

SEPTEMBER 2019 LUNCH MENU Kalaheo Elementary School

All menus are subject to change without notice. All meals include a choice of a half pint 1% white or FF Chocolate milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Hamburger Steak w/gravy & Rice Mixed Fruits Steamed Carrots & Corn	4 BBQ Pork Sandwich Potato Wedges Pineapple Chunks Cole Slaw	5 Vegetarian Pizza Honeydew Melon Spinach/Romaine Salad Celery Stick	6 Asian Bake Chicken & Rice Roll, Apple Wedge, Steamed Carrots And Edamame
9 Creole Macaroni w/Meat Sauce Peaches Garden Salad Baby Carrots	10 Chicken Patty w/gravy & Rice Apple Wedges Steamed Vegetables	11 Teri Burger Potato wedges Honeydew Melon Veggie Sticks With Hummus	12 Chicken Broccoli Steamed Brown Rice Mixed Fruits Steamed Corn	13 Turkey Ham Sandwich Cantaloupe Lettuce & Tomato Veggie Sticks Edamame
16 Chicken Tender Brown Rice Apple Wedges Steamed Corn & Broccoli	17 Tuna Sandwich Wedge Fries Veggie Sticks w/dip Fruit Slushy	18 Cheese Pizza Sliced Peaches Spinach/Romaine Salad w/Edamame Baby Carrots	19 Sloppy Joe on Bun Cantaloupe Veggie Sticks Baked Beans	20 Chicken Pasta Florentine Orange Wedges Rainbow Salad
23 Popcorn Chicken Brown Rice Steamed Corn & Carrots Honeydew Melon	24 Fish Sandwich Grape Juice Rainbow Salad Edamame	25 Crispy Nachos Chili & Cheese Orange Wedges Spinach/Romaine Salad Celery Sticks	26 Hot Turkey Sandwich Whipped Potatoes Steamed Carrots & Edamame Apple Wedges	27 Kalua Pork & Spinach Brown Rice Sweet Potato Pineapple Chunks
30 Chicken Tenders & Rice Peaches Baby Carrots Garden Salad				

All bread and bread products are made with whole grain.

Breakfast is served from 7:00AM-7:40AM <hr/> <p style="text-align: center;">BREAKFAST PRICE</p> <hr/> Reduced.....\$0.30 Paid.....\$1.10 <hr/> Milk Only...\$0.75 Second meal and Adult....\$2.40 Lunch is served 11:00AM, Pre K 11:25AM, Gr. 3-5 11:35AM Gr. K-2 <hr/> <p style="text-align: center;">LUNCH PRICE</p> <hr/> Reduced...\$0.40 Paid.....\$2.50 <hr/> Milk only.....\$0.75 Second meal and Adult.....\$5.50	School meal payments can be done in the cafeteria from 7:00AM-8:30AM or at the office. Prepayments can also be made online, to create an account go to www.EZSchoolPay.com with your child's last name and their student number. ****Low balance and negative letters will be sent out weekly with your child.
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This institution is an equal opportunity provider.

SEPTEMBER 2019

BREAKFAST MENU

Kalaheo Elementary School

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Pepperoni Pizza Stick Apple Wedges Mixed fruits	4 Ham Links in Bun Apple Juice Honeydew Melon	5 Papaya Muffin Orange Juice Cantaloupe	6 Fried Rice Portuguese Sausage Grape Juice Apple wedges
9 Bagel w/Cream Cheese Orange Wedges Apple juice	10 Breakfast Chicken Patty w/Gravy & Rice Cantaloupe Grape Juice	11 Homemade Cinnamon Roll Peaches Honeydew Melon	12 Portuguese Sausage Rice Applesauce Apple Wedges	13 Pizza Bagel Mixed Fruits Orange Wedges
16 Bagel w/cream cheese Pineapple Chunks Cantaloupe	17 Gingerbread Cake w/frosting Yogurt Juice Apple Wedges	18 Pancake w/syrup Mixed Fruits Honeydew Melon	19 Southern Pork Links Steamed Rice Fruit Juice Apple Wedges	20 Pepperoni Pizza Stick Fruit Juice Orange Wedges
23 Cinnamon Raisin Bagel w/cream cheese Pineapple Chunks Orange Wedges	24 Coffee Cake Sliced Peaches Honeydew Melon	25 Chicken Patty Steamed Rice Cantaloupe Mixed Fruits	26 Pizza Bagel Applesauce Orange wedges	27 Fruit Yogurt Bowl Toast Pineapple Chunks Apple Wedges
30 Belgian Waffle w/syrup Apple Wedge Pineapple Chunks				

****Alternate choice with main breakfast: Cereal & Toast or Yogurt & Toast.

All bread and bread products are made with whole grain.

<p>Breakfast is served from 7:00AM-7:40AM</p> <p>BREAKFAST PRICE</p> <p>Reduced.....\$0.30</p> <p>Paid.....\$1.10</p> <p>Milk Only...\$0.75</p> <p>Second meal and Adult....\$2.40</p>	<p>School meal payments can be done in the cafeteria from 7:00AM-8:30AM or at the office. Prepayments can also be made online, to create an account go to www.EZSchoolPay.com with your child's last name and their student number.</p>
<p>LUNCH PRICE</p> <p>Reduced...\$0.40</p> <p>Paid.....\$2.50</p> <p>Milk only.....\$0.75</p> <p>Second meal and Adult.....\$5.50</p>	<p>****Low balance and negative letters will be sent out weekly with your child.</p>

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