

Spirituality Report

June 8, 2024

Summer is upon us! For many, summertime means a relaxed schedule, shorter workdays, more time with family, the outdoors and vacations. It can be a joy-filled season to soak up the sun and a time to make memories.

However, it can also be a time that many take a vacation from their spiritual life. Often groups and ministries take a break for the summer, but that doesn't mean you should take a break from God. With more time on your hands, summer can be a wonderful time to challenge yourself and grow closer to Christ.

Below are some resources to help carry you through this beautiful Summer season. Be sure to click on the underlined link for direct access to each article.



12 Printable Summer Catholic Family

Activities: Time to recharge, reconnect, and prioritize family faith formation. In this article, you'll find resources to help families build faith all summer long, with opportunities for celebrating the sacraments, sharing faith, praying together, exploring Scripture, and being inspired by stories of the saints.

By: Sadlier.com a Catholic Company

Summer Beach Reads for Catholics:

Even though we don't live near a beach, discover your own beach or peaceful location. Find a book from this great list of Catholic summer reads. These books are not only engaging, but best of all, they draw you deeper into faith.

By: BlessedisShe.com

Refreshing Your Own Faith During

The Summer: This season is a huge opportunity to develop and deepen our relationship with God in Christ Jesus. One way to do that is through the "conversation with God" that we normally refer to as "prayer" and it doesn't require us to say a word.

By: [Bishop Robert Reed at Catholic Digest.com](http://BishopRobertReed.com)

Facing Summer Loneliness:

Summer can be really tough, but it doesn't have to be. Follow these steps to lead you out of your sunbaked malaise, closer to the Lord, as well as peace of mind and soul. Then, September will be here before you know it. By: CatholicExchange.com



My Summer Prayer

As I begin the summer months, gracious and loving Jesus, remind me of Your ever present guidance and love. Give me confidence in your presence, remembering all that I have been taught this year and let me live it in my summer experiences. As I work, play and enjoy my family and friends this summer, may I feel Your love within me, guiding me toward all that is right and just. Help me to be grateful for the gift of summer, Jesus. Allow me to enjoy it safely and remind me daily of Your love for me. Amen.