

Menu for Week of December 7th, 2015

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Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

Centers may substitute food items as necessary.

<i>Week</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Cheerios, peaches and Milk,	Life cereal, tropical fruit and Milk,	Waffles, applesauce and Milk,	Raisin bran, mandarin orange and Milk,	Cheerios, pears and Milk,
Age Appropriate Substitute					
<i>Lunch</i>	Turkey meatballs, spinach, pears, wheat bread and Milk,	Teriyaki chicken, mash potatoes, green beans, tropical fruit, wheat bread, and Milk,	Grilled turkey and cheese, sweet peas, apple sauce and Milk,	Rotisserie chicken w/chicken gravy, carrots, mandarin orange, wheat bread and Milk,	Chicken wings, pears, peas and carrots , wheat bread and Milk,
Age Appropriate Substitute					
<i>PM Snack</i>	Wheat thins 100% (Grape) Juice,	Cheezits 100% (Apple) Juice,	Pretzel chips 100% (Cranberry Pomegranate) Juice,	Graham crackers 100% (Grape) Juice,	Animal crackers 100% (Animal) Juice
Age Appropriate Substitute					

Parents/Guardians, please review the above menu. If you have any questions or concerns, please let Administration know. Thank you.