

Deerfield

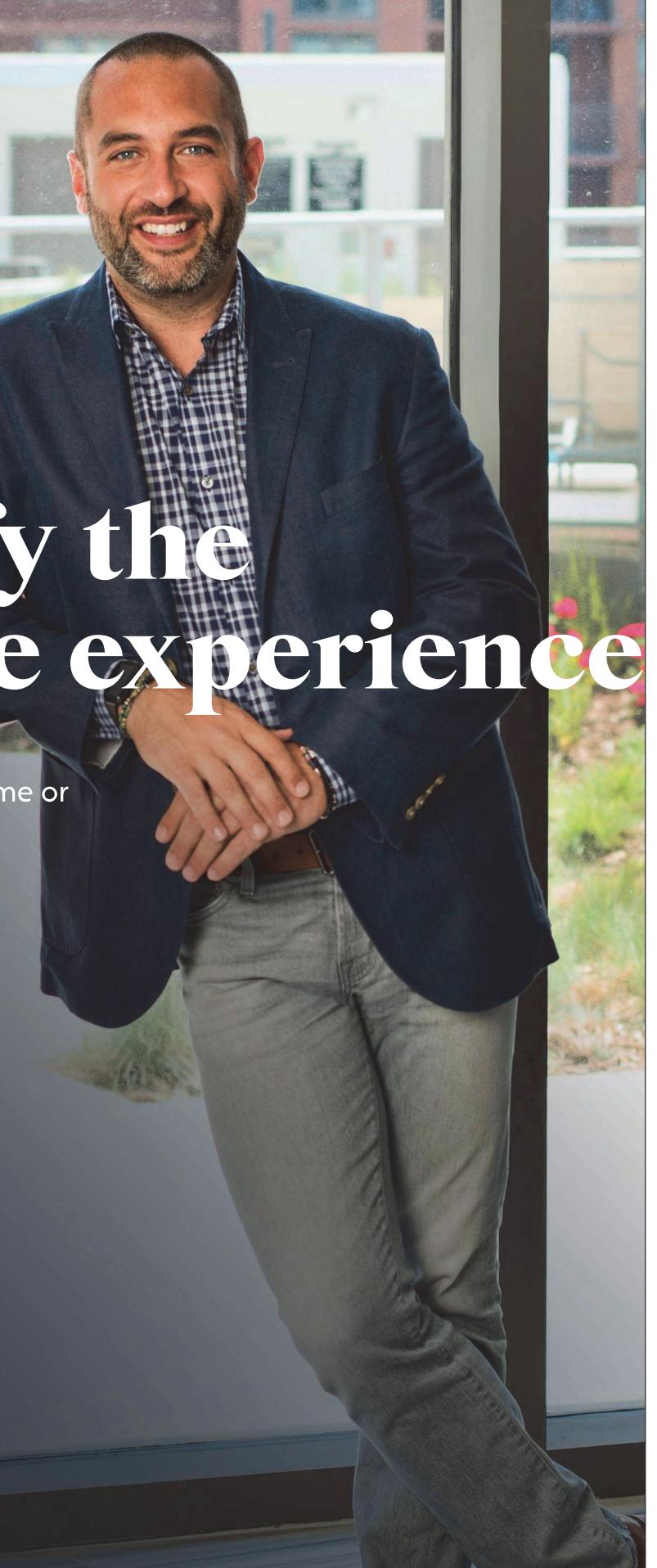
Neighbors

November 2021



SERVICE AT
HOME AND
ABROAD

guaranteed Rate[®]



I simplify the mortgage experience

Let me make buying your new home or refinancing your existing home faster and easier than ever.

rate.com/Ben

Ben Cohen

Managing Director /
SVP of Mortgage Lending

Ben@Rate.com
(773) 654-2055

Feeling grateful for you - all our Deerfield readers

Thank you for all your positive emails on the premiere edition of Deerfield Neighbors monthly magazine.

November is Thanksgiving, a holiday of gratitude. November is also Veterans Day when we show our gratitude to our military personnel and veterans.

We are grateful to Judy Hoffman of the Deerfield Library, Deerfield Police Chief John Sliozis, Commander Oliver Cachola, Communications Director Mary Anne Glowacz, Officer Lauren Maldonado and the entire Deerfield Police Department for their service to the community, and their support of the Midwest Veterans Closet. The Midwest Veterans Closet (midwestveteranscloset.org) supplies food, goods, and dignity to our military heroes. Thank you to Midwest Veterans Closet Executive Director Mary Carmody for supporting our Military Heroes.

In this month's magazine, we feature the Deerfield Police, and their community outreach programs, a story on legendary Deerfield High School Coach Paul Adams, expert contributor Dr. Lori Halvorson of Lake Forest Hearing Professionals and her article on the importance of hearing health and our November calendar of events.

As a result of your suggestions in future issues we will feature:

Pet Corner

If you would like us to feature your pet –

please email Content Coordinator Rex Robinson rrobinson@bestversionmedia.com

- your pet's photo
- your pet's name
- your pet's favorite activity or snack
- your address

We look forward to more of your emails with suggestions on additional special sections we should include as well as people, charities, businesses, and organizations we should feature

As publisher of Deerfield Neighbors, I along with our team – content coordinator, Rex Robinson, photographer, Sari Pina, and designer Brieana Martino – look forward to bringing Deerfield's great stories to your home.

Sincerely,



David Strouse

Publisher, Deerfield Neighbors
dstrouse@bestversionmedia.com
www.linkedin.com/in/davidlstrouse
 847-835-5197



An article in October's Deerfield Neighbor's incorrectly stated Weil Foot & Ankle Institute had an office in Minnesota. It should have said Michigan. We regret the error.

On the cover: Deerfield Police Commander Oliver Cachola (middle) is pictured with Sgt. Brad Tokarz (left) and Investigator Todd Lorenz. (Photo by Sari Pina)

Meet THE EXPERTS



Fitness

Corbin Gaines
 College Park Athletic Club
 847-948-5330
Corbin@cpacweb.com
www.cpacweb.com



Finance/Investments

Xander Horwitz
 Edward Jones
 847-597-8190
xander.horwitz@edwardjones.com



Plumbing

Little Tommy's Plumbing Shop
 847-780-4260
info@littletommys.com
www.littletommys.com



Audiology/Hearing

Dr. Lori Halvorson
 Lake Forest Hearing
 847-295-1185
www.lakeforesthearing.com

To learn more about becoming an expert contributor, contact BVM at
dstrouse@bestversionmedia.com or 847-835-5197.

Deerfield Neighbors

PUBLICATION TEAM

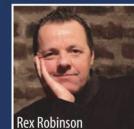
Publisher David Strouse

Content Coordinator Rex Robinson

Designer Brieana Martino

Contributing Photographer

Sari Pina



Rex Robinson



Brieana Martino



Sari Pina

ADVERTISING

Contact: David Strouse

Email: dstrouse@bestversionmedia.com

Phone: 847-835-5197

FEEDBACK/IDEAS/SUBMISSIONS:

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 15th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: dstrouse@bestversionmedia.com.

HOA SUBMISSION INFORMATION

Are you on the association board for your subdivision? Contact us for information on how you can submit articles, updates, reminders, events and more to the residents. We create customized homeowners association sections at no cost to the HOA or the residents.

IMPORTANT PHONE NUMBERS:

Emergency 911	
Deerfield Police Department	847-945-8636
Deerfield-Bannockburn Fire Protection District	847-945-4066
DBR Chamber of Commerce	847-945-4660
Deerfield Village Hall	847-945-5000
Deerfield Public Library	847-945-3311
Deerfield Park District	847-945-0650
Deerfield Public Schools District	847-945-1844

DUE DATE.....MAGAZINE EDITION

December 10	January
January 10	February
February 10	March
March 10	April
April 10	May
May 10	June
June 10	July
July 10	August
August 10	September
September 10	October
October 10	November
November 10	December

Any content, resident submissions, guest columns, advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted. All content submitted is done so at the sole discretion of the submitting party. © 2021 Best Version Media. All rights reserved.

SERVICE AT HOME AND ABROAD

By Rex Robinson | Photo By Sari P. Photography



When it comes to serving others, many believe those who enter the military and head off to a foreign land to protect the country's democracy represent the highest form of selfless service there is.

Deerfield Police Commander Oliver Cachola had service in both heart and mind when he decided to go into the military. "I felt I needed to repay the country because it has done so much for my family who all emigrated here from the Philippines," he says.

He served in the Army National Guard from 2000 to 2006 and two years of inactive service from the end of 2006 to 2008. While in the Guard, he was in a medical unit out of North Riverside – the same unit he deployed with to Iraq from late 2005 to 2006. The deployment was in support of Operation Iraqi Freedom.

November is when the country celebrates and honors veterans like Commander Cachola. World War I – known at the time as "The Great War" – officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of "the war to end all wars," according to an article on the U.S. Department of Veterans Affairs' website.

"Veteran's Day means a lot to me," Commander Cachola says. "It's a day to honor our veterans who have done so much to protect and defend the freedom we enjoy every day in this country."

Service continues to be a strong part of Commander Cachola's life and plays a big role in him becoming police officer. "I decided to go into public service because I felt it was similar to being in the Guard," he recalls.

He also went to school for Criminal Justice and received his Bachelor's Degree from Illinois State University prior to his deployment to Iraq.

He started at the Deerfield Police Department in the summer of 2010. Prior to coming to the Deerfield Police Department, he worked for the Vernon Hills Police Department for approximately three years.

"Since I have been in Deerfield, I have experienced many different aspects of police work, which include being a patrol officer, a bike officer, a field-training officer, a juvenile officer, a detective, a patrol supervisor and a traffic sergeant," he says. "I am currently a patrol commander. I have been very fortunate to have experienced many different facets of police work while with the Deerfield Police Department."

The Deerfield Police Department, he adds, is "very community oriented which means our officers usually go above and beyond as far as service to our community."

Officers in the bike unit, for example, usually do bike safety talks in the community. They attend public events such as the South Park Bike Rally, Tin Man Triathlon, Memorial Day 5K, and Deerfield Family Days. "Weather permitting, our bike officers are usually out and about conducting community policing manpower," Commander Cachola says.

He along with Sgt. Brad Tokarz are currently running the department's bike program. The program is part of the patrol division, and their main goal is to support the Deerfield Police Department's Community Policing Philosophy.

"Our hope is that by incorporating the theories of Community Policing within the department, the community will form a partnership with their police and both community members and police officers can work together to form a safe and vibrant community," Commander Cachola says. "I have been very fortunate to be involved in the bike unit. I have had the support of the administration who has allowed me to grow the bike unit's manpower and equipment. We deploy the traditional manual bikes and e-bikes. The e-bikes are the most popular for our bike officers use."



Deerfield Police Commander Oliver Cachola is seen here back in 2006 when his title was Spc. Oliver Cachola. He is seen posing with his certificate of naturalization with the Rome District Director of the U.S. Citizenship and Immigration Services, John M. Bulger (left) and Logistical Support Area Anaconda mayor Col. Mark Hampton (right). The ceremony took place on July 1, 2006. (Photo by Capt. Monika Comeaux)



Members of the Deerfield Bike Patrol Officer Seth Frontone, Officer David Hardt, Sgt. Brad Tokarz, Officer Curren, and Det. Todd Lorenz.

When it comes to your to-do list, put your future first.

To find out how to get your financial goals on track, contact us for a complimentary review.



Xander Horwitz
Financial Advisor

1020 Milwaukee Ave
Suite 355
Deerfield, IL 60015-3513
847-597-8190
edwardjones.com
Member SIPC

Edward Jones®
MAKING SENSE OF INVESTING

"THE BIKE SAFETY INITIATIVE BASICALLY GIVES OUR BIKE OFFICERS PERMISSION TO GIVE YOUNG DEERFIELD RESIDENTS A 'TICKET' WHICH IS AN ICE CREAM COUPON COURTESY OF DEERFIELD MCDONALDS," HE SAYS.

Bike patrols are conducted each year from spring to fall in Deerfield and the job of the bike patrol officers is to interact with community residents, according to Cachola. "We also conduct bike, pedestrian and traffic safety talks in the Farmer's Market. Our first Farmer's Market bike, pedestrian and traffic safety booth was very successful, and it was well received by the public, so we plan on doing more of those in the future," he says.

The department has been operating a bike safety initiative for about five years. "The bike safety initiative basically gives our bike officers permission to give young Deerfield residents a 'ticket' which is an ice cream coupon courtesy of Deerfield McDonalds," he says. The 'ticket' can be earned when a bike officer observes a bicyclist practicing good bike safety (like wearing a helmet and bright clothing).

Cachola says he also respects that the Deerfield Police Department has a great social services division that assists all Deerfield residents. "Our social workers do a great job in following up with the people our officers come into contact with and who need additional help beyond what our officers can do," he adds.



| Deerfield Police Sgt. Brad Tokarz speaks to a family during a recent Deerfield's Farmers Market, where the police department had a booth set up.



moore
FUN
event consultants
www.moorefun.org

A vertical advertisement for Moore FUN event consultants. It features a close-up of a vibrant bouquet of flowers in two gold-colored vases. The flowers include large roses in shades of pink, orange, and red, along with smaller green and purple blossoms. Below the flowers, the company name "moore FUN event consultants" is written in a bold, sans-serif font, with "FUN" in orange. The website address "www.moorefun.org" is also provided.

CAPTURE WHO THEY ARE

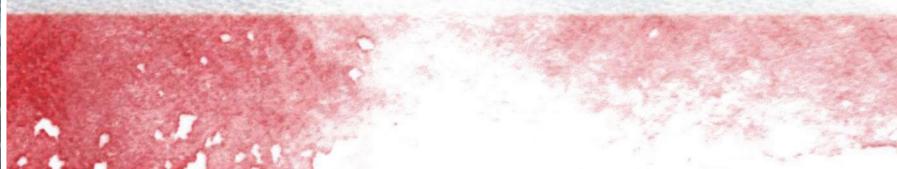
CUSTOM PORTRAIT SESSIONS THAT CELEBRATE YOUR TEEN/SENIOR

WWW.SARIPIPHOTOGRAPHY.COM
847-530-5353

A vertical advertisement for Sari Photography. It features three photographs of young adults: a woman in a white dress, a man in a football uniform, and a woman in a black sequined dress. Above these photos, the text "CAPTURE WHO THEY ARE" is written in a teal, bubbly font. Below the photos, the text "CUSTOM PORTRAIT SESSIONS THAT CELEBRATE YOUR TEEN/SENIOR" is displayed in a teal, serif font. At the bottom, the website "WWW.SARIPIPHOTOGRAPHY.COM" and phone number "847-530-5353" are listed.



| Bike Patrol Officer Seth Frontone makes his rounds through the village.
(Deerfield police photos provided by Commander Oliver Cachola)



"Our patrol officers, in my opinion, do a great job in taking a community policing approach to their job. They are ambassadors for the police department, and they are all very professional and care a lot about their profession and the community they serve."

Commander Cachola continues to stay involved in helping other veterans. He got involved with the Midwest Veterans Closet several years ago when, under the guidance of former Deputy Chief Petrillo of the Vernon Hills Police Department, they collected coats to benefit at-risk Lake County veterans.

"Since then, I have collected coats, usually at the start of fall to the early part of November, to benefit at risk Lake County Veterans. The program has been a success because I have received a lot of help and support from the community, the Deerfield Police Department, and the Deerfield Library, more specifically Judy Hoffman, who has helped me collect coats by allowing a collection box to be placed in the Deerfield Library lobby.

"Judy has also done a great job advertising the coat collection," he adds. "In the past, we have also collected food with help from the West Deerfield Township and we have dropped off food to the Midwest Veteran's Closet. We also now have an event called 'Cram a Cruiser' led by Deerfield School Resource Officer Lauren Maldonado Det. Joanna Sokorelis. The 'Cram a Cruiser' event collects food, with assistance from Deerfield Jewel-Osco and the proceeds benefit the Midwest Veteran's Closet."

The Midwest Veterans Closet is led by Mary Carmody. Commander Cachola says it's a one stop shop for at-risk Lake County veterans. The Midwest Veterans Closet has resources for local veterans in need of food, shelter, and clothing.

Helping the Midwest Veteran's Closet organization is important to Commander Cachola. "It's just my way of paying back our country that has been very good to me and my family," he says.

Inventory is LOW are you thinking of selling?

What's your **but**?

- I don't know where to start
- I don't know what my house is worth
- I don't understand my buying power

Regardless of the questions that you still need answers to or the barriers that stand in the way between you and owning your first, second, or even third home

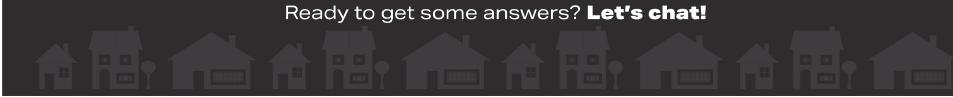
We're here to help guide you through the process.
Ready to get some answers? **Let's chat!**

ANTOKAL & SEED



ANTOKAL
& SEED

Linda Antokal - Broker
847.302.4335
Staci Seed - Broker
847.858.6727



WAYS TO HELP VETS DURING THE HOLIDAY SEASON

By Rex Robinson | Photos provided by the Deerfield Police Department

With the holiday season fast approaching and Thanksgiving coming up later this month, it is a time when the spirit of giving starts to really come alive. Many veterans who went off to war to fight for our freedom have found themselves in need of things most take for granted, like food, shelter, and clothing.

Veterans Day is November 11 and Thanksgiving falls on November 25. There are myriad ways to give back to those who gave so much for our country's freedom.

Deerfield Police Officer Lauren Maldonado says her Commander, Oliver Cachola, has worked closely with the Midwest Veterans Closet in North Chicago for a few years now.

"Last year, was our first year doing the 'Cram a Cruiser' event and we collected so much food that the local pantry asked if we could find another organization to donate to because they did not have the room to store what we had collected for them," she recalls.

That's when Commander Cachola tapped into his connections at the Midwest Veterans Closet. This idea excited Officer Maldonado because both her father and brother are Army veterans. This organization provides Veterans and active-duty military access to food, clothing, and goods to include furniture and household items. "Times can be hard for all, however being able to help out those that have sacrificed for our safety is essential," she says.

"Commander Cachola has been collecting for the Veterans Closet for a while now. I have been with Deerfield for a little over four years, and

he has been collecting coats to make sure our veterans and military personnel have access to warm clothes for our tough winters."

Maldonado's background with helping veterans stems from her passion to help others. "I strongly support our military and I'm very proud of our men and women in the military," she says. "It is the least I can do to show my support. I also actually used to be a teacher in North Chicago, so I am familiar with the needs of the area.

"Thanksgiving is about showing thanks, and I cannot thank our active military and veterans enough. I greatly appreciate the sacrifices they have made for our country. Feeling appreciated is one thing I hope these men and women feel during this Thanksgiving season."

This year's 'Cram a Cruiser' event will be from 10 am to 2 pm Nov. 20th at 16 S Waukegan Road in Deerfield.

For more information about the Midwest Veterans Closet, visit midwestveteranscloset.org or call 847-354-2108.



Detective Joanna Sokorellis (from left), Officer Lauren Maldonado, Commander Juan Mazariegos and Detective Todd Lorenz are seen here showing the food collected last year for the Midwest Veterans Closet.



Here are a few other resources for area veterans who need help during the holiday season and beyond:

- **Deerfield American Legion Post**, 849 Waukegan Road, Deerfield, is a place where veterans can connect for fellowship and find out about resources specifically for themselves and their families. More information is at deerfieldpost738.org or by calling 847-945-9821.
- **Illinois Department of Veterans' Affairs Resource Center**, 1755 Lake Cook Road, Suite 1409, Deerfield. For more information, call 847-948-6982.
- **Lake County Veterans and Family Services Foundation** offers a wide range of services to military veterans and their families. For more information, call 847-986-4622 or visit lcvetsfoundation.org.
- **Illinois Joining Forces (IJF)** launched in 2012 through an inter-governmental agreement between the Illinois Department of Veterans' Affairs (IDVA) and Military Affairs (IDMA) as a statewide, public-private network of military and veteran serving organizations working together to improve service for Service Members, Veterans and their families (SMVF). As a stand-alone nonprofit organization, IJF helps service members, veterans and their families navigate the "sea of goodwill" to find the support they need, when they need it. For more information, visit illinoisjoiningforces.org or call 833-463-6453.



We are
ORGANIC DAY SPA AND ONLY DAY SPA
OFFERING HYDRAFACIAL MD in the area.

HydraFacial MD, Massages, Facials, Waxing, Manicures and Pedicures
We are the only spa in Illinois with 100% of employees certified in treating Immunosuppressed clients (Cancer, Lupus, Chronic Fatigue, Diabetes, Psoriasis, Eczema, etc.)

RĒNU
DAY SPA

617 Central Ave.
Deerfield, IL | 847-940-9727 | www.renudayspa.com

November

Saturday, November 6

Navy Nurse POWs in WWII – Hybrid: attend virtually or in-person

@Deerfield Public Library – Room A/B/C

In 1942, 12 U.S. Navy Nurses were taken prisoner of war by the Empire of Japan. Dr. Emilie Le Beau Lucchesi will tell the heroic story of the brave nurses known as "The Twelve Anchors."

Time: 2 to 3 pm

Cost: Free

deerfield.libnet.info/events

Thursday, November 11

PTC Veterans Day Salute to FDR

@Patty Turner Center

The Patty Turner Center presents its Veterans Day Salute to FDR featuring dramatist R.J. Lindsey in his portrayal of Franklin D. Roosevelt. The Patty Turner Center is at 375 Elm Street and the phone number is 847-940-4010.

Time: 9 to 11 am

Cost: Free

deerfieldparks.org/patty-turner-center

Friday, November 12

Deerfield Family Theater presents School House Rock

@Caruso Middle School Theater

Based on the 1970s cartoon, this fast-paced musical teaches lessons with clever, catchy tunes and follows Tom, a nerve-wracked teacher who is nervous about his first day of teaching. He tries relaxing by watching TV, when various characters representing facets of his personality emerge from the set and show him how to win students over with imagination and music, through such songs as Just a Bill, Lolly, Lolly, and Conjunction Junction.

Times: This is a recurring event with performances on Fridays (starting November 12) and November 19 at 7:30 pm., Saturdays, November 13 and 20 at 1:30 and 7:30 pm and Sundays November 14 and 21 and 2 pm.

Cost: \$25

DeerfieldFamilyTheater.com

Saturday, November 13

Author Visit: Poet Lisa Hiton

@Deerfield Public Library – Room A/B/C

Poet Lisa Hiton will discuss her book Afterfeast, which begins by considering philosophical questions arising from the experience of desire and intimacy: What does love reveal about — and make possible within — the individual? Can we ever truly understand another person's experience of the world around them?

Through her graceful curation of imagery and enviable command of narrative, Hiton ultimately transforms our understanding of history and desire.

Time: 1 to 2pm

Cost: Free

deerfield.libnet.info/events

Veterans' Tour of Deerfield Cemetery

@Deerfield Historical Cemetery

This behind-the-gates tour showcases the veterans buried in the cemetery and their amazing stories. The tour meets at the Cemetery gates. Deerfield Historical Cemetery is at the corner of Waukegan and Central Avenue.

Time: 1 to 2pm

Cost: Free

Sunday, November 14

Benefit Dinner for School Chest Run for Change

@Ravinia Green Country Club

School Chest is Deerfield High School's annual Charity Drive. For more than 50 years, the efforts of the Deerfield High School community have been synthesized to raise awareness and funds for a non-profit organization. This year's charity drive will benefit Paws for Patrick, a non-profit organization dedicated to connecting young people with Emotional Support Animals and Therapy Dogs to aid them as they live with mental illness. Numerous events and initiatives, such as a silent-auction benefit dinner, a 3 on 3 basketball tournament, a spelling bee, a singing competition, and a 5K Run for Change, and daily food sales, are held as key means of fundraising during this three-week period. All School Chest events are entirely student-run. Ravinia Green Country Club is at 1200 Saunders Road.

Time: 5 to 9 pm

Cost: \$75 per ticket

schoolchest.org

Saturday, November 20

Cram a Cruiser Food Drive

@Deerbrook Shopping Center

Presented in partnership with the Village of Deerfield, Jewel-Osco, and the Midwest Veterans Closet, volunteer will be accepting donations of non-perishable food items from 10 am to 2 pm at Deerbrook Shopping Center, 16 S. Waukegan Road to benefit the Midwest Veterans Closet. The items will be loaded into a Deerfield Police Cruiser for delivery. The Midwest Veterans Closet in North Chicago collects "food, goods, and dignity" for military veterans. Many veterans are experiencing or are at risk of homelessness. The Midwest Veterans Closet also provides for active-duty service members, many who are newly stationed at Great Lakes, the only Naval Recruit Training Center in the country.

Time: 10 am to 2 pm

Cost: Non-perishable food items

midwestveteranscloset.org

Wednesday, November 24

Holiday Tree Lighting

@Deerfield Village Center

The Village of Deerfield will host its Holiday Tree Lighting at 5 pm on Wednesday, Nov. 24 at the Deerfield Village Center at the corner of Waukegan and Deerfield Road

Time: 5 pm

Cost: Free

deerfield.il.us

Friday, December 4

Deerfield Winter Market

@Between Jewett Park Drive and Hazel Avenue

The Village of Deerfield and the DBR Chamber of Commerce are joining forces to transform the Village's former Winter Celebration into an outdoor Winter Market. The Winter Market will be a one-day event, with traditional Friday-evening Winter Celebration festivities included in the Winter Market. The Winter Market will debut on Saturday, December 4, from 9 a.m. to 2 p.m. on Park Avenue, between Jewett Park Drive and Hazel Avenue. The Winter Market will feature a holiday shopping market, live entertainment, food vendors, local businesses, non-profit charities, and festive activities. The goal of the market is to present a family fun event focused on holiday shopping, flavors, and activities — spreading holiday cheer while promoting local businesses and organizations and all that Deerfield has to offer throughout the holiday season.

Time: 9 am to 2 pm

Cost: No entry fee

deerfield.il.us

If there is an event you would like listed in our calendar, please contact David Strouse at dstrouse@bestversionmedia.com or (847) 835-5197

IL Lic: 055-041826

LITTLE TOMMY'S

Plumbing Shop

847.780.4620

www.LittleTommys.com

Call Tommy today and we are on the way!!

EMERGENCY SERVICE 24/7

COMPLETE SERVICE FOR YOUR HOME'S PLUMBING SYSTEM:

- ◆ Water Heaters
- ◆ Sump/Ejector Pumps
- ◆ Clogged Drains
- ◆ Backup Systems
- ◆ Disposals
- ◆ Repiping
- ◆ Leak Detection
- ◆ Faucet Repair
- ◆ Gas Piping
- ◆ Toilet Repair
- ◆ Sewers Televised
- ◆ Fixture upgrades