



Kiddos Academy

July 30th to August 3rd



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 8:30	<ul style="list-style-type: none"> ✓ Croissant-Eggs Sandwich ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey & Cheese on Whole Wheat Bread ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Oatmeal & Honey ✓ Buttered Whole Wheat Bread ✓ Berries ✓ Milk 	<ul style="list-style-type: none"> ✓ Scrambled Eggs with Chopped Turkey ✓ Whole Wheat Bread ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Laughing Cow Wedge Cheese on Whole Wheat Flatbread ✓ Pineapple ✓ Milk
Lunch 11:00 11:30	<ul style="list-style-type: none"> ✓ Chicken Nuggets ✓ Celery & Ranch Dip ✓ WG Brown Rice ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken and Cheese Taquitos & Cheese Dip ✓ WG Rice with Vegetables ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Honey BBQ Boneless Chicken ✓ Honey Wheat Rolls ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey & Cheese with Lettuce & Tomatoes on Whole Wheat Bread ✓ Pasta Salad ✓ Milk 	<ul style="list-style-type: none"> ✓ Sliced Turkey, Roast Beef, Cheese, Tomato on Whole Wheat Bread ✓ Tater Tots ✓ Pineapple ✓ Milk
Snack 2:00 2:30	<ul style="list-style-type: none"> ✓ Whole Wheat Fig Bar ✓ Apple Sauce ✓ Milk 	<ul style="list-style-type: none"> ✓ Mini Cheese Croissants ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Cheese Crackers ✓ Mandarin Oranges ✓ Milk 	<ul style="list-style-type: none"> ✓ String Cheese ✓ Ritz Crackers ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Vegetables Chips ✓ Pears ✓ Milk
Dinner 4:00 5:30	<ul style="list-style-type: none"> ✓ Chicken and Cheese Ravioli ✓ Corn ✓ Wheat Garlic Toast ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Meat Loaf ✓ Cole Slaw ✓ Honey Wheat Rolls ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken Strips with Melted Cheddar ✓ French Fries ✓ Wheat Bread ✓ Peach ✓ Milk 	<ul style="list-style-type: none"> ✓ Cheeseburger Sliders ✓ Fries with Cheese ✓ WG Rice with Vegetables ✓ Water Melon ✓ Milk 	<ul style="list-style-type: none"> ✓ Sliced Chicken, Tomato, Cheese on Wheat Bread ✓ Cole Slaw ✓ Mango ✓ Milk

Notes:
