Solving Therapy for Primary Care (PST-PC) for Depressed Patients with Multiple Sclerosis, Medical College of Georgia, 2006-2007
- **Study Coordinator**, Georgia Comprehensive HIV/AIDS Minority Psychological Services Project, Emory University and the Medical College of Georgia, 2005-2007
- **Sub-Investigator, Victimization**, Post Traumatic Stress Disorder (PTSD), and Health Outcomes Among HIV Positive African-American Women, Medical College of Georgia, 2005-2006

MEMBERSHIPS

- **Member, American Psychological Association (APA)**
 - Division 31 – State, Provincial, and Territorial Affairs
 - Division 38 – Health Psychology
 - Division 41 – American Psychology and Law Society
 - Division 55 – American Society for the Advancement of Pharmacotherapy
- **Member, Kentucky Psychological Association (KPA)**
 - KPA Health Psychology Special Interest Section
 - KPA Forensic Psychology Special Interest Section
 - KPA Clinical Psychology Special Interest Section
 - KPA Animal Assisted Therapies Special Interest Section
 - KPA Psychopharmacology Task Force
- **National Register of Health Service Psychologists**
- **Member, Association of Family and Conciliation Courts (AFCC)**
- **Member, International Assoc. for Correctional & Forensic Psychology (IACFP)**