

MCMINN SENIOR ACTIVITY CENTER

NOVEMBER 2024

LIVE ACTIVE | LIVE WELL

205 McMinn Ave | PO Box 1005 | Athens, TN 37303

www.mcminnseniors.com | 423-745-6830

Open 8:30 am-2 pm | Mon-Fri

November HIGHLIGHTS



Happy November Birthday to....

Laverne O, Carey H

Please let us know if we accidentally left you off the list!

Please remember, the calendar is subject to change.

Easy Yoga

Monday, November 4, 18, 25 @ 6pm
\$3 per class | First class is free to try!

Volunteer Meeting

Thursday, November 7 & 21 @ 12pm

LIVE MUSIC w/Wasted Daze

Friday Night Dance

Friday, November 8 @ 7pm-9pm
Doors open @ 6:45pm \$10



Center Closed Veterans Day

Monday, November 11

Bean Auction w/Caris

Tuesday, November 12 @ 9:30am

Watercolor Class

Tuesday, November 14 @ 9am

Mexican Train Dominoes

Wednesday, November 14 @ 12pm

Game Night

Wednesday, November 20 @ 6pm

Trivia-Golden Girls Theme

Wednesday, November 20 @ 10am

Jewelry Class

Wednesday, November 27 @ 9am

Center Closed Thanksgiving

Thursday, November 28

Friday, November 29



pee-KAHN or puh-CON

Either way you pronounce the word, it doesn't matter because the Center will soon have pecans available for purchase.

\$12/Jumbo Fancy Halves

\$13 if you use a credit or debit card.

23rd Vendors Wanted!

Annual McMinn Senior Activity Center

CHRISTMAS BAZAAR & CRAFT SHOW

Saturday Before Thanksgiving | 9am-2pm

Saturday, November 23, 2024

Become a Center Ambassador☆

Because the McMinn Senior Activity Center is constantly growing the Ambassador Program has been developed to create a welcoming and friendly experience for all visitors and prospective members to the Center. When you volunteer to become an Ambassador, you'll help new members get settled and make introductions to others and share tricks for easing into Center life, getting involved, and flourishing at the McMinn Senior Activity Center.

There are many roles you can fill as an ambassador and you can volunteer as many hours as you like. The Center works around your schedule. The goal of the Ambassador Program is to go above and beyond what is expected and make everyone feel welcome.

Starting in January Ambassadors will receive training and an Ambassador packet filled with information related to the Center and programs as well as a name badge. The Center will host monthly Ambassador meetings to help share new information about the Center and answer any questions and offer support to the Center's most important resource.... you-our volunteer!

Pick up information on how to sign up to become a Center Ambassador in the Front Office.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church	9am - Rug Making 10am - Bingo Terra Bella 11:30am - Lunch 12pm - Chair Yoga 6pm - Easy Yoga 6:30pm - Card Class	9am - Blood Pressure 10am - Choir 10:30am - Bingo 11am - Chess Club 11:30am - Lunch 2pm - Card Club	9am - Snooker 10am - Holiday Craft 10:30am - Crocheting 10:30am - Knitting 11:30am - Lunch 12pm - Chair Yoga	9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch 2pm - Card Club	8:30am - Friday Flick 9am - Snooker 11am - Chair Yoga 11:30am - Lunch	Call 423-745-6830 today! Did you know you can rent the Center? Exercise Room Snooker/Billiards 8:30am - Daily 8:30a-2p
3	4	5	6	7	8	9
9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church	Center Closed Veterans Day	9am - Blood Pressure 9:30am - Bean Auction 10am - Choir 11am - Chess Club 11:30am - Lunch M 12pm - Volunteer Mtg 2pm - Card Club	9am - Trafficking Prog 10am - Bingo LG 10:30am - Knitting 11:30am - Lunch 12pm - Chair Yoga 1pm - Sr Fitness TWU	9am - Snooker 9am - Town Hall 9am - Watercolor Class 10am - Bingo 11:30am - Lunch 12pm - Dominoes MTrain 2pm - Card Club	8:30am - Friday Flick 10am - Sr Fitness TWU 11am - Chair Yoga 11:30am - Lunch	Call 423-745-6830 today! Did you know you can rent the Center?
10	11	12	13	14	15	16
9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church	9am - Rug Making 10am - Bingo 11:30am - Lunch 12pm - Chair Yoga 2pm - Ladies Tea 6pm - Easy Yoga	9am - Blood Pressure 9am - Snooker 10am - Choir 11am - Card Club 11am - Chess Club 11:30am - Lunch 2pm - Card Club	10am - Trivia 10:30am - Crocheting 10:30am - Knitting 11:30am - Lunch 12pm - Chair Yoga 6pm - Game Night	9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch Starr R 12pm - Volunteer Mtg 2pm - Card Club	8:30am - Friday Flick 9am - Snooker 11:30am - Lunch	9am - Craft Show
17	18	19	20	21	22	23
9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church	10am - Bingo w/Beltone 11am - Chess Club 11:30am - Lunch 12pm - Chair Yoga 6pm - Easy Yoga	9am - Blood Pressure 10am - Choir 11am - Card Club 11am - Chess Club 11:30am - Lunch 2pm - Card Club	9am - Jewelry Class 9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting	Thanksgiving Day	Center Closed	Daily 8:30a-2p Exercise Room Snooker/Billiards
24	25	26	27	28	29	30
9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church	10am - Bingo w/Beltone 11am - Chess Club 11:30am - Lunch 12pm - Chair Yoga 6pm - Easy Yoga	9am - Blood Pressure 10am - Choir 11am - Card Club 11am - Chess Club 11:30am - Thanksgiving 2pm - Card Club	9am - Jewelry Class 9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11:30am - Lunch	9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch Starr R 12pm - Volunteer Mtg 2pm - Card Club	Center Closed	Daily 8:30a-2p Exercise Room Snooker/Billiards

11.1.24