



Save The Date



For ticket purchase please see the link below:

<https://www.liccdonate.org/products/share-the-harvest-ticket>



Greetings Members & Friends of Long Island Council of Churches, in order to spread the word on all the good things happening at the Long Island Council of Churches we have activated pages on Facebook, LinkedIn and Twitter. If you use any of these social medias please, like us, follow us or friend us and we will keep you very well informed. Please don't be shy about sharing this information with friends and associates. Please click one of the icons below to be directed to the respective link.



[Facebook](#)



[LinkedIn](#)



[Twitter](#)

Thank you and have a blessed day.

Most Wanted Items

High Fiber, Low Sugar, Low Sodium

Freeport Food & Services Boutique | 516.869.4989

Peanut Butter

creamy or chunky



Lean Canned Protein

tuna, salmon or chicken in water



Canned Vegetables

low sodium or no salt added



Canned Fruits

in its own juice or water



Tomato Products

spaghetti sauce and dried tomatoes



Beans

canned or dry



Whole Grain Cereal

hot or cold



Whole Grains

pasta, brown rice, quinoa



Healthy Snacks

fruit cups, raisins, granola bars



Please no glass containers of any kind. Thank you.

Serving our Neighbors in Need
230 Hanse Avenue, Freeport, NY

MOST NEEDED ITEMS

We strive to offer a diversity of food that helps balance nutrition intake and diet, especially important to children, seniors, and those with health challenges.



Your ongoing support in donated food or grocery store gift cards to the Long Island Council of Churches Freeport Food & Services Boutique located at 230 Hanse Avenue, Freeport, NY helps us achieve our mission. Thanks in advance for your donation, Freeport Staff, 516.868.4989

MEAT, FISH AND PROTEIN

Canned tuna, ham, or chicken, peanut butter, canned/dried beans

FRUITS AND VEGETABLES

Canned fruits and vegetables, fresh produce

COMPLETE MEALS

Boxed meals, hearty soups

GRAINS

Rice, pasta

COOKING BASICS

Flour, sugar, oil

SPECIAL DIETARY FOODS

Gluten-free, low-sugar, low-sodium

PERSONAL CARE PRODUCTS

Shampoo, deodorant, soap, toothpaste, diapers, toilet paper, feminine hygiene products



No one should go hungry.

www.licc-ny.org



2017 Nassau County FMNP Farmers' Markets



VF indicates WIC Vegetable & Fruit checks accepted
All markets accept FCC (Fresh Connect coupons)



East Meadow Farmers' Market (EBT) (VF)

832 Merrick Ave, CCE Nassau County
Fri 3pm - 6pm, Sat 9am - 12pm • Jul 14 - Oct 13

ELMONT

Anna House Farmstand (EBT)

2150 Hempstead Turnpike
Tuesday 10am - 1pm • Jun 20 - Sep 26

Farmingdale Country Fresh Farmers' Market

Village Green, Town Hall, 361 Main St.
Sunday 10am - 3pm • Jun 4 - Nov 19

Freeport Farmers' Market (EBT)

Freeport Recreation Center, north parking lot
130 East Merrick Road
Saturday 11:30am - 3:30pm • Jul 22 - Oct 28

Freeport Woodcleft Ave. Farmers' Market (EBT)

314 Woodcleft Ave.
Saturday 11:30am - 3:30pm • July 15 - Sep 2

MERRICK

Children's Nest Farm Stand (EBT)

2350 Merrick Ave.
Monday 3:30pm - 6:30pm • Jun 19-Sep 25

Garden City Farmers' Market

101 Cty. Seat Dr., off Old Country Rd,
behind Supreme Ct. bldg.. Mineola
Tuesday 7am - 1pm • Jun 13 - Nov 21

LONG BEACH

Kennedy Plaza Farmers' Market (EBT)

1 West Chester St., at City Hall
Wednesday 9am - 2pm • Jun 7 - Nov 1
Saturday 9am - 2pm • May 6 - Nov 18

New Hyde Park Farmers' Market (EBT)

Municipal parking lot, near Village Hall, 1441 Jericho Tnpk.
Saturday 8am - 1pm • Jun 3 - Nov 18

Port Washington Organic Farmers' Market

Port Washington Town Dock, 347 Main St.
Saturday 8am - 12pm • Jun 10 - Oct 28

Rockville Centre Farmers' Market

Sunrise Hwy. & Long Beach Rd., RR parking lot 12
Sunday 7am • 12pm • Jun 4 - Nov 19

Roosevelt Community Farm Stand I (EBT)

380 Nassau Road, Family Health Clinic parking lot
Sunday 11am - 3pm • Jul 16 - Oct 29

Roosevelt Community Farm Stand II (EBT)

160 North Franklin St., Hempstead
Tuesday 12:30pm - 5:30pm • Jul 18 - Oct 31

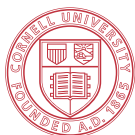
Roslyn- North Hills Farmers' Market

Christopher Morley Park, 500 Seasingtown Rd.
Wednesday 7am - 1pm • Jun 7 - Nov 22

Seaford Farmers' Market

East end of Seaford Railroad Station, Sunrise Hwy.
Saturday 7am - 12pm • Jun 3 - Nov 18

EatSmartNY
Long Island Region



Cornell University
Cooperative Extension
Nassau County

Funded by USDA an equal opportunity
employer. Prepared by Cornell
Cooperative Extension of Suffolk County.

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



2017 Suffolk County FMNP Farmers' Markets



VF indicates WIC Vegetable & Fruit checks accepted • All markets accept FCC (Fresh Connect coupons)

AMITYVILLE

Marks of Excellence Farm Stand (EBT)

455 Albany Ave.

Thursday 3pm - 6pm • Jun 22 - Sep 28

Babylon Village Farmers' Market (EBT)

LIRR Babylon Station parking lot

Railroad & Deer Park Aves.

Sunday 8am - 1pm • Jun 4 - Nov 19

BAY SHORE

Kiddie Academy Farm Stand (EBT)

225 Howells Rd., Bay Shore

Wednesday 3:30pm - 6:30pm • Jun 21 - Sep 27

BAY SHORE

FREE's Farm Mobile Market (EBT) (VF)

United Veterans Beacon House • 1715 Union Blvd.

Tuesday 11am - 2pm • Jul 13 - Oct 13

BELLPORT

Greater Bellport Community Youth Market

Boys & Girls Club, 471 Atlantic Ave.

Saturday 11am - 4pm • Jul 8 - Oct 28

BRENTWOOD

FREE's Farm Stand at Brentwood (EBT) (VF)

St. Joseph's Convent 1725 Brentwood Rd.

Wed & Thursday 11am - 2pm • July 13 - Oct 13

(for Wed market, use 2nd Ave access)

CENTEREACH

Bethel Hobbs Community Farm Stand (VF)

178 Oxhead Rd. Centereach

Saturday 10am - 2pm • Jul 1 - Sep 30

CENTRAL ISLIP

FREE's Farm Mobile Market (EBT) (VF)

Adelante of Suffolk Co., 83 Carleton Ave.

Thursday 11am - 2pm • Jul 13 - Oct 13

DEER PARK

Country Fresh Tanger Outlets Farmers' Market

152 The Arches Circle

Saturday 10am - 3pm • Jun 3 - Nov 4

DIX HILLS

TasteNY LI Welcome Center at Dix Hills Farmers' Market

Welcome Center Exit 52 LIE Eastbound

Sat/Sun 11am - 4pm • Fri 2pm - 7pm • June 23 - Oct 29

East Hampton Farmers' Market (EBT)

Nick & Toni's lot • 136 N. Main St.

Friday 9am - 1pm • May 12 - Sept 1

Flanders Farm Fresh Youth Market (EBT)

Crohan Community Senior Center

655 Flanders Road (Rt 24)

Saturday 10am - 1pm • Jul 1 - Oct 21

Hampton Bays Farmers' Market

165 Ponquogue Ave.

St. Mary's Church lawn

Saturday 9am - 1pm • May 27 - Sep 2

Huntington Center Farmers' Market

Main St. Rt 25A, East of Rt. 110

Sunday 7am - 12 pm • Jun 4 - Nov 19

Islip Farmers' Market

Town Hall lot, 27A (Montauk Hwy.)

Saturday 7am - 12pm • Jun 3 - Nov 18

Kings Park Farmers' Market (EBT)

Route 25A, Main Street Municipal Lot

Across from Fire Dept., 2 Main St.

Sunday 9am - 2pm • Jun 4 - Nov 19

Montauk Farmers' Market

Montauk Village Green, 743 Montauk Hwy.

Thursday 9am - 2pm • Jun 8 - Aug 31

Friday 9am - 2pm • Sept 1 - Sept 30

Patchogue Farmers' Market #1

225 Veterans Blvd (Main St.)

Friday 8am - 1pm • Jul 7 - Nov 17

Patchogue Farmers' Market #2

S. Ocean Ave. & Division St.

Sunday 9am - 1pm • Jun 18 - Nov 19

Port Jefferson Farmers' Market

Steam Room parking lot, Rts. 25A & 112

Thursday 10am - 4pm • Jul 13 - Oct 5

Rocky Point Farmers' Market (VF)

Old Depot Park (Broadway & Prince Rd.)

Sat 10am - 5pm, Sun 8am - 1pm • May 28 - Nov 19

St. James Farmers' Market

230 2nd. Ave.

Saturday 9am - 1pm • Jun 3 - Oct 28

WYANDANCH

Shiloh Community Youth Farmers' Market (EBT)

40 Station Drive

Saturday 1pm - 4pm • Jul 8 - Oct 7

6/22/17

EatSmartNY
Long Island Region



Cornell University
Cooperative Extension
of Suffolk County

Funded by USDA an equal opportunity
employer. Prepared by Cornell
Cooperative Extension of Suffolk County.

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans,
and Individuals with Disabilities and provides equal program and employment opportunities.

HOLY TRINITY ORTHODOX CHURCH

369 Green Avenue, East Meadow

Invites You To Its

FAITH, FOOD & FELLOWSHIP FESTIVAL

Saturday, September 2, 2017

10:00 A.M. to 6:00 P.M. (rain or shine)

FREE ADMISSION

- *Delicious Greek, Slavic & BBQ Foods*
- *Live Slavic Music by "Barynya"
performing from 12 P.M. to 3 P.M.*
- *Kids' Games & Prizes*
- *Chinese Auction with Dozens of
Great Baskets*
- *Baba's Treasures Flea Market*
- *Merchandise Vendors*
- *50/50 Raffle*
- *Church Tours*
- *Prayer Services during the day*
- *Religious Items*

COUPON
BRING THIS FLYER
FOR ONE
\$1 FOOD TICKET

ONE PER CUSTOMER ONLY

(no cash value)

Telephone: 516-483-3649; E-mail: info@htocem.org
For directions, visit our website www.htocem.org
(half block south of Cipriano Nursery & Florist)

FUN FOR THE ENTIRE FAMILY!

Riverhead Chamber of Commerce

News From Your Chamber!

Service Spotlight



Join Legislator Al Krupski

September 5th - 12:30

**Riverhead Food Pantry
of the Long Island Council of Churches**

220 Roanoke Ave

Discussion on getting local support to keep this facility open.



NEW CLASSES AT FUMC

Rev. Joseph Ewoodzie has scheduled two bible classes to begin on Wednesday, September 6, 2017 at the Farmingdale United Methodist Church, 407 Main Street (Grant Avenue),

The morning class at 10:30AM will be general bible study and the evening class at 7:30PM will study *Transforming Community: The Wesleyan Way to Missional Congregations* by Henry H. Knight III and F. Douglas Powe, Jr.

The community is invited to join one or both classes. Please call the church office at 516 694-3424.

Announcing EC Media Strategies 3rd Annual

HEALTH, WELLNESS & BACK-TO-SCHOOL FAIR

SATURDAY, SEPTEMBER 9, 2017

Fair Hours: 10am - 5pm @1121 Jerusalem Avenue, Uniondale, NY 11553

(Shoprite Supermarket Parking Lot)

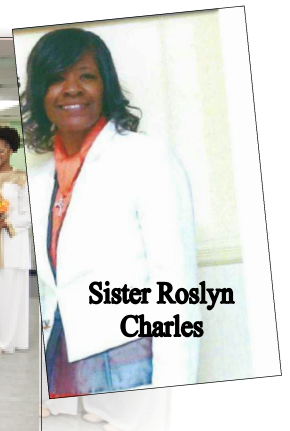
live performances



Performing Live, Their Smash Hit,
LI Newest Sensational *Divas!*



Gospel and Praise Dancers,
The Eagles Network from the Upper Room Church



Sister Roslyn
Charles

Sponsors



Needed—Performers, Sponsors, Vendors, and Volunteers.
Donations (school supplies—book bags, notebooks, etc.)

Info, call (516) 292-1263 / (516) 717-9769

Email: hutimes@aol.com

13th Annual
East End

This year's Community Picnic
is dedicated in memory of picnic
chairperson Norman Remler

COMMUNITY PICNIC

**PROMOTING DIGNITY
& RESPECT FOR ALL!**

Anti-BIAS TASK FORCE

**Saturday/sábado
September 9, 2017
1 pm - 5 pm**

Where/Donde

**Red Creek Park, Hampton Bays
100 Old Riverhead Rd, Hampton Bays
(NY-27 Sunrise Hwy to exit 65N)
(NY-27 Sunrise Hwy hasta la salida 65N)**

Music Games Crafts Dancing Sports

**FREE/GRATIS
Hot Dogs, Beverages
& Ice Cream**





RALLY DAY AT FUMC

Rev. Joseph Ewoodzie, a native of Ghana and new pastor of the Farmingdale United Methodist Church, invites the community to join its Rally Day Picnic & Barbeque on Sunday, September 10, 2017, at 407 Main Street (Grant Avenue), where he will be grillmaster and oversee games, face painting and fun activities for all ages.

Registration will also be taken for church school, ages toddler through high school, and information will be available on fall programs and the community day nursery school. Festivities will follow the 9:30AM combined service. All families and youth are invited to attend.

For more information call the church office at 516 694-3424.

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The community is invited to join one or both classes. Please call the church office at 516 694-3424.

**NO MORE DEATHS! PROTECT THE
RIGHTS AND SAFETY OF INMATES!**

WE DEMAND OVERSIGHT OF NASSAU COUNTY JAIL

Wednesday September 13, 2017

11 AM - Press Conference

**1 PM - Pack the Legislative Halls
to Demand Protections for
Prisoners' Human Rights**



Nassau County Legislature
Theodore Roosevelt Executive
and Legislative Building
1550 Franklin Ave.
Mineola, NY 11501

"The degree of civilization in a society can be
judged by entering its prisons."

- Fyodor Dostoyevsky

Sponsored by: NYCLU, Prison Families Anonymous,
Second Chance Re-Entry NY, New Hour for Women and Children,
Community Action for Social Justice, UU of Shelter Rock

Brookville

Multifaith Campus

NEWS



*Where our hearts
are always open!*



COME JOIN US!



SUNDAY, SEPTEMBER 17, 2017

10:00 AM - 12:00 PM

2 BROOKVILLE ROAD, GLEN HEAD, NY, 11545

Come be a part of the only campus on Long Island that is home to individuals of the Christian, Muslim and Jewish faiths! While we are surrounded in a world of violence, here at the Brookville Multifaith Campus we are building a community of people from different faiths, who worship separately, but find ways to connect and love one another.



"Though we come from different faith traditions, we stand united in the same message, a message of love, inclusion and peace for all who enter our campus. Our groups meet independently and all are welcome to any of our gatherings, for our doors and our hearts are always open".
- Rev. Vicky Eastland





27th Annual Country Fair



Free Admission


Saturday, September 23rd ~ 10 a.m.–4 p.m.
Smithtown United Methodist Church
230 Middle Country Road, Smithtown

Featuring:  All Day Entertainment 
 Classic Cars
 Many Quality Vendors

Old Fashioned "Pie Eating" Contest (ages 18+)
 &

1st Annual Children's Cooking Contest (ages 5-18)

(for information or to register call 631-265-6945 or visit www.smithtownumc.org)

- 
- Country Kitchen
 - Paula's Sweet Shoppe featuring Baked Goodies
 - New: Kid's Country Cooking Corner including kitchen crafts; food themed games and races; decorate your own chef's hat; face painting; prizes and more!
 - Marketplace (discounted gift certificates)
 - Our Thrift Shop will be open with a special Toy Table

RAIN OR SHINE



10% of Fair Proceeds will be donated to:
America's VetDogs

(Featured on NBC's TODAY Show "Puppy with a Purpose".
To view current "pupdates" visit TODAY.VetDogs.org)



Housing Rights & Advocacy on Long Island



Sponsored by Senator John E. Brooks
and Nassau County Minority Leader
Kevan Abrahams

Monday
September 25th, 2017
6:00 pm — 9:00 pm

Freeport Recreational Center
130 E. Merrick Road
Freeport, NY 11520



Topics of Discussion and Presenters:

Foreclosure Prevention & Default Prevention Counseling

Mimi Pierre-Johnson, Mutual Housing
Association of NY (MHANY)

First Time Home Buyers Program

Peter J. Elkowitz, Jr., Long Island
Housing Partnership

Make Sure You're Doing Everything Right Landlord/Tenant Rights and Responsibilities

Cathryn A. Harris-Marchesi, Esq., Nassau County
Rent Guidelines Board Member

Human Rights and Housing Discrimination

Maggie Rodriguez, Nassau County
Commission of Human Rights

Land Bank Program (Zombie Homes)

John Sarcone, Director of Nassau County Office
of Housing and Community Development

Fair Housing Laws, Rights, and Enforcement

Peter J. Elkowitz, Jr., Long Island
Housing Partnership

Other topics for discussion:

Home Improvement Program for Seniors
& Addressing Property Tax Arrears

**For more information, contact Senator
Brooks' District Office at 516-882-0630 or
brooks@nysenate.gov**

District Office: 5550 Merrick Road • Suite 205 • Massapequa, NY 11758
Phone: (516) 882-0630 • Email: Brooks@nysenate.gov • Online: Brooks.nysenate.gov



Derechos de Vivienda y Apoyo para los Residentes en Long Island



**Patrocinado por el Senador John E. Brooks
y el Lider Minoritario del Condado de
Nassau, Kevan Abrahams**

**Lunes, 25
de Septiembre del 2017
6:00 pm — 9:00 pm**

**El Centro de Recreacion en Freeport
130 E. Merrick Road
Freeport, NY 11520**

Temas de Discusión y Presentadores:

**Prevención de Embargo de Propiedad y
Asesoramiento para la prevención de Negligencia
de pagos de Hipoteca**

Mimi Pierre-Johnson, Asociación Mutua de Vivienda de NY

**Asegúrese de que está haciendo todo bien
Derechos y Responsabilidades del Propietario e Inquilino**

Cathryn A. Harris-Merchesi.Esq.,
Miembro del Consejo de Directrices de Alquiler del
Condado de Nassau

Programa de Casas Abandonadas

John Sarcone, Director de la oficina de Vivienda y
Desarrollo Comunitario del Condado de Nassau

**Otros Temas para Discusión:
Como Solucionar los Impuestos Atrasados de la
Propiedad. Programa para el Mejoramiento
del Hogar para Personas de la Tercer Edad**

Programa para Compradores de Casa por primera vez

Peter J. Elkowitz, Jr., Asociación de Vivienda de Long Island

Derechos Humanos y Discriminación en la Vivienda

Maggie Rodriguez
Comisión de Derechos Humanos del Condado de Nassau

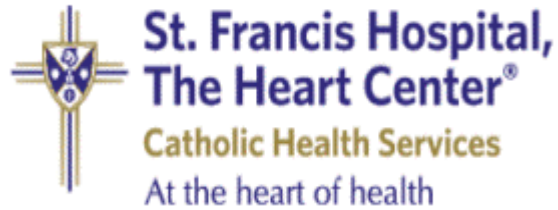
Leyes, Derechos, y Aplicación de Vivienda Justa

Peter J. Elkowitz, Jr., Asociación de Vivienda de Long Island

**Para más información, comuníquese con la
Oficina del Distrito del Senador Brooks al
516-882-0630 o brooks@nysenate.gov**

**Oficina del Distrito: 5550 Merrick Road • Suite 205 • Massapequa, NY 11758
Teléfono: (516) 882-0630 • Email: Brooks@nysenate.gov • Online: Brooks.nysenate.gov**





St. Francis Hospital Outreach Bus

Free Health Screenings

Includes a brief cardiac history, blood pressure and a simple blood test for cholesterol and diabetes for adults 18 and older. We also provide patient education and referrals. No appointment is required.

United Methodist Church
40 Washington Street
Hempstead, NY
Thursday September 28, 2017
10 am – 2 pm



**St. Francis Hospital,
The Heart Center®**
Catholic Health Services
At the heart of health



St. Francis Hospital – Autobús de Alcance Comunitario

GRATIS Exámenes de Salud

Los exámenes incluyen:

Una breve historia cardiaca, presión arterial, análisis de sangre para el colesterol y la diabetes. Educación para el paciente y referencias apropiadas según sean necesarias para los adultos que tienen 18 años de edad o más.

United Methodist Church

40 Washington Street

Hempstead, NY

Thursday September 28, 2017

10 am – 2 pm

Attention Homeless Veterans and Vets at Risk for Homelessness!



Stand Down

Friday, September 29th, 2017

10am to 2pm

Gymnasium Bldg. 89

Get assistance with housing, employment, health care, etc.

Transportation to Northport VA Medical Center on
Friday, September 29th, 2017

- **MTA Nassau Bus** (516-228-4000) **N79** goes to the Walt Whitman Mall. Then take Suffolk County Bus **54 East** to the Huntington Square Mall and transfer to the **S41 North** bus, which will take you to the VA Medical Center.
- **Suffolk Bus** (631-852-5200) routes **3A**, **S33** and **S41** will take you to Northport VA Medical Center.

**Other transportation questions:
Call 631-261-4400 ext. 6213 or 7565**



Living Water for Women

Healing for the broken hearted- setting the captives free
info@livingwaterforwomen.org (516) 759-0643
85 Glen Cove Ave., Glen Cove, NY 11542

Living Water for Women, Inc. is a small Christian transitional home for 12 women over age 30, overcoming alcohol and drug addictions. Located in Glen Cove, NY, we have been officially open since 2014 and have seen many women's lives transformed. We are Biblically based but we also incorporate the 12 Step Recovery Model of AA & NA.

We are currently looking for an energetic, Christian housing director, with experience with addictions, either personally or professionally. Ultimately this must be a calling because even though it is a privilege to minister to this underserved group of women, at times the work can be trying. This is a 40 hour per week paid position which begins at 8am, Monday - Friday. It also includes a 3 room apartment with separate entrance, private bathroom, some food & toiletries, gas, electric and laundry facilities on site.

The job entails leading the 20 minute morning devotional, overseeing medication distribution, food, clothing & toiletries sorting and generally overseeing the day to day activities of the women. There are many opportunities to counsel and pray with the women as we have the responsibility to lead them to the Lord by our example and by our love. We need someone who can be firm and yet loving and encouraging- just as our Lord is with us!

If you feel called of God to minister in this way please contact Lisa Cohn at (516) 983-3803 or send an email to lisa@livingwaterforwomen.org.

How do I get started?

Contact the Home Energy Affordability Team (HEATSM) to start the process.
Toll free number: **1-844-375-4328**.
E-mail: **NGridLIHeat@clearesult.com**

Who qualifies?

Homeowners and renters residing in residential buildings with 1-4 units who are listed as the person of record responsible for the natural gas service, and meet income guidelines or receive HEAP, SNAP or public assistance, are eligible.

If I qualify, what will specialists look at?

Energy specialists will do an attic-to-basement evaluation to identify areas where you can save energy in your home. These may include:

- **Energy-saving equipment installation.**
Install pipe insulation for domestic hot water heaters and water flow restrictors like low-flow shower heads and aerators.
- **Test insulation.**
Determine if additional insulation is needed to help your home be more comfortable and energy efficient. A fully insulated home saves up to 10 percent on energy bills per year.
- **Locate drafts/detect leaks.**
A certified contractor will be scheduled to perform upgrades. Air sealing can lower heating/cooling bills by 15 percent.
- **Check appliances/equipment.**
Examine natural gas appliances for performance and safety, and schedule a repair or replacement of the unit(s) if needed. Energy efficient heating systems and appliances reduce maintenance and can potentially increase the safety and comfort of the home.
- **The final step.**
Complete a walk-through of your home to explain the measures taken and to recommend further action by a professional if needed.

nationalgrid
HERE WITH YOU. HERE FOR YOU.

HEATSM is here to help.

For eligible customers the entire cost from the initial evaluation to the installation of approved energy-efficient measures is covered by HEATSM.

Learn more about energy efficiency:

Call: 1-844-375-4328 (HEATSM)
E-mail: NGridLIHeat@clearesult.com

Visit: ngrid.com/li-affordable



nationalgrid
HERE WITH YOU. HERE FOR YOU.

Our no-cost measures improve the comfort of your home.

Let us show you how.



Our Home Energy Affordability Team (HEATSM) can assist you in creating an energy efficient home that’s healthier, more comfortable, and more affordable for you and your family. The first step is to schedule a **no-cost** Home Energy Assessment where an energy specialist will do an attic-to-basement evaluation to identify areas where you can save energy in your home. Services are available if you heat your home with natural gas.

Customers may also qualify for **no-cost** energy-saving improvements such as:

- Installation of water-saving devices (faucet aerators, low-flow showerheads);
- Installation of health and safety devices (carbon monoxide detectors);
- Attic and wall insulation, weather stripping, and air sealing, and;
- In certain cases, repair or replace natural gas appliances (heating systems, domestic hot water heaters, primary cooking stoves).

Call **1-844-375-4328 (HEAT)**, email **NGridLIHeat@clearesult.com** or visit **ngrid.com/li-affordable** to learn more.

How the program works

National Grid has partnered with CLEAResult to form the Home Energy Affordability Team (HEATSM). HEATSM will help guide you through the process to determine if you qualify for these energy efficiency services. If you qualify, HEATSM will make arrangements with one of their skilled energy specialists to conduct a no-cost assessment of your home.

The energy specialist will perform a top-to-bottom evaluation of the home, both inside and out, to find areas where you can save money.

Customers living in buildings with more than five units will be served by the multi-family program. Please have your landlord or condo association call **1-800-427-6318** or visit **ngrid.com/multifamily** to learn more.

How does my household qualify?

If you have a household income of less than 60 percent of the State median income (HEAP eligible) you may qualify. This chart is a guide and is based on income requirements.

# Household Size:	Maximum Gross Monthly Income	# Household Size:	Maximum Gross Monthly Income
1 person	\$2,300	7 people	\$5,971
2 people	\$3,007	8 people	\$6,103
3 people	\$3,715	9 people	\$6,236
4 people	\$4,423	10 people	\$6,369
5 people	\$5,130	11 people	\$6,671
6 people	\$5,838	Each additional	Add \$520



Long Island

HEATSM Fact Sheet

nationalgrid

HERE WITH YOU. HERE FOR YOU.

National Grid's Home Energy Affordability Team (HEATSM)

HEATSM offers no-cost energy efficiency services to income-eligible homeowners and renters. HEATSM offers on-site energy education to National Grid natural gas customers in order to provide you with additional strategies for managing your energy costs. The services are provided by contractors recognized by the Building Performance Institute as GoldStar Contractors.

How do I know if I qualify?

You may be eligible if the following are true:

- Your total household gross income is less than 60 percent of the State median income or if you are receiving HEAP, SNAP, or public assistance.
- You are a natural gas customer of National Grid.
- The person of record responsible for the utility natural gas account resides in the household.
- You reside in a residential building with 1-4 units.

Visit ngrid.com/li-affordable for more information about eligibility requirements.

What are some of the no-cost energy services that may be provided?

- A Home Energy Assessment and a home health and safety survey.
- Everyday strategies and tips to help you manage your energy costs.
- Installation of energy efficient measures such as pipe insulation for domestic hot water heaters and water flow restrictors such as faucet aerators and low-flow shower heads.

- Air sealing to reduce drafts.
- Additional insulation to keep your home more comfortable.
- Repair or replacement of inefficient natural gas heating systems, domestic hot water heaters and/or other cooking appliances.

Are there services that are not provided?

Roof repair and/or replacement are not part of the services.

Is there a cost?

Residents who meet the program income-eligibility requirements may receive home energy services through the program at no cost.

If I accept work from the Heat Energy Affordability Team, are you going to put a lien on my home? Am I required to pay the program back if I move or my income changes?

No—there is no cost or future obligation when you participate in HEATSM.

Do the contractors perform code inspections?

No—contractors are not code inspectors.

Are services provided to renters?

Yes—HEATSM provides energy services to anyone who owns or rents a home and meets all of the eligibility requirements. Permission to perform certain services may be required from the landlord or property owner/manager.

continued>

Connect with us on



Does my landlord have to be involved in the Home Energy Assessment?

No—but landlords are encouraged to participate in order to provide you with a more comprehensive work project.

Does my landlord have to pay anything?

If an eligible tenant directly benefits from the energy services being provided through HEATSM, those services will be completed at no cost to the landlord. Some services, such as adding insulation, require the landlord to sign an agreement allowing the upgrade to be installed.

What are some of the benefits that I can talk to my landlord about?

When energy services are provided, your landlord would benefit from:

- Free energy efficiency upgrades which can increase the value of the property without an investment from the landlord.
- Creating a more comfortable home which attracts and retains long-term renters, helping to keep units filled and revenue steady.
- Lowering energy costs which reduce the financial burden on tenants, making it easier for them to pay their rent on time.

Can I hire my own contractor?

No— National Grid is partnering with CLEAResult to manage the services provided through the program. CLEAResult will assign work to a predefined list of program-approved contractors. These contractors are accredited by the Building Performance Institute (BPI), a national organization that sets the technical standards for contractors in energy-efficient building performance, so you know they're applying the latest knowledge and technology to the energy efficiency of your home.

Can I get paid back for work I have already performed?

No—HEATSM cannot fund work that has already been completed.

Who will be working on my HEATSM project?

There is an entire team working to ensure that you receive the best services possible.

National Grid administers HEATSM for its natural gas customers in the Long Island area. CLEAResult is the implementation contractor that coordinates the delivery of energy efficiency services to your household from the application process through the installation of upgrades in your home.

A Building Performance Institute credentialed and program-approved energy contractor will install the energy improvements.

CLEAResult will perform quality assurance reviews throughout the process to ensure that the energy upgrades were installed in the best possible way to save you the most energy.

Learn more:

Call: 1-844-375-4328

E-mail: NGridLIHeat@clearesult.com

Visit: ngrid.com/li-affordable

Who We Are

The Stony Brook Center of Excellence for Alzheimer's Disease (CEAD) is one of 10 centers in New York State, and is supported in part by a grant from the New York State Department of Health. Our mission is to enhance the quality of life for people living with Alzheimer's disease, dementia or dementia disorders.

We offer the following services:

- **Assessment and diagnosis of memory loss**, performed by an integrated team of clinical specialists specific to your needs
- **Individualized care plans** with treatment recommendations and referrals to services and community resources
- **Outreach to primary care and other healthcare professionals** about the importance of early diagnosis and treatment; educational programs for healthcare providers and students
- **Information about clinical trials** at Stony Brook University and elsewhere, and the benefits of participation



Directions

By car:

Take the Long Island Expressway (LIE, I-495) to Exit 62, and follow Nicolls Road (Route 97) north for nine miles. Take the south entrance, make a right onto Marburger Drive and then make the first right. Veer left at the fork. Putnam Hall, where CEAD is located, will be the first building on the right.

By train:

Take the Long Island Railroad (LIRR) Port Jefferson line to Stony Brook. The LIRR station is at the north end of the campus. Bus service to the South Campus is provided.

Contact Us

**Stony Brook Center of Excellence
for Alzheimer's Disease
Stony Brook University
Neurosciences Institute**

Putnam Hall — South Campus
Stony Brook, NY 11794-8790
(631) 954-2323
ceadlongisland.org



Stony Brook Medicine

stonybrookmedicine.edu

Stony Brook Center of Excellence for Alzheimer's Disease

Serving Nassau and Suffolk Counties



**Stony Brook
Neurosciences Institute**

About Memory Loss

Serious memory loss is not part of the normal aging process. If you are concerned about your memory, or that of a loved one, we can address your concerns and provide answers.

The most common cause of memory problems in older adults is Alzheimer's disease. But there are other brain diseases that can cause dementia, including Lewy body disease, strokes and frontotemporal degeneration. A thorough evaluation of symptoms is necessary to determine the correct diagnosis and treatment.

Signs of Memory Loss

- Gradual decline of memory
- Decreased ability to perform routine tasks
- Decline in clear thinking
- Problems with judgment and reasoning
- Confusion, getting lost easily
- Difficulty communicating with others
- Depression, anxiety, hallucinations
- Personality or behavioral changes
- Frequent falls or difficulty walking

What to Expect When You Come to CEAD

- 1 Meet with an interdisciplinary team that may include a geriatric psychiatrist, geriatrician, nurse practitioner, neuropsychologist and social worker
- 2 Share your medical history and current symptoms associated with memory changes
- 3 Discuss the role and needs of your caregivers
- 4 Complete comprehensive assessments of your memory
- 5 Receive a brief physical examination
- 6 Learn about community resources
- 7 Receive an individualized treatment plan that includes medication recommendations, activities and community support

What to Bring to Your First Appointment

- 1 Completed forms from the packet of information sent to you prior to your first appointment
- 2 List of, or the actual medication bottles for, all your medicines
- 3 Glasses and hearing aids if applicable



Language Assistance Provided

Alzheimer's disease and dementia affect a variety of people and communities. We aim to serve everyone in the most effective and comfortable way possible. If you require language assistance, please let us know when you make your appointment. We will make every effort to ensure that a professional translator is available for your evaluation.

