

Learn to Skate Schedule *Basic Skills Program*

Fall 1

Fridays 6:30-7:00 pm

6 classes: \$100

October 2, 9, 16, 23, 30

November 6

Classes are based on a first come first serve basis. For the safety of our customers, instructors and staff we will only be allowing 30 students to register in the Fall 1 Session.

Your spot is only reserved when you pay online or at the Alpha Ice Complex service desk.



Learn the FUN-damentals of Ice Skating!

Alpha Ice Skating School programs provide instruction to skaters ages 3 through adult in the basic skills necessary to ice skate safely, and the initial skills needed before advancing to figure skating or ice hockey.



Learn to Skate Objectives

- To provide a fun and safe skating experience for beginners as well as more advanced skaters
- To teach correct technique of the basic skills of ice skating
- To develop a sense of coordination and balance on the ice
- To promote physical fitness in a rewarding group atmosphere

ALPHA ICE COMPLEX

Learn -TO- Skate



Fall 1 2020



66 Alpha Drive West, Pittsburgh, PA 15238

412.826.0800 www.alphaicecomplex.com

School Features

- Ice Skating Institute (ISI) *weSKATE* curriculum, *Skill Levels: Tot 1, 2, 3, 4, Pre-Alpha, Alpha, Beta, Gamma, Delta, and advanced skating skills, plus a separate Adult's class*
- Skill Achievement Evaluation & Testing
- Progression to the next higher skill level at skater's individual pace
- ISI Merit Badges for each skill level successfully completed and tested
- **ISI Test Registration & Membership included for all registered skaters in the program!**
- Free Skate Rental
- Limited class size based on the ISI's recommendations
- Year-round group lesson program



Basic Skills Program

Balance, forward and backward skating, stopping, turning and edges are taught in the group levels of the Basic Skills Program. Progression through each of the ISI skill levels provides the basic skills necessary for more advanced skating disciplines, such as figure skating and ice hockey.

- Must be at least 4 years of age
- No skating experience necessary
- **Helmets/hats are strongly recommended for all skaters. Helmets required for skaters 7 years of age and younger.**
- **Gloves or mittens are required**

Program Includes:

- 30-minute Weekly Instructional Class
- Skate Rental

Registration

Advance registration with full payment and completed registration form is required to enroll.

- Additional family members enrolled in the same program and session will receive a 10% discount on their program fee. No other discounts may be combined. Discount is not available online.
- Class size is limited and enrollment will be on a first-come, first-served basis. Space permitting, late enrollment will not be available due to Covid
- A minimum of five students must be enrolled at each level or class skill levels may be combined.
- **Make-up classes are not available for Fall 1 or 2 sessions due to COVID-19**
- There are no refunds or credits if a student is unable to attend class.
- Skill evaluations will be distributed on the last week of classes.

COVID-19 Policies

- Only 30 skaters per half hour time slot. Once 30 is filled registration will be cut off.
- Upon entering Alpha Ice Complex the temperature of the skater and the parent/guardian that brings them will be checked and a questionnaire will have to be signed weekly by parent or guardian (if under 18)
- Students that are not wearing a name tag will not be permitted on ice.
- Skaters must wear a mask to the point that they enter the ice rink, then they may remove their mask for the duration of class. Guardian that brings skater must wear a mask the entire time while in Alpha Ice Complex
- Alpha Ice Instructors will be wearing masks at all times
- Only 6 Students per one instructor- These classes are extremely limited, for the safety of our skaters and staff
- All walkers/sticks/toys and name badges will be sanitized after each student uses them
- Benches and chairs will be set up accordingly so there will be enough room to social distance while getting ready for class
- Skates will be thoroughly sanitized after each student uses them- Please keep track of your rental skate number so you can keep asking for the same pair of skates each week.
- Please exit promptly after lesson and adhere to all social distancing guidelines while in the Complex. We ask that no loitering take place in lobby after class.