

PE

Autumn Term	Spring Term	Summer Term	Skills/Assessment
<p><b>Football:</b> To understand the game of football, developing skills with accuracy, team work</p> <p><b>Fitness:</b> Strength, agility, stamina, hygiene, nutrition</p> <p><b>Badminton:</b> Communication, agility, speed, single and pairs matches</p> <p><b>Basketball:</b> Advanced match skills, team work, communication</p>	<p><b>Fitness:</b> Circuits, stamina, hygiene, nutrition</p> <p><b>Dodgeball/Handball:</b> Understanding and knowledge of tactics and strategies</p> <p><b>Rugby:</b> Passing, game drill, team work, communication</p> <p><b>Volleyball:</b> To use correct striking techniques, communication, team work</p>	<p><b>Athletics:</b> Develop chosen category, training schedules</p> <p><b>Rounders:</b> Develop position skills, throwing, accurate batting, teamwork</p> <p><b>Cricket:</b> Accurate skills, team work, communication</p> <p><b>Tennis:</b> Develop skills with accuracy and strength</p>	<p>End of topic skills assessments</p> <p>Recording progress (Traffic light system)</p> <p>Recorded PB</p>
<p><b>Football:</b> Match skills and tactics, developing position skills, game rules, team work</p> <p><b>Fitness:</b> Strength, agility, hygiene, nutrition</p> <p><b>Badminton:</b> Pairs, communication, agility, developing skills</p> <p><b>Basketball:</b> Match skills, shooting, passing, develop match skills, communication</p>	<p><b>Fitness:</b> Agility, stamina, hygiene, nutrition, strength, stretching</p> <p><b>Dodgeball/Handball:</b> Team communication, effective play, accurate passing</p> <p><b>Rugby:</b> Game rules, drills, passing, team work</p> <p><b>Volleyball:</b> To develop striking techniques, team work, communication</p>	<p><b>Athletics:</b> Develop chosen category</p> <p><b>Rounders:</b> Advanced skills, tactics and strategies, communication</p> <p><b>Cricket:</b> Developing accurate skill, team work, communication</p> <p><b>Tennis:</b> Serving, accurate ball placement, singles and pairs matches</p>	<p>End of topic skills assessments</p> <p>Recording progress (Traffic light system)</p> <p>Recorded PB</p>
<p><b>Football:</b> Team positions, goal scoring, goalie skills, game rules, team work</p> <p><b>Fitness:</b> Circuits, stamina, hygiene, nutrition</p> <p><b>Badminton:</b> Pairs, communication, develop skills and technique</p> <p><b>Basketball:</b> Shooting skills, passing, dribbling, team work</p>	<p><b>Fitness:</b> Agility, stamina, hygiene, nutrition, stretching</p> <p><b>Dodgeball/Handball:</b> Developing game skills, agility, team work</p> <p><b>Rugby:</b> Game rules, game history, passing, ball control</p> <p><b>Volleyball:</b> Game rules, technique, develop ball skills, team work</p>	<p><b>Athletics:</b> Long distance running, sprinting, jumping</p> <p><b>Rounders:</b> Game skills, team work, distance throwing, fielding technique</p> <p><b>Cricket:</b> Developing core skills, team work, communication</p> <p><b>Tennis:</b> Accurate ball and racket control, confidence, pairs, communication</p>	<p>End of topic skills assessments</p> <p>Recording progress (Traffic light system)</p> <p>Recorded PB</p>
<p><b>Football:</b> Passing, dribbling skills, game rules, team work</p> <p><b>Fitness:</b> Balance, light circuits, stamina, nutrition</p> <p><b>Badminton:</b> Forehand, backhand, serving</p> <p><b>Basketball:</b> Passing, dribbling skills, team work</p>	<p><b>Fitness:</b> Balance, body control, stamina, nutrition</p> <p><b>Dodgeball/Handball:</b> Ball control, movement, team work, passing</p> <p><b>Tag Rugby:</b> Technique, agility, speed</p> <p><b>Volleyball:</b> Game rules, technique</p>	<p><b>Athletics:</b> Running, jumping, throwing,</p> <p><b>Rounders:</b> Develop skills, fielding, team work, communication</p> <p><b>Cricket:</b> Game rules, batting, long fielding, advanced bowling techniques</p> <p><b>Tennis:</b> Game rules, racket and ball control, singles match</p>	<p>End of topic skills assessments</p> <p>Recording progress (Traffic light system)</p> <p>Recorded PB</p>
<p><b>Football:</b> Game rules, game history, team work, passing</p> <p><b>Fitness:</b> Balance, light circuits, flexibility</p> <p><b>Badminton:</b> Game rules, forehand</p> <p><b>Basketball:</b> Game rules, passing, team work</p>	<p><b>Fitness:</b> Balance, body control, stamina</p> <p><b>Dodgeball/Handball:</b> Game rules, ball control, movement</p> <p><b>Tag Rugby:</b> Game rules, develop understanding and technique</p> <p><b>Uni Hock:</b> Game rules, skills</p>	<p><b>Athletics:</b> Running, jumping, stretching</p> <p><b>Rounders:</b> Game rules, batting skills, catching, bowling</p> <p><b>Cricket:</b> Game rules, sport history, bowling,</p> <p><b>Tennis:</b> Game rules, sport history, racket control</p>	<p>End of topic skills assessments</p> <p>Recording progress (Traffic light system)</p> <p>Recorded PB</p>

Year 11

Year 10

Year 9

Year 8

Year 7