

Bump-N-Grind 4-2

Choreographed by [Dan & Sharon Ross](#)

Description: 48 count, intermediate partner dance

Music: [Bump-N-Grind](#) by Ronnie Beard [CD: [Ronnie Beard](#)]

Position: Begin facing line of dance, man on the inside of the circle, Lady on the outside. Man's right hand holding lady's left

Based on Bump-N-Grind by Jo Thompson & Jamie Marshall

POINT, TOGETHER, POINT, TOGETHER, VINE 3, TOUCH

MAN

1-2 Touch right side with right hip bump, touch right together (hips center)

3-4 Touch right side with right hip bump, touch right together (hips center)

5-7 (Letting go of lady's hand and passing behind her) step right foot to right side, cross left behind, step right side

8 (Taking lady's right hand in his left) touch left beside right

LADY

1-2 Touch left side with left hip bump, touch left together (hips center)

3-4 Touch left side with left hip bump, touch left together (hips center)

5-7 (Passing in front of gentleman) step left foot to left side, cross right behind, step left side

8 Touch right together

HIP CIRCLE TWO TIMES, VINE 3, TOUCH

MAN

1-2 Touch left side, circle hips forward and left, finish circle hip back and right

3-4 Circle hips forward and left, finish circle hip back and right

5-7 (Letting go of lady's hand and passing behind her) step left foot to left side, cross right behind, step left side

8 (Taking lady's left hand in his right) touch right beside left

LADY

1-2 Touch right side, circle hips forward and right, finish circle hip back and left

3-4 Circle hips forward and right, finish circle hip back and left

5-7 (Passing in front of gentleman) step right foot to right side, cross left behind, step right side

8 Touch left together

WIGGLE WALK FORWARD

MAN

1&2 Place right foot forward to right diagonal, hip right, hip left, hip right shifting weight forward to right foot

3&4 Place left foot forward to left diagonal, hip left, hip right, hip left shifting weight forward to left foot

5&6 Place right foot forward to right diagonal, hip right, hip left, hip right shifting weight forward to right foot

7&8 Place left foot forward to left diagonal, hip left, hip right, hip left shifting weight forward to left foot

LADY

1&2 Place left foot forward to left diagonal, hip left, hip right, hip left shifting weight forward to left foot

3&4 Place right foot forward to right diagonal, hip right, hip left, hip right shifting weight forward to right foot

5&6 Place left foot forward to left diagonal, hip left, hip right, hip left shifting weight forward to left foot

7&8 Place right foot forward to right diagonal, hip right, hip left, hip right shifting weight forward to right foot

WEAVE, KICK-BALL-CHANGE

MAN

1-2(Turning lady $\frac{3}{4}$ turn to the right) step right foot forward, (turning $\frac{1}{4}$ turn to the right) step left foot to left side

3-4(Picking up lady's right hand in his left) step right foot crossed behind left, step left side

5-6Step right foot crossed in front of left, (letting go of lady's right hand & turning $\frac{1}{4}$ turn to the left) step left foot forward

7&8Kick right forward, rock back with ball of right foot, recover weight forward to left foot
LADY

1-2(Beginning $\frac{3}{4}$ turn to the right) step left foot $\frac{1}{4}$ turn right, pivoting $\frac{1}{2}$ turn right step right foot to right side

3-4Step left foot crossed in front of right, step right side

5-6Cross left behind, (turning $\frac{1}{4}$ turn to the right) step right foot forward

7&8Kick left forward, rock back with ball of left foot, recover weight forward to right foot
SIDE TRIPLE, ROCK BACK, RECOVER (TWICE)

MAN

1&2(Letting go of lady's hand and passing behind her) step right foot to the right side, step left together, step right side

3-4(Picking up lady's right hand in his left) rock back with ball of left foot, recover weight forward to right foot

5&6(Letting go of lady's hand and passing behind her) step left foot to left side, step right together, step left side

7&8(Picking up lady's left hand in his right) rock back with ball of right foot, recover weight forward to left foot

LADY

1&2(Passing in front of gentleman) step left foot to left side, step right together, step left side

3-4Rock back with ball of right foot, recover weight forward to left foot

5&6(Passing in front of gentleman) step right foot to the right side, step left together, step right side

7-8Rock back with ball of left foot, recover weight forward to right foot

STEP-TURN, STEP-TURN, HIP BUMPS, HIP CIRCLE

MAN

1-2(Letting go of lady's hand) step right foot forward, turn $\frac{1}{2}$ left changing weight to left foot

3-4Step right forward, turn $\frac{1}{2}$ left changing weight to left foot

5-6(Picking up lady's left hand with his right) bump hips to the right twice

7-8Circle hips 1 $\frac{1}{2}$ time's to the left ending with weight on left foot

LADY

1-2Step left forward, turn $\frac{1}{2}$ right changing weight to right foot

3-4Step left forward, turn $\frac{1}{2}$ right changing weight to right foot

5-6Hip left, hip left

7-8Circle hips 1 $\frac{1}{2}$ time's to the right ending with weight on right foot

REPEAT

Choreographer Contact Information:

Dan Ross | [[E-Mail](#)] | [[Website](#)] | **Address:** PO Box 222, Mesquite, NV 89024 | **Phone:** (+1)(702) 245-7896 (USA)

Sharon Ross | [[Website](#)] | **Address:** 3937 Topaz Lane, Virginia Beach, VA 23456-1356 | **Phone:** (+1)(757) 471-9147 (USA)