

AUGUST 2021

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER 2021

OCTOBER 2021

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	August 30	August 31	1	2	3	4
AM Snack	Life cereal w/ milk	Fig Newtons	Bananas and Nilla Wafers	Toast w/jelly	Layered fruit bars	
PM Snack	Pretzels and Cheese	Trail Mix	Cucumbers and carrots	Cheese and crackers	Animal crackers and Mandarin oranges	
5	6	7	8	9	10	11
AM Snack	CLOSED	Graham crackers & applesauce	Cheerios w/ milk	Cottage Cheese and Pineapples	Pastry Crisps	
PM Snack		Off the Eaten path & hummus	Mozzerella and tomatoes	Turkey/ Cheese Roll up	Ritz Handi-Snacks	
12	13	14	15	16	17	18
AM Snack	Bagels w/ Cream cheese	Life cereal w/ milk	Belvitas	Cinnamon Toast	Pastry Crisps	
PM Snack	Babybel & Nilla Wafers	Fig Bars	Clif Z Bars	Cheese and Crackers	Nabisco Fun Shapes	
19	20	21	22	23	24	25
AM Snack	Pineapple, grapes & cheese	Cheerios w/ milk	Yogurt	Bananas & craisins	English Muffins	
PM Snack	Chex Mix	Chips and Salsa	Goldfish & raisins	Trail Mix	Ritz Cheese Snacks	
26	27	28	29	30	1	2
AM Snack	Nillas Wafers and Cream Cheese	Pastry Crisps	Belvitas	Toast w/ Jelly		
PM Snack	Fig Bars	Cheez-Its	Mini Quesadilla	Bananas and craisins		