



ISABEL FRENCH
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
WATER POLO PROGRAM

The NVHS Athletic Booster Club is proud to present the featured athlete of this week, water polo player ISABEL FRENCH.

Booster Club Reporter: *When did you start playing water polo?*

Issi: I joined the water polo team my freshman year, after my swim coach recommended that I try it out and give water polo a shot. I did some intramural work in the winter before tryouts, and had so much fun I decided to try out for the team. I am so glad I did because water polo is always the time of the year I look forward to and enjoy the most.

Booster Club Reporter: *Why being a goalie?*

Issi: My interest for the sport sparked once I realized halfway through freshman year that I loved being a goalie. I had tried to play field, with some success, but it was goaltending that I really enjoyed. I have been a goalie ever since then, and have come to love playing the game.

Booster Club Reporter: *What have you learned from playing water polo?*

Issi: All my years in sports has prepared me to work very hard every day. Coming from a background of sports will give me the ability to push forward and put 100% into everything that I do when I get into the work force.

Booster Club Reporter: *What would you say to someone starting in competitive sports?*

Issi: Try something new, do something interesting, because maybe you might grow to really enjoy it. If I had not tried water polo 3 years ago, I would not have gotten the opportunity to have some of the best times of my life. High school teams are the perfect place to explore and experiment with new interests.

Booster Club Reporter: *What drives you forward?*

Issi: Competition makes me want to push myself to become better. Before an exceptionally hard match or tournament, I know that while the games will be hard, I just have to stay focused.

Booster Club Reporter: *Tell me something most people don't know about you.*

Issi: I can tell you two things that most people who first meet me do not know. One is that I am a Native American. My tribe is Navajo and I am very proud of my heritage. Secondly, most people do not know that I can play the violin.

Booster Club Reporter: *What the future holds for you?*

Issi: I do plan on continuing water polo in college. I am currently in the process of contacting coaches and researching schools to try and find the perfect school for me. I have so many ideas for what I want to do in the future. I definitely would like to travel and see new sights. Also, I hope to make a difference in the world with whatever I end up doing.