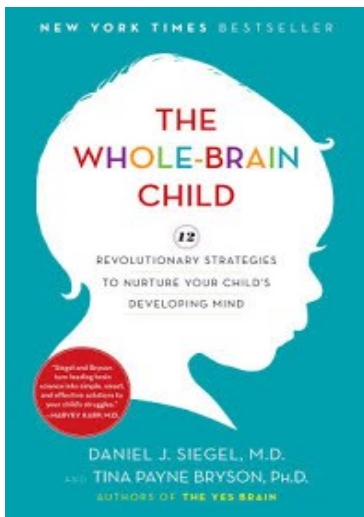


# BOOK CLUB

Join us for an exciting and interactive way to learn  
about child development and strategies to help  
with tantrums, sharing and beyond!



Delve into the mysteries of brain development and how it relates to where your child is at developmentally and why they may be displaying certain behaviours. This will unlock the puzzle and give you fresh, new ideas how to address challenges. Books will be borrowed from the Chestermere Public Library and participants will receive a copy of The Whole-Brained Child Workbook to go along with it.

**Fridays: 10:00 am-12:00pm**

**March 16th – April 20th**

**Childcare will be provided  
upon pre-registration**

Each week participants will read a few chapters of the book.

Discussion of highlights, thoughts and ideas will be held and use of provided workbooks will allow participants to delve in deeper to help understand their child.



[www.chestermere.ca](http://www.chestermere.ca)



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