

## 2017 YCKC Dragon Boat Competition

Get your team ready for YCKC's 4<sup>th</sup> Annual Summer Dragon Boat Competition on **Saturday, September 16<sup>th</sup>**, 2017! **Ten** team members paddle the dragon, **one** member to beat the drum, and **one** to steer!

Book team practice sessions can begin as early as June. All equipment is supplied—paddles, life jackets, and the dragon boat, including the dragon's head and drum! As well, a certified coach and lifeguard along with a safety boat are there to teach and protect.



What is YCKC? The Yorkton Canoe and Kayak Club (YCKC) is a non-profit organization dedicated to introducing and developing the Olympic sport of Sprint Canoe and Kayak in Yorkton and district. For over 30 years, YCKC has and continues to offer programs for all ages!

Dragon Boating is a component of Canoe Kayak Canada, our national Olympic body of which YCKC is a member. YCKC has added Dragon Boating to its Learn-to-Paddle Program and is able to offer this exciting sport to Yorkton community!

Here's how to get in the game:

- 1) Create a team of **11** (10 paddlers plus 1 to beat the drum) + 1 Steersperson (optional) within your organization/business/family, or combine with another organization/family;
- 2) Give your team a unique name & **Register your team** with YCKC by **AUGUST 15<sup>th</sup>** — Form available on YCKC's Website. **Team Costumes/t-shirts welcome!!!**
- 3) Book your **1 free** Team Practice – additional practices available for \$50/session/team
- 4) Pay Registration Fee at first team Practice. **Canada Centennial Reduced Cost is \$40/person—Canada's 150<sup>th</sup> celebration rate!**  
Fee includes YCKC associate membership/CKS insurance for each team member, 1 dragon boat team session, team race **entry** to Yorkton Dragon Boat Race, and **1 free YCKC drop-in session** for each team member to be used during the Summer Season;
- 5) Compete at the Yorkton Developmental Regatta – **Saturday, September 16<sup>th</sup>, 2017!**

Visit YCKC's website [www.yorktoncanoeclub.com](http://www.yorktoncanoeclub.com) or Facebook page for updates, registration forms, current weather conditions, YCKC's various paddling programs and schedules, athlete development articles, membership prices and info., our sponsors, volunteer opportunities and more! There, you will also find a fascinating article on the **history of dragon** boating by Professor Andrew Chittick. Be sure to follow YCKC on Instagram and Twitter.

Join today! Become a YCKC member and enjoy the lifelong benefits of paddling plus supporting your own local club!

Turn over for  
POSTER



# 4th Annual Summer



## DRAGON BOAT COMPETITION

Saturday, September 16<sup>th</sup>, 2017

<b>WHO:</b>	<b>10 paddlers, 1 drummer, and 1 steersperson (optional)</b> <b>Ages 8+.</b> Businesses, organizations, schools, churches, charities, clubs, banks, families...
<b>WHAT:</b>	Teams are guaranteed min. 2 races in an exciting day of head to head dragon boat racing! Categories will be recreational or competitive. There will be an A and B final!
<b>WHERE:</b>	Yorkton Canoe and Kayak Club, <b>York Lake, SK</b>
<b>WHEN:</b>	<b>Dragon Boat Competition — Saturday, September 16<sup>th</sup>, 2017</b> <ul style="list-style-type: none"> <li>• Contact YCKC to book your free Team practice time;</li> <li>• Additional practice days available upon request (\$50/team/session)</li> <li>• Steersperson (if not supplied by YCKC) <u>must</u> attend team practices.</li> </ul>
<b>WHY:</b>	To <b>have fun!</b> <ul style="list-style-type: none"> <li>• Develop a “team” environment at your work;</li> <li>• Encourage healthy living and physical fitness;</li> <li>• Relieve stress while learning a new skill;</li> <li>• Raise funds for YCKC’s Learn-to-Paddle and Dragon Boat programs!</li> </ul>
<b>COST:</b>	<b>YCKC is celebrating Canada’s Centennial with a special reduced cost!</b> <b>\$40/person (\$440 = 11 person team). Steersperson is free!</b> <ul style="list-style-type: none"> <li>• Includes CKS Insurance/membership to YCKC for each team member;</li> <li>• Includes 1 Team Practice Session; additional practice (\$50/team/session);</li> <li>• Includes 1 YCKC Drop-In Session per team member for May – Sept season</li> </ul> <b>SAVE an additional \$40 by registering your team before July 15<sup>th</sup>!</b>
<p>Your team/organization/business will be listed on YCKC’s website as well mentioned in our promotion of the Dragon Boat Program throughout the summer. Great way to <b>advertize!</b></p> <p style="text-align: center;"><i>Contact</i></p> <p style="text-align: center;">Jessica Riley, YCKC Head Coach, at  <a href="mailto:yorktoncanoekayakclub@yahoo.ca">yorktoncanoekayakclub@yahoo.ca</a> with any questions or to <b>register your team.</b></p> <p style="text-align: center;"><i>Additional Information/Updates</i></p> <p style="text-align: center;">Check out YCKC’s Facebook page or website <a href="http://www.yorktoncanoekayakclub.com">www.yorktoncanoekayakclub.com</a>.</p> <p style="text-align: center;"><i>We look forward to seeing you on the water!</i></p> 	