

THE VOICE

WINTER 2015

HAWAII DENTAL HYGIENISTS' ASSOCIATION



PRESIDENT'S ADDRESS

Wow! Where has the time gone? Can you believe it's already 2015?! Happy New Year!! And thank you for waiting so patiently for this issue of *The Voice*. I can't believe that it has already been a couple months since I was installed as HDHA president. I would like to thank the members for allowing me the opportunity to serve as your next president. Over the last year I have been preparing for this responsibility and I am so excited to guide the association into growth and transformation.

2014 was an amazing, life-changing

year for me. This is fitting as the theme for my term is transformation. I want to thank our Immediate Past Presidents, Ellie Kelley-Miyashiro and Jill Rethman, for their unyielding dedication to the association and for serving 2 terms as our president and president elect. Ellie and Jill have been amazing role models for me since I graduated in 2011. They have both been a wealth of knowledge as well as great support as I decided to serve as president.

I would like to recognize our amazing District XII Trustee, Lancette

VanGuilder, RDH who attended our Annual Scientific Session. Lancette took time out of her busy schedule to present what's going on with dental hygiene nationally. She highlighted the importance of how paying membership dues supports your profession.

My focus for this term is to increase our professional membership in Hawaii. Hawaii has 1,034 licensed dental hygienists. However, our HDHA professional membership is at 217. My goal is to increase our membership and demonstrate that

217. My goal is to increase our membership and demonstrate that there truly is strength in numbers. This season ADHA is promoting a national campaign to increase membership numbers across the country. ADHA will be contacting non-members to discuss benefits of membership. By becoming a professional member you are investing in your profession and your future as a hygienist. I would like to thank all of the hygienists that have stepped up and dedicated their time to work on the association and committees. We

have an exceptional team of members that are participating in transforming the association. I feel so fortunate to have a board that will be working along with me to increase membership and fundraise for our student scholarships. I thank you for the privilege of serving as president and encourage your participation. I am happy to answer any questions or concerns you might have, and I appreciate your feedback. Please feel free to email me at Jusnoe@aol.com. Your voice will be heard!



Noelani R.E.T.G. Greene, RDH, BS
HDHA President



- LET'S GO TO NASHVILLE -

-- 2015 Annual Session --
June 17 - 23, 2015
Nashville, TN

Login today at adha.org for membership processing, membership updates, renewals and conference registration.

ITALY ANYONE?

The first exhibition exclusively reserved for dental hygienists, entitled "DENTAL HYGIENIST EXPO 2015," has been organized and will be held on April 10-11, 2015, at the Fiera of Verona in Italy.

They are expecting participation from at least 60 exhibitors and 2,000 dental hygienists, coming from Italy and abroad. There will be a conference area at the center of the exhibition hall with 80 seats. This space will be designated for conducting corporate workshops.

If you are interested in taking part in the exhibition or want more information, you can access the site www.igienistidentaliexpo.it and fill in the corresponding form.

To view the promotional video simply copy the following link:

<http://www.youtube.com/watch?v=kAcpeQBDGdw>

HDHA SCHOLARSHIP 2014 WINNERS

submitted by Ellie Kelley-Miyashiro, RDH, BS

Congratulations to the HDHA Annual Scholarship Winners. The 2014 Administrative Committee had the difficult task of choosing winners for \$1500 in scholarships. There were a total of seven applicants who completed a 500 (minimum) word essay on leadership and the dental hygienist. They explained how he or she would use their knowledge and skills to become a leader in their state professional association, community and the dental office after graduation. Most importantly, they explained in detail, why they felt it was important to continue to be an active member of our professional organization (ADHA/HDHA) long after graduation. Again...Congratulations to:

Maria Duke	First Place	\$800
Kelli Miyashiro	Second Place	\$500
Ha Ngo	Third Place	\$200

We welcome these future leaders into the HDHA family! Hope you Enjoy the winning essay as much as we did!

Maria Duke
November 1, 2014
HDHA Scholarship

The importance of having leadership qualities as a dental hygienist professional is essential. A dental hygienist is defined as a "licensed primary healthcare professional, oral health educator, and clinician who provides preventive, educational, and therapeutic services supporting total health for the control of oral diseases and the promotion of oral health" (1). Leadership is defined as the action of leading a group of people or an organization with guidance, direction, management and supervision (3). To lead is to direct the operations, activity, or performance and to tend towards a definite result (2). Combining leadership qualities with the technical skills and knowledge of a professional dental hygienist make for a highly dedicated and competent health care provider. After graduation, I look forward to utilizing my dental hygiene knowledge and skills to become a leader in my state professional association, local community and dental office. I will combine my excellent dental hygiene training from the University of Hawaii Manoa Dental Hygiene Program as a solid foundation on which to build on to

become a leader in the Hawaii Dental Hygienists' Association (HDHA). The knowledge and skills I have learned will be a tremendous asset in becoming a HDHA leader. I will strive to combine trust, integrity, teamwork and leadership principles by clearly defining objectives and motivating a team of professional dental hygienists to achieve goals.

My knowledge, skills and ability to lead will also support my local community by being an advocate for children and family awareness in accessing quality oral health care. In my community, I will develop early childhood community outreach programs that emphasize visiting schools, educating family members and caregivers and encouraging the importance of effective oral hygiene.

As a leader in my dental office, my knowledge and skills will translate to generating a trustworthy and teamwork based environment. Leading by example and motivating my team to obtain the highest standards of dental hygiene education, practice and research is important in providing patients with exceptional oral health care. As a leader, I will educate patients in diet and nutrition, and promote preventative oral hygiene through routine self-care (4).

As a professional dental hygienist, the importance of becoming a member of the American Dental Hygienists' Association and Hawaii Dental Hygienists' Association cannot be overstated. Being an active member can open up many opportunities to enhance my knowledge and skills. Even long after graduation, I would still be able to advance myself and keep up with current events, research, continuing education requirements, licensing and methods to practice and apply my knowledge clinically as well as educating others around me. As an active member, I will also give back to my community by participation and increasing awareness of oral hygiene prevention to benefit effectiveness to others. I will contribute my time by advocating ADHA/HDHA, recruiting members, and promoting the benefits that come along as an active member. Life long membership in ADHA/HDHA will enhance every professional dental hygienist career (4,5).

In conclusion, my knowledge, skills and leadership qualities as a professional dental hygienist will continue to be utilized in my state professional association, local community and dental office. Combining trust, integrity, teamwork, leadership and technical skills and knowledge has enhanced my ability to become a well-rounded professional in my field. I am motivated to encourage others to promote and achieve the highest standards of oral hygiene care. The importance of having these essential qualities will well prepare me to become a successful leader in the dental hygiene profession.

Reference:

- 1) Wilkins, Esther M., and Charlotte J. Wyche. *Clinical Practice of the Dental Hygienist*. 11th ed. Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, 2013. Print.
- 2) Webster, Inc. *The Merriam-Webster Dictionary*. Springfield, Mass.: Merriam-Webster, 2004. Print.
- 3) "Google | Define Google at Dictionary.com." Web. 23 Oct. 2014.
- 4) "HDHA - Hawaii Dental Hygienists' Association in Honolulu, Hi." Web. 21 Oct. 2014.



TABLE CLINIC WINNERS

2014 TABLE CLINIC WINNERS AND PRESIDENT'S RECEPTION

submitted by Ellie Kelley-Miyashiro, RDH, BS

This year, the students from UHM School of Dental Hygiene were invited to participate in the Student Table Clinic Competition at the 23rd Annual Scientific Session. Nine different entries were submitted by the fourth year students. The nine groups were:

LANAP "Laser Assisted New Attachment Procedure"	Miyashiro, Cassandra	Fong, Natasha
Probiotics: The Friendly Bacteria	Tedios, Kathryn	Mendiola, Kiana
Holistic Dental Therapy? Oil Pulling	Chung, Kristina	Miyashiro, Kelli
Keep Calm and Support Cancer	Esaki, Tiana	Royer, Celestina
A Matter Of Taste	Sambo, Melissa	Rosario, Gwen
Off The Wall	Furuta, Ashley	Xiao, Janice
Oral Health Implications from Areca (Betel Nut) Use	Lomongo, Angelica	Lau, Alisa
ALS 101	Ricafort, Justin	Morehead, Jaymean
ABC Caries	Duke, Maria	Ngo, Ha

The nine student groups showcased their displays and presentation skills at the President's Reception Saturday evening after the Annual Scientific Session. The participating students displayed their artistic, intelligent, and creative poster boards to session attendees and six qualified judges (three teams of two). Team 1: HDHA Past President Tricia Jinbo, RDH with President Ellie Kelley-Miyashiro, RDH, Team 2: ADHA District XII Trustee Lancette VanGuilder, RDH and her husband Ward VanGuilder, PT and Team 3: member Chanda Park, RDH with GSK rep Allison Lucas, judged the event and had the difficult task of choosing the winners.

This year's competition was excellent—full of current research-based topics. The winner's of this year's competition were Melissa Sambo and Gwen Rosario with "A Matter of Taste," a look at taste disorders, their causes and the role of dental hygienists. The second-place team was Maria Duke and Ha Ngo with the ABC Caries. The third-place team was Justin Ricafort and Jaymean Morehead with ALS101. All winning teams received a set of hand instruments, courtesy of PDT. First Place team Melissa Sambo and Gwen Rosario will be sponsored by HDHA to travel to Nashville, along with this year's official delegates, June 17-23, 2015, where they will compete against other students from around the country.

Receiving 1 CE credit as well as being able to view the table clinics all day Sunday was another great benefit for attendees. Thank you students and UHHD faculty for another great year of research posters. Congratulations again to all our winners and participants. Looking forward to next year!



Top 3 table clinic winners. Congratulations!!

SILENT AUCTION

submitted by Ellie Kelley-Miyashiro, RDH, BS

This year's Silent Auction held at the 23rd Annual Scientific Session was another resounding success. Over \$4000 was raised over the two-day bidding period. Highlights from the auction included dental hygiene instruments, including several hand instruments, cavitron inserts as well as a number of electric toothbrushes and bleaching products. Other popular items featured were Trader Joe's snacks, pet items, beauty products, bags, gift sets and jewelry. Gift cards for Foodland, Times Supermarket, Jamba Juice and Starbucks, Victoria Secret, Ruby Tuesday, JJ Dolan's, Ferguson's and Murphy's also brought generous donations. Each item donated, as well as, your kind

monetary donations and generous bids at this year's Silent Auction will help UH Manoa dental hygiene students in next year's scholarship event!

A big thank you to the following dental companies who kindly donated items: Colgate, Dentsply, Proctor & Gamble, PDT, Philips Sonicare/Zoom, Zirc Dental, and American Eagle Instruments.

Special thanks to hygienist Amy Blair as well as HDHA member hygienists who donated items: Tricia Jinbo, Gayle Chang, Ellie Kelley-Miyashiro, Sierra Spruce, Jill Rethman, Noelani Greene, Marianne Timmerman, Tori Clegg, Chanda Park, Mavis Gushiken, Terri Brown, Gerraine Hignite, Julee Omori, Carolyn Kuba and

any others I may have missed. Thank you again to all involved whether you contributed an item or generously bid on something special. We look forward to another fun and successful auction at next year's Annual Scientific Se



ANNUAL ZUMBA HY-PAC FUNDRAISER

submitted by Jennifer Takata, RDH

On Sunday, October 12, 2014 the Hawaii Dental Hygienists' Association held its annual Zumba fundraiser at Lunalilo Elementary School. The turnout filled the cafeteria as hygienists, dentists and HDHA family and friends danced away to a full two hours of Zumba music. Chanda Park (RDH, BS) and Maria Duke (DH student) were two of many Zumba instructors that led the way with their amazing "Zumba moves". The fundraiser was a success having raised over \$600.00 for our HY-PAC.

Stay tuned for more Zumba fundraisers to show your dance moves and support HDHA.



MEET YOUR BOARD PRESIDENT-ELECT SANDRA "SANDY" KIRKOSKI

Submitted by Noelani Greene, RDH, BS

Meet our recently elected President-elect Sandra "Sandy" Kirkoski. Sandra H. Kirkoski, M.A., B.A., R.D.H., C.D.A. commenced her dental career as a certified dental assistant, progressed to Orthodontics at the University of British Columbia, and furthered her education to become a Dental Hygienist. A life-long learner, Sandy studied Dental Education in Care of Persons with Disabilities at the University of Washington, and held contracts for four residential care facilities and hospitals as an independent contractor Dental Hygienist in British Columbia. As an active board member of the College of Dental Hygienists of British Columbia and past-vice chair for the College, Sandy also chaired several committees of the board from 1995 to 2005 and supported the association in achieving self-

regulation. She relocated to Hawaii in 2008 and recently completed her Masters of Art at Hawaii Pacific University in Second Language acquisition. In 2013, she also studied with the ADEA/Academy of Academic Leadership – Institute for Teaching and Learning to develop her teaching skills in the dental field. Understanding that technology has infiltrated most aspects of life, Sandy has recently returned to university once again to further develop her skills and knowledge in technology in the Master of Science Information Systems program at Hawaii Pacific University. Sandy is involved in the community as a volunteer with the American Cancer Society Gala 2015 as vice-chair, the Pacific Telecommunications Conference, and as a tutor for English to her fellow classmates and other groups.

HELP US! VOLUNTEER WITH HDHA AT HDA CONVENTION

Submitted by Noelani Greene, RDH, BS



WISHING YOU ALL HEALTH AND HAPPINESS THIS YEAR!

MAHALO FOR READING THIS ISSUE OF THE VOICE

If you have an article, update and/or pictures that you would like to submit for the next issue, feel free to send them to me at jennifer.malia@gmail.com.

Jennifer Madeisky, RDH, BS
Editor, HDHA The Voice