

# 2021 USATF San Diego Imperial Association “Junior Olympic” Cross Country Championships

**Sunday, November 14, 2012**

**Chollas Lake Park  
6350 College Grove Drive, San Diego, CA 92115**



## Age Divisions & Distances

Divisions	Birth Year	Distance
8 & Under	2013+	2000m [1.24 miles]
9 -10	2011– 2012	3000m [1.86 miles]
11-12	2009 – 2019	3000m [1.86 miles]
13-14	2007 – 2008	4000m [2.48 miles]
15-18	2006 – 2003	5000m [3.1 miles]

Athletes in this division are all welcomed to compete. Per USATF Rule, Article VI, Section I, Rule 300.1(c), “Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or National Junior Olympic Championships.”



**Individuals:** Only United States of America (U.S.A.) citizens, aliens living in the USA, and foreign exchange students are eligible to compete in these Championships. See USATF rules for more information of exceptions. A competitor must compete in his/her age division only. All athletes must be registered 2021 members of USATF in good standing.

**Teams:** Only registered 2021 USATF member clubs may enter a team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

**ENTRY PROCESS:** Only athletes who are registered and current members in good standing with USATF may compete. USATF membership can be completed online at [www.usatf.org](http://www.usatf.org). In addition addition, proof of birth must be verified prior to starting the on-line registration process. Per USATF rules, proof of birth is limited to a copy of a birth certificate, passport, certified baptismal record, driver’s license or USA Government identification. Hospital certificates are not acceptable. Proof of



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birth for age verification must be completed online through USATF. Please complete the process at least 3-4 days prior to the entry deadline to avoid entry issues.

**ON-LINE REGISTRATION:** Entry shall be completed online and must be received by **11:59PM on Thursday, November 11, 2021**. To enter the meet, go to [www.athletic.net](http://www.athletic.net). Select the USATF San Diego Imperial Cross Country Meet.

**PARTICIPANT WAIVER & RELEASE FORM:** A completed form is required by all competitors prior to competing. You may obtain the form from the online registration system by going to the main menu and selecting option number seven (7), print waiver. Bring the waiver to the meet.

**ENTRY FEE:** \$10.00 per athlete. Entry fee will be accepted at the meet by individuals and clubs. Only Registered USATF San Diego Imperial Association clubs may pay by cash, team check or money order. Unattached athletes must pay by cash or money order. No **personal checks** will be accepted from teams or unattached athletes. Entry fees are non-refundable or transferrable.

**TEAM SCORING:** 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

**AWARDS:** USATF Association Junior Olympic medals will be awarded to the top finishers in each age division.

**ADVANCEMENT:** Advancement to the Regional & National Junior Olympic Championships have been suspended for 2021 as both meets are considered open meets. The Region 15 Junior Olympic Cross-Country Championships will be hosted by the USATF Southern California Association on November 21, 2021, at Central Park, 27150 Bouquet Canyon Road, Santa Clarita, CA 91350. The entry deadline is 11:59PM on Wednesday, November 17, 2021. Registration will be online via [www.athletic.net](http://www.athletic.net). For other details, please refer to information posted at: <https://www.scausatf.org/sports/cross-country/youth-jo-xc/#gsc.tab=0>. The USATF National Junior Olympic Cross-Country Championships will be held on December 11, 2021, in Paris, Kentucky. For details concerning the meet visit: <https://www.usatf.org/events/2021/2021-usatf-national-junior-olympic-cross-country-c>

**EVENT RESULTS:** Results will be posted on athletic.net and In addition, event results will be posted on the youth page at [www.sandiego.usatf.org](http://www.sandiego.usatf.org).

**THE COURSE:** Athletes will compete in a loop around Chollas Lake, which is a flat dirt surface. coaster type of hills.

**COURSE WALK THROUGH:** A walk through will be held on the day of the meet at **7:45AM**.

**STARTING TIME:** The first race will begin at **8:30AM** beginning with the 8 and Under Girls followed by the 8 & Under Boys and proceed through the other age divisions.

#### For Questions Contact:

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